

Quarterly District Wellness Committee Meeting Minutes
March 29, 2019

At 9:00, Susan Ridings opened the fourth quarterly meeting by asking Tiffany Selvey to review cafeteria menus.

Using the district website, Tiffany began her menu review on the Intermediate campuses. Tiffany noted that the Intermediate students have responded positively to the Chinese food especially the fortune cookies and eggrolls that accompany that meal. She did reference that the “Fun” lunch of Blueberry muffin, yogurt, string cheese and fruit has continued to be popular at the Elementary campuses. Tiffany reported that the exemption obtained for regular pizza dough rather than whole grain dough has positively impacted the number of students who eat in our cafeterias on the days we serve pizza.

Chartwell’s continues to review the percentage of students who eat breakfast and lunch on a daily basis in order to determine which menu selections are the most popular. They also continue to listen to the students about which meals are their favorites.

Tiffany reported that overall, 15,641 more breakfasts have been purchased this year as compared to last year at this time and 35,005 more lunches. This translates to an increase of 14% participation in meals served. The Second Chance breakfast program implemented at the high school shows an increase of 4,149 breakfasts served this year as compared to last year. This is an increase of about 100-150 breakfasts each day. Chartwell’s has also started offering lunch options for the school staff in order to encourage more of the staff to eat in the cafeteria.

In addition to serving students meals, Tiffany informed the committee that Chartwell’s catering for school, district, and community events was up 60% over last year. This provides Sheridan’s Food Service workers with an opportunity to occasionally earn extra income outside of the regular school day and to place funds back into the Food Service program that will help improve options and programs for our students.

After reviewing the January meeting minutes, the members reviewed the Child Health Advisory Committee Recommendations for Coordinated School Health that was released in Commissioner’s Memo LS-19-063 on March 20, 2019. After meeting participants divided into to four groups to read and discuss the four areas of recommendations, each group shared with the whole committee how the recommendations could impact Sheridan School District if they were enacted into law.

Susan Ridings emphasized to the District Wellness Team members how important it will be to review the District Wellness Policy in at least one of the building level meetings next school year

to ensure the committee members are aware of the state and federal regulations surrounding wellness.

Diane Pendergrass, Food Service Manager, closed the meeting with an update on our Tri-Annual visit in February. The auditors were very complementary about Sheridan School District Food Service Programs and noted two findings, one of which was addressed immediately onsite.

The first quarterly District Wellness Committee Meeting for the 2019-2020 school year will be scheduled for September of 2019.

The meeting adjourned at 10:15.