

A FAMILY EMPOWERMENT SERIES

SUPPORTING YOU IN BECOMING AN EFFECTIVE
ADVOCATE FOR YOUR CHILD'S SUCCESS IN SCHOOL

April 4 ~ 9:00am-2:00pm

- Welcome to FES and Learning about CSE Meetings
- Developing a Vision and Welcome to My CSE
- Individualized Education Program Process

April 5 ~ 9:00am-2:00pm

- Listening Exercise: People First Language
- Effective Communication
- RTI/504/IEP: What's it all about?
- Understanding Evaluations

April 6 ~ 9:00am-2:00pm

- Functional Behavioral Assessment and Behavior Intervention Plan
- Transition
- Boundaries and Self Awareness
- Disability Awareness
- Welcome to My CSE Presentations

Snacks and lunch will be provided each day.

Presented by:



1650 South Avenue, Suite 200 • Rochester, NY 14620
585-546-1700 phone • 800-650-4967 toll free
www.starbridgeinc.org

Join us!

**First Presbyterian Church
25 Church St.
Cooperstown, NY 13326**

Registration

Registration is required. This series is FREE to family members of children who have disabilities.

Plan to attend all three sessions to be an FES graduate!

To register, please [click here](#) or call Family Resource Network at 607-432-0001.

Registration deadline: April 2

Please request special accommodations at least two weeks before the event.

Starbridge is able to provide this workshop for free thanks to the support of grants from local, regional, and national funders.

In partnership with:



TOPICS TO BE COVERED IN FAMILY EMPOWERMENT SERIES (FES)

April 4

Welcome to FES and Learning about CSE Meetings

Get an overview of what is coming up in all sessions of FES, meet other participants, and learn what makes a CSE meeting run smoothly.

Developing a Vision and Welcome to MY CSE

It is sometimes difficult to articulate the dreams we hold for our children who have disabilities. Where do you see your child living, working, or spending leisure hours? Our presenters will guide you in developing a vision for your child. The presenters will then show you how to incorporate that vision into an interactive component called Welcome to My CSE (Committee on Special Education).

Individualized Education Program (IEP) Process

The Individualized Education Program (IEP) serves as a roadmap for special education services, including important information about your child's level of performance, needs, and goals. You will learn to be an active participant on the IEP team.

April 5

Listening Exercise: People First Language

You will discover People First Language, in which the person is emphasized and not the disability, through this exercise and presentation that teaches the importance of word choice and the value every individual holds.

Effective Communication

Do you come away from school meetings not saying what you intended or feeling as though your viewpoint is misunderstood? Do you listen to what other team members say? How do you respond? Communication is key to effective partnerships. You will strengthen your collaborative skills by learning effective communication strategies.

RTI/504/IEP: What's it all about?

Some students may not qualify for an IEP, but may receive accommodations and modifications from a 504 Plan, or support through Response to Intervention (RTI). You'll find out the process for receiving supports and services through general and special education.

Understanding Evaluations

Standard scores, percentiles, grade or age equivalent. Do you find these terms confusing? Learn how to understand evaluations and how to use those numbers to measure success.

April 6

Functional Behavioral Assessment (FBA) and Behavior Intervention Plan (BIP)

Sometimes a child's behaviors interfere with learning. Students need strategies to minimize those behaviors and to maximize learning opportunities. In this workshop, you'll explore the nature of a child's behavior and when an FBA and BIP should be requested.

Transition

Learn about the Transition process, which is designed to incrementally prepare students to live, learn, and work in the community by building career and life skills, knowledge and experiences.

Boundaries and Self-Awareness

Setting clear personal boundaries is the key to ensuring relationships are mutually respectful, supportive, and caring. Learn about the importance of establishing boundaries when helping your child to achieve their goals.

Disability Awareness

What is it like to have a disability? Through multisensory exercises, you'll discover how life experiences can be affected by physical, emotional, or cognitive barriers. Learn new strategies and techniques for supporting your child.

Welcome to My CSE

You will have the opportunity to share a brief presentation, if you choose.