

I hope this final week before Spring Break is a good one for all, and I hope families will enjoy their time together before the final push to the end of the school year. I am loving the Prom 2019 Color Scheme and Theme so much, I am working those shades in this newsletter. Plus, maybe our break will bring about some hyacinth sightings! I want to specifically mention two events that are coming up during our first week back.

First, our students in grades 6-12 will have the opportunity to hear a Motivational and Inspirational Speaker from the Relevant Speakers Network on the first day back, Monday, April 1st. The speaker’s name is Terrence Talley, and we think this is going to be lots of fun for our students. Terrence will speak during the day. However, the group will stay on for the evening to present a free concert for the community. This concert is not sponsored by the school, and it is faith-based, but your family or church group is invited to attend this event at 7:00 p.m. that same evening.

Secondly, I want to recommend the D.A.R.T. event that is going to be held at Winfield High School on Thursday, April 4th from 5:30 – 8:00 p.m. This is a “Parent Awareness Night.” Several hot topics are going to be discussed, and the “Hidden in Plain View” presentation is very enlightening. I would encourage parents to attend.

Happy Spring!

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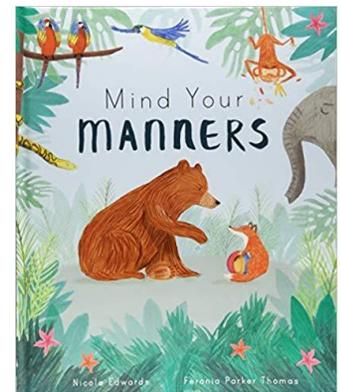
Elementary Lessons

My recent visits with my elementary friends have included some practice with Mindfulness, a discussion of how luck and work can bring about success in our lives, and some reflection about how we might each do better in the matter of minding our manners.

As adults, we know that we can often get overwhelmed and stressed. We find ourselves with so many things in our brains that it is hard to focus on one thing. We have probably learned skills along the way to calm our nerves, decompress, mentally step back, and reflect. However, sometimes this is harder for younger people. We took a few minutes to practice some techniques that will help us when we need to calm down or stop before acting, when we need to relax before a stressful test or slow down our minds. I hope that your students will benefit from some of these exercises. Ask them about being Mindful.

In the spirit of St. Patrick’s Day, your students and I discussed how important luck really is in our lives. Most seemed to understand that, though it may occasionally come into play, our opportunities for success are much more impacted by our **CHOICE** to work hard. We talked about the ways we can put forth effort and energy into the goals that we have for next week and ten years down the road. Your students participated wonderfully!

Finally, I shared with them a new book I have. “Mind Your Manners” is a fun look at how courtesy and good manners can make life for all so much better. Students shared



afterward which of the behaviors we read about is one that they can focus on.

Guidance Calendar

- Terrence Talley Presentation 1:00 p.m. on Monday, April 1
- Terrance Talley and “The Stray” Concert.....7:00 p.m. on Monday, April 1
- Missouri Southern State University Lunch Visits on Wednesday, April 3
- SCC “Be Ready” Registration for Program Participants 11:30 on Thursday, April 4
- SCC Visit for “Be Ready” Participants..... Friday, April 26

Scholarships: Be Mindful of Due Dates!

#	Name of Scholarship	Due Date	\$ Amount
45-49	5-in-1 SHS Common Application (Covers: Trent Huber Memorial, Steve Aubuchon Memorial, Silex CTA, Jim Norton, Silex School Board.)	March 21, 2019	Varied Amounts
40	Floyd B. Dowell, Jr. Memorial Scholarship	March 22, 2019	\$500 (2)
42	OMLC Lumber and Rental Scholarship	March 29, 2019	\$1,000
52	Missouri Insurance Education Foundation	March 31, 2019	\$2,000 (6)
53	Masonic Lodge of Missouri Scholarships	March 31, 2019	Unknown
32	MO Farm Bureau Foun. for Agriculture - Vocational	March 31, 2019	\$500 (4)
13	Lincoln County Moose Lodge #2599 Scholarship	April 1, 2019	\$500
29	Lincoln County Democrats Scholarship	April 1, 2019	\$500
30	Lincoln County Farm Bureau Scholarship	April 1, 2019	Unknown
33-36	Raintree Arts Council (4-In-1 Application)	April 1, 2019	Varies
41	St. Alphonsus Scholarship	April 1, 2019	Unknown
51	Lincoln County Master Gardeners' Scholarship	April 5, 2019	\$500
54	East Central Administrators' Assoc. Scholarship	April 5, 2019	Unknown
56	Silex Owls Booster Club Scholarships	April 12, 2019	Up to \$500 Each.
50	Lincoln County Bar Association Scholarship	April 15, 2019	\$500
14	The Lucille Heitman 4-H Scholarship	April 15, 2019	\$300
15	<u>The Edgar I. Lanvermeier Scholarship</u>	<u>April 15, 2019</u>	<u>\$250</u>
16	Northwestern Mutual Insurance Company	April 15, 2019	\$500
38	Cuivre River Electric Cooperative, Inc. Scholarship	April 24, 2019	\$1,000 (Many!)
55	Syngenta Agricultural Scholarships	May 27, 2019	Various
43	Hammett, Bellin & Oswald, LLC (HBO) Scholarship	May 31, 2019	\$750
28	Kac Hinds Scholarship Trust (Low-Interest Loans)	July 31, 2019	Varies

#42 – This one specifically for those interested in Building Trades, attending a 2-Year School.

#52 – For more information, go to: <http://mief.org>

#53 – For more information, go to: <http://momason.org/scholarships/>

#54 – See Mrs. Wells for a fillable application. Silex may submit one applicant; see Mrs. Wells, if interested.

#55 – For more information, go to: [http://www.syngenta-](http://www.syngenta-us.com/newsroom/news_release_detail.aspx?id=209739&utm_campaign=ag-scholarship&utm_medium=social-media&utm_source=linkedin&utm_content=entry-2019&utm_term=employee)

[us.com/newsroom/news_release_detail.aspx?id=209739&utm_campaign=ag-scholarship&utm_medium=social-media&utm_source=linkedin&utm_content=entry-2019&utm_term=employee](http://www.syngenta-us.com/newsroom/news_release_detail.aspx?id=209739&utm_campaign=ag-scholarship&utm_medium=social-media&utm_source=linkedin&utm_content=entry-2019&utm_term=employee)

#43 – Use the following link: <http://hbolawfirm.com/law-justice-scholarship/>

Mr. O'Brien's list is at: <http://www.silex.k12.mo.us/o/silex-r-i/browse/2318>.

More can be found at: <https://studentscholarships.org/#sthash.rEjftbNh.dpbs>

D.A.R.T. Event

“D.A.R.T. will host a community event at Winfield High School from 6:00 – 8:00 p.m. on Thursday, April 4th. Plans call for a dodgeball tournament for youth while parents engage with local experts on timely trends to educate and empower families to prevent substance use disorders. An evening highlight: “Hidden in Plain View” exhibit, designed to help parents and caregivers identify signs of substance use.”



From Money Smarts St. Louis

“The 2019 Money Smart Kids Contest is for students in grades 6-8. Students use their creativity, communication skills, and money management knowledge to respond to this year’s contest question in an essay approximately 500 words or less. Classroom teachers and youth program staff are encouraged to use this as a classroom activity to help develop money management skills in students. Three finalists will be awarded with scholarships made possible by the sponsors of Money Smart St. Louis and acknowledged at a special ceremony. The top finalist will be selected as the 2019 Money Smart Kid, winning a \$2,000 scholarship, a second student will be awarded a \$1,000 scholarship and a third student will be awarded a \$500 scholarship.”

For more information on Money Smart Month events and activities, visit:

<http://www.moneysmartstlouis.org/wp-content/uploads/2019/02/Money-Smart-Kids-2019-Essay-Contest-Application.pdf>

The ACT Scholarship Giveaway for Sophomores and Juniors

ONE LUCKY STUDENT WILL WIN A \$40,000 SCHOLARSHIP +

A BONUS \$5,000 TECH PACKAGE!

Eligible sophomores and juniors that register for the April, June, or July, 2019 US national test date (and opt-in to the giveaway during registration) have a chance to win the scholarship. It’s just that easy! Eligible students may also enter by mail.*

Go to: act.org/ACTScholarshipGiveaway to learn more.

[From Cuivre River Electric Cooperative - CYCLE](#)

The following information is copied from communication from CREC's Communications/Media Specialist, Tim Schmidt...“Cycle is a three-day leadership program held in Jefferson City for sophomores only. This year's program will be held July 17-19. All expenses are paid and transportation is provided. Teachers are invited to nominate students to serve as a CYCLE delegate, or students may apply independently. Students are asked to submit a narrative about their school activities and community service to be considered. The application deadline is April 17.” The site for further information is: <https://www.cuivre.com/content/cycle>

[2020 Census Team is Hiring](#)

Current seniors are sought to fill positions for the 2020 Census.
Apply Online today at: 2020census.gov/jobs.
For more information, call: [1-855-JOB-2020](tel:1-855-JOB-2020).

Census Jobs Offer:

Great Pay, Flexible Hours, Weekly Pay, Paid Training



[Looking Ahead](#)

Many institutions and organizations have great programs for Summer 2019. Below is a summary of a few. If your student is interested, please contact me for further information.

- MISSOURI LEADERSHIP SEMINAR, INC. – Sophomores, our school can nominate a student to attend this event at the University of Central Missouri in Warrensburg. This program is free to our nominee, and it will be held June 7th – June 9th. If you would like to be considered, please see Mrs. Wells.
- MISSOURI BOYS STATE – This year will be the 80th year of Boys State. This opportunity is available to one Silex male junior. If your student is interested in being considered for nomination, please contact Mrs. Wells to learn more. Boys State will run June 15th through June 22nd, is free to attend, and will take place at the University of Central Missouri.

- **GIRLS STATE** – A veteran of Girls State, Mrs. Bair can tell you all about this opportunity. Silex High School can send three students, and each will pay \$300. The dates are June 23rd through June 29th at the University of Central Methodist. See Mrs. Wells, if interested.

