

January 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
			1	2	3	4
5	6 Classes Resume	7	8 12:30-Missoula Children's Theater	9	10	11
12	13	14 7:30-Board Meeting	15 3:15-Student Council	16 10:00-Randy Nadler	17	18
19	20 NO SCHOOL	21	22 School Board Appreciation Breakfast	23	24	25
26	27	28	29	30	31	

Menus

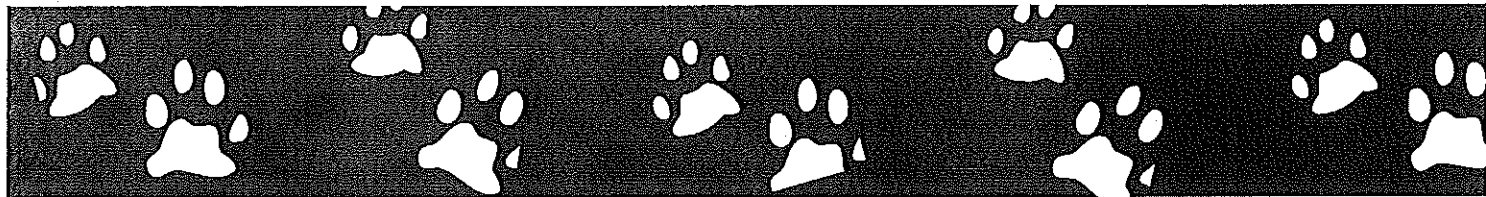
School: Livingston County R-3

Academic Year: 2013-14

Meal: All

Month: January 2014

January				
M	Tu	W	Th	F
30	31	1	2	3
6	7	8	9	10
<p>Breakfast: Whole grain waffle, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Whole grain chicken nuggets, mashed potatoes, sliced carrots, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain cereal, whole wheat toast, 1/2 banana, juice, milk</p> <p>Lunch: Pork ribette, au gratin potatoes, peas, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain breakfast burrito, fruit, juice, milk</p> <p>Lunch: Spaghetti w/meat sauce, romaine tossed salad with lowfat Ranch, green beans, fruit, milk</p>	<p>Breakfast: Scrambled eggs, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Hamburger on whole wheat bun, potato wedges, broccoli, fruit, milk</p>	<p>Breakfast: Ham patty, whole grain biscuit, juice, milk</p> <p>Lunch: Chili, celery sticks & baby carrots, whole grain crackers, cinnamon roll, fruit, milk</p>
13	14	15	16	17
<p>Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Whole grain pepperoni pizza strips, romaine tossed salad with lowfat Ranch, whole kernel corn, fruit, milk</p>	<p>Breakfast: Sausage patty, whole grain biscuit, fruit, juice, milk</p> <p>Lunch: Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain french toast, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Chicken quesadilla, shredded lettuce, diced tomatoes, black beans, fruit, milk</p>	<p>Breakfast: Whole grain breakfast pizza, fruit, juice, milk</p> <p>Lunch: Tuna noodle casserole, sliced carrots, mashed potatoes, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Whole grain cereal bar, yogurt, fruit, juice, milk</p> <p>Lunch: Sloppy joe on whole wheat bun, potato wedges, green beans, fruit, milk</p>
20	21	22	23	24
	<p>Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Whole grain chicken patty, mashed potatoes & gravy, broccoli, whole wheat bread & butter, peaches, milk</p>	<p>Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Fish wedge, au gratin potatoes, green beans, whole wheat bread & butter, fruit, graham cracker, milk</p>	<p>Breakfast: Egg patty, whole grain biscuit, juice, milk</p> <p>Lunch: Tomato soup, grilled cheese, celery sticks, raw baby carrots, fruit, crackers, milk</p>	<p>Breakfast: Oatmeal, whole wheat toast, juice, milk</p> <p>Lunch: Walking taco w/shredded cheese & shredded lettuce, refried beans, strawberries, milk</p>
27	28	29	30	31
<p>Breakfast: Whole grain breakfast pizza, fruit, juice, milk</p> <p>Lunch: Chicken & noodle soup, 1/2 PBJ, raw baby carrots, celery sticks, whole grain crackers, fruit, milk</p>	<p>Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Fish wedge, au gratin potatoes, green beans, whole wheat bread & butter, fruit, milk</p>	<p>Breakfast: Sausage gravy & whole grain biscuit, fruit, juice, milk</p> <p>Lunch: Lasagna roll-up, tossed Romaine salad w/lowfat Ranch, whole kernel corn, whole wheat bread stick, fruit, milk</p>	<p>Breakfast: Whole grain french toast, reduced calorie syrup, fruit, juice, milk</p> <p>Lunch: Hot ham & cheese on whole wheat hamburger bun, potato wedges, sliced carrots, fruit, milk</p>	<p>Breakfast: Cheese omelet, whole wheat toast, fruit, juice, milk</p> <p>Lunch: Taco salad w/shredded cheese & shredded lettuce, refried beans, fruit, milk</p>



From the Principal's Desk...

Inclement Weather/School Closing Announcements

In the event of severe weather or the need to close school, the following will broadcast the school closing/early dismissal information:

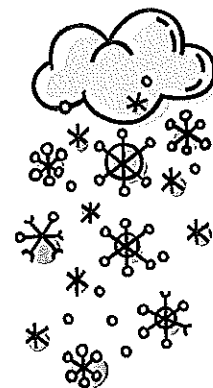
Chillicothe: KCHI 102.5 FM

Kansas City: KCTV Channel 5

Trenton: KTTN 92.3 FM; KGOZ 101.7 FM

KMBC Channel 9

Brookfield: KZBK 96.9 FM



Families wishing to receive text and/or email messages regarding school closings may subscribe to Textcaster. This service is provided to our school by the Chula Farmers Cooperative.

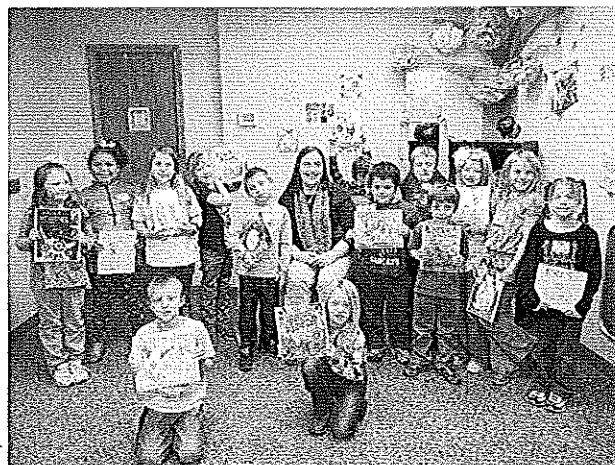
To sign up—Complete the on-line form by following the TextCaster link from our school's webpage:

www.chulaschool.org

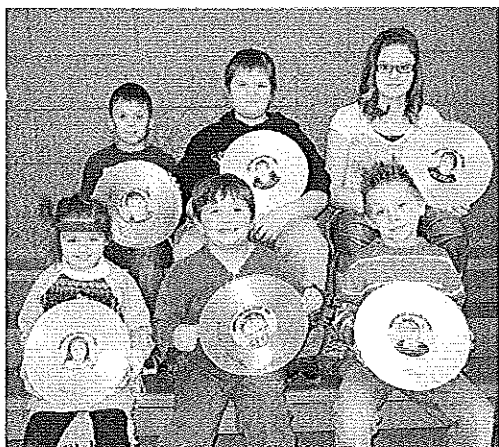


November Outstanding Artists

Katie Searcy, Rachael Meservey,
Samual Pauley, Mathew Meservey,
Carson Rhodes, Nathan Brooks,
Madeline Criner, Audrey Meservey



This 1st/2nd grade class got to go to the Livingston County Library in December. Each child got their very own library card and got to use it to check out a library book!



Students of the Month

November Students of the Month were chosen for showing "Rock Star Cooperation". They were each presented with a signed gold album.

Preschool—Marley Slattery

Kindergarten—Chance Swickheimer

1st/2nd Grades—Kamdyn Hinnen

3rd/4th Grades—Clayton Savage

5th/6th Grades—Lucas Greener

7th/8th Grades—Skye Cashatt



Congratulations to our Good Character Rock Stars!





Chula Accelerated School

January 2014

Preschool News

Oh the weather outside is frightful...it has been quite a beginning to the month that brings winter! We started our month with all those critters who sleep through these cold months. Hibernation and migration took us outside to look up toward a flock of geese flying over. Fortunately there are no bears in the area so we didn't stumble across any hibernating big critters. Earlier in the fall, we had noticed a very large toad attempted to bury himself in the gravel outside the back door so we knew what hibernation looked like on a small scale. The children made caves for sleeping bears, covered chipmunks with leaves and dirt, and painted a frog burying himself in the mud at the bottom of the pond.

After we made sure everyone was off to warmer places or sleeping comfortably, we sang songs to get ready for the season. We looked at other ways to read besides words and discovered music is also something to be read. We sang all sorts of songs and ended up singing about that fella who wears a red suit and rides in a sleigh...bet you already know who he is. We even had an elf drop in to keep "the big guy" apprised of behavior situations in the classroom. His name is Eddie. He has been in and out of the classroom because sometimes the report back to Santa wasn't one that Eddie really wanted to deliver! We have worked on making special things for the folks we love so much and as thank yous for folks who have been so helpful to us all year long!

The Christmas program turned us into penguins and reindeer and was a fun event for the children.

On behalf of all of the preschool children and Ms. Claire and Ms. Mindy, we wish you all a very Merry Christmas and a Happy New Year!

Ms. Claire and Ms. Mindy

Kindergarten News

The theme this month was "Christmas". We have been learning about several legends that surround our traditions that we celebrate this time of year.

Santa has sent an elf to spy on us in the classroom. Her name is Frilly McGlitter, and when she first arrived she brought us a Christmas tree. We have enjoyed making all the decorations for it! She flies back to the North Pole each night to report to Santa what she has seen and heard in our classroom. I am happy to say it has all been good news. When she arrives back in our classroom each morning she is always doing something silly. She even went fishing in our fish tank! Luckily she did not use the right kind of bait and our fish is still doing just fine. She did have one little mishap, however. She brought a snowman friend from home with her and he did not fare so well in our cozy little classroom. We found him melted and Frilly very sad. She later made up for it by bringing us a special gift from her. She brought each of us a Christmas book about one of our favorite characters, Pete the Cat. We have enjoyed having her in our class and can't wait to see her again next year in Kindergarten!

We are looking forward to a wonderful break to spend some quality time with our families. I am sure that when January 6 arrives we will be rested up and ready to work hard!

Mrs. Cypert

1st & 2nd Grade News

We hope everyone had a wonderful holiday and enjoyed their Christmas vacation.

We were so sad to say goodbye to two of our favorite friends – Remington Rhodes and Rhyann Kincade. We wish them good luck at their new school and we will miss them!

After having such a long break, we'll work on our classroom rules and behaviors and jump right back into our work. We'll do lots of reading, including some favorite books by Jan Brett. In writing we'll be working on learning the writing process and practice our editing skills. Second graders are expected to be fluent in their addition facts so we will begin our math fact race in January. They will keep on track of the math facts they know and there might be some prizes along the way!

We are looking forward to celebrating the 100th day of school in January. We'll celebrate the occasion with our pals in kindergarten and preschool. We'll also learn about Martin Luther King and other people who have made a difference.

Miss Stone

3rd & 4th Grade News

The 3rd and 4th grade class began this Christmas season reading one of the best Christmas books ever, according to these kiddos. We read the wonderful and funny book written by Barbara Robinson, called *The Best Christmas Pageant Ever*. This is a story about a family of children that are considered by everyone in the town to be the worst kids in the history of the world. They lie, steal, smoke cigars, swear, and hurt other children. They decide to volunteer for parts in the annual Christmas pageant and to ensure that they get the part they want the Herdmans threaten all the other children. The Herdman family has never heard the Christmas story before and their interpretation is very interesting. The outcome is quite funny and turns out to be the best one the town has ever seen.

The familiar story *How the Grinch Stole Christmas* is another classic tale we enjoyed this year. We performed a Reader's Theater for the school during a morning rally. We also used the book as a spinoff for writing our own versions of what really happened as seen through the eyes of the other characters in the story. This story also fit right in as we discussed tolerance this month. The traditions of Christmas are alive and well in our classroom.

Mrs. Moore

5th & 6th Grade News

We are all looking forward to the break and the coming of the new year. The kids have been working hard on some projects. In Science we have started utilizing our computer knowledge by making and analyzing graphs about the environment. Our first project goes along with the decline and rise of the bald eagle. It includes the effects of humans harming and helping the environment. We also are working on graphs to show how much trash an average family throws away in a

year and how many years it takes for some of those items to decompose. The kids have also enjoyed typing up some poems using all the Microsoft Word tools we have learned.

I know they will be anxiously awaiting the return of basketball when we return from break. If your child needs a new physical for this season, you may want to take advantage of the next two weeks off for that.

Have a great holiday season!

Mrs. Pauley

7th & 8th Grade News

Wow, Christmas has come early to the 7th and 8th grade classroom! We unwrapped our presents and grants were under the tree!

Grants are available to schools or specific classrooms and are made possible through a variety of sources. Teachers have to fill out paperwork specifying what the funds will be used for, how the grant will be used to meet Grade Level Expectations, and how the students will benefit from the materials or money received.

Last May, I applied for a \$250 Farm Bureau mini-grant. The grant had to relate to agriculture while meeting specific Grade Level Expectations. In July, I received notification that I had received the grant. I was able to purchase books and a video to use in the classroom. Students will read the non-fiction book, answer comprehension questions, watch the movie, and then compare and contrast the movie and the book.

In September, I applied for a \$700 Target Field Trip Grant. Money from this grant is used to fund a field trip. Last week I received a packet to fill out verifying my information. Early in 2014 I should receive a check to help fund a field trip to Hannibal! Students will first read the book *The Adventures of Tom Sawyer*, and then we will travel to Hannibal and see

and experience the sights from the book.

October was the third and final grant application. Missouri State Teachers Association (MSTA) provides six \$500 grants to classrooms in the Northwest District. The first week of December, I was chosen as one of the recipients. This grant will provide a Soybean Kit for Exploratory class. The kit has 21 different activities and will allow each student to have their own materials. These activities are linked to the National Science Standards and are completely hands-on.

Each of these grants will require no matching funds from the school. They will provide students with materials and activities that otherwise would not be available to them. I would like to thank Missouri Farm Bureau, MSTA, and Target for their generosity! Everyone is ready to enjoy the benefits of these grants the rest of the school year!

Mrs. Kerr



Early Years

WORKING TOGETHER FOR A GREAT START

January 2014

Livingston County R-III School

KID BITS



Family resolutions

Help your little one practice setting and meeting goals by choosing a New Year's resolution as a family. Pick something you can do together, like playing outside every day or making beds every morning. Your youngster gets to put an X on the calendar for each day that everyone sticks to your resolution.

Story star

The next time you read your child's favorite book, make him the star of the story. Replace the name of the main character with your youngster's name. After you read, ask him to draw a picture of himself doing something mentioned in the book. You'll encourage him to connect personally with the story, which can boost his comprehension.

Clean-up hint

Labeled containers make clean-up time easier. Cover empty oatmeal canisters or plastic jars with plain white paper. Then, help your child label each one to tell what goes inside (doll clothes, marbles). She could illustrate the labels, too. *Idea:* Tape labeled index cards to bigger containers (say, for pretend food or musical instruments).

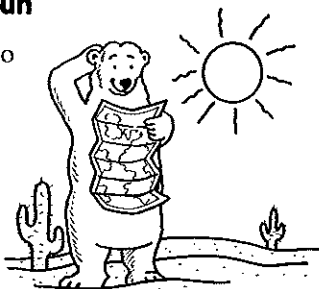
Worth quoting

"Laughter is an instant vacation."
Milton Berle

Just for fun

Q: What do you call a polar bear in the desert?

A: Lost.



Colorful learning

Let your child use a box of crayons to learn color names and observe colors in her world. Try these activities.

Take a walk

Have your youngster carry crayons along on a walk. Encourage her to look for something in nature that matches each crayon, and help her read the color name on the crayon. She might see a brown squirrel, green pine needles, and a blue sky. At home, she could use the crayons to draw a picture showing all the things she spotted.

Guess my crayon

Put a crayon behind your back, and give your child clues to guess the color you're holding. If it's orange, you might say, "The inside of a cantaloupe is this color." Or for purple, your hint could be, "Lavender and violet are shades of



this color." When she figures it out, it's her turn to pick a crayon and give you clues about its color.

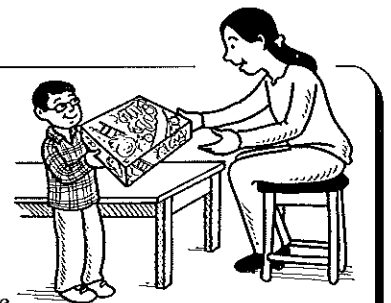
Make new colors

Help your youngster make muffin-shaped crayons to see how colors mix. Put cupcake liners in a muffin tin, and have her fill each cup with broken crayons. She could place blue and yellow pieces in one cup and red and blue in another. Then, bake at 275° for about 15 minutes. Cool completely, and remove from the pan. What color crayons did your child create?♥

Be confident!

If your youngster has healthy self-esteem, he's more likely to try new things and bounce back from challenges. Here are ways to boost his confidence:

- Help your child focus on his own accomplishments rather than comparing himself to siblings or friends. For example, he might look at how he wrote his name on the first day of school and compare it to how well he writes it now.
- Allow your youngster to lead. When you spend time together, ask him what he'd like to do (play a game, build a fort). Or have him decide what kind of pasta (spaghetti, macaroni) your family will eat for dinner. You'll send the message that his opinion matters.♥



Great expectations

What do you expect your youngster to be able to do? Having appropriate expectations—and letting your child know what they are—will help him reach his potential. These tips can help.

Be realistic. Set expectations that your youngster is capable of meeting. For example, it's reasonable to expect a preschooler or kindergarten to use an "inside" voice in the house and to carry his backpack to school. But he might forget sometimes and need to be reminded.



Be clear. Let your child hear you talk about your expectations. You could say, "Everyone in our house helps out." Or let him overhear an expectation stated as a compliment: "Jesse always listens to my instructions."

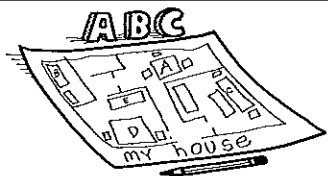
Be flexible. Your expectations should grow as your youngster grows. This year, you might expect him to go to school every day, and next year, perhaps you'll expect him to complete homework each evening. *Tip:* As he gets older, you can say things like "When you graduate from high school..." or "When you're in college..."♥

ACTIVITY CORNER

ABC hunt

Use this game to combine map-making with a fun alphabet hunt.

Materials: paper, pencil, magnetic letters



1. Help your youngster draw a map of your home. She can draw lines to show where each wall is and add shapes for other items, such as rectangles for beds and circles for tables.
2. Place magnetic letters, A to Z, throughout the house, marking the map to show where you put each one. For example, if you place an A under the kitchen table, write "A" on the table on her map. *Variation:* Think of a word, and hide just those letters.
3. Let your child follow the map to gather the letters.
4. Have your youngster put letters around the house and write them on a map—now it's your turn to find them.♥

PARENT TO PARENT

All kinds of jobs

After my daughter Allie learned about careers in school, she started talking about what she might be when she grows up.

Now when we go out, we look for workers and talk about what they're doing. At home, Allie pretends she's working, too. One time she played librarian, putting her books on a shelf and holding story time with her dolls. Another time she acted like a mail carrier, sorting our mail into stacks and delivering a pile to each family member.

We have also talked to relatives and neighbors about their jobs. My cousin teaches ballet, so she told Allie about her training and demonstrated some dance moves. And our next-door neighbor builds furniture—he let us see his workshop and showed us pictures of his favorite projects.

Of course, Allie doesn't know yet what she'll be, but she likes learning about people's jobs and thinking about what she might do one day.♥



Q & A Getting enough sleep

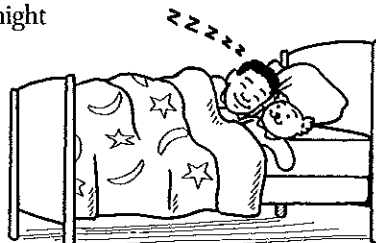
Q: My son has a hard time falling asleep at night. How can I make it easier for him?

A: Getting enough sleep—10–12 hours a night—will help your son grow, stay healthy, and do well in school.

First, have him stick to a nightly bedtime routine. Your son might take a bath, brush his teeth, and listen to a story, for instance. Repeating the routine each night helps him recognize it's time for sleep. Also, research shows that

watching TV or playing video games close to bedtime can get kids wound up and keep them from sleeping. If he uses electronics, have him turn them off at least an hour before bedtime.

Finally, encourage the rest of the family to read or do other quiet activities after he says good night. Your son might have an easier time going to bed—and staying there—if he doesn't feel like he's missing out on the fun.♥



OUR PURPOSE

To provide busy parents with practical ways to promote school readiness, parent involvement, and more effective parenting.

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Home & School CONNECTION[®]

Working Together for School Success

January 2014

Livingston County R-III School
Jocelyn Meservey, Principal



SHORT NOTES

Ready to go

Motivate your youngster to get ready for school on time by keeping a basket of activities (magazine, yo-yo, small puzzle) by your front door. Once he has his shoes and coat on, he can do an activity until it's time to head out. *Idea:* Swap items frequently to keep his interest.

Midyear progress report

When you review your child's report card, start by asking her how she feels about the different subjects. *Examples:* "Which subject was your favorite this quarter?" "Which one was hardest?" Then, talk about the grades she received. If one is lower than you expected, talk to her teacher—she can suggest ways your youngster could do better next quarter.

Speaking correctly

Does your child occasionally mispronounce words or make grammatical mistakes? Try to resist correcting him every time. But do give him the opportunity to hear the word pronounced or used correctly. For instance, if he says, "I saw geoses at the park," you can say, "How many geese did you see?"

Worth quoting

"The road to success is always under construction." *Lily Tomlin*

JUST FOR FUN

Q: What do people do in clock factories?

A: They make faces all day.



Three ways to understand

The more ways your child learns something, the easier it will be for her to understand it. Encourage her to explore information and ideas by seeing, hearing, and doing.

1. Seeing

Drawing pictures can help your youngster visualize concepts. Have her make a comic strip based on a nonfiction book. Each frame could show one step in the water cycle or in the process by which a bill becomes a law. She can even add dialogue bubbles. ("I'm a raindrop falling from a cloud.")

2. Hearing

Suggest that your youngster spell words or say addition or subtraction facts aloud. Also, ask her to talk about what she is learning. You might have her explain photosynthesis or long division to you or a sibling, for example. *Idea:*



She could record herself reciting material and play it back in the car.

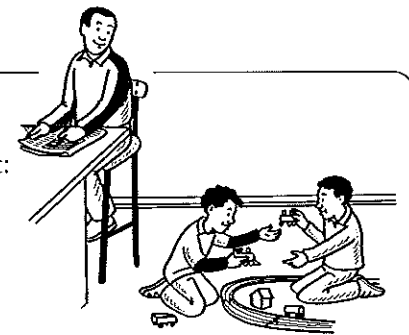
3. Doing

Hands-on experiences help your child understand ideas. If she's studying the solar system, pretend to be the sun, and have her be the earth. Tell her to spin her body (rotate) and walk in an orbit (revolve) around you. When she learns about pioneer times, she can do homework by candlelight or wash a shirt by hand—she'll have a better idea of what life was like before modern conveniences. ♥

Help siblings get along

If you have more than one youngster, you know that siblings don't always live in perfect harmony. Try these suggestions to limit conflict:

- Catch them at good moments. Point out something specific they're doing so they can repeat it. *Example:* "I love how nicely you've been talking to each other all morning!"
- Give your children a chance to solve their own disagreements. Rather than stepping in as soon as they start squabbling, you might simply stay nearby in case things get out of hand.
- If your youngsters need your help to fix a problem, try offering choices. *Example:* "Do you want to share the trains, or would you rather divide them up?" ♥



Game-time lessons

Board games aren't only fun—they're also a great way to build character. Here are values your youngster can learn when you play games together.

Patience. Waiting for his turn lets your child practice being patient. Gently remind him to avoid rushing other players. You might suggest that he pass the time by planning his next move or organizing his cards. And point out that he'll get to take his time when it's his turn.

Honesty. Talk to your youngster about the importance of being an honest player. If you make a mistake (say, you



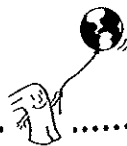
accidentally give yourself too many points), let him hear you correct yourself. Or if the spinner lands on the line between two numbers, ask him to spin again rather than picking the better move.

Sportsmanship.

Emphasize having fun rather than winning.

For instance, cheer each other on. ("Yes! You got the card you needed.") When you end up with an unlucky move, say something like "Oops" rather than getting angry. Also, make it a family ritual to high-five the winner. If you lose, set an example by announcing, "That was a good game!"♥

ACTIVITY CORNER

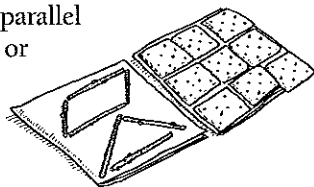


Snack on math

Turn your child's snack into a geometry lesson with these activities.

Shapes and lines

Your youngster can make shapes out of pretzel sticks, baby carrots, or string cheese. Challenge her to create a triangle, rhombus, or hexagon, for instance. Then, she gets to eat the shape! Or have her use the snacks to form lines that are parallel (side by side) or perpendicular (forming an L or a T, for example).



Area

Let your child explore area with crackers and a napkin. (Note: Area measures the surface of a flat shape in square units.) Ask her to lay square crackers in one layer on a napkin and count them—the number of crackers (square units) is the area. Or she could multiply the crackers in one row (3) by the crackers in one column (3) to get the area: $3 \times 3 = 9$ crackers.♥

PARENT TO PARENT

Online safety

I have always been careful about making sure my son

Logan is safe online. He has a screen name that doesn't reveal his identity, and I use parental safety controls on our computer.

Then one day, Logan started a word game online with a random opponent. He showed me a message that he had received from the other player. Although the message itself seemed harmless, I realized that the game was allowing him to chat with strangers.

I explained to Logan that chatting online was like talking to a stranger in real life, and I made a rule that he can play only with people he knows. We thought of a few friends and relatives he might invite to play, and he and I have even started a game. He's safer—and we've discovered a new way for him to stay in touch with relatives who live out of town.♥



Q & A Goal of the month

Q: I like the idea of making New Year's resolutions, but we rarely stick with them. Any ideas?

A: A year might seem like a long time to keep a resolution. Consider making one per month—you'll teach your child to set reasonable goals and to work to achieve them.

To start, let your youngster write "January" in big letters at the top of a piece of paper. Post it on the refrigerator, and have each

family member write a resolution for the month. Your child might resolve to finish class work on time or get a better grade on her next geography quiz. Perhaps you'll decide to take on a new responsibility at work or join a walking group at the mall.

Together, discuss ways to reach your goals that month, and talk frequently about your progress. On the last day of January, you can start a sheet for February. Then, rewrite resolutions you're still working on, or add new ones.♥



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