January 2023

Menu Subjected to Change

reakfast price: Lunch price: rades K-12 = \$1.90		ALL MENUS INCLUDE CHOICE OF MILK- 1% WHITI AII SANDWICHES ARE SERVED ON WHO	E, SKIM CHOCOLATE AND WHITE DLE WHEAT ROLLS/WHOLE GRAIN TWISTI	ER ROLLS/ENRICHED SLICED BREAD
		CHEF SALADS/PBJ/ PIZZA/ FRIES AVAILABLE DAI	LY UNLESS NOTED OTHERWISE. Cereal W/GR. Crac	-
Monday	Tuesday	Wednesday	Thursday	Friday
	3	B (5	
		Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	Beef Sausage & Chz Sandwich Fruit/Juic
No School		Cheese Bites	Cheeseburger on (WW) Bun	Fish Melt on (WW) Bun
	No School	PIZZA	PIZZA	PIZZA
000	Staff Workday			
NEW YEAR	, ,	Refried Beans	Broccoli	Sweet Potatoes
		Fruit/Juice	Fruit/Juice	Fruit/Juice
9	10			114454155
Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	Beef Sausage & Chz Sandwich Fruit/Juic
Spicy Chicken on (WW) Bun	Sweet & Sour Chicken w/Rice	Chicken Fajita	Hot Dog on (WW) Bun	Fish Treasures w/ Roll
PIZZA	PIZZA	PIZZA	PIZZA	PIZZA
FIZZA	FIZZA	FIZZA	FIZZA	FIZZA
Green Beans	Broccoli	Corn	Baked Beans	Carrots
Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
16	17	18		i i di godioo
	Super Donut (WG) & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	Beef Sausage & Chz Sandwich Fruit/Juic
No School	Turkey & Cheese on (WW) Bun	BBQ Ribque on (WW) Bun	Cheeseburger on (WW) Bun	Fish Melt on (WW) Bun
110 0011001	PIZZA	PIZZA	PIZZA	PIZZA
	I ILLA	1 1225	1 1225	I IZZA
MILK				
- DAT	Baked Beans	Green Beans	Broccoli	Sweet Potatoes
	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
23	24			············
Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	Beef Sausage & Chz Sandwich Fruit/Juic
Chicken Patty on (WW) Bun	Deli Wrap	Tex Mex Bowl	BBQ Pork on (WW) Bun	Fish Treasures w/ Roll
PIZZA	PIZZA	PIZZA	Pizza	PIZZA
Green Beans	Broccoli	Corn	Baked Beans	Carrots
Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
Fruit/Juice		Fruit/Juice Feb 1	Fruit/Juice Feb 2	Fruit/Juice
Cereal & Fruit/Juice	Super Donut (WG) & Fruit/Juice	Breakfast Pizza & Fruit/Juice	Egg & Cheese Biscuit & Fruit/Juice	
Chicken Tenders W/Roll	BBQ Ribque on (WW) Bun	Cheese Bites		Fish Melt on (WW) Bur
	PIZZA		Cheeseburger on (WW) Bun	
PIZZA	PIZZA	PIZZA	PIZZA	PIZZA
Green Beans	Corn	Refried Beans	Broccoli	Sweet Potatoes
Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice	Fruit/Juice
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ENTRÉE CHOICES ARE SUBJECTED TO CHANGE AND ARE AVAILABLE WHILE SUPPLIES LAST.

Director of Food Service	Culpeper County High School	Eastern View High School	(WG)=Whole Grain	(LF)=Low Fat
Greg Beamer	Reba Miller, Manager	Katie Wright, Manager	(WW)=Whole Wheat	(LS)=Low Sodium
540/825-8212	540/829-2048	540/825-4091	(EWB)=Enriched Wheat Breading	(T)=Turkey Product
You may visit www.mySchoolBucks.com to put money on your child's account.			(WGB)=Whole Grain Breading	(C)=Chicken Product