## **August 2022**

**MENU SUBJECT TO CHANGE** 

Breakfast Price: Lunch Price: Grades K- 12 = \$1.90	Grades K-5 = \$2.70 Grades 6-12 = \$3.00	ALL MENUS INCLUDE CHOICE OF MILK- 1% WHITE, SKIM CHOCOLATE AND WHITE All SANDWICHES ARE SERVED ON WHOLE WHEAT ROLLS/WHOLE GRAIN TWISTER ROLLS/ENRICHED SLICED BREAD			
Reduced Price = .30	Reduced Price = .30	Chef Salads offered on Tuesdays & Thursdays/Pizz		TRANSPORTER OF SERVICES BREAKS	
Monday	Tuesday	Wednesday	Thursday	Friday	
			·		
	MIFIC	OME	BACK		
- Francisco - Fran	9	10 Breakfast Pizza & Fruit/Juice	11 French toast & Fruit/Juice	Chicken Biscuit & Fruit/Juice	
		Chicken Tenders w/ Roll	Hamburger on (WW) Bun	Fish Melt On (WW) Bun	
		Pizza	Pizza	Pizzà	
<b>EJE_J</b>		Broccoli	Mixed Vegetables	Peas	
TI		French Fries	Baked Beans	Sweet Potatoes	
ma - Ino		Fruit	Juice	Fruit	
15		17		1	
Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	French Toast & Fruit/Juice	Chicken Biscuit & Fruit/Juice	
Chicken Patty on (WW) Bun	Hot Dog on (WW) Bun	Burrito W/ Salsa	Turkey & Cheese on (WW) Bun	Fish Treasures w/Roll	
Pizza	Pizza	Pizza	Pizza	Pizza	
Green Beans	Peas	Refried Beans	Stewed Tomatoes	Mixed Vegetables	
French Fries	Broccoli	Corn	Baked Beans	Sweet Potatoes	
Fruit	Juice	Fruit	Juice	Fruit	
22		24		2	
Cereal & fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	French Toast & Fruit/Juice	Chicken Biscuit & Fruit/Juice	
Hamburger on (WW) Bun	Deli Wrap	Taco w/ Lettuce/Tomato/Cheese	Chicken Patty on (WW) Bun	Fish Melt on (WW) Bun	
Pizza	Pizza	Pizza	Pizza	Pizza	
Green Beans	Carrots	Broccoli	Corn	Peas	
French Fries	Baked Beans	Refried Beans	Stewed tomatoes	Sweet Potatoes	
Fruit	Juice	Fruit	Juice	Fruit	
29		31		02-Se	
Cereal & Fruit/Juice	Sweet Swirl Roll & Fruit/Juice	Breakfast Pizza & Fruit/Juice	French Toast & Fruit/Juice		
Chicken Tenders w/Roll	Sweet & Sour Chicken w/rice	Spaghetti W/Meatsauce & breadstick	Hamburger on (WW) Bun		
Pizza	Pizza	Pizza	Pizza	No School	
Broccoli	Green beans	Carrots	Peas		
French Fries	Stewed Tomatoes	Corn	Baked Beans		
Fruit	Juice	Fruit	Juice		

## "USDA is an equal opportunity provider and employer."

an equal opportunity provider and employer.			ENTREE CHOICES ARE SUBJECTED TO CHANGEAND ARE AVAILABLE WHILE SUPPLIES LAST.		
			4446) 444 4 6 3	(15) 1 5 1	

Greg Beamer-Director of Food Service	829-2135-Culpeper Middle School Cafeteria	829-2145-A G Richardson Elementary Cafeteria	(WG)=Whole Grain	(LF)=Low Fat
540/825-8212	829-6894 ext 3317-Binns Middle School Cafeteria	829-2175-Pearl Sample Elementary Cafeteria	(WW)=Whole Wheat	(LS)=Low Sodium
You may visit www.mySchoolBucks.com	937-8292-Emerald Hill Elementary Cafeteria	829-2049-Farmington Elementary Cafeteria	(EWB)=Enriched Wheat Breading	(T)=Turkey Product
to put money on your child's account.	829-2185 Sycamore Park Elementary Cafeteria	825-2575-Yowell Elementary Cafeteria	(WGB)=Whole Grain Breading	(C)=Chicken Product
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