



April 28, 2022

ATTENTION: PARENTS/GUARDIANS OF CRAWFORD CO. ATHLETES

It is time to begin the athletic physical process for the 2022-2023 sports seasons. Each athlete must be pre-screened by the CMH Athletic Training Staff prior to having an athletic physical. The prescreening is a chance for our Athletic Training Staff to review your student athlete's health history and determine if that athlete receives his/her physical at our physical clinic. If your son/daughter has any underlying condition that is being treated by a physician, they will be directed to that physician or their primary care doctor. If your health insurance provider covers this benefit it would be advisable for you to seek your physical from your regular health care provider.

It will be the parent or athlete's responsibility to get forms from the CMH website, CMH Facebook page or physically pick up forms from CMH outpatient therapy or your respective school. Forms will be made available on April 28th. **Completed appointment selection and health history portion of physical will need to be completed and turned in to CMH outpatient therapy or your school's Athletic Trainer no later than May 24, 2021.** Once received CMH Athletic training staff will review the athletes health history and call to notify athletes of scheduled appointment closest to your requested time.

On the night of your appointment you will arrive to CMH's campus and **pay \$20.00 CASH OR CHECK** for your physical. Athletic Physicals will be located in the newly relocated CMH BONE AND JOINT CENTER . **You will be required to wear a mask while inside all CMH facilities.**

80% of all money collected on physical night is returned directly to your school's athletic department.

Thank you for your help and cooperation in this matter.
Sincerely,

Scott W. Rawlings MS, ATC, PES/CES CMH
Athletic Training Coordinator
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Robinson, Illinois 62454
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(618)546-1234 ex 5662



Appointment Selection

Please make two selections of physical appointment dates and times noting first choice. Again if your selections are filled your student athlete will be assigned the closest available appointment. You will be called and informed of your specific appointment time. Times will be scheduled in 2 separate clinics and you will be directed to the appropriate clinic upon arrival to CMH's campus.

Please circle your choice:

Wednesday June 1st, 2022

6:00 pm	6:30	7:00	7:30
6:10	6:40	7:10	7:40
6:20	6:50	7:20	7:50

Tuesday June 7th, 2022

6:00 pm	6:30	7:00	7:30
6:10	6:40	7:10	7:40
6:20	6:50	7:20	7:50

If you have any questions regarding this process please feel free to call or email scott.rawlings@crawfordmh.org (618)546-1234 ext 5662