

Menus for May 2023

Washington County High School and Early College High School

free breakfast & lunch.

for all students, everyday

Color Your Lunch Tray!

Choose 3 or more food groups. Pick at least 1/2 cup fruit and/or vegetable.

Monday, May 1	Tuesday, May 2	Wednesday, May 3	Thursday, May 4	Friday, May 5
Breakfast Apple Muffins Peaches Lunch Chicken Fillet Black-eyed Peas Golden Corn Fresh Apple Pears	Breakfast Chicken Biscuit Fruit Choice Lunch Hot Dog on Bun Baked Beans Sweet Potato Fries Applesauce Fresh Banana	Breakfast Pop Tart Applesauce Lunch Beef Teriyaki w/ Rice or Roll Garden Peas Black Beans Mandarin Orange Fruit Cocktail	Breakfast Blueberry Muffins Fresh Banana Lunch Cheese Burger on Bun Green Beans Baby Carrots Apple Slice Pears	Breakfast Supper Donut Fresh Banana Lunch Ham & Cheese Sub Salad in Bowl French Fries Pears Peaches
Monday, May 8	Tuesday, May 9	Wednesday, May 10	Thursday, May 11	Friday, May 12
Breakfast Breakfast Pizza Fresh Apple Lunch Cheese Sticks w/ Marinara Sauce Green Beans Salad Bowl Pineapple Applesauce	Breakfast French Toast Fresh Orange Lunch Cheese Burger on Bun Baked Fries Cole Slaw Mixed fruit Pears	Breakfast Nutri Grain Cereal Bar Peaches Lunch Baked Chicken w/ Rolls Green Beans Yams Apple Slice Peaches	Breakfast Sausage Biscuit Peaches Lunch Turkey & Cheese Sub Tossed Salad Baby Carrots Mandarin Orange Fruit Cocktail	Breakfast Honey Bun Pears Lunch Pizza Slice Golden Corn Salad in Bowl Peach Applesauce
Monday, May 15	Tuesday, May 16	Wednesday, May 17	Thursday, May 18	Friday, May 19
Breakfast Blueberry Muffins Peaches Lunch Hot Dog on Bun Cajon Pinto Sweet Potato Fries Applesauce Fresh Banana	Breakfast Chicken Biscuit Mixed Fruit Lunch Taco Tossed Salad Baby Carrots Apple Slice Peaches	Breakfast French Toast Pears Lunch BBQ Sandwich French Fries Cole Slaw Mandarin Oranges Applesauce	Breakfast Supper Donut Fresh Orange Lunch Hot Wings / Roll Golden Corn Green Beans Peaches Pears	Breakfast Apple Muffins Peaches Lunch Chicken Fillet Salad Bowl Carrots Fresh Apple Pears
Monday, May 22	Tuesday, May 23	Wednesday, May 24	Thursday, May 25	Friday, May 26
Breakfast Breakfast Pizza Fresh Apple Lunch Cheese Sticks w/ Marinara Sauce Green Peas Golden Corn Pineapple Applesauce	Breakfast Waffles Applesauce Lunch Fish Sandwich w/ cheese Baked Fries Slaw Pears Fruit Cocktail	Breakfast Sausage Biscuit Mix Fruit Lunch Ham or Turkey & Cheese Sub Salad Bowls Baby Carrots Apple Slice Peaches	Breakfast Pop Tart Applesauce Lunch Hamburger Steak w/ Gravy Mashed Potato Peas Mandarin Oranges Applesauce	Breakfast Honey Bun Pears Lunch Cheese Burger on Bun Green Beans Tossed Salad Mixed fruit Pears
Monday, May 29	Tuesday, May 30	Wednesday, May 31		
Breakfast Blueberry Muffins Mixed Fruit Lunch Chicken Fillet w/ Cheese Cajon Pinto Peas Fresh Apple Pears	Breakfast Chicken Biscuit Applesauce Lunch Hot Wings / Roll Golden Corn Salad Bowls Peaches Mandarin Oranges	Breakfast Supper Donut Fresh Orange Lunch BBQ Sandwich French Fries Cole Slaw Apple Slice Applesauce		

This institution is an equal opportunity provider.

Menu are subject to change due to weather, equipment breakdown, administrative instruction, and or product accessibility.

Breakfast & Lunch include choice of low-fat or fat-free milk.
 100% Fruit Juice offered at Breakfast Daily