

Alburgh School

September 2022
Lunch Menu



Monday	Tuesday	Wednesday	Thursday	Friday
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		August 31st Chicken Patty on a whole wheat bun Creamy Cole Slaw and Chilled Fruit	1st Ham or Tuna Grinder With all the fixings Assorted Fruit	2nd Hot Dogs and Tater Tots with Wax Beans Assorted Fruit
5th Labor Day – no school	6th Nachos Supreme Corn and Black Bean Salad Assorted Fruit	7th Sloppy Farmer Joes Sweet Potato Fries and fruit	8th Chicken Alfredo with Broccoli and a Whole Wheat Roll Assorted Fruit	9th Chicken Nuggets and Pasta Salad Assorted Fruit
12th Burgers and Curly Fries with Local Veggies and Assorted Fruit	13th Chicken Penne with a Whole Wheat Roll and Chilled Fruit	14th Meatball Subs and Caesar Salad Assorted Fruit	15th Pizza and Tossed Green Salad Assorted Fruit	16th Fish Sticks with Sweet Potato Fries and a Whole Wheat Roll Assorted Fruit
19th Tacos Grande with Seasoned Rice and Assorted Fruit	20th Chicken or Tuna Salad Sandwich and Veggie Sticks and Tossed Greens Assorted Fruit	21st Spaghetti with Meat Sauce and Whole Wheat Bread Sticks with Tossed Greens Assorted Fruit	22nd Pulled Pork Sandwich and Cole Slaw and Baked Beans Assorted Fruit	23rd Crunchy Hawaiian Chicken Wrap with Sun Chips and Assorted Fruit
26th Burgers and Pasta Salad and Veggie Sticks Assorted Fruit	27th Cheesy Ravioli Bake with Bread Sticks and Vegetable Assorted Fruit	28th Chicken Fajita Salad Assorted Fruit	29th Cheese or Pepperoni Calzone with Caesar Salad	30th Hot Dogs or Michigans and Tater Tots Assorted Fruit

This institution is an equal opportunity provider.
 1%, Skim or Chocolate milk Served Daily. Menu Subject to change depending on availability or without notice.
 Each meal comes with a serving of fresh fruit and vegetables.