

# MAY 2019

## Tri-Valley Elementary School

Over summer break, try to make one "better for you" choice every day! Choose a fresh fruit or vegetable over a salty snack, and try to incorporate physical activity into your daily routine!

Monday

Tuesday

Wednesday

Thursday

Friday

1  
Grilled Chicken Sandwich  
Macaroni & Cheese  
Mixed Vegetables  
Orange Wedges  
Milk

2  
Cheeseburger  
Hot Dog  
Tater Tots  
Strawberries  
Milk

3  
Bosco Sticks w/Marinara  
Deli Sandwich  
Garden Salad  
Peaches  
Milk

6  
CHEF'S CHOICE

7  
CHEF'S CHOICE

8  
CHEF'S CHOICE

9  
CHEF'S CHOICE

10  
SACK LUNCH DAY

13  
ENJOY

14  
YOUR

15  
SUMMER

16  
BREAK

17  
!!!

20

21

22

23

24

27

28

29

30

31

Menu Subject to Change