# ROSEAU COMMUNITY POOL RULES

### **POOL**

- 1. Swimwear only in the pool (No t-shirts or shorts)
- 2. Shower before entering the pool.
- 3. Long hair must be tied back.
- 4. No street shoes on the pool deck.
- 5. No running or pushing
- 6. No glass articles on the pool deck or in the locker rooms.
- 7. No food, drink, or gum in the pool area.
- 8. Children 4 and under and all non-toilet trained persons must wear a pool diaper (see additional information about swim diapers at the end of the document).
- 9. Children 6 and younger must be under the direct supervision of a responsible person who is in the water within reach of that child.
- 10. Water wings and lifejackets are allowed in the shallow end if they are properly attached to the swimmer.
- 11. No playing "chicken", dunking, or other horseplay allowed.
- 12. To be in the deep end, you must be able to swim one length of the pool.
- 13. No diving where it is marked "No Diving". (Diving is allowed only in the deepest part of the pool.)

### **WADING POOL**

- 1. Children must be accompanied by an adult who is responsible for the child's safety and conduct.
- 2. Children fully capable of using the main pool may not be in the wading pool.
- 3. Children 4 and under and all non-toilet trained persons must wear a pool diaper (see additional information about swim diapers at the end of the document).
- 4. No diving.
- 5. All other pool rules also apply.

## **WHIRLPOOL**

- 1. No children under the age of 5 are allowed.
- 2. Children who are not tall enough to stand on the bottom with their heads above the water must be accompanied by an adult.
- 3. Heads must stay above the water at all times.
- 4. Swimmers 18 and above have priority when crowded

- 5. Do not use it directly after strenuous activity.
- 6. 15 minutes maximum for adults, 5 minutes maximum for children.
- 7. No diving or jumping into the whirlpool.
- 8. All other pool rules also apply.

#### **DIVING BOARD**

- 1. One person on the board at a time.
- 2. One bounce only
- 3. Make sure the diving area is clear before diving or jumping. 4. Jump or dive straight out only.
- 5. No hanging from the board
- 6. No running on the board.
- 7. No jumping off the starting blocks.GUIDELINES FOR THE USE OF

### DIAPERS AT ROSEAU COMMUNITY POOL:

If a non-toilet trained child intends to use the Roseau Community pool facility, the following guidelines apply:

- 1. A clean, close-fitting diaper with a plastic outer covering that has elastic at the waist and leg openings is recommended. Disposable swim diapers are suitable but are not required. Diaper changing stations are recommended in men's and women's bathroom facilities, and diaper changing should be done at these stations. Caregivers should wash their hands with soap and warm water after each diaper change. NOTE: Swim diapers, or diapers of any kind, do not prevent fecal bacteria from entering the pool water. Maintenance of proper chlorine residual in the pool is essential.
- 2. A bathing suit or plastic pants are recommended over the diaper. This is mainly for extra protection against leakage in the event of a bowel movement.
- 3. The child should be closely supervised by a parent or caregiver and the diaper should be changed frequently.
- 4. No person with a known case of diarrhea is to use any public pool.
- 5. If feces escape the diaper and enter the pool water, or in the event fecal contamination from any source occurs, the pool operator is required to clear the pool of swimmers and follow the Fecal Contamination Policy from the Maryland Department of Health.

https://www.cdc.gov/healthywater/swimming/pdf/fecal-incident-response guidelines.pdf

Note: Solid stool and diarrhea incidents require different procedures and closure times.