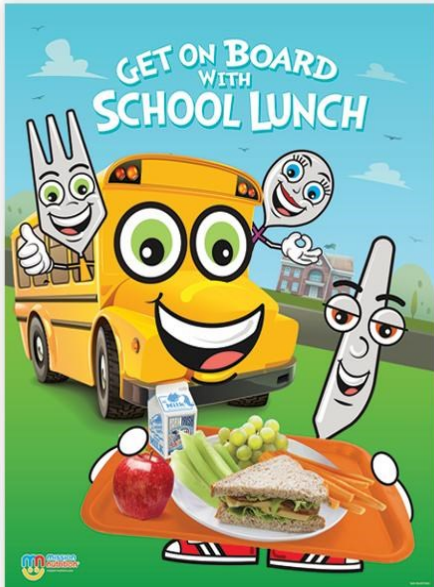


Menus for January 2023

Washington County High School & Early College High School



	Tuesday, January 3	Wednesday, January 4	Thursday, January 5	Friday, January 6
	Breakfast Blueberry Muffin Fresh Orange Lunch Cheeseburger on Bun Green Beans Baby Carrots w/ Dip Peaches	Breakfast Cinnamon Roll Mixed Fruit Lunch Chicken Filet on Bun Lettuce/Tomato Baby Carrots Mixed Fruit Fresh Apple	Breakfast Cereal Bar Peaches Lunch Cheese Sticks w/ Marinara Sauce Lima Beans Yams Pears Orange Wedges	Breakfast Apple Muffin Peaches Lunch Hamburger Steak with Gravy Roll Collards Mashed Potatoes Mixed Fruit Peaches
Monday, January 9	Tuesday, January 10	Wednesday, January 11	Thursday, January 12	Friday, January 13
Breakfast Sausage Biscuit Peaches Lunch Hot Dog on Bun Baked Fries Sweet Potato Fries Applesauce Fresh Banana	Breakfast Jump Start Kit Peaches Lunch Ham & Cheese Sub Lettuce with Tomato Lima Beans Apple Slice Peaches	Breakfast Super Donut Fresh Banana Lunch Spicy Chicken Wings w/ Roll French Fries Kidney Beans Applesauce Pears	Breakfast Chicken Biscuit Fruit Choice Lunch Pizza Slice Golden Corn Salad in Bowl Peaches Pears	Breakfast French Toast Mixed Fruit Lunch BBQ /Bun Baked Fries Cole Slaw Mandarin Oranges Applesauce
Monday, January 16	Tuesday, January 17	Wednesday, January 18	Thursday, January 19	Friday, January 20
Breakfast Cereal Bar Peaches Lunch Chicken Alfredo Breadstick Broccoli Fresh Apples Banana	Breakfast Poptart Applesauce Lunch Teriyaki Beef Bites Rice & Roll / Rice Steamed Broccoli Garden Peas Fresh Apple Pears	Breakfast Waffle Fresh Orange Lunch Popcorn Chicken w/Roll Green Beans Glazed Carrots Mixed Fruit Fresh Apple	Breakfast Super Donut Applesauce Lunch Cheeseburger on Bun Cajun Pinto Beans Green Beans Pears Fruit Cocktail	Breakfast Pull Aparts Apple Slices Lunch Fish Sandwich/Hot Dog on Bun Potato Wedges Cajun Pinto Fresh Orange Wedge Applesauce
Monday, January 23	Tuesday, January 24	Wednesday, January 25	Thursday, January 26	Friday, January 27
Breakfast Breakfast Pizza Fresh Banana Lunch Tacos Lettuce/Salsa Cajun Pintos Pineapple Applesauce	Breakfast Cereal Bar Peaches Vegetables Lunch Baked Spaghetti w/Breadstick Toss Salad Black Beans Fresh Orange Wedge Applesauce	Breakfast Apple Muffin Fruit Choice Lunch Pizza Slice Baked Potato Fries Golden Corn Applesauce Pears	Breakfast Blueberry Muffin Fresh Orange Lunch Cheeseburger on Bun Green Beans Baby Carrots w/ Dip Peaches	Breakfast Cinnamon Roll Mixed Fruit Lunch Chicken Filet on Bun Lettuce/Tomato Baby Carrots Mixed Fruit Fresh Apple
Monday, January 30	Monday, January 31			
Breakfast Cereal Bar Peaches Lunch Cheese Sticks w/ Marinara Sauce Lima Beans Yams Pears Orange Wedges	Breakfast Apple Muffin Pears Lunch Hamburger Steak with Gravy Roll Collards Mashed Potatoes Mixed Fruit Peaches			

This institution is an equal opportunity provider.

Menu are subject to change due to weather, equipment breakdown, administrative instruction, and or product accessibility.

Breakfast & Lunch include choice of low-fat or fat-free milk.
 100% Fruit Juice offered at Breakfast Daily