

# APRIL

2019



I'm the **BOUNDLESS BERRY**

**HEALTHY SUMMER MEALS FOR KIDS**  
No Cost For Kids 10 and Younger

M	T	W	TH	F
<b>BREAKFAST PIZZA CEREAL/TOAST</b> Enchiladas, ***Salsa Beans, ***Corn Fresh Fruit ***Fruit Crisp <b>1</b>	<b>CHICKEN-N-BISCUIT CEREAL BAR/YOGURT</b> Chili Cheese Tots ***Fresh Veggie Cup Mixed Fruit, Cornbread	<b>SCRAMBLED EGGS BISCUIT, GRAVY, BACON CEREAL/TOAST</b> Chicken Nuggets, Mac & Cheese, Green Beans ***Garden Salad w/Ranch Fruit	<b>CINNAMON ROLL SAUSAGE, CEREAL/TOAST</b> Hamburger w***Fixins' Cucumber Slices,w/Ranch ***Carrots, Cinnamon Applesauce, ***Cookie PK -Animal Crackers <b>4</b>	<b>SAUSAGE KOLACHE CEREAL BAR/YOGURT</b> Cheese Pizza Corn, *** Tiny Tomato Cup w/Ranch Fruity Gelatin <b>5</b>
<b>PANCAKES, BACON CEREAL/TOAST</b> Steak Fingers, Gravy Mashed Potatoes Carrot Coins, ***Roll Peaches <b>8</b>	<b>BREAKFAST BURRITO HASH BROWNS CEREAL/TOAST</b> Sloppy Joe Sandwich Oven Fries, Broccoli w/Ranch, Strawberries & Bananas <b>9</b>	<b>FRENCH TOAST STICKS, SAUSAGE CEREAL/TOAST</b> Boneless Chicken Wings Celery & Carrots w/Ranch, Orange Smiles ***Brownie <b>10</b>	<b>OATMEAL, CINNAMON TOAST, CEREAL BAR YOGURT</b> Taco, Tamales ***Corn, Beans, ***Salsa Fresh Fruit ***Lettuce & Tomato <b>11</b>	<b>SUNRISE SANDWICH CEREAL BAR/YOGURT</b> French Bread Pizza ***Marinara Sauce ***Garden Salad w/Ranch California Blend Veggies Fruit Cup. ***Pudding <b>12</b>
<b>SAUSAGE KOLACHE YOGURT, CEREAL TOAST</b> Breaded Drumstick Carrots, Corn, Fresh Fruit, ***Cookie, ***Roll PK- Animal Crackers <b>15</b>	<b>BREAKFAST TAQUITO CEREAL BAR/YOGURT</b> Crispy Tacos ***Veggie Cup w/Ranch ***Beans, ***Salsa Orange Smiles ***Lettuce/Tomato <b>16</b>	<b>WAFFLES, SAUSAGE CEREAL/TOAST</b> Lasagna Garden Salad w/Ranch *** Tuscan Vegetables Pears, ***Roll <b>17</b>	<b>BREAKFAST PIZZA CEREAL BAR/YOGURT</b> Hamburger w/ Fixin's Oven Fries, Baby Carrots w/Ranch Snoball Salad <b>18</b>	<b>SCHOOL HOLIDAY</b> <b>19</b>
<b>SCHOOL HOLIDAY</b> <b>22</b>	<b>BURRITO, HASH BROWNS CEREAL BAR/YOGURT</b> Nachos Grande, ***Salsa Beans, ***Tiny Tomato Cup w/Ranch, Cucumber Slices, Peaches <b>23</b> ***Lime Sherbet Cup <b>23</b>	<b>SCRAMBLED EGGS BACON, GRAVY, BISCUIT CEREAL/TOAST</b> X-Treme Burrito, ***Salsa ***Corn, ***Fresh Veggie Cup w/Ranch <b>24</b> Mandarin Oranges <b>24</b>	<b>BREAKFAST BREAD YOGURT, CEREAL BAR</b> Hamburger Steak. Gravy ***Roasted Potatoes Garden Salad w/Ranch Fruity Gelatin, Biscuit <b>25</b>	
<b>WAFFLES, BACON CEREAL/TOAST</b> Meatloaf, Roll Mashed Potatoes ***Breaded Okra Fresh Fruit <b>29</b>	<b>CINNAMON ROLL SAUSAGE, CEREAL BAR YOGURT</b> Meat & Cheese Chalupas ***Zesty Cucumbers ***Salsa, Beans, Rosy Applesauce, ***Garnish <b>30</b>	<b>ART CONTEST ENDS</b>	<b>GRIDDLE SANDWICH CEREAL/TOAST</b> Pizza Choice Carrots, ***Broccoli w/Ranch, Fresh Fruit ***Brownie <b>26</b> PK - Graham Crackers	

**GOOD EATS AT**

**GLASSCOCK ISD**

**SPECIAL ANNOUNCEMENTS**

MILK & JUICE OFFERED DAILY AT BREAKFAST.

MENU SUBJECT TO CHANGE.

BREAKFAST CHOICE; ENTRÉE, CEREAL/TOAST OR CEREAL BAR/YOGURT.

ITEMS MARKED \*\*\* ARE NA FOR PK STUDENTS.

"You ART What You Eat"

Art Contest

ENDS APRIL 12<sup>TH</sup>

SquareMeals.org/artcontest

TEXAS DEPARTMENT OF AGRICULTURE ICE CREAM COMMISSIONER SID MILLER FRIDAYS. BRING \$1.00  
 This product was funded by USDA. This institution is an equal opportunity provider.

# BOUNDLESS BERRY

Strawberry



During a heavy storm, the littlest berry in a strawberry patch on the outskirts of Healthyville was picked up by a strong wind and taken so high up in the air that a reaction occurred allowing her the ability to regenerate her seeds. As the strawberry fell from the sky she realized that the green tips of her hair were also able to spin so fast allowing her to fly. At that moment, she became The Boundless Berry. She wanted all of the kids of the world to have access to delicious healthy strawberries so she flew around the world planting strawberries at every location she could, giving children access to vitamin C and fiber to help boost their immune systems and grow strong.

## FUN FACT

Strawberry is the most popular berry in the United States.

## BOUNDLESS BERRY'S FAVORITE ACTIVITIES

Fishing, Canoeing and Running



**POW!**

## ARCH ENEMY

Strawberry Flavored Candy



## COUNT 'EM!

Identify the correct number of seeds on each strawberry.



## JOKE OF THE MONTH

Q: Why were the strawberries so upset?

A: Because they were in a jam!

Sources: Texas A&M and Agrilife Extension