

APRIL

2019



GOOD EATS AT

Siebert Elementary Breakfast

SPECIAL ANNOUNCEMENTS

Includes: fruit juice, fruit cup and variety of milk served daily.

"This institution is an equal opportunities provider."



TEXAS DEPARTMENT OF AGRICULTURE
COMMISSIONER SID MILLER



This product was funded by USDA.
This institution is an equal opportunity provider.

No School

1

Chicken-N-Biscuit
Breakfast Strudel
with Cheese stick,
or
WGR cereal variety
with toast

2

Biscuit, & gravy
Scrambled Eggs & Bacon
Breakfast Fruit Parfait,
Muffin with yogurt
WGR cereal variety with
toast

3

Pancakes wrap with
yogurt
PBJ
WGR cereal variety with
toast

4

Cinnamon roll with
Sausage
Muffin with yogurt
WGR cereal variety with
toast

5

I'm the
BOUNDLESS BERRY

Pancakes with
bacon
Muffin with yogurt
WGR cereal variety
with toast

8

Sunrise sandwich
Breakfast strudel
with cheese stick
WGR cereal variety
with toast

9

French Toast with
sausage
WGR cereal variety
with toast
Muffin with
Yogurt

10

Oatmeal with
Cinnamon Toast,
PBJ
WGR cereal variety
with toast

11

Breakfast
Burrito
Muffin with yogurt
WGR cereal variety
with toast

12

Sausage Kolache
with yogurt
Muffin with yogurt
WGR cereal variety
with toast

15

Cheese omelet
with toast
Breakfast strudel
with cheese stick
WGR cereal variety
with toast

16

Waffles & Sausage
Breakfast Fruit
Parfait,
WGR cereal variety
with toast

17

Breakfast pizza
PBJ
WGR cereal variety
with toast

18

No School

19

HEALTHY SUMMER MEALS FOR KIDS
No Cost For Kids 18 and Younger

No School

22

Breakfast Burritos, and
Hash Browns
WGR cereal variety with
toast
Breakfast Strudel with
Cheese Stick

23

Scrambled Eggs,
Bacon and Biscuit
with Gravy,
WGR Cereal Variety
with Toast,
Muffin & Yogurt

24

Sausage Kolache,
WGR Cereal
Variety with Toast,
Breakfast Bread

25

Breakfast
Sandwich,
WGR Cereal Variety
with Toast,
Muffin & Yogurt

26

Waffle Bites or pancakes
Bites with Bacon,
WGR Cereal Variety
with Toast,
Muffin & Yogurt

29

Cinnamon Roll with
Sausage,
Breakfast Strudel with
Cheese stick,
or WGR cereal variety
with toast

30

ART CONTEST ENDS

"You **ART** What You Eat"

Art Contest

ENDS APRIL 12TH

SquareMeals.org/artcontest

BOUNDLESS BERRY

Strawberry



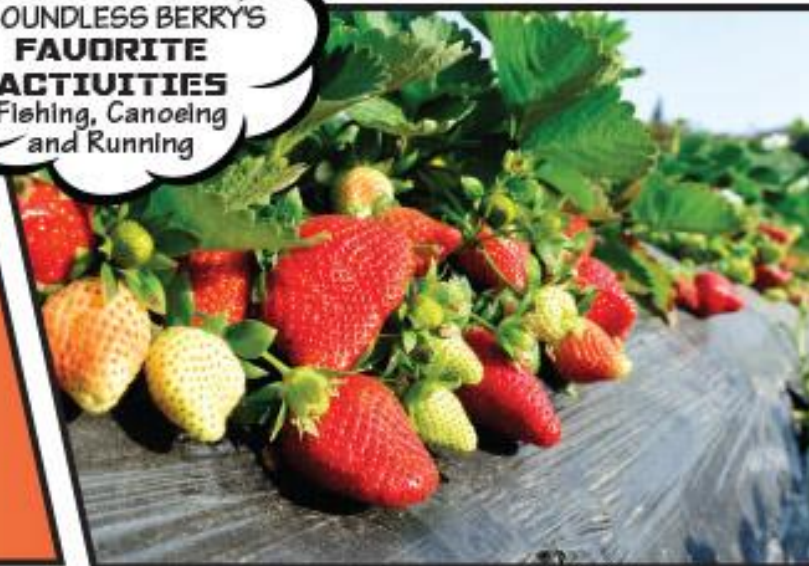
During a heavy storm, the littlest berry in a strawberry patch on the outskirts of Healthyville was picked up by a strong wind and taken so high up in the air that a reaction occurred allowing her the ability to regenerate her seeds. As the strawberry fell from the sky she realized that the green tips of her hair were also able to spin so fast allowing her to fly. At that moment, she became The Boundless Berry. She wanted all of the kids of the world to have access to delicious healthy strawberries so she flew around the world planting strawberries at every location she could, giving children access to vitamin C and fiber to help boost their immune systems and grow strong.

FUN FACT

Strawberry is the most popular berry in the United States.

BOUNDLESS BERRY'S FAVORITE ACTIVITIES

Fishing, Canoeing
and Running



POW!

ARCH ENEMY

Strawberry
Flavored Candy



COUNT 'EM!

Identify the correct number of seeds on each strawberry.



JOKE OF THE MONTH

Q: Why were the strawberries so upset?

A: Because they were in a jam!

Sources: Texas A&M and Agrilife Extension