

Breakfast is a great way to start the day!

**Chula School serves breakfast every day
from 7:20-7:45.**

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Reduced price—\$0.30



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Livingston County R-III School District
Chula Accelerated School
PO Box 40
Chula, MO 64635

Chula Accelerated School

October 2017



Preschool News

Wow! What a great beginning to Preschool! We have twelve friends joining us this year and we are full of energy and eagerness to learn! We started off the school year talking about ourselves, our families, and our friends, and just about anything that had to do with "me." We have discovered that we make a great team when we work together and help each other out along the way; always doing our best to remember how to be a great helper and a kind friend.

Over the past few weeks we have also been learning and observing the metamorphosis of a butterfly. Our classroom was home to six caterpillars; three of those turned into a chrysalis and with much patience we waited for the day we would see them emerge as beautiful Monarch butterflies. On September 19, two of them emerged and we named them Levi and Eleanore. The third one emerged soon after and we chose the name Rango. We decided it would be a great idea to let them flutter away outside behind our playground. We enjoyed our butterfly unit.



We have lots of fun things planned for our year and we are anxious to share them with you as we accomplish our goals!

Ms. Mindy & Ms. Tabby

Kindergarten News

We are off to a fantastic start in kindergarten! We have welcomed a new friend into our classroom. Gideon the Gecko. He is a leopard gecko and has already begun to develop his spots. We are excited to watch him grow!

Each month we will be doing an author study. We will be learning about and reading books written by an author. Our author study for August was Eric Carle, who wrote the *The Very Hungry Caterpillar* book. Our author study for September was David Shannon, who wrote the very popular *David* books. *No David* was a wild hit in our class!

In math we have learned that there are 2D and 3D shapes. We have had so much fun learning the names of both types of shapes. We were shocked to find out that the diamond is not a shape! A diamond is a stone and a rhombus is the shape commonly known as the diamond. The highlight of our shape lessons was when we used marshmallows and toothpicks to recreate our shapes.

Mrs. Cypert



First & Second Grade News

We're off to a great start in first and second grade! We have twelve students in our classroom. There are 5 first graders and 12 second graders. Miss Wanda and I think they are pretty awesome. So far this year we've learned about the five senses, the Constitution (we're learning the preamble song), animal life cycles, not to mention writing, math, and reading! Each day I read aloud from a chapter book when we come in from recess. We've already finished four and will be starting number five. Our favorites have been *Bad Kitty* and *Captain Underpants*.

The 22nd was our annual field trip to Old Time Harvest Days. The day was so much fun even though it was hot. We learned about old machinery, heard a great story about a possum, played games, tried our hands at archery, and our favorite -tasting some delicious treats. To finish out September we've been learning about Johnny Appleseed. We learned that the story of Johnny Appleseed is a tall tale with lots of exaggeration and stretching the truth. To celebrate his birthday we made some delicious applesauce. We're looking forward to October and doing some activities with the pumpkins we got from Donnie Gates - thanks Mr. Gates!

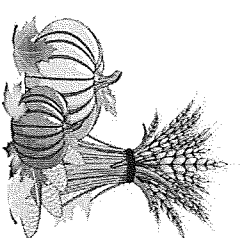
Miss Stone

Notice Regarding Meal Charges

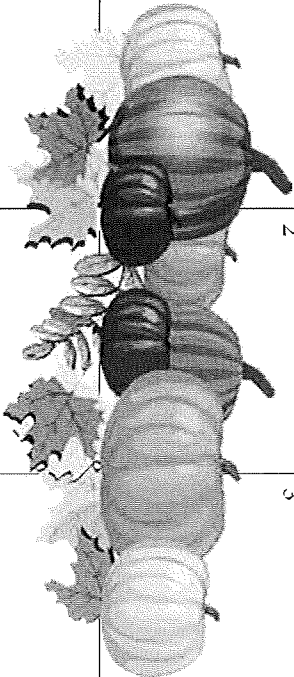
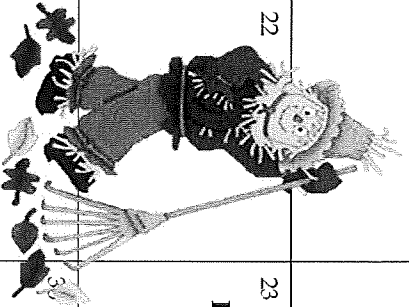
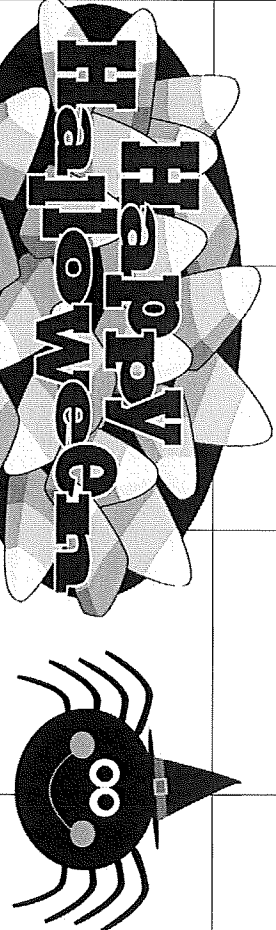
The policy regarding meal charges was updated effective July 1.

No student with a negative balance in their lunch account may purchase extra milk or juice. This includes purchasing a single milk or juice for breakfast or to accompany a sack lunch. A student may charge up to 10 meals. At that time, a lunch must be brought from home until the bill is paid.





October 2017

Sun	Mon	Tue	Wed	Thu	Fri	Sat
1 	2	3	4	5 PK/KG to Papa Charlie's	6 2:30-Yearbook Signing	7
8			11	12 Picture Retakes	13 End 1st Quarter	14
		7:30-Board Meeting		6:00-B-ball@Laredo		
15	16	17	18	19 12:20-Early Out Parent/Teacher Conferences	20 NO SCHOOL	21
		6:00-B-ball vs. Bishop-Hogan (H)		26 Laredo Tourney	27 12:20-Early Out, Teacher Inservice	28
22 	23 Laredo Tourney	24 Laredo Tourney	25 8:30-Dental Screens/ Varnishes 3:15-StuCo Meeting			
		31 2:00-Parade 2:30-Halloween Parties				
	4:30-5:30 Trunk or Treat 6:00-B-ball vs. R-6(H)					

Menus

School: Livingston County R-3

Meal: All

Month: October 2017

Academic Year: 2017-18

October				
M	Tu	W	Th	F
2 Breakfast: Breakfast burrito, fruit, juice, milk Lunch: Chicken nuggets, mashed potatoes, carrots, whole wheat bread & butter, fruit, milk	3 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: Spaghetti w/meat sauce, tossed Romaine salad w/low-fat Ranch, green beans, whole wheat bread stick, fruit, milk	4 Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk Lunch: Turkey & cheese on whole wheat bread, baked chips, celery sticks, raw baby carrots, fruit, milk	5 Breakfast: Cheese omelet, whole wheat toast, fruit, juice, milk Lunch: Beef & bean burrito, whole kernel corn, refried beans, fruit, milk	6 Breakfast: Ham patty, whole grain biscuit, fruit, juice, milk Lunch: Sloppy Joe on whole wheat bun, potato wedges, peas, fruit, milk
9 Breakfast: Whole grain waffles, reduced calorie syrup, fruit, juice, milk Lunch: Taco soup w/corn chips, raw baby carrots, fruit, milk	10 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: Whole grain chicken patty, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	11 Breakfast: Breakfast pizza, fruit, juice, milk Lunch: Whole grain fish wedge, au gratin potatoes, green beans, whole wheat bread & butter, fruit, milk	12 Breakfast: Sausage gravy w/whole grain biscuit, fruit, juice, milk Lunch: Pasta bake, tossed Romaine salad w/low-fat Ranch, whole kernel corn, whole wheat breadstick, fruit, milk	13 Breakfast: Scrambled eggs, whole wheat toast, fruit, juice, milk Lunch: Hot dog on whole wheat bun, potato wedges, baked beans, fruit, milk
16 Breakfast: Whole grain French toast, reduced calorie syrup, fruit, juice, milk Lunch: Hamburger patty on whole wheat bun, potato wedges, baked beans, fruit, milk	17 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: Chicken nuggets, mashed potatoes, broccoli, whole wheat bread & butter, fruit, milk	18 Breakfast: Whole grain biscuit, sausage patty, fruit, juice, milk Lunch: Pepperoni pizza, tossed Romaine salad w/low-fat Ranch, sliced carrots, fruit, milk	19 Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk Lunch: Chili Frito Pie, whole kernel corn, graham crackers, fruit, milk	20
23 Breakfast: Whole grain waffles, reduced calorie syrup, fruit, juice, milk Lunch: Whole grain chicken patty, mashed potatoes & gravy, broccoli, whole wheat bread & butter, fruit, milk	24 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: BBQ pork ribette, au gratin potatoes, green beans, whole wheat bread & butter, fruit, milk	25 Breakfast: Breakfast burrito, fruit, juice, milk Lunch: Ham & cheese on whole wheat bread, baked chips, celery sticks, raw baby carrots, fruit, milk	26 Breakfast: Egg patty, whole grain biscuit, fruit, juice, milk Lunch: Corn dog, mashed potatoes, carrots, fruit, milk	27 Breakfast: Breakfast bites, reduced calorie syrup, fruit, juice, milk Lunch: Walking tacos w/shredded cheese, shredded lettuce, refried beans, fruit, milk
30 Breakfast: Whole grain pancakes, reduced calorie syrup, fruit, juice, milk Lunch: Whole grain chicken nuggets, mashed potatoes, green beans, whole wheat bread & butter, fruit, milk	31 Breakfast: Whole grain cereal, whole wheat toast, fruit, juice, milk Lunch: Hamburger patty on whole wheat bun, potato wedges, baked beans, sherbet cups, milk	1	2	3

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From the Principal's Desk...

 Mrs. Megan Hardie

CONGRATULATIONS 2017 MAP Masters!



Each spring students in grades 3 through 8 take the Missouri Assessment Program (MAP) tests in English Language Arts, Mathematics, and Science. The following students received a score of "Proficient" or "Advanced":

Charlee Ann Campbell, Rose Fender, Lucas Gramenz, Brooke Holtzclaw, Sabrina Curtis-Garrett, Kamdyn Hinnen, Noah Meservey, Rachael Meservey, Lilly Rogers, Maci Stover, Torri Taylor, Kaylie Holtzclaw, Phebie Sanders, Mackenzie Blackford, Phoebe Fender, Kenlynn Fisher, Kayden Holtzclaw, Kyler Klein, Addison Lewis, Cooper Murphy, Raelee Ward, Cassidy Eckert, Bailey Elrod, Joshua Meservey, Mathew Meservey, Jessie Case, Lucas Greener, Brooklyn Lambert, Samuel Pauley, Colton Searcy

2017-2018 Student Council

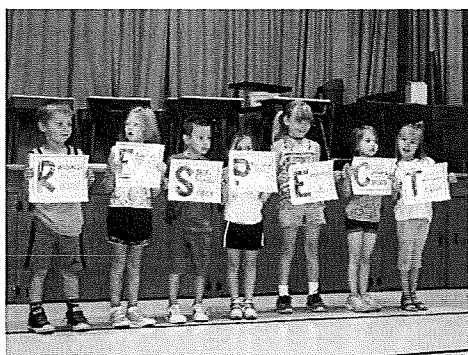
Front Row—Mylo Murphy, Ian Campbell, Charlee Ann Campbell, Iliana Gibson, Dewayene Yount

Middle Row—Maci Stover, Kyler Klein, Bailey Elrod, Phebie Sanders

Back Row—Kaylie Holtzclaw (Secretary) Cooper Murphy (Vice-President), Addison Lewis (Vice-President), Kenlynn Fisher (President), Kaitlyn Searcy (Treasurer)

Monthly Character Trait

Each month we focus on a new character trait. During August and September we have been focusing on "RESPECT". We have discussed concepts related to using good manners and following the Golden Rule; being tolerant and considerate of others; not hurting others physically, emotionally, or verbally; dealing with insults and conflicts peacefully; and dealing with anger. During Morning Rally Mrs. Cypert's



Join us on Facebook Livingston County R-III Chula Bobcats

End of 1st Quarter

Believe it or not, the end of 1st Quarter is nearly here! The last day of the quarter will be October 13th. Parent-Teacher Conferences will be held on Thursday, October 19th from 12:30 to 6:30 p.m. There will be no school on October 20th.



Information about conference appointments will be coming soon from the classroom teachers.

If you need to reschedule your appointment, please call the school office. Help us reach our goal of 100% parent

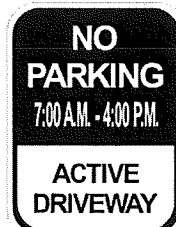
7th & 8th Grade Basketball Season

7th & 8th Grade basketball season is upon us! Participation in basketball and cheerleading is a great opportunity for our students to learn about teamwork and the meaning of sportsmanship. This applies to basketball players, cheerleaders, and any students who are there just watching the games. As parents and community members, you play a key role in this learning process when you demonstrate **good sportsmanship and citizenship** while attending games. Thank you in advance for being good role-models for our students! We have a home game on October 17th. I hope everyone gets a chance to come out



In order to maintain the safety of our children being dropped off and picked up, please remember the following safety precautions:

- ⇒ There is **NO PARKING** in the driveway along the sidewalk or along the grass.
- ⇒ If you need to come into the building to speak with a teacher, please park in either the west or east parking lot and enter the building through the north door.
- ⇒ All vehicles should be traveling at a slow rate of speed when entering and exiting the driveway and/or parking lots.
- ⇒ When pulling away from dropping off or picking up your child/children, please remain aware that



Third & Fourth Grade News

Third and fourth grade has been hard at work! Here are some things we have been working on:

- ♦ Reading: We have been working on becoming better readers. Some things we have talked about are reading more fluently, making sure what we read makes sense, and working on reading faster.
- ♦ Math: So far we have reviewed addition and subtraction, telling time, and have been working on place value. Now we are working on comparing numbers!
- ♦ Science/Social Studies: Force and motion; government

While we have been working super hard, we've also had some time for fun! Thank you Ms. Lori for bringing in little pumpkins for the kids to decorate! We also had a blast on our field trip to Old Time Harvest Days. September has been a great month and I can't wait to see what October holds for us!

Mrs. Leadbetter

Fifth & Sixth Grade News

School is well underway in 5th and 6th grade! We have been so excited for all of the new technology that our school has gained this year. Since we all have our own individual Chromebooks now, we have been able to do many real life technology projects. In our reading and language classes, we are able to access many different stories and then learn to type about those stories to summarize. We love the typing program that goes along with our Chromebooks, and our science videos and activities that go along with each have been very powerful to help us remember the lessons.

Outside of school we are getting ready for basketball! The ball players and cheerleaders have been working hard many days after school. They will be excited to show off their skills to you in October for their first game. Also in our classroom, I was able to sign us up for free field trips again this year. The conservation department will be funding our annual fishing trip and our trip to see the Eagles this winter. These trips are highly educational and go along with their Science curriculum. They also require no fundraising on the part of families. A win-win for everyone! Together all of these fun things will enhance the fun and educational interest in our kids!

Mrs. Pauley



Save those receipts!

Hy-Vee will donate a portion of our receipts to the school! Qualifying receipts must:

- Be a minimum of \$25
- Not have gasoline, pharmacy, or alcoholic items
- Be from the Chillicothe store
- Be dated during the current school year



Seventh & Eighth Grade News

Welcome to a new school year. Mrs. Warner and I have five 8th graders and nine 7th graders this year.

In Reading, we read *Schooled* and are now reading a nonfiction book called *Temple Grandin*. This book is about a woman who has Autism and how she overcame her disability and uses it to her advantage.

In English, we have covered several basics. We are putting our knowledge to use on the VFW essay titled "America's Gift to My Generation." We are currently in the editing process.

In Math, we have covered many topics, which include: greatest common factors, reducing fractions, prime factors, reviewing addition, subtraction, multiplication, division, solving equations with missing variable, etc.

Science class finds the 7th graders studying Motion, Forces, and Energy, while the 8th graders are learning about Sound and Light.

Both Social Studies classes are learning about the constitutions. Seventh graders are doing the Missouri Constitution. Eighth graders are working on the United States Constitution.

In Exploratory, we are learning to type correctly, by using Typing.com. The students love the little blue boxes that cover their hands while they type!

Basketball practice is in full swing. A schedule of games can be found on the newsletter calendar. Come out and support the Bobcats!

Mrs. Kerr

Home & School

Working Together for School Success

CONNECTION®

October 2017

Livingston County R-III School
Megan Hardie, Principal



SHORT NOTES

Speak clearly

To boost your child's communication skills, let her introduce herself when she meets people rather than doing it for her. Also, encourage her to be clear and specific when asking for help. If she says, "I can't do this," you might respond, "What are you asking for help with?"

Rested and ready

When your youngster wakes up easily and feels ready to start the day, that's a good sign he's getting enough sleep. But if he's too groggy in the morning or he's sleepy in school, try slowly adjusting his bedtime until he feels alert in class. *Note:* Experts recommend 10–11 hours of sleep per night at this age.

DID YOU KNOW?

Repetition helps your child's brain form new connections. Say she wants to improve her soccer dribbling skills. She might practice for a certain number of minutes every day. Or if she'd like to learn origami, she could check out a library book on the topic and work on her favorite designs.

Worth quoting

"The whole world opened to me when I learned to read." *Mary McLeod Bethune*

JUST FOR FUN

Q: Why did the elephant paint himself different colors?



A: So he could hide in the crayon box!

Consequences that work

Matthew was supposed to put away his toys and games, but he didn't. So when his mom tripped over a block, she thought carefully about what an appropriate consequence for him might be. Consider the following ideas to set consequences that encourage your youngster to listen and follow rules.

Make it logical

A consequence should relate to the situation at hand and promote the behavior you want. If your child, like Matthew, doesn't put his things away, you might say he has to store them away for a period of time. Living without them may make cleaning up more important to him.

Keep it reasonable

Take into account your youngster's age and stage of development. A little one may lose screen time for a day if he won't turn off the TV when you ask him to. An older child might have to go



without electronics for a week if you see him posting on a social media site he's not allowed to use.

Allow natural outcomes

Let your youngster learn from what happens naturally. Say he wants to wear his school T-shirt on Spirit Day, but he didn't put it in the hamper. The result? He will need to wear something else. Or if he forgets his trumpet on band day, he won't be able to play his instrument with the rest of the class.♥

Attention! Attention!

Staying focused during class will help your child do her best work. Here are strategies that can make a difference.

Role play. Pretend you're the teacher, and have your youngster show you what a student who is paying attention looks like. She might sit quietly with her eyes focused on you.

Stretch attention span. Suggest that your child do activities that require concentration. Examples include putting together jigsaw puzzles or building a house of cards.

Remove distractions. Encourage her to keep only what she needs on her desk. For instance, she should put away art supplies during a social studies lesson.

Note: If your youngster has trouble focusing at home, ask her teacher how well she focuses during school. The teacher can share what she notices and offer advice.♥



Pumpkin power

What's orange and round and full of opportunities to learn? A pumpkin! Your child can try these activities.

Math

Have your youngster estimate how many "stripes" (ridges) are on a pumpkin and count to see how close she came. She could paint each stripe as she counts it, switching colors to create a pattern. The colors will help her keep track of the number of stripes—and she'll have a pretty pumpkin to display!



Writing

Suggest that your child design a brochure for an imaginary pumpkin festival. Encourage her to give her festival a name and describe features, such as mini-pumpkin hunts, pumpkin catapults, or hayrides.

Science

Your youngster may be surprised to discover that pumpkins float. Let her try making boats out of them. She could start with a whole-pumpkin boat (cut off the top and scrape out the insides). Then, help her carve boats of different sizes and shapes, perhaps deep and wide or shallow and narrow. How does the design affect whether they float or sink?♥

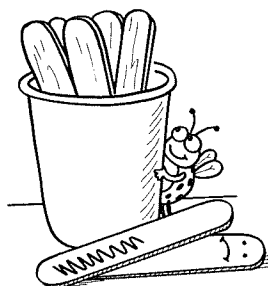
ACTIVITY CORNER

"Sticky" vocabulary

Play this game with your youngster to help him learn vocabulary words.

Materials: marker, craft sticks, cup, dictionary or textbook

Let your child write each vocabulary word (or boldface word from a textbook) on the end of a craft stick. On three more sticks, he should draw "frowny faces" instead of writing words. When he's finished, have him place all the sticks in a cup, printed ends down.



Take turns pulling out a stick and using the word in a sentence that makes its definition clear. Check the dictionary or textbook—if you're right, keep the stick. If not, return it to the cup. But be careful: Draw a frowny face and you lose all your sticks! (Set each frowny face aside after it's drawn.)

When all sticks have been claimed, the player with the most wins.♥

OUR PURPOSE

To provide busy parents with practical ideas that promote school success, parent involvement, and more effective parenting.

Resources for Educators,
a division of CCH Incorporated

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PARENT TO PARENT

Blending together

I recently got remarried, and my children now have a stepbrother and a stepsister. My husband and I want us all to bond, so I reached out to a coworker to see how she had successfully blended her new family.

Nancy recommended that we find pastimes everyone can enjoy together. That way, the children will get to know each other in a more relaxed way. We asked the kids for ideas, and they thought of bowling, skating, and playing board games.

My friend also mentioned the importance of respecting each other's space and belongings. So my husband and I made sure to talk to our kids about knocking before entering each other's rooms and asking for permission before borrowing items.

For now, we're taking one day at a time. Recently, we went bowling and had some good laughs. Feeling like a family may not happen overnight, but at least we're on our way.♥



Q & A

Healthy after-school snacks

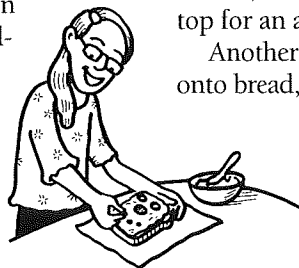
Q: My daughter is hungry after school, but it's hard to come up with nutritious snacks that she's excited about eating. Any recommendations?

A: Add a fun twist to healthy sandwiches by presenting them in a whole new way. Try a sandwich-on-a-stick, for example. Help your child cut whole-grain bread and cooked turkey into small pieces. Then, she can thread them onto a toothpick or bamboo

skewer along with cheese cubes and cucumber slices.

Or core an apple and slice it into rounds. Let her spread peanut or sunflower butter on one slice, sprinkle with raisins, and place a second apple slice on top for an apple sandwich.

Another idea is to scoop tuna salad onto bread, and your daughter can create a smiley face on top. She might use sliced green olives as eyes, a grape tomato for the nose, and chickpeas for the smile.♥

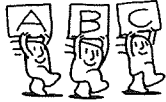


Early Years

WORKING TOGETHER FOR A GREAT START

October 2017

Livingston County R-III School



KID BITS

Be a good sport

Playing games with your child gives you a chance to demonstrate good sportsmanship. Remind everyone to stick to the rules and play nicely. End games on a positive note whether you win or lose. For instance, say, "Good game. Thanks for playing," and encourage your little one to do the same.

Safety smarts

In stores, teach your youngster to spot employees with uniforms and badges, and explain that he should approach them if he gets lost. Also, help him memorize your phone number. Write each digit on a separate index card, and let him practice putting them in order.

My math "collection"

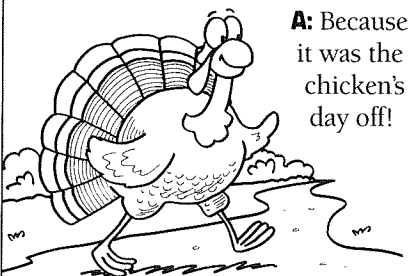
Organizing and playing with a collection of small objects is a fun way to work on early math skills. Suggest that your child gather up stickers, toy cars, or bouncy balls. Then, let her use an egg carton, a muffin tin, or an ice cube tray to sort and count her treasures.

Worth quoting

"The teacher is one who makes two ideas grow where only one grew before." *Elbert Hubbard*

Just for fun

Q: Why did the turkey cross the road?



A: Because it was the chicken's day off!

Exploring feelings

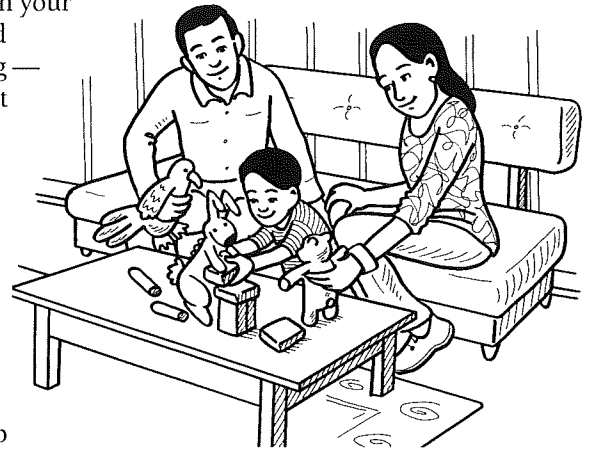
Developing empathy starts with your child's being able to recognize and understand how others are feeling — a tall order for someone who's just beginning to grasp his own emotions. Use these activities to build empathy.

Sing a silly song

This twist on "If You're Happy and You Know It" helps your youngster name feelings. Replace *happy* with a different emotion (*excited*, *sad*) and the action ("clap your hands," "stomp your feet") with "make a face." Both of you should make a face that matches the feeling. For "If you're *surprised* and you know it," you could open your eyes and mouths wide. Then, pick another emotion, and sing again.

Act it out

Enjoy this game to show your little one that people don't always feel the same way. Take turns naming something (spiders, brussels sprouts, haircuts), and have everyone act out how



they feel about it. One person may act scared of spiders, for example, while another might show curiosity. Try to guess each other's emotions.

Use your imagination

Pretend play lets your child put himself in another person's shoes. While playing with dolls or stuffed animals, you could say, "The parrot feels mad that the bunny knocked over his blocks." Your youngster might add, "The bunny feels sorry, and he's going to rebuild the tower."♥

Let's go to the library

Show your youngster that the library is a wonderful place to read and have fun by making regular trips there. Here are tips:

- Let your child sign up for her own library card. It's free, and she will feel grown up when she uses her card to check out books.
- Browse the library's calendar to find events she would like, such as craft workshops, story times, and puppet shows.
- Have your youngster invite a friend along. A library playdate encourages children to enjoy books together.
- Hold a "treasure hunt." Take turns picking things to find, perhaps a magazine with "kids" in the title or a biography of a scientist. Your child will get to know the library's different sections.♥



Learning on your feet

Some days it may seem like your little one came with a built-in case of the wiggles. The upside? Young children often learn best when they are moving around. Try these active skill-building ideas.

Letters and numbers. Ask your youngster to use chalk to draw the alphabet in a long, winding path on the driveway or sidewalk. Have her hop to each letter, naming it as she lands. Next, she can make another path, this time writing numbers (1–10 or 1–20) to count as she jumps.



Colors and shapes.

Combine actions with colors or shapes for your child to find in your house or yard. You could ask her to jump to something green (a bush) or tiptoe to something square (a table). Now she gets to tell you what to look for and how to move to it. *Tip:* Once she has mastered this, give her

two-step and then three-step instructions (“Gallop to something blue, and march to something round”).♥

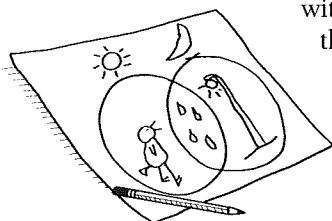
ACTIVITY CORNER



Daytime, nighttime

What does daytime look and sound like? How about nighttime? Invite your child to explore differences between day and night with this project.

Help your youngster draw a Venn diagram—two giant circles that overlap in the middle. He should label one circle with a sun and the other with a moon.



In the morning, snuggle together

near a window

or on a porch to observe sights and listen to sounds. In his “sun” circle, have him draw pictures of what he sees (shadows) and hears (the “peep-peep” of birds). Do the same thing at night. In his “moon” circle, he could draw bright streetlights or an owl hooting in a tree.

In the space shared by both circles, encourage him to draw what he observed both times (rain falling, trees rustling in the wind).♥

Q & A

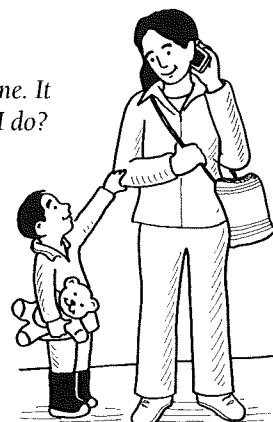
How to tame interruptions

Q: My son often interrupts when I’m talking to someone. It makes having a conversation challenging. What can I do?

A: Youngsters always seem to be bursting to tell you something the moment you start talking to anyone else. It is possible to limit the interruptions, though.

Show your son a polite, quiet way to get your attention. Maybe he could put his hand on your arm or hold your pinky finger. Then, use another signal to let him know you’ll give him a turn to talk soon. You might pat his hand or nod. When you reach a stopping point in your conversation or hang up the phone, give your child your full attention while he talks.

Waiting politely takes practice, and your son may need a few reminders. But once he knows how to get your attention, he’ll be less likely to interrupt.♥



PARENT TO PARENT

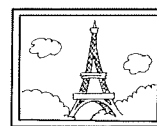
Make the most of TV

One day while my daughter Rachel was watching TV, she accidentally turned on the closed-captioning. I offered to turn it off, but she said she liked seeing the words. I realized this was an opportunity to turn TV time into learning time.

Rachel enjoyed telling me which words she recognized, and I pointed out new ones for her to learn. When the commercials came on, we talked about the show.

I suggested that we each try to predict what would happen next and tell what clues we used from the program. We enjoyed seeing how close our predictions came—and making new ones.

I know it’s important to limit Rachel’s screen time, but I’m happy to make the time she does spend watching TV a little more educational.♥



OUR PURPOSE

To provide busy parents with practical ways to promote school readiness, parent involvement, and more effective parenting.

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