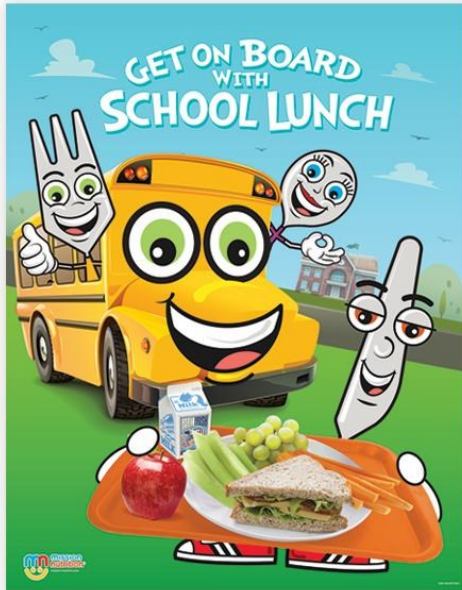


Menus for October 2022

Washington County Middle School



Monday, October 3	Tuesday, October 4	Wednesday, October 5	Thursday, October 6	Friday, October 7
Breakfast Supper Donut Fruit Choice Lunch Pizza Slice Golden Corn Salad Bowl Peaches Pineapple	Breakfast Blueberry Muffin Fresh Orange Lunch Cheeseburger on Bun Green Beans Baby Carrots w/ Dip Peaches	Breakfast Cinnamon Roll Mixed Fruit Lunch Chicken Filet on Bun Lettuce/Tomato Baby Carrots Mixed Fruit Fresh Apple	Breakfast Cereal Bar Peaches Lunch Cheese Sticks w/ Marinara Sauce Lima Beans Yams Pears Orange Wedges	Breakfast Super Donut Fresh Banana Lunch Spicy Chicken Wings w/ Roll French Fries Kidney Beans Applesauce Pears
Monday, October 10	Tuesday, October 11	Wednesday, October 12	Thursday, October 13	Friday, October 14
Breakfast Sausage Biscuit Peaches Lunch Hot Dog on Bun Baked Fries Sweet Potato Fries Applesauce Fresh Banana	Breakfast Jump Start Kit Peaches Lunch Ham & Cheese Sub Lettuce with Tomato Lima Beans Apple Slice Peaches	Breakfast Apple Muffin Pears Lunch Hamburger Steak with Gravy Roll Collards Mashed Potatoes Mixed Fruit Peaches	Breakfast Poptart Applesauce Lunch Teriyaki Beef Bites Rice & Roll / Rice Steamed Broccoli Garden Peas Fresh Apple Pears	Breakfast French Toast Mixed Fruit Lunch BBQ /Bun Baked Fries Cole Slaw Mandarin Oranges Applesauce
Monday, October 17	Tuesday, October 18	Wednesday, October 19	Thursday, October 20	Friday, October 21
Breakfast Breakfast Pizza Fresh Banana Lunch Tacos Lettuce/Salsa Cajun Pintos Pineapple Applesauce	Breakfast Chicken Biscuit Fruit Choice Lunch Pizza Slice Golden Corn Salad in Bowl Peaches Pears	Breakfast Waffle Fresh Orange Lunch Popcorn Chicken w/Roll Green Beans Glazed Carrots Mixed Fruit Fresh Apple	Breakfast Cereal Bar Peaches Vegetables Lunch Baked Spaghetti w/Breadstick Toss Salad Black Beans Fresh Orange Wedge Applesauce	Breakfast Cinnamon Roll Mixed Fruit Lunch Chicken Filet on Bun Baked Potato Fries Black eyed Peas Mixed Fruit Mandarin Oranges
Monday, October 24	Tuesday, October 25	Wednesday, October 26	Thursday, October 27	Friday, October 28
Breakfast Pull Aparts Apple Slices Lunch Fish Sandwich/Chicken Filet Potato Wedges Cajun Pinto Fresh Orange Wedge Applesauce	Breakfast Cereal Bar Peaches Lunch Chicken Alfredo Breadstick Broccoli Fresh Apples Fresh Banana	Breakfast Super Donut Applesauce Lunch Cheeseburger on Bun Cajun Pinto Beans Green Beans Pears Fruit Cocktail	Breakfast Poptart Fruit Choice Lunch Ham w/ Cheese Sub Lettuce Tomato Baby Carrots Orange Wedges Fresh Apple	Breakfast Apple Muffin Fruit Choice Lunch Pizza Slice Baked Potato Fries Golden Corn Applesauce Pears
Monday, October 31				
Breakfast Cinnamon Roll Mixed Fruit Lunch Corn Dog Nuggets Baked Beans Sweet Potato Fries Fresh Apple Mixed Fruit				

This institution is an equal opportunity provider.

Menu are subject to change due to weather, equipment breakdown, administrative instruction, and or product accessibility.

Breakfast & Lunch include choice of low-fat or fat-free milk.
 100% Fruit Juice offered at Breakfast Daily