

# Elementary & Middle Schools

# January 2023

**Breakfast Price:**

Grades K- 12 = \$1.90

**Lunch Price:**


Grades K-5 = \$2.70  
Grades 6-12 = \$3.00

**ALL MENUS INCLUDE CHOICE OF MILK- 1% WHITE, SKIM CHOCOLATE AND WHITE**

**Menu subjected to change**

**All SANDWICHES ARE SERVED ON WHOLE WHEAT ROLLS/WHOLE GRAIN TWISTER ROLLS/ENRICHED SLICED BREAD**

**Chef Salads offered on Tuesdays & Thursdays/Pizza offered daily unless noted otherwise.**

Monday	Tuesday	Wednesday	Thursday	Friday
2	3	4	5	6
<b>No School</b> 	<b>No School for Students</b> <b>Staff WorkDay</b>	Breakfast Pizza & Fruit/Juice Hamburger on (WW) Bun Pizza Peas Corn Fruit	Waffles & Fruit/Juice Cheese Bites Pizza Baked Beans Broccoli Juice	Beef Sausage & Chz Sandwich Fruit/Juice Fish Treasures w/Roll Pizza Mixed Vegetables Sweet Potatoes Fruit
9	10	11	12	13
Cereal & Fruit/Juice Chicken Patty on (WW) Bun Pizza Green Beans French Fries Fruit	Sweet Swirl Roll & Fruit/Juice Hot Dog on (WW) Bun Pizza Baked Beans Cole Slaw Juice	Breakfast Pizza & Fruit/Juice Chicken Fajita Pizza Corn Refried Beans Fruit	Waffles & Fruit/Juice Salisbury Steak W/ Roll Pizza Mashed Potatoes & Gravy Peas Juice	Beef Sausage & Chz Sandwich Fruit/Juice Fish Melt on (WW) Bun Pizza Mixed Vegetables Sweet Potatoes Fruit
16	17	18	19	20
<b>No School</b> 	Super Donut(WG) & Fruit/Juice Pork BBQ on (WW) Bun Pizza Cole Slaw Baked Beans Juice	Breakfast Pizza & Fruit/Juice Taco W/Lettuces/Tomatoes/Cheese Pizza Corn Refried Beans Fruit	Waffles & Fruit/Juice Chicken Patty on (WW) Bun Pizza Peas Broccoli Juice	Beef Sausage & Chz Sandwich Fruit/Juice Fish Treasures W/Roll Pizza Mixed Vegetables Sweet Potatoes Fruit
23	24	25	26	27
Cereal & Fruit/Juice Chicken Tenders W/Roll Pizza Green Beans French Fries Fruit	Sweet Swirl Roll & Fruit/Juice Sweet & Sour Chicken w/ Rice Pizza Broccoli Peas Juice	Breakfast Pizza & Fruit/Juice Spaghetti W/ Breadstick Pizza Carrots Corn Fruit	Waffles & Fruit/Juice Hamburger on (WW) Bun Pizza Baked Beans Green Beans Juice	Beef Sausage & Chz Sandwich Fruit/Juice Fish Melt on (WW) Bun Pizza Mixed Vegetables Sweet Potatoes Fruit
30	31	<b>01-Feb</b>	<b>02-Feb</b>	<b>03-Feb</b>
Cereal & Fruit/Juice Chicken Patty on (WW) Bun Pizza Green Beans French Fries Fruit	Super Donut(WG) & Fruit/Juice Hot Dog on (WW) Bun Pizza Baked Beans Cole Slaw Juice	Breakfast Pizza & Fruit/Juice Burrito W/ Salsa Pizza Refried Beans Corn Fruit	Waffles & Fruit/Juice Cheese Bites Pizza Carrots Broccoli Juice	Beef Sausage & Chz Sandwich Fruit/Juice Fish Treasures W/Roll Pizza Mixed Vegetables Sweet Potatoes Fruit

**"USDA is an equal opportunity provider and employer."**

**ENTRÉE CHOICES ARE SUBJECTED TO CHANGE AND ARE AVAILABLE WHILE SUPPLIES LAST.**

<b>Greg Beamer-Director of Food Service</b> 540/825-8212	829-2135-Culpeper Middle School Cafeteria 829-6894 ext 3317-Binns Middle School Cafeteria	829-2145-A G Richardson Elementary Cafeteria 829-2175-Pearl Sample Elementary Cafeteria	(WG)=Whole Grain (WW)=Whole Wheat (EWB)=Enriched Wheat Breeding (WGB)=Whole Grain Breeding	(LF)=Low Fat (LS)=Low Sodium (T)=Turkey Product (C)=Chicken Product
<b>You may visit <a href="http://www.mySchoolBucks.com">www.mySchoolBucks.com</a></b> <b>to put money on your child's account.</b>	937-8292-Emerald Hill Elementary Cafeteria 829-2185 Sycamore Park Elementary Cafeteria	829-2049-Farmington Elementary Cafeteria 825-2575-Yowell Elementary Cafeteria		