Elementary & Middle Schools

April 2023

Menu subjected to change

Breakfast Price: Grades K- 5 = Free Grades 6- 12 = \$1.90	Lunch Price: Grades K-5 = Free Grades 6-12 = \$3.00	ALL MENUS INCLUDE CHOICE OF MILK- 1% WHITE, SKIM CHOCOLATE AND WHITE All SANDWICHES ARE SERVED ON WHOLE WHEAT ROLLS/WHOLE GRAIN TWISTER ROLLS/ENRICHED SLICED BREAD Chef Salads offered on Tuesdays & Thursdays/Pizza offered daily unless noted otherwise.			
Monday	Tuesday	Wednesday	Thursday	Friday	
	3	4	5 6		
Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	French Toast & Fruit/Juice	
RibQue on (WW) Bun	Hot Dog on (WW) Bun	Chicken Fajita	Macaroni & Cheese	Fish Treasures W/ Roll	
Pizza	Pizza	Pizza	Pizza	Pizza	
Green Beans	Baked Beans	Corn	Broccoli	Mixed Vegetables	
French Fries	Cole Slaw	Refried Beans	Carrots	Sweet Potatoes	
Fruit	Juice	Fruit	Juice	Fruit	
	10 1	1	13		

Happy Easter on Sunday April 09. 2023

Spring Break!!

17	18	19	20	21
Cereal & Fruit/Juice	Super Donut & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	French Toast & Fruit/Juice
Cheesburger on (WW) Bun	Pork BBQ on (WW) Bun	Nachos W/ Beef & Cheese	Chicken Patty on (WW) Bun	Fish Melt on (WW) Bun
Pizza	Pizza	Pizza	Pizza	Pizza
Green Beans	Cole Slaw	Corn	Broccoli	Mixed Vegetables
French Fries	Baked Beans	Refried Beans	Peas	Sweet Potatoes
Fruit	Juice	Fruit	Juice	Fruit
24	25	26	27	28
Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	French Toast & Fruit/Juice
Chicken Tenders W/Roll	Sweet & Sour Chicken w/ rice	Corn Dog Nuggets	Hamburger on (WW) Bun	Fish Treasures W/ Roll
Pizza	Pizza	Pizza	Pizza	Pizza
Green Beans	Broccoli	Corn	Baked Beans	Mixed Vegetables
French Fries	Peas	Refried Beans	Cole Slaw	Sweet Potatoes
Fruit	Juice	Fruit	Juice	Fruit

"USDA is an equal opportunity provider and employer." ENTRÉE CHOICES ARE SUBJECTED TO CHANGE AND ARE AVAILABLE WHILE SUPPLIES LAST.

Greg Beamer-Director of Food Service	829-2135-Culpeper Middle School Cafeteria	829-2145-A G Richardson Elementary Cafeteria	(WG)=Whole Grain	(LF)=Low Fat
540/825-8212	829-6894 ext 3317-Binns Middle School Cafeteria	829-2175-Pearl Sample Elementary Cafeteria	(WW)=Whole Wheat	(LS)=Low Sodium
You may visit www.mySchoolBucks.com	937-8292-Emerald Hill Elementary Cafeteria	829-2049-Farmington Elementary Cafeteria	(EWB)=Enriched Wheat Breading	(T)=Turkey Product
to put money on your child's account.	829-2185 Sycamore Park Elementary Cafeteria	825-2575-Yowell Elementary Cafeteria	(WGB)=Whole Grain Breading	(C)=Chicken Product