



# pax tools



CENTER FOR  
**FAMILY RESILIENCE**  
College of Education and Human Sciences

## **SIMPLE STRATEGIES FOR TEACHING KIDS POSITIVE BEHAVIOR**



**Do you want to reduce conflict? Have better relationships?  
Help your children manage their own behavior? You need PAX Tools!**

**WHO: Parents, Caregivers, and Youth Workers**

**When: Tuesday, June 6th, 12-2 PM at the Boys and Girls Club  
or  
Tuesday, June 20th, 2-4 PM at the Old Gym**

**RSVP:**

**[https://okstateches.az1.qualtrics.com/jfe/form/SV\\_dcd56RVY6HyMqpg](https://okstateches.az1.qualtrics.com/jfe/form/SV_dcd56RVY6HyMqpg)**

## **What are PAX Tools?**

PAX Tools is a collection of evidence-based, trauma-informed strategies to improve cooperation and self-regulation with youth. PAX Tools draws on decades of science to create strategies that support parents, youth workers, and other caring adults to create a nurturing environment that ultimately helps kids thrive!

## **Do the Tools work?**

According to over 40 years of research at places like John's Hopkins University and Wright State University, for every 100 first graders that get the kernels in school through the PAX Good Behavior Game, we'd see some great results when they reach age 21:

- 7 more kids will not be smokers
- 4 more kids will not be alcohol dependent
- 12 more kids will not be drug dependent
- 1 more kid will not commit violent crime
- 11 more kids will not need mental health services
- 7 more girls will not feel suicidal
- 9 more girls will graduate from high school
- 7 more boys will attend college

## **Who should attend a PAX Tools training?**

PAX Tools is intended for any caring adult who interacts with children, such as parents, caregivers, professionals and volunteers. Caregivers who participate in PAX Tools trainings will receive the materials they need to effectively use PAX Tools with children, including the PAX Tools App.

# **PAX TOOLS-WE BUILD GREAT KIDS!**