February 2014

Sat		5:30-7:00 Chula Fire Dept. Hog Supper					
I James	I	∞	Practice	rly Out		22	
Fr		7 Third Quarter Mid-Term	Basketball Practice	12:20-Early Out Teacher In-Service		21	28
Thu		6 5th-8th to PAC: "Geek Mythology" production	Cheerleading	13	6:00-Basketball vs. Laredo @ home	6:00-Basketball vs.	27 6:00-Basketball vs. Spickard @ home
Wed		ب	Basketball Practice	12	Basketball Practice	19 3:15-3:50: StuCo Basketball Practice	26 Spring Pictures (Class & All-school) Basketball Practice
Tue		4	Basketball Practice	II	Basketball Practice 7:30-Board Meeting	18 6:00-Basketball vs. B-H @ home	25 Basketball Practice
Mon	The state of the s	m	Cheerleading	01	Cheerleading	SCHOOL IN SESSION (Make-Up Day) 6:30-Parent/Player Game	24 7:00-OPT
Sun		2		۵		16	23

Menus

Academic Year: 2013-14

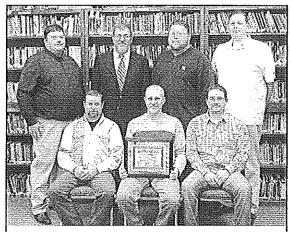
School: Livingston County R-3

Meal: All

Month: February 2014

February М Tu W Th F 3 4 5 6 Breakfast: Breakfast: **Breakfast:** Breakfast: Breakfast: Whole grain waffle, Whole grain cereal, Sausage patty, whole Breakfast burrito, fruit, Scrambled eggs, whole reduced calorie syrup, whole wheat toast, grain biscuit, fruit, juice, milk wheat toast, fruit, juice, milk fruit, juice, milk juice, milk juice, milk Lunch: Whole grain pepperoni Lunch: Lunch: Lunch: Lunch: Whole grain chicken Pork ribette, augratin Chili, raw baby carrots, Hamburger patty on pizza, tossed romaine nuggets, mashed potatoes, green celery sticks, cheese salad w/low-fat Ranch, whole wheat bun, stick, whole grain potato wedges, sliced potatoes, broccoli, beans, whole wheat whole kernel corn, bread 7 butter, fruit, whole wheat bread & crackers, fruit, milk fruit, milk carrots, fruit, milk butter, apple wedges, milk milk 10 11 12 13 14 **Breakfast:** Breakfast: **Breakfast:** Breakfast: Breakfast: Oatmeal, whole wheat Whole grain cereal, Whole grain Cheese omelet, whole Whole grain cereal whole wheat toast, pancakes, reduced wheat toast, juice, toast, juice, milk bar, yogurt, fruit, juice, fruit, juice, milk calorie syrup, fruit, milk milk juice, milk Lunch: Lunch: Lunch: Hot dog on whole Lunch: Fish wedge, augratin Grilled cheese, tomato Lunch: wheat bun, pork & Spaghetti w/meat beans, potato wedges, sauce, tossed romaine soup, celery sticks, Whole grain chicken potatoes, green fruit, whole grain patty, mashed beans, whole wheat fruit, milk salad w/low-fat Ranch, sliced carrots, fruit, crackers, milk potatoes, broccoli, bread & butter, fruit, whole wheat bread & milk milk butter, fruit, milk 17 18 19 20 21 Breakfast: Breakfast: Breakfast: **Breakfast:** Breakfast: Egg patty, whole grain Ham patty, whole Whole grain french Whole grain cereal, Whole grain breakfast wheat toast, fruit, toast, reduced calorie biscuit, juice, milk whole wheat toast, pizza, fruit, juice, milk juice, milk syrup, fruit, juice, milk fruit, juice, milk Lunch: Lunch: Tacos, refried beans, Lunch: Whole grain chicken Lunch: Lunch: Whole wheat mac & Whole grain mini nuggets, mashed Sloppy joe on whole shredded lettuce & wheat bun, potato cheese, green beans, corndogs, mashed sweet potatoes, diced tomatoes, cole slaw, whole wheat potatoes, carrots, broccoli, whole wheat wedges, whole kernel shredded cheese, bread & butter, fruit, fruit, milk bread & butter, fruit, corn, fruit, milk fruit, milk milk milk 24 26 25 28 Breakfast: Breakfast: Breakfast: Breakfast: Breakfast: Whole grain waffle, Whole grain cereal, Sausage patty, whole Breakfast burrito, fruit, Cheese omelet, whole reduced calorie syrup, grain biscuit, fruit, whole wheat toast, juice, milk wheat toast, juice, juice, milk fruit, juice, milk juice, milk milk Lunch: Lunch: Chili, raw baby carrots, Lunch: Lunch: Lunch Hamburger patty on Pig in a blanket, Pork ribette, augratin celery sticks, cheese Pepperoni pizza, whole wheat bun, mashed potatoes, potatoes, carrots, stick, whole grain tossed romaine salad whole wheat bread & potato wedges, peas, fruit, milk crackers, fruit, milk w/lo-fat Ranch, whole broccoli, fruit, milk butter, fruit, milk kernel corn, fruit, milk

From the Principal's Desk...



Back row I-r: Jimmy Meservey, David Beck, Steven Meservey, Dan Murphy

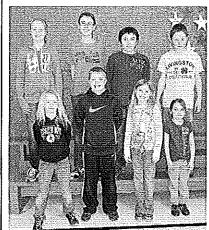
Front row I-r: Austin Campbell, Jeff Westcott , Zack McClellan Not pictured: Ronnie Eckert, Bill Meeker

Award of Distinguished Service

The Award of Distinguished Service was presented to the Chula Farmers Cooperative by the School Board at the district's annual Christmas program in December. The award was accepted by members of the Cooperative's Board of Directors and Manager, Dan Murphy. The Livingston County R-III School District presented this award to the Cooperative for its service to the activities and programs of the school district and to the Chula community.

BRRRR!! January was one cold month! Let's hope that February's weather is more cooperative with us!

Please remember that on these extremely cold mornings to make sure you dress your child in warm layers with hats, gloves, scarves, and coats. It is much better to be safe than sorry when putting children on the bus on cold mornings. We will cancel school if the wind chills get too cold, but otherwise we will plan to be in session.



2nd Quarter Honor Rolls

A Honor Roll Austin Case Dezeray Crawford Samual Pauley



B Honor Roll Nathan Brooks Wade Campbell Skye Cashatt **Bailey Castillo** Tiffany Gillespie Taylor Lambert Jackson Pauley Madeline Criner Haley Graves Bailey Pithan Audrey Meservey Samuel Meservey Jessie Case Brooklyn Lambert Colton Searcy



The Missoula Children's Theater group visited us in early January. The students learned about acting and got to practice being different characters while dancing. Everyone was up and moving during this assembly! Thanks to the Browning Foundation for bringing this opportunity to Chula!

December Outstanding Artists (above right)

Back row I-r: Bailey Pithan, Jackson Pauley, Colton Searcy, Hesston Campbell Front row I-r: Maci Stover, Ben Pithan, Addison Lewis, Charlee Ann Campbell



Students of the Month

December Students of the Month were chosen for showing "Rock Star Tolerance". They were each presented with a signed gold album.

- Preschool—Charlee Hibner
- Kindergarten—Charlee Ann Campbell (not pictured)
- 1st/2nd Grades—Jackson Searcy
- 3rd/4th Grades—Addison Lewis
- 5th/6th Grades—Colton Searcy
- 7th/8th Grades—Bailey Pithan

Congratulations to our Good Character Rock Stars!



School will be in session on the following days due to school being dismissed for bad weather in January:

- Monday, February 17th
- Friday, March 21st



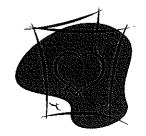












Chula Accelerated February 2014 School

Preschool News

So when was the last time you knew that the Arctic Circle was warmer than Missouri? During the month of January we discussed how cold the weather has become and when it might STOP being colder than usual. Winter has been our seasonal conversation. Preschoolers decided what kind of clothing we need to wear in this season. This winter has been a bit different because of Polar Vortexes and other reasons for wind chill factors. Our discussions took us to the topic of being safe in this really cold weather by wearing warm coats; hats; gloves or mittens; maybe a scarf or earmuffs. We also talked about what frostbite is and how it can hurt

We visited the Polar Regions and talked about the people and the animals that inhabit those areas. Our research showed us that some of those cold region animals are beginning to have some difficulty with the recent unusual warm up even though it doesn't feel all that warm here.

When we came back from the Polar Regions, we checked out Martin Luther King Jr. and talked about what it is to be a leader. Preschool friends found out that it takes really great listening skills and the ability to follow directions and by the same token be responsible enough to give reasonable directions to become a leader. We are practicing those necessary skills.

We finished up the month returning to winter to talk about the weather event that usually takes place during that particular season (besides the cold): snow. Wondering if it will snow any more this winter season has become the predictable math event. What causes snow and why it happens during the winter season finished out the thematic unit.

The 31st of January became the 100th day of school! We celebrated this phenomenal event with our friends from Kindergarten and 1st and 2nd grades.

Thanks for sharing with us!

Looking forward to February, Ms. Claire and Ms. Mindy

Kindergarten News

We started our month off with a visit from the Mizzoula Children's Theater. Liz and C.J. taught us how to express ourselves through facial expressions and body movement. We had a great time learning from them!



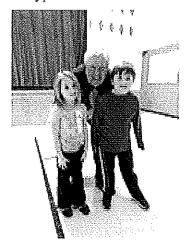
Randy Nadler came to visit us on January 16. He showed us pictures and talked to us about New Zealand. He even went bungee jumping from the bridge where bungee jumping was invented. This was Chance's favorite part of his program. Charlee Ann enjoyed looking at the pictures of all the cute animals.

Laura Numeroff was the author we studied this month. Her most

popular book series is based on her book If You Give a Mouse a Cookie. These books are about the humorous chain reaction that happens when you give an animal something. We read If You Give a Mouse a Cookie, If You Give a Dog a Donut, If You Give a Cat a Cupcake, If You give a Pig a Pancake, and If You give a Moose a Muffin. We liked all of them and can't decide which is our favorite!

We are looking forward to joining our preschool and 1st/2nd grade friends to celebrate the 100th day of school on January 31.

Mrs. Cypert



1st & 2nd Grade News

Happy February! We are hoping that the weather is not as cold as it has been in January. Having inside recess all the time gets a little boring. We're ready to get outside and get some fresh air!

We are going to celebrate the 100th day of school on Friday, January 31. Can you believe we've been in school for 100 days? We're planning a celebration with our pals

in preschool and kindergarten full of "100" activities.

In January, our second graders started their math fact race. They have to know all their addition facts from the +0's to the +10's, including the doubles and doubles plus ones. They are super competitive and are not happy when they don't pass a test. First graders are also working on their math facts and love to take timed tests!

We are starting our unit on economics. Everyone in our classroom has to apply for a job. They have to do their job every day and at the end of the week they receive their pay envelope. They have to pay bills with their money and then they can shop at our classroom store. It's very interesting and entertaining to watch how they choose to spend their money. Some of them like to spend it all and others will save up and get a big item or save it to see the new things that get added each week.

In the spirit of Valentine's Day, I asked the kids how you show someone that you love them.

Maci – give them a hug Noah – give them a kiss

Ray – make them a heart

Jackson – buy her a bracelet and put it in a card and write "I Love You" on it and put a dollar in the envelope.

Kamdyn – give them a koala kiss (rub noses)

Mady – give them a candy cane
Katie – give them a bouquet of
flowers, a balloon bouquet, a teddy
bear, and a box of chocolates

Hannah – write a note with xoxo on it

Rachael – I say "I heart you"
Emily – Tell them that they are the best!

Aiden – give her a teddy bear Torri—Always tell them that you love them and give them lots of hugs and kisses

Miss Stone



Wednesday, January 29, was set aside to honor our school board. Attending a school board appreciation breakfast was John Graves, Dan Murphy, Jeff Lambert, Steve Case, and Clint Campbell. The board members were presented gifts of appreciation by the Student Council.

3rd & 4th Grade News

The Missoula Children's
Theater shared with the children
some of the important things they
need to know to perform. The
children were a great audience and
the teaching was very entertaining!
This was sponsored by the Roger A.
Browning Foundation from
Chillicothe. We all think we have
what it takes to be an actor!!
Ben Pithan-I like the Grapevine
Dance. I didn't know how to do that
before, now I do.

Parker Savage-My favorite was learning to act like different characters. I think that is fun.

Breanna Pithan-I learned how to act like a different person. We acted like a lot of different people and it was really, really awesome.

Addison Lewis-I like the dance they taught me. I like to dance and they taught me a lot of different dance moves.

Cooper Murphy-I liked the movements of dancing because it is related to singing.

Kenlynn Fisher-My favorite part was when they taught us how to dance. They had some funny moves. Kyler Klein-I liked when they taught us how to dance because it was funny.

Blake Gillespie-I liked learning how to Grapevine dance. The dance steps were fun.

Joshua Meservey-The Grapevine dance was my favorite because I like dancing around.

Clayton Savage- I liked the dancing because I like the activity of moving around.

Skylar Stover-I liked the Grapevine dance because it was my favorite. Bailey Elrod-My favorite was when we danced. I really like to dance. I do it all the time in my room.

Randy Nadler was with us to present information about the country of New Zealand. It was a very interesting presentation. I asked the children what their favorite part was and they said it was hard to choose because it was all good. This is what they finally decided on:

Kyler Klein-I really liked the bungee jumping. It was cool! I would like to do that sometime.

Cooper Murphy-I liked the bungee jumping because I have done that before.

Ben Pithan-I thought the glow worms were pretty cool. I have never seen one of those before. Addison Lewis-I really liked learning about the seal pups and the state bird because I really like learning about animals. I also liked hearing about the geysers. Cassity Eckert-I really liked the seals because they were so cute. Skylar Stover- I liked hearing about the bungee jumping because I

Breanna Pithan-I liked the bungee jumping because it looked like a lot of fun. I would really like to try it sometime.

would like to try it.

Parker Savage-I liked the bungee jumping. I think it would be fun to jump off of a bridge and bounce at the end of a big rubber band.

Kasey Cranmer-My favorite part was the bungee jumping because I want to do it.

Joshua Meservey-I like the ice tunnels because it looked cool. I would like to go there someday. Clayton Savage-I like the one where they jumped off the bridge. I like this because they let him get his head wet in the river and it was winter.

Blake Gillespie-I liked seeing the Hobbit houses. I thought it was interesting to learn that the more windows there were in the house, it meant that they had more money. Bailey Elrod- I liked seeing the baby seals the best because they were so cute and the dad was funny. Mathew Meservey-I liked the Hobbit holes because it had to do with Hobbits.

Kenlynn Fisher-I liked seeing the native New Zealand people do their dance. It was very funny! They bugged out their eyes, stuck out their tongue, and hit their legs to scare off the enemy.

Mrs. Moore

5th & 6th Grade News

Brrrr! We have decided in 5th and 6th grade that spring can come now! To ward off the cold, we have had to stay busy. Lucky for us our basketball season is in preparation. We hope we will be seeing you at our 5/6 grade season games. The kids have been working hard at practice almost every day after school and they are so excited to be part of it!

In our regular day, we have been working on putting all our knowledge together to get some projects going. In Science, we have been once again able to work with the Conservation Department in developing posters for the contest. We are also implementing some technology through all the subjects by perfecting our Microsoft skills, including Power Point and graphing. It is such a motivator to the kids when they can see a published project!

Mrs. Pauley

Fire Department Hog Supper

The Chula Fire Department's annual hog supper will be

Saturday, February 8, 2014 From 5:30-7:00 pm.

Join the community in supporting our volunteer fire department at a whole hog dinner with all of the fixin's.

Free will donation with all proceeds to benefit the fire department.

7th & 8th Grade News

The seventh and eighth graders are busy preparing for their Dinner Theatre. This year's play is titled "Aw, Shucks!" The 5-act play will be presented on March 14.

The following is some information about the play. Just when Maw decides it's time to help her son Roscoe find a perfect Southern belle to be his bride, he comes home with a city-girl fiancé named Brooke Benton! Truth be told, Maw's choice for Roscoe, farmer's daughter Savannah Davis, is probably better suited for her other son, mud pit belly-floppin' Billy Bob. Still Maw is determined to prove that she knows best. Along with her sisters. Maw decides that an old fashioned hoedown is the only way to decide who Roscoe should marry. Though she's a bit worried about breaking a nail, Ms. Benton participates in Maw's competition and gets a little countrified in the process. This country vs. city comedy will make you go "horse" with laughter!

If you would like tickets, contact any 7th or 8th grade student or call the school office. Come and enjoy an evening out while supporting our school!

Mrs. Kerr

Library News

Many students will be doing research for class projects in the next few weeks. Please use our online resources at home by going to www.chulaschool.org. Find "Parent Resources" and then "Library Resources", Choose "Destiny" which has lists of research sites. Try "Famous Missourians" or one of the MORENET subscription sites. Our username is morenetliving and password is bobcats. If you have questions, please contact me at bradeliff@chulaschool.org. If your child needs help in research, encourage them to see me or Ms. Cheryl. All the students in grades 3rd through 8th are instructed on using the resources on the Destiny site during our weekly library schedule. We are pleased this is available for your child's success in locating information.

Mrs. Radcliff



WORKING TOGETHER FOR A GREAT START

February 2014

Livingston County R-III School





Attending school events

When your youngster brings home a notice about a program at school (play, open house, spirit night), have her post it on the refrigerator. Try to attend as many events as possible. You'll get to know her teachers and friends, and you'll show her how important her school is to you.

Drive through the maze

A masking-tape maze is a fun place for your child to drive his toy cars—and to develop his spatial skills. Help him make the maze by arranging strips of tape on a kitchen or basement floor. He can label an entrance and an exit and add a few wrong turns.

What do animals need?

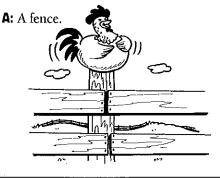
Pets can teach your child that all living things have needs. Ask her to tell you what her pet (or a relative's pet) requires, such as food, water, shelter, and exercise. She could draw a picture of the animal along with everything it needs.

Worth quoting

'There is nothing in a caterpillar that tells you it's going to be a butterfly." Richard Buckminster Fuller

Just for fun

Q: What runs around a farm but doesn't move?



Tips for better behavior

Every parent knows that whining, tantrums, and bossiness can be part of life with little ones. The good news is that as children get older and learn to control themselves, they usually outgrow these habits. In the meantime, here are tips from other parents to help you handle common—but challenging—behaviors.

Whining

"I stumbled on this idea by accident. One day, my son was talking in a whiny voice, and I couldn't understand him. After I asked him to repeat himself three or four times, he finally spoke in his normal voice. Now when he whines, I say, 'I can't understand you unless you talk like a big boy.' It usually works like a charm!"

Tantrums

"Casey's tantrums were exhausting for both of us until I learned to watch for 'triggers.' Now if I notice she's getting tired or hungry, we take a break or eat a snack. That way, I can usually head off a meltdown. When she does throw a tantrum, yelling or threatening a punishment won't stop it—and giving in doesn't teach her not to do it in the future. The tantrums seem to end faster if I calmly move her to a quiet spot."



"Alex had a habit of bossing his little brother around. Evan was getting tired of it, so we came up with the 'question' rule. When Alex wants his brother to do something, he has to turn it into a question. Instead of, 'You sit in this chair,' he should say, 'Can you sit in that chair, and I'll sit in this one?' Of course, sometimes Evan says no, but at least Alex is learning to ask nicely for what he wants."

Imagine and learn

You and your youngster need only your imaginations to play these learning games. Try one the next time you're in a waiting room or standing in line.

- What's in my "bag"? Pretend to take an object out of an imaginary bag and use it. You might act
- like you're putting on a pair of boots or cracking an egg, for example. Let your child guess the item, and then ask her to pick something from an imaginary bag for you to guess.
- What am I drawing? Secretly think of a simple object (say, a heart). Give your youngster step-by-step instructions for drawing it in the air with her finger ("Start at the bottom, slant up and left, then stop..."). How quickly can she figure out what it is? Next, let her give you something to "draw."♥



We love music!

Did you know that music can help your child learn a variety of skills? Add a little singing, wiggling, and giggling to her day with these musical activities.

Act out songs. Let your youngster pick a song and make up motions to go with it. She could pretend to row a boat while

singing "Row, Row, Row Your Boat." Or she might sing "The Bear Went Over the Mountain" and climb an invisible mountain. She'll practice listening to lyrics and thinking about their meanings.



Dance with streamers. Make streamers by tying lengths of ribbon to a key ring. Then, turn on the radio, and encourage your child to dance with the streamers. She could wave them quickly for a fast song or make long, sweeping motions for a slow one—she'll learn to pay attention to tempo.

Put on a parade. Play upbeat music on the radio or your MP3 player, and take turns leading a parade around the house. With each new verse, the leader chooses a different way for everyone to move (march, skip, tiptoe). Your youngster will get exercise and build large motor skills.♥

Show-and-tell: No toys allowed

Q: My daughter isn't allowed to bring toys for show-and-tell. How can I help her think of other things to take?

A: The no-toys rule still leaves plenty of things for your daughter to share. Ask her what she has that is special or unique, like a family photograph or a pair of her baby shoes.



Another idea is to share something that's related to a lesson at school. If she's learning about weather, she might take a book on rainbows. Or when she studies dinosaurs, she could share a brochure that she got at a natural history museum.

After she picks her object, help her practice what she'll say so she feels confident in front of the class. For example, she could explain what was happening in her photo or describe her favorite page in her book.

OUR PURPOSE

To provide busy parents with practical ways to promote school readiness, parent involvement, and more effective parenting.

Resources for Educators, a division of CCH Incorporated 128 N. Royal Avenue • Front Royal, VA 22630 540-636-4280 • rfecustomer@wolterskluwer.com www.rfeonline.com

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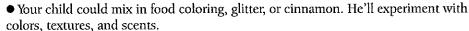
CORNER

Homemade play dough

Encourage smooshy and squishy fun by making your own play dough at home.

To whip up a batch, help your youngster measure and stir together 2 cups flour, 1 tbsp. cream of tartar, and $\frac{1}{4}$ cup salt. Add 1 cup hot water and 2 tbsp. vegetable oil. Have him mix it with his hands until a dough forms. (If it's sticky, he can add more flour, 1 tbsp. at a time.)

Then, suggest these ways to use it:



- Encourage him to notice different textures. Have him walk around the house with a handful of dough and make impressions of objects. He might press a Lego or a button into the dough, for example.
- Let your youngster get creative. He can make silly creatures by adding pipe cleaners, wiggly eyes, and other craft items to the dough.♥



ahead of time

is a good idea.

Three's company

My son David recently had his two

best friends over. After a short time, I saw that two was company but three was *complicated*. Someone was always left out.

I asked their teacher for advice. She said that odd numbers of kids often need extra adult help to get along. If I stay nearby while they play, I can step in if one of them gets left out. She also said that planning activities

The next time David's friends came over, we were ready. It was a Sunday afternoon, when I wasn't busy and could easily keep an eye on them. David set up a line of chairs to make a "school bus," and when the children arrived, I suggested that they take turns being the driver.

They all got along for a while, and

then I suggested they switch to a board game. The afternoon went — much more smoothly this time—we discovered that three *can* be good company!♥

Home&Sch **CONNECTION® Working Together for School Success**

February 2014

Livingston County R-III School Jocelyn Meservey, Principal



The five Ws

Spark your youngster's interest in the newspaper by sharing sections with her. Tell her that a news story usually answers the five "W" questions: who, what, when, where, and why. Read an article together, and see if she can spot the answers to all five questions.

Camp registration

In many areas, camp sign-ups begin now. If you want your children to attend, start looking into options. City or county camps will cost less than private camps, and some may offer free or discounted registration to help people afford them. You could also check with community centers and places of worship.

Household fire drill

Your youngster is probably used to fire drills in school—but what about at home? Ask him to draw a map of your house and use a red X to mark two exits from each room. Then, pick a safe meeting place outside (the corner, a neighbor's front yard), and hold a fire drill.

Worth quoting

Every great dream begins with a dreamer." Harriet Tubman



Your child's social life

Just like being involved in your youngster's education can lead to his success in school, taking an interest in his social life can help him form healthy friendships and handle peer pressure. Try these strategies.

Ask about friends

When you talk to your child about what he's learning in school, also find out who he plays with at recess or sits with at lunch. During conversations with your youngster's teacher, discuss how he gets along with classmates. If he struggles to make friends, see if there is someone he seems to like or has things in common with. Then, encourage him to invite that child home to play.

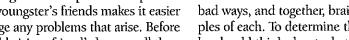
Meet other parents

Building relationships with the parents of your youngster's friends makes it easier to manage any problems that arise. Before your child visits a friend's home, call the parent to touch base. Better yet: Drop your youngster off, and introduce yourself in person. You can also meet friends'

parents at school functions (literacy night, concert), sports games, and neighborhood playgrounds.

Explain peer pressure

Help your child make good choices when he's with his friends. Point out that kids influence each other in good and bad ways, and together, brainstorm examples of each. To determine the difference, he should think about whether a friend's advice is helpful ("You have to read this book!") or harmful ("Only babies wear helmets when they ride bikes").♥



Fun with analogies

Here's an easy way to boost your child's thinking and word skills.

Give her an analogy, or a sentence comparing how things are related. For example, "Basketball is to sports as mozzarella is to _____." She should say "cheese," since basketball is a type of sport and mozzarella is a kind of cheese. Then, let your youngster give you an analogy to solve.

You could also make up analogies about topics she's studying in school. If she's learning about continents, you might say, "Japan is to Asia as Mexico is to ." (Answer: North America.)♥

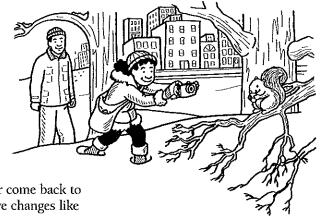


Winter walks

Walking in a winter wonderland can be fun *and* educational. Find a trail in your neighborhood or at a park, bundle up, and have your youngster take along these items.

Camera. Bare branches allow your child to observe details that are hidden when trees are full of leaves. She can choose a favorite tree and take photos of it, zooming in on things like a squirrel perched on a

branch or a hole in the trunk. *Note*: Have her come back to the same tree in the spring so she can observe changes like buds and bird nests.



Bag. Suggest that your youngster collect a few natural items from the ground, such as rocks, pinecones, or nuts. At home, help her practice research skills by using library books or websites to identify each object.

Book. Pick a comfortable place to sit,

and enjoy an outdoor read-aloud. A volume of nature poems, a story set in the woods, or a nonfiction book about wildlife make nice choices. Encourage your child to look around for images from the book (an icicle dangling from a porch, a deer darting through a field).



Memory strategies

Try this game to boost your youngster's memory. He'll discover techniques that can help him remember information he learns in school.

I. Write down 10 random words. Let family members look at the list for one minute, then put it away.



- **2.** Give everyone a blank sheet of paper, and have them write as many words as they remember in two minutes. Count to see who got the most.
- **3.** Discuss the strategies you each used to recall the words. Maybe your child noticed that *supermarket*, *crisp*, and *bowl* could all be linked to food, and remembering food made him think of those three words. Or perhaps you made up a sentence using four of the words.
- **4.** Play again with 10 new words. Encourage your youngster to try one of the ideas you discussed. Can he remember more words this time?♥

OUR PURPOSE

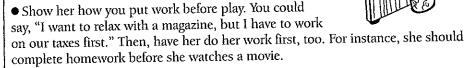
To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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Developing a work ethic

A strong work ethic—a belief in the value of hard work—can help your child in school, at home, and in her future career. Consider these suggestions:



• Help your youngster recognize the feeling of satisfaction that comes from hard work. After she cleans her room, let her invite family members to take a tour. Or when she finishes a painting that took a long time, you could let her display it in the hallway as a reminder of her effort.♥



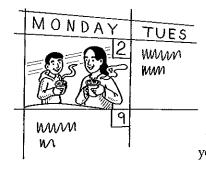
Create together time

Q: Our family has a busy schedule, and I feel like I don't spend enough time with my son. How can we

stay connected?

A: Try giving your son a special spot on

your calendar. Find a pocket of time, and pencil in his name. Then, ask how he'd like to spend it. Perhaps you could visit the library on Saturday morning or chat over hot chocolate after dinner on Monday.



You might weave "together time" into your existing schedule, too. If you work the evening shift, call him during your break and let him read you a story. When you're in the car or on the bus together, sing songs with your child.

Also, think about ways you can save an hour here or there so you can make time to be with your son. Could you put dinner in a slow cooker once or twice a week? Would switching to online banking help you pay bills faster?