Menus for November 2022

Washington County High School & Early College High School

		Touris No cuburd		The sector New York and	
GET ON BOARD SCHOOL LUNCH		Tuesday, November 1 Breakfast Blueberry Muffin Fresh Orange	Wednesday, November 2 Breakfast Cinnamon Roll Mixed Fruit	Thursday, November 3 Breakfast Cereal Bar Peaches	Friday, November 4 Breakfast Super Donut Fresh Banana
		Lunch Cheeseburger on Bun Green Beans Baby Carrots w/ Dip Peaches	Lunch Chicken Filet on Bun Lettuce/Tomato Baby Carrots Mixed Fruit Fresh Apple	Lunch Cheese Sticks w/ Marinara Sauce Lima Beans Yams Pears Orange Wedges	Lunch Spicy Chicken Wings w/ Roll French Fries Kidney Beans Applesauce Pears
	Monday, November 7	Tuesday, November 8	Wednesday, November 9	Thursday, November 10	Friday, November 11
	Breakfast Sausage Biscuit Peaches	Breakfast Jump Start Kit Peaches	Breakfast Apple Muffin Pears	Breakfast Poptart Applesauce	Breakfast French Toast Mixed Fruit
	Lunch Hot Dog on Bun Baked Fries Sweet Potato Fries Applesauce Fresh Banana	Lunch Ham & Cheese Sub Lettuce with Tomato Lima Beans Apple Slice Peaches	Lunch Hamburger Steak with Gravy Roll Collards Mashed Potatoes Mixed Fruit Peaches	Lunch Teriyaki Beef Bites Rice & Roll / Rice Steamed Broccoli Garden Peas Fresh Apple Pears	Lunch BBQ /Bun Baked Fries Cole Slaw Mandarin Oranges Applesauce
	Monday, November 14	Tuesday, November 15	Wednesday, November 16	Thursday, November 17	Friday, November 18
	Breakfast Breakfast Pizza Fresh Banana	Breakfast Chicken Biscuit Fruit Choice	Breakfast Waffle Fresh Orange	Breakfast Cereal Bar Peaches	Breakfast Cinnamon Roll Mixed Fruit
	Lunch Tacos Lettuce/Salsa Cajun Pintos Pineapple Applesauce	Lunch Pizza Slice Golden Corn Salad in Bowl Peaches Pears	Lunch Popcorn Chicken w/Roll Green Beans Glazed Carrots Mixed Fruit Fresh Apple	Vegetables Lunch Baked Spaghetti w/Breadstick Toss Salad Black Beans Fresh Orange Wedge Applesauce	Lunch Chicken Filet on Bun Baked Potato Fries Black eyed Peas Mixed Fruit Mandarin Oranges
Carles and	Monday, November 21	Tuesday, November 22	Wednesday, November 23	Thursday, November 24	Friday, November 25
	Breakfast Pull Aparts Apple Slices	Breakfast Cereal Bar Peaches	Breakfast Super Donut Applesauce	Breakfast Poptart Fruit Choice	Breakfast Apple Muffin Fruit Choice
	Lunch Fish Sandwich/Hot Dog on Bun Potato Wedges Cajun Pinto Fresh Orange Wedge Applesauce	Lunch Chicken Alfredo Breadstick Broccoli Fresh Apples Banana	Lunch Cheeseburger on Bun Cajun Pinto Beans Green Beans Pears Fruit Cocktail	Lunch Ham w/ Cheese Sub Lettuce Tomato Baby Carrots Orange Wedges Fresh Apple	Lunch Pizza Slice Baked Potato Fries Golden Corn Applesauce Pears
This institution is an equal opportunity provider. Menu are subject to change due to weather, equipment breakdown, administrative instruction, and or product accessibility.	Monday, November 28	Tuesday, November 29	Wednesday, November 30		
	Breakfast Cinnamon Roll Mixed Fruit	Breakfast Super Donut Applesauce	Breakfast Apple Muffin Fruit Choice		
	Lunch Corn Dog Nuggets Baked Beans Sweet Potato Fries Fresh Apple Mixed Fruit	Lunch Cheeseburger on Bun Cajun Pinto Beans Green Beans Pears Fruit Cocktail	Lunch Pizza Slice Baked Potato Fries Golden Corn Applesauce Pears		
Breakfast & Lunch include choice of low-fat or fat-free milk.					

Breakfast & Lunch include choice of low-fat or fat-free mill 100% Fruit Juice offered at Breakfast Daily