Elementary & Middle Schools

March 2023



Breakrast	Price:	Tunch Price:	ALL MENUS INCLUDE CHOICE OF MILK- 1%		Menu subjected to change	
Grades 6-12 = \$1.90		Grades K-5 = Free	All SANDWICHES ARE SERVED ON WHOLE WHEAT ROLLS/WHOLE GRAIN TWISTER ROLLS/ENRICHED SLICED BREAD			
		Grades 6-12 = \$3.00	Chef Salads offered on Tuesdays & Thursdays/Pizza offered daily unless noted otherwise.			
	Monday	Tuesday	Wednesday	Thursday	Friday	
			1	2	3	
			Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	French Toast & Fruit/Juice	
	March 6th- Ma		Taco W/Lettuces/Tomatoes/Cheese	Chicken Patty on (WW) Bun	Fish Melt on (WW) Bun	
	National School Week!!!	ol Breakfast	Pizza	Pizza Happy	Pizza	
			Corn	Broccoli Birthday Dr. Seuss!	Mixed Vegetables	
			Refried Beans	Peas Pr. seuss!	Sweet Potatoes	
			Fruit	Juice & Dessert	Fruit	
	6	7	8	9	10	
	Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	French Toast & Fruit/Juice	
Chic	ken Tenders W/Roll	Sweet & Sour Chicken w/ Rice	Corn Dog Nuggets	Hamburger on (WW) Bun	Fish Treasures W/ Roll	
	Pizza	Pizza	Pizza	Pizza	Pizza	
	Green Beans	Broccoli	Corn	Baked Beans	Mixed Vegetables	
	French Fries	Peas	Refried Beans	Carrots	Sweet Potatoes	
	Fruit	Juice	Fruit	Juice	Fruit	
13					17	
	Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice		
Ribque on (WW) Bun		Hot Dog on (WW) Bun	Chicken Fajita	Macaroni & Cheese		
Pizza		Pizza	Pizza	Pizza	NO SCHOOL	
Green Beans		Baked Beans	Refried Beans	Carrots	Staff Work Day	
French Fries		Cole Slaw	Corn	Broccoli		
Fruit		Juice	Fruit	Juice		
		22		24		
	Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	French Toast & Fruit/Juice	
Chees	eburger on (WW) Bun	Pork BBQ on (WW) Bun	Taco W/Lettuces/Tomatoes/Cheese	Chicken Patty on (WW) Bun	Fish Melt on (WW) Bun	
Happy First Day	Pizza	Pizza	Pizza	Pizza	Pizza	
Of Spring!	Green Beans	Cole Slaw	Corn	Broccoli	Mixed Vegetables	
	French Fries	Baked Beans	Refried Beans	Peas	Sweet Potatoes	
	Fruit	Juice	Fruit	Juice	Fruit	
	27	II.	29		31	
Cereal & Fruit/Juice		Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	French Toast & Fruit/Juice	
Chicken Tenders W/Roll		Sweet & Sour Chicken w/ Rice	Corn Dog Nuggets	Hamburger on (WW) Bun	Fish Treasures W/ Roll	
Pizza		Pizza	Pizza	Pizza	Pizza	
Green Beans		Broccoli	Corn	Baked Beans	Mixed Vegetables	
French Fries		Peas	Refried Beans	Carrots	Sweet Potatoes	
Fruit		Juice	Fruit	Juice	Fruit	
		1		1 2 3		

"USDA is an equal opportunity provider and employer."

"	ENTRÉE CHOICES ARE SUBJECTEI	TO CHANGE AND	ARE AVAILABLE WHILE SUPPLIES LAST.
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Greg Beamer-Director of Food Service	829-2135-Culpeper Middle School Cafeteria	829-2145-A G Richardson Elementary Cafeteria	(WG)=Whole Grain	(LF)=Low Fat
540/825-8212	829-6894 ext 3317-Binns Middle School Cafeteria	829-2175-Pearl Sample Elementary Cafeteria	(WW)=Whole Wheat	(LS)=Low Sodium
You may visit www.mySchoolBucks.com	937-8292-Emerald Hill Elementary Cafeteria	829-2049-Farmington Elementary Cafeteria	(EWB)=Enriched Wheat Breading	(T)=Turkey Product
to put money on your child's account.	829-2185 Sycamore Park Elementary Cafeteria	825-2575-Yowell Elementary Cafeteria	(WGB)=Whole Grain Breading	(C)=Chicken Product