Elementary & Middle Schools

February 2023

Menu subjected to change

Breakrast Price:	Lunch Price:	ALL MENUS INCLUDE CHOICE OF MILK- 1% WHITE, SKIM CHOCOLATE AND WHITE			
Grades 6- 12 = \$1.90	Grades K-5 = Free	All SANDWICHES ARE SERVED ON WHOLE WHEAT ROLLS/WHOLE GRAIN TWISTER ROLLS/ENRICHED SLICED BREAD Chef Salads offered on Tuesdays & Thursdays/Pizza offered daily unless noted otherwise.			
	Grades 6-12 = \$3.00				
Monday	Tuesday	Wednesday	Thursday	Friday	
school lunch lots 2 love			ISTRUG		
6	7	8	9	10	
Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Waffles & Fruit/Juice	Beef Sausage & Chz Sandwich Fruit/Juice	
Cheeseburger on (WW) Bun Pizza	Pork BBQ on (WW) Bun Pizza	Chkn Noodle Soup w/ Grilled cheese Pizza	Chicken Patty on (WW) Bun Pizza	Fish Melt on (WW) Bun Pizza	
Green Beans	Cole Slaw	Corn	Broccoli	Mixed Vegetables	
French Fries	Baked Beans	Carrots	Peas	Sweet Potatoes	
Fruit	Juice	Fruit	Juice	Fruit	
13	14	15		17	
Cereal & Fruit/Juice	Super Donut & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Waffles & Fruit/Juice	Beef Sausage & Chz Sandwich Fruit/Juice	
Chicken Tenders W/Roll	Sweet & Sour Chicken w/ Rice	Spaghetti W/ Breadstick	Hamburger on (WW) Bun	Fish Treasures W/Roll	
Pizza	Pizza	Pizza	Pizza	Pizza	
Green Beans	Broccoli	Carrots	Peas	Mixed Vegetables	
French Fries	Baked Beans	Corn	Refried Beans	Sweet Potatoes	
Fruit	Juice	Fruit	Juice	Fruit	
20		22		24	
	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Waffles & Fruit/Juice	Beef Sausage & Chz Sandwich Fruit/Juice	
	Hot Dog on (WW) Bun	Chicken Fajita	Cheese Bites	Fish Melt on (WW) Bun	
No School	Pizza	Pizza	Pizza	Pizza	
	Baked Beans	Carrots	Peas	Mixed Vegetables	
	Cole Slaw	Corn	Broccoli	Sweet Potatoes	
	Juice	Fruit	Juice	Fruit	
27					
Cereal & Fruit/Juice	Super Donut & Fruit/Juice				
Cheeseburger on (WW) Bun	Pork BBQ on (WW) Bun				
Pizza	Pizza				
Green Beans	Cole Slaw				
French Fries	Baked Beans				
Fruit	Juice				

"USDA is an equal opportunity provider and employer."

ENTRÉE CHOICES ARE SUBJECTED TO CHANGE AND ARE AVAILABLE WHILE SUPPLIES LAST.

Greg Beamer-Director of Food Service	829-2135-Culpeper Middle School Cafeteria	829-2145-A G Richardson Elementary Cafeteria	(WG)=Whole Grain	(LF)=Low Fat
540/825-8212	829-6894 ext 3317-Binns Middle School Cafeteria	829-2175-Pearl Sample Elementary Cafeteria	(WW)=Whole Wheat	(LS)=Low Sodium
You may visit www.mySchoolBucks.com	937-8292-Emerald Hill Elementary Cafeteria	829-2049-Farmington Elementary Cafeteria	(EWB)=Enriched Wheat Breading	(T)=Turkey Product
to put money on your child's account.	829-2185 Sycamore Park Elementary Cafeteria	825-2575-Yowell Elementary Cafeteria	(WGB)=Whole Grain Breading	(C)=Chicken Product