

# Menus for October 2022

## Washington County Pines Elementary School



Monday, October 3	Tuesday, October 4	Wednesday, October 5	Thursday, October 6	Friday, October 7
<b>Breakfast</b> Supper Donut Fruit Choice  <b>Lunch</b> Pizza Slice Golden Corn Salad Bowl Peaches Pineapple	<b>Breakfast</b> Blueberry Muffin Fresh Orange  <b>Lunch</b> Cheeseburger on Bun Green Beans Baby Carrots w/ Dip Peaches	<b>Breakfast</b> Cinnamon Roll Mixed Fruit  <b>Lunch</b> Chicken Filet on Bun Lettuce/Tomato Baby Carrots Mixed Fruit Fresh Apple	<b>Breakfast</b> Cereal Bar Peaches  <b>Lunch</b> Cheese Sticks w/ Marinara Sauce Lima Beans Yams Pears Orange Wedges	<b>Breakfast</b> Super Donut Fresh Banana  <b>Lunch</b> Spicy Chicken Wings w/ Roll French Fries Kidney Beans Applesauce Pears
Monday, October 10	Tuesday, October 11	Wednesday, October 12	Thursday, October 13	Friday, October 14
<b>Breakfast</b> Sausage Biscuit Peaches  <b>Lunch</b> Hot Dog on Bun Baked Fries Sweet Potato Fries Applesauce Fresh Banana	<b>Breakfast</b> Jump Start Kit Peaches  <b>Lunch</b> Ham & Cheese Sub Lettuce with Tomato Lima Beans Apple Slice Peaches	<b>Breakfast</b> Apple Muffin Pears  <b>Lunch</b> Hamburger Steak with Gravy Roll Collards Mashed Potatoes Mixed Fruit Peaches	<b>Breakfast</b> Poptart Applesauce  <b>Lunch</b> Teriyaki Beef Bites Rice & Roll / Rice Steamed Broccoli Garden Peas Fresh Apple Pears	<b>Breakfast</b> French Toast Mixed Fruit  <b>Lunch</b> BBQ /Bun Baked Fries Cole Slaw Mandarin Oranges Applesauce
Monday, October 17	Tuesday, October 18	Wednesday, October 19	Thursday, October 20	Friday, October 21
<b>Breakfast</b> Breakfast Pizza Fresh Banana  <b>Lunch</b> Tacos Lettuce/Salsa Cajun Pintos Pineapple Applesauce	<b>Breakfast</b> Chicken Biscuit Fruit Choice  <b>Lunch</b> Pizza Slice Golden Corn Salad in Bowl Peaches Pears	<b>Breakfast</b> Waffle Fresh Orange  <b>Lunch</b> Popcorn Chicken w/Roll Green Beans Glazed Carrots Mixed Fruit Fresh Apple	<b>Breakfast</b> Cereal Bar Peaches Vegetables  <b>Lunch</b> Baked Spaghetti w/Breadstick Toss Salad Black Beans Fresh Orange Wedge Applesauce	<b>Breakfast</b> Cinnamon Roll Mixed Fruit  <b>Lunch</b> Chicken Filet on Bun Baked Potato Fries Black eyed Peas Mixed Fruit Mandarin Oranges
Monday, October 24	Tuesday, October 25	Wednesday, October 26	Thursday, October 27	Friday, October 28
<b>Breakfast</b> Pull Aparts Apple Slices  <b>Lunch</b> Fish Sandwich/Hot Dog on Bun Potato Wedges Cajun Pinto Fresh Orange Wedge Applesauce	<b>Breakfast</b> Cereal Bar Peaches  <b>Lunch</b> Chicken Alfredo Breadstick Broccoli Fresh Apples Fresh Banana	<b>Breakfast</b> Super Donut Applesauce  <b>Lunch</b> Cheeseburger on Bun Cajun Pinto Beans Green Beans Pears Fruit Cocktail	<b>Breakfast</b> Poptart Fruit Choice  <b>Lunch</b> Ham w/ Cheese Sub Lettuce Tomato Baby Carrots Orange Wedges Fresh Apple	<b>Breakfast</b> Apple Muffin Fruit Choice  <b>Lunch</b> Pizza Slice Baked Potato Fries Golden Corn Applesauce Pears
Monday, October 31				
<b>Breakfast</b> Cinnamon Roll Mixed Fruit  <b>Lunch</b> Corn Dog Nuggets Baked Beans Sweet Potato Fries Fresh Apple Mixed Fruit				

This institution is an equal opportunity provider.

Menu are subject to change due to weather, equipment breakdown, administrative instruction, and or product accessibility.

Breakfast & Lunch include choice of low-fat or fat-free milk.  
 100% Fruit Juice offered at Breakfast Daily