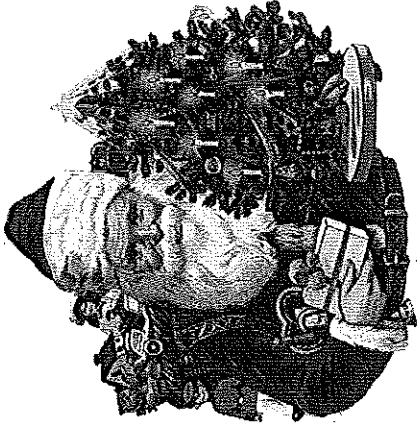


# December 2013

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1	2	3	4	5	6	7
8	9	10	11	12	13	14
15		7:30-Board Meeting 17	18	19	20	21
22		Open of filing for school board 8:00-5:00 24	3:10-StuCo 25	26	27	28
		<b>—Christmas Break—</b>				
29	30	31	<b>—Classes Resume Jan. 6—</b>			

# Menus

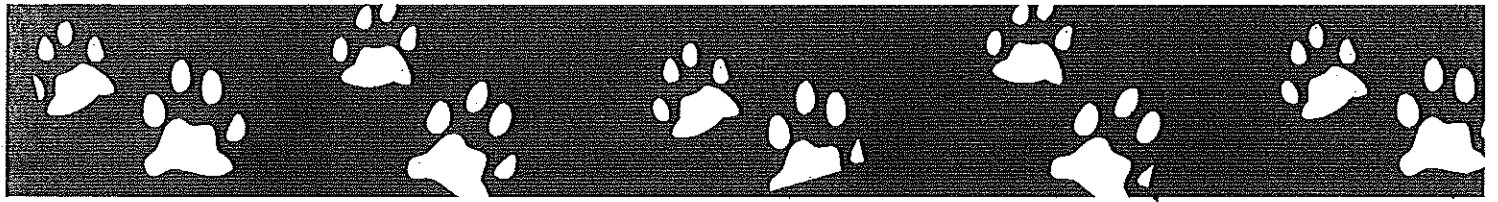
School: Livingston County R-3

Academic Year: 2013-14

Meal: All

Month: December 2013

December				
M	Tu	W	Th	F
2 <b>Breakfast:</b> Whole grain pancakes, reduced calorie syrup, mandarin oranges, milk, juice <b>Lunch:</b> Hamburger patty on whole wheat bun, leaf lettuce, and pickles, potato wedges, broccoli, pineapple tidbits, milk	3 <b>Breakfast:</b> Whole grain breakfast burrito, tropical fruit, juice, milk <b>Lunch:</b> BBQ pork ribette, au gratin potatoes, pear, whole wheat bread & butter, pears	4 <b>Breakfast:</b> Whole grain cereal, whole wheat toast, mixed fruit, juice, milk <b>Lunch:</b> Chili, celery sticks, baby carrots, cinnamon roll, apple wedges, crackers, milk	5 <b>Breakfast:</b> Whole grain biscuit, sausage patty, orange wedges, juice, milk <b>Lunch:</b> Whole grain chicken nuggets, mashed potatoes, carrots, whole wheat bread & butter, mixed fruit, milk	6 <b>Breakfast:</b> Scrambled eggs, whole wheat toast, mixed fruit, juice, milk <b>Lunch:</b> Whole wheat spaghetti with meat sauce, tossed romaine salad w/lowfat ranch, green beans, whole wheat bread & butter, peaches, milk
9 <b>Breakfast:</b> Whole grain waffle, reduced calorie syrup, fruit, juice, milk <b>Lunch:</b> Cheese pizza, whole kernel corn, tossed romaine salad w/ lowfat ranch, apple wedges, milk	10 <b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Fish wedge, au gratin potatoes, green beans, whole wheat bread & butter, pineapple, milk	11 <b>Breakfast:</b> Sausage gravy & whole grain biscuit, juice, milk <b>Lunch:</b> Chicken noodle soup, 1/2 PBJ sandwich, Baby carrots & celery sticks, fruit cocktail, crackers, milk	12 <b>Breakfast:</b> Cheese omelet, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Salisbury steak w/mashed potatoes & gravy, broccoli, whole wheat bread & butter, peaches, milk	13 <b>Breakfast:</b> Whole grain cereal bar, yogurt, fruit, juice, milk <b>Lunch:</b> Hot dog on whole wheat bun, baked beans, potato wedges, grapes, milk
16 <b>Breakfast:</b> Oatmeal, whole wheat toast, juice, milk <b>Lunch:</b> Whole grain corn dog, potato wedges, baked beans, fruit, milk	17 <b>Breakfast:</b> Whole grain french toast, reduced calorie syrup, fruit, juice, milk <b>Lunch:</b> Lasagna roll-up, tossed romaine salad w/lowfat ranch, whole kernel corn, whole wheat bread stick, orange wedges, milk	18 <b>Breakfast:</b> Whole grain cereal, whole wheat toast, fruit, juice, milk <b>Lunch:</b> Whole grain chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	19 <b>Breakfast:</b> Breakfast pizza, fruit, juice, milk <b>Lunch:</b> Baked ham, sweet potatoes, green beans, whole wheat roll, fruit, milk	20 <b>Breakfast:</b> Sausage, egg, biscuit, juice, milk <b>Lunch:</b> Turkey & cheese on whole wheat bread, baked chips, carrot & celery sticks, sherbet, milk
23	24	25	26	27
30	31	1	2	3

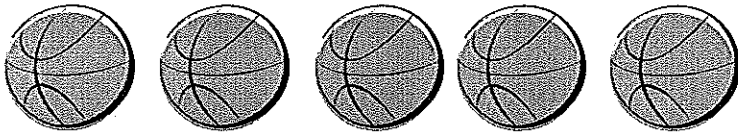


## From the Principal's Desk...



On November 11, the faculty, staff, and students of Chula Accelerated School hosted a breakfast and assembly in honor of area veterans and service men/women. There were 18 veterans/servicemen representing all branches of the armed services in attendance. After a wonderful breakfast, the program continued with Taps played by Ben Savage and a color guard, musical presentations by the students, a Veterans Day poem, and a presentation by David Warren, a former Air Force pilot. We would like to thank all the Veterans and Servicemen who were in attendance for their service to our country.

The 8th grade students were recognized at the last home basketball game of the season. We are very proud of all of the hard work they have put into basketball over the years—some of them since they were in 3rd grade! They will be missed!



### Students of the Month

October Students of the Month were chosen for showing "Rock Star Responsibility". They were each presented with a signed gold album.

- Preschool—Lily Stark
- Kindergarten—Chance Swickheimer
- 1st/2nd Grades—Hannah Edwards
- 3rd/4th Grades—Carson Rhodes
- 5th/6th Grades—Audrey Meservey
- 7th/8th Grades—Austin Case

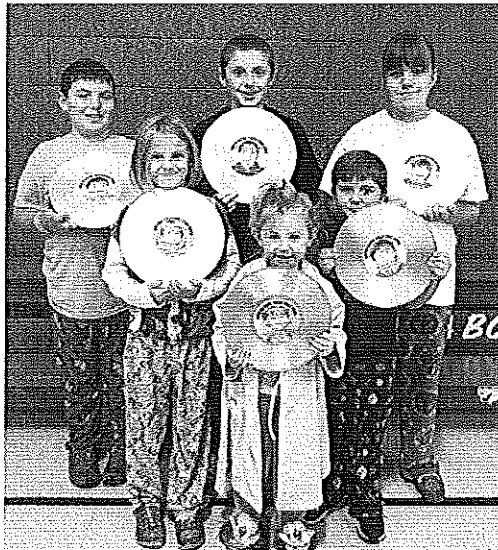
Congratulations to our Good Character Rock Stars!

I hope you have had a chance to visit [www.chulaschool.org](http://www.chulaschool.org).

We have added lots of pictures of some of our recent activities—the most recent are Veterans Day and 8th Grade Basketball Recognition.

The Christmas Concert will be December 13th at 7:00. I hope everyone is able to come out to hear our students sing and play some Christmas music that is sure to get everyone in the Christmas Spirit!

Merry Christmas & Happy New Year!





# Chula Accelerated School

December 2013

## Preschool News

And the pilgrims embarked on a perilous journey. They met the Indians (the Wampanoags and Squanto) and the first Thanksgiving Feast was their rejoicing of the new friendship created.

This month we started our thematic units talking about our families. We shared how many people live in our homes with us (we even counted our pets) and remembered that Grandpas and Grandmas are a very important part of our families! We tried to catch onto the idea of Aunts, Uncles, and cousins, but it got a bit confusing. So we stayed in our own houses and talked about our brothers and sisters.

After discussing the people who live there, we compared our houses to the houses of other people. We talked about apartment buildings and how bunches of people live together without living in the same space. We discovered homes made of mud, sticks, rocks, animal hides, tree bark, and houses that float and move with you.

The pilgrims weren't quite so lucky in that they didn't have the luxuries we have today...no electricity, no modern toys, no cars (not even bicycles), no TVs, no indoor water, not indoor bathrooms (YIKES!), no grocery stores. We were pretty amazed that you can actually make without all of the things we have today!

The Indians were even more primitive! The house was a take down, roll it up, and move on type of home. Their clothes were made from animal hides, and they even had to find ways to make their own paints to decorate with! If you wanted to eat, you had to find it

yourself or kill it and skin it and cook it yourself. . . .no caterers in the wilderness!

We ended the month joining other classes (K,1,2) to celebrate our own version of Thanksgiving. Thanks so much to everyone who joined us and provided for our feast! Happy Thanksgiving!

Thanks, too, for sharing with us,  
Ms. Claire & Ms. Mindy

## Kindergarten News

The theme this month was "Thanksgiving". We learned that the pilgrims came to America to get away from the king of England. They sailed on the Mayflower and landed at Plymouth Rock. After a very hard winter they met some Native Americans that became their friends. Squanto was a very big help to the pilgrims. To celebrate their survival and their new friendships, they feasted for SEVERAL days! This is where we get our holiday, Thanksgiving.

We had "spirit week" where we got to dress up each day. Monday was Bobcat colors; Tuesday was superhero day; Wednesday was nerd day; Thursday was rock vs. country; and on Friday we wore our pajamas! Friday was our favorite day, although Mrs. Cypert went all out on Wednesday!

Anna Dewdney was the author we studied this month. Her most popular book series is the Llama series. These books are about a young llama that always encounters a social issue like sharing, being mad at others, and bullies. We enjoyed the rhyming of all of her books.

We are looking forward to joining our preschool and 1<sup>st</sup>/2<sup>nd</sup> grade friends in a Thanksgiving feast. Our gym will be filled with lots of food, pilgrims, and Native Americans. Just right for a feast!

Mrs. Cypert

## 1<sup>st</sup> & 2<sup>nd</sup> Grade News

I'm not sure what happened, but November is over, and it's almost Christmas! We had several special events in November. Our Veteran's Day program was first. Our class made the centerpieces for the tables. The kids did an awesome job singing songs, and everyone enjoyed the speaker.

We were invited to visit to the Livingston County Library. Each child got their very own library card! Mrs. Warren read us two books, and told us about the library cat. Everyone got to check out a book to take home. Then we stopped at the park for a little play time before heading back to school.

We hope you got to enjoy our play "Turk and Runt" at the Book Fair Family Night. The kids worked really hard practicing their parts, making the set, and making their costumes. It was our first play of the year and a new experience for our first graders.

We celebrated Thanksgiving with our friends from preschool and kindergarten at our annual Thanksgiving Feast. We enjoyed everyone's company and had some tasty treats!

In December we are looking forward to all things Christmas. We will be doing lots of writing, including letters to Santa. There are loads of Christmas books on our

reading list, and we may even write a few of our own. We hope everyone has a wonderful December!

Miss Stone

### 3<sup>rd</sup> & 4<sup>th</sup> Grade News

We have been very busy in the 3<sup>rd</sup> and 4<sup>th</sup> grade classroom. Cursive handwriting is always exciting and fun to learn. The students are practicing each and every day, and their penmanship is quite good.

We just started reading a classic, Where the Red Fern Grows. This is an exciting tale of a boy and his two dogs, Little Ann and Old Dan. Billy trains those dogs to be the finest hunting team in the valley. This is an adventure that will continue to live in the minds of the students long after the last page has been turned.

We are beginning to sing our way through the multiplication facts. Songs get stuck in your brain and are remembered forever. Hopefully the products will become lodged in the brains of these 3<sup>rd</sup> and 4<sup>th</sup> graders and they will still be singing when they are older.

In Science we are learning about the properties of matter. The students are learning that all solids, liquids and gases are made up of small particles called atoms or molecules. We are having a great deal of fun as we experiment and investigate the physical properties of matter.

We enjoyed a visit from our Partner in Education during the month of November. Kristen Lourenco, with Missouri Soil and Water Conservation Department, visited our classroom to share her knowledge of soil with the students. She talked to the students about the layers of earth and what each one looks like. She then gave them a project to complete that represented the 4 layers. After discussing the layers again, the children ate up their project! It was full of Vanilla Wafers, chocolate pudding, Cocoa

Puffs, and no soil is complete without a worm (gummy worm).

Mrs. Moore

### 5<sup>th</sup> & 6<sup>th</sup> Grade News

I thought you would enjoy an excerpt from our latest poem/typing project.

*If I Were In Charge of the World*  
by 5th and 6th graders

If I were in charge of the world,  
I'd make weekends longer,  
Basketball games longer,  
And we could sing our hearts out  
any time we want.

If I were in charge of the world,  
People would be more friendly,  
All pets would have an owner,  
And people would think twice about  
smoking.

If I were in charge of the world,  
There would be no cancer,  
Trash would always be in trash  
cans,  
And popcorn and drinks would be  
free at movies.

The world would be a much better  
place,  
If I were in charge of the world.

Mrs. Pauley

### 7<sup>th</sup> & 8<sup>th</sup> Grade News

Wow! Midterm for second quarter has already passed.

We are working on many concepts within the classroom. In English, we are in the midst of writing our second essay. This one is for the Daughters if the American Revolution. The essay is titled "The Lives of Children During the American Revolution." This is a longer essay for the students; 600-1000 words in length and must include a bibliography. This will be a large portion of their English grade. We are learning about the Revolutionary War and the events that led up to it during Social

Studies. This is helping students write the DAR essay. In math, both grades are working on measures of central tendency, histograms, and appropriate graphs. In Science, we are nearly finished with the chapter titled "Interactions Within Ecosystems." We will be starting a new literature set in Reading soon.

The Christmas holiday break is fast approaching. We have many more skills to cover before the two-week break.

Mrs. Kerr

### Notice of Filing for April 2014 Election

The Livingston County Board of Education will elect three members at the April 8, 2014 election, each serving three-year terms. Filing will take place in the school office between December 17, 2013 and January 21, 2014, during regular school hours. On the first and last days of filing, the office will open to candidates at 8:00 am and remain open until 5:00 pm. During Christmas break (December 23-January 3) the school office is closed, but candidates may contact Kerry Savage, Board Secretary, at 660-659-2009 to make filing arrangements.

Candidates must be citizens of the United States; resident taxpayers of the district; a resident of the state for one year prior to election; and have not served a sentence or period of probation for a felony or a crime that if committed in Missouri would be a felony; have never pled guilty or *nolo contendere* nor been convicted under Missouri law or the law of another jurisdiction of a felony connected with the exercise of the right of suffrage.

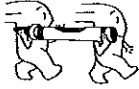
Board members must successfully complete orientation and training requirements within one year of the date of the election.

# Early Years

WORKING TOGETHER FOR A GREAT START

December 2013

Livingston County R-III School



## KID BITS

### Dressed for the weather

When your child picks out clothes for school, suggest that she choose layers, since being too hot or too cold may make it hard for her to focus on learning. She could wear a sweater over a T-shirt or keep a hoodie in her backpack, for example.

### Positive feedback

Your youngster is probably proud to show you finished schoolwork that he brings home. Ask him to tell you about a piece of pottery that he made or to explain what he learned from a science experiment. If he struggled with an assignment, try to compliment him on a part that he did correctly.

### Work and volunteer?

Do you work during the school day? You can still help your child's school. Ask what you could do at home, and then pick activities that fit your schedule. For instance, you might make classroom decorations, find chaperones for a field trip, or call local businesses to ask for donations to the PTA.

### Worth quoting

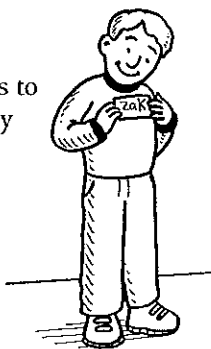
"It is the sweet, simple things of life which are the real ones after all."

Laura Ingalls Wilder

### Just for fun

**Q:** What belongs to you but is mostly used by other people?

**A:** Your name.



## Compassion in action

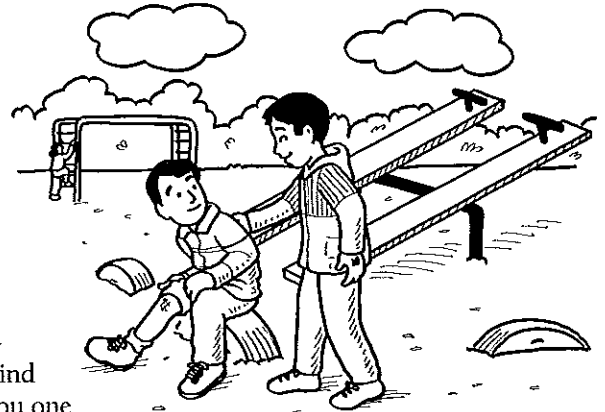
Feelings of compassion can lead your youngster to do nice things for relatives, neighbors, and friends. Consider these ideas for helping your child think about how other people feel and what they need—and encourage him to take action.

### Talk about it

Help your youngster understand the motivation behind kind behavior. First, have him tell you one nice thing someone did for him today. Then, ask why he thinks the person decided to do that. Perhaps his big sister made a paper airplane for him. He might say, "She wanted me to be happy" or "She knows I like to fly them, and she makes good ones."

### Work together

Let your child see you being compassionate, and have him participate. For example, if you make a casserole for neighbors with a new baby, he could stir the ingredients. While you work, discuss the neighbors' feelings, and explain why



you're helping. ("They probably feel tired from taking care of the baby. They'll be glad they don't have to cook tonight!")

### Look for opportunities

Inspire your youngster to feel compassion and act on it. Say a friend falls and scrapes a knee at the playground. You might ask your child how he would feel in that situation and what he would need. Then, suggest that he treat the person the way he'd want to be treated. For instance, he could get an adult to help and keep his friend company.♥

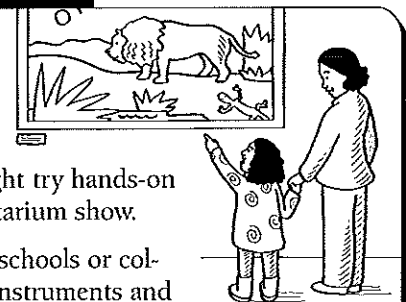
## Learning here, there, and everywhere!

Winter is full of indoor learning activities around town. Here are three places to look.

**1. Museums.** Turn a trip to an art gallery into a safari by asking your child to spot animals in the paintings. At a science museum, she might try hands-on experiments or gaze at the stars during a planetarium show.

**2. Schools.** Look for free concerts at local high schools or colleges. Your youngster will get to hear different instruments and learn about various styles of music.

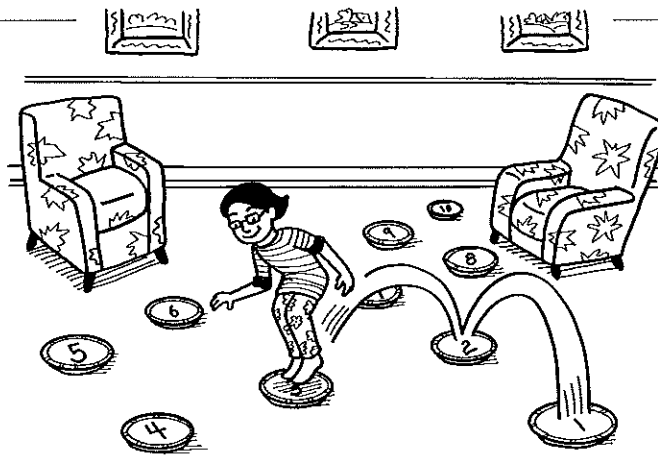
**3. Community centers.** Check the events calendar, and have your child pick an activity or two. She can practice skills like reading, taking turns, or listening during a board game night or puppet show.♥



## Play with math

Combine play with physical activity to give your child's math skills a boost. Try these games.

**Polar bear hop.** Help your youngster number 10 paper plates (1–10). Then, she can arrange them randomly from one side of a room to the other. Now she can be a polar bear jumping from iceberg to iceberg—and counting as she goes. Next time, she can jump and count backward from 10 to 1. *Idea:* Renumber the plates 10–100 to count by 10s, and encourage her to “skip count” as she goes (10, 20, 30...).



**Snowman hide-and-seek.** Have your youngster draw a snowman on 12 separate index cards—half with red hats and half with green hats. Hide the cards for her to find. She can pretend that she must race to rescue the snowmen before they melt. When she

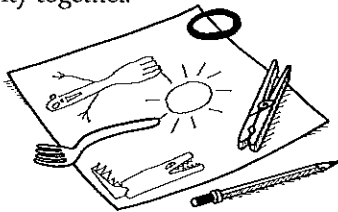
finds them all, ask her to arrange them in a pattern (red, green, red, green). Let her try adding a set of snowmen with blue hats. Hide all of them, and have her figure out how to make a pattern when she finds them.♥

### ACTIVITY CORNER



## Oodles of doodles

Can your child turn a clothespin into a crocodile or a rubber band into a sun? Everyday objects can inspire creativity in surprising ways. Enjoy this drawing activity together.



First, help your youngster find a dozen small household items, such as a pair of sunglasses, a plastic fork, and a crochet hook. Show him how to trace around the object with a pencil.

Then, remove the item, and have your youngster use the tracing to make a completely different picture. Maybe the outline of the sunglasses will become a motor-cycle. Or he might turn the tracing of a fork into a monster.

When he's finished, let him trace something for you to turn into a doodle.♥

### OUR PURPOSE

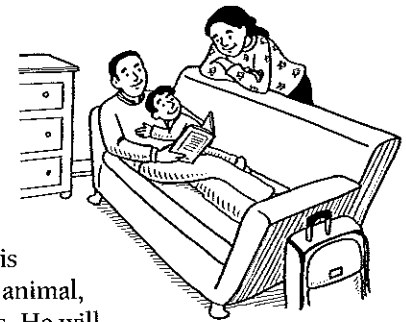
To provide busy parents with practical ways to promote school readiness, parent involvement, and more effective parenting.

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a division of CCH Incorporated  
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540-636-4280 • rfeustomer@wolterskluwer.com  
www.rfeonline.com  
ISSN 1540-5567

## Reduce holiday stress

If you're visiting relatives this month, you can help your youngster handle the excitement and feel less stressed with these tips:

- Before a trip, encourage your child to pack a bag of his own. Give him a small suitcase or a reusable shopping bag, and let him choose toys and other belongings to put in along with his toothbrush and clothes. He might take a stuffed animal, toy cars, books, and a coloring book and crayons. He will feel more comfortable if he has some of his own things with him.
- Look for signs that your little one needs a break. *Examples:* Crying, complaining of stomachaches or headaches, or displaying habits he has outgrown (bed-wetting, using baby talk). Then, try to make sure he has quiet time each day. For instance, you could snuggle up in a guest room for an afternoon story.♥



## Q & A I'm telling!

**Q:** My daughter loves to tattle on her little brother. What should I do?

**A:** At this age, kids often tattle to get attention and feel important. Or they report things to adults because they're not sure how to fix a problem on their own.

Together, brainstorm examples of things your daughter *should* tell you about. For instance, you need to know if your son picks

up a pair of scissors or climbs on a table. Then, encourage her to come up with problems she can probably ignore or solve by herself—say, her brother sticks his tongue out or goes into her room without her permission.

When she tattles, you might simply say, “Okay” or “I bet you can figure out what to do about it.” If she doesn't get a lot of attention for tattling, she'll probably do it less often.♥



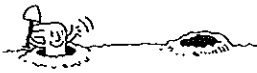
# Home & School CONNECTION<sup>®</sup>

Working Together for School Success

December 2013

Livingston County R-III School

Jocelyn Meservey, Principal



## SHORT NOTES

### Look ahead

Suggest that your youngster use winter break to get a head start on the new year. She could clean out folders and binders or organize her desk, for instance. If she has a long-term project coming up, she might start working on it now. Doing just one small task each day will make a difference in January.

### Mistakes can teach

When you make a mistake, consider telling your child what happened and what you learned. *Example:* "I ran out of gas today. From now on, I'm going to refill when there's a quarter-tank left." You'll show him that everyone makes mistakes—and encourage him to see them as learning opportunities.

### Calendar gift

A homemade calendar makes a great gift from your youngster. She could print blank calendar pages from the Internet or cut them from an inexpensive calendar. Then, on separate sheets, have her paint her own picture for each month. She can staple the pages together in order and decorate a cover.

### Worth quoting

"It's easier to go down a hill than up it, but the view is much better at the top." *Henry Ward Beecher*

## JUST FOR FUN

**Q:** What gets bigger and bigger the more you take away from it?

**A:** A hole!



## Learn as a family

Make this winter memorable with fun parent-and-child activities. Try these ideas that combine family time with learning.

### Read in season

Let your youngster pick a season, and hold a read-a-thon based on his choice. For summer, you could wear shorts and T-shirts and lounge on beach towels in the living room while each family member reads a beach story. If he picks fall, you might "camp"—pitch a tent by draping sheets over chairs, eat s'mores, and read aloud from an outdoor adventure novel.

### Hold how-to nights

Celebrate talents and skills by sharing them with each other. Take turns giving lessons on your "specialties." Your child can teach everyone how to draw a picture of a dog. Or the carpenter in the family could demonstrate how to measure and saw wood or use a hammer or drill. Everyone will learn new skills—



and appreciate the things their family members know!

### Plan a "trip"

Staying home this winter break? Make geography into an activity, and plan a pretend trip together. Get travel brochures, or cut pictures of interesting places from old magazines. Then, find the cities and countries on a world map, and calculate the distance from home. Look in library books or online to find sights to see and to learn about the climate, language, currency, and food. You could even design your own brochure for your dream destination.♥

## Show respect

The holiday season is full of opportunities for your youngster to practice something that is important all year long—respect! Here are some examples:

- Talk about respect before a get-together. Explain that she should offer her seat to an adult who is standing. Also, if your child isn't used to using titles ("Aunt," "Mr."), discuss this before visiting someone who prefers them. ("The people you'll meet like to be called by Mr. or Mrs.")
- Encourage your youngster to respect other cultures and traditions. If a friend observes a different holiday, she can wish the person a nice celebration. She might also point out something they have in common ("We have tons of relatives in town, too").♥





# Good study habits

There's more to studying than reading a chapter or reviewing a list of words. Help your youngster study *actively* with these three tips.

**1. Begin at the end.** If your child has a textbook chapter to study, she can start by reading the questions at the back. That way, she'll be on the lookout for key facts.



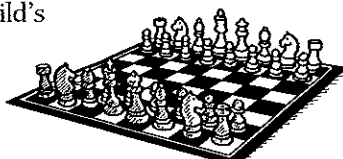
**2. Keep paper and pencil handy.** Suggest that your youngster make notes while she studies. She might jot down names, dates, or formulas, for example. This will help her understand and remember what she is reading. And if there's a part that confuses her, she can write questions to ask her teacher.

**3. Link it to real life.** The material will be more meaningful—and easier to remember—if your child sees how it applies to her life. Say she's learning about different types of clouds. Have her spot them in the sky and try to predict what kind of weather they'll bring.♥

## Q & A Managing learning disabilities

**Q:** My son doesn't like getting help for his learning disability. He'll even leave test answers blank instead of taking the extra time he's allowed. What should I do?

**A:** Your child's behavior is normal—kids this age don't want to feel different from their classmates. First, make sure he knows what's included in his learning plan. Explain that you and his teachers agreed on the accommodations to help him learn and do his best work.



Then, suggest that he set goals for himself so he can feel more in control of his learning disability. Also, talk to his teacher. She might have ideas for encouraging him to use the help he's entitled to. For instance, she may know a successful older student with a learning disability who would be willing to talk to your son.

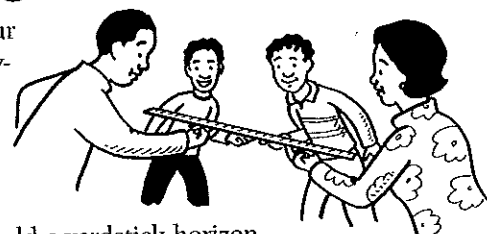
**Tip:** Guide him toward an activity he can feel good about (sports, chess). That could boost his self-esteem and make him feel more confident about accepting help in school.♥



## ACTIVITY CORNER

### Work together

Whether your child is doing a group project or playing Hacky Sack, a team effort is needed. Everyone's a winner with these games that will show him teamwork in action.



**Lower the yardstick.** Together, hold a yardstick horizontally so that everyone has one finger underneath. Then, lower the yardstick to the ground—but if anyone's finger drops away, you have to start over. See how many tries it takes to get the yardstick to the floor.

**Pass the ball.** Have players lie down, head to toe, in a long hallway. The first player holds a ball between his feet and lifts it so the person behind him can grab the ball with his hands. That player places the ball between his feet and passes it overhead to the next person. Begin again if anyone drops the ball. How fast can you use teamwork to move the ball down the line?♥

## PARENT TO PARENT

### A grandparent volunteer

Last year when my mom was in town for the holidays, she asked if she could help me with my daughter Emily's class party. I checked with the teacher, and he said he'd be happy to have a grandparent volunteer.

My mother and I set up the snacks, and she played a game with small groups of kids. The students also enjoyed

hearing what winter is like where she lives—she told stories about getting several feet of snow and being stuck inside for days.

My daughter was proud to have her grandmother at school. And my mom said she liked seeing Emily's classroom and meeting her teacher and friends. I've already gotten permission from this year's teacher for her to help out again.♥



**OUR PURPOSE**

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

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 540-636-4280 • fccustomer@wolterskluwer.com  
 www.rfeonline.com  
 ISSN 1540-5621