

MENUS FOR SOUTH ELEMENTARY August, 2023

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ALSO AVAILABLE FOR BREAKFAST

Cereal, Pop Tarts, Donuts, and Toast

TUESDAY AUG. 8
Breakfast: PANCAKES
Milk/Juice

Lunch:

BEEF CHEESE & BEAN BURRITO
OR CHICKEN FAJITA
Refried Beans
Lettuce/Tomato/Cheese Cup
Mixed Fruit or Pineapple Tidbits
Milk/Juice

WEDNESDAY AUG. 9
Breakfast: BISCUIT & GRAVY
Milk/Juice

Lunch:

MANDARIN ORANGE CHICKEN OR
GENERAL TSO CHICKEN
Mashed Potatoes
Green Beans
Roll
Pears or Mandarin Oranges
Milk/Juice

THURSDAY AUG. 10
Breakfast: CHICKEN & BISCUIT
Milk/Juice

Lunch:

CHEESEBURGER OR CHICKEN
SMACKERS
Fries
Carrots & Dip
Strawberry Cup or Diced Peaches
Cookie
Milk/Juice

FRIDAY AUG. 11
Breakfast: SCRAMBLED EGGS &
TOAST
Milk/Juice

Lunch:

CRISPY CHICKEN SANDWICH OR
FISH NUGGETS/ROLL
Baked Beans
Salad
Apple or Orange
Milk/Juice

MONDAY AUG. 14
Breakfast: TORNADO WRAP
Milk/Juice

Lunch:

SPAGHETTI & MEATBALLS OR
CHEESE PIZZA
Salad
Sunbelievable
Breadstick
Apple or Orange
Milk/Juice

TUESDAY AUG. 15
Breakfast: CHICKEN & BISCUIT
Milk/Juice

Lunch:

CHICKEN FAJITA OR BEEF TACO
Refried Beans
Carrots & Dip
Rice
Lettuce/Tomato/Cheese Cup
Mixed Fruit or Pineapple Tidbits
Milk/Juice

<p>WEDNESDAY AUG. 16 Breakfast: BISCUIT & GRAVY Milk/Juice</p> <p><u>Lunch:</u></p> <p>TURKEY SANDWICH OR HOT HAM & CHEESE Veggies & Dip Chips Sidekick or Strawberry Cup Milk/Juice</p>	<p>TUESDAY AUG 22 Breakfast: SAUSAGE & BISCUIT Milk/Juice</p> <p><u>Lunch:</u></p> <p>BEEF TACO OR CHICKEN FAJITA Tortilla Chips & Salsa Refried Beans Lettuce/Tomato/Cheese Cup Broccoli & Dip Apple or Orange Milk/Juice</p>	<p>MONDAY AUG 28 Breakfast: SAUSAGE BREAKFAST PIZZA Milk/Juice</p> <p><u>Lunch:</u></p> <p>CHEESE/PEPPERONI PIZZA OR CRISPY CHICKEN SANWICH Salad Corn Sunbelievable Apple or Orange Milk/Juice</p>
<p>THURSDAY AUG 17 Breakfast: PANCAKES Milk/Juice</p> <p><u>Lunch:</u></p> <p>CHICKEN NUGGETS OR HAMBURGER Fries Corn Applesauce or Orange Cookie Milk/Juice</p>	<p>WEDNESDAY AUG 23 Breakfast: BISCUIT & GRAVY Milk/Juice</p> <p><u>Lunch:</u></p> <p>CHICKEN OR SAUSAGE PATTY Tater Tots Sliced Tomatoes Egg Patty Biscuit & Gravy Applesauce or Orange Milk/Gravy</p>	<p>TUESDAY AUG 29 Breakfast: PANCAKES Milk/Juice</p> <p><u>Lunch:</u></p> <p>BEEF & CHEESE BURRITO OR CHICKEN FAJITA Refried Beans Lettuce/Tomato/Cheese Cup Mixed Fruit or Pineapple Tidbits Milk/Juice</p>
<p>FRIDAY AUG 18 Breakfast: BLUEBERRY MUFFIN Milk/Juice</p> <p><u>Lunch:</u></p> <p>BBQ PORK SANDWICH OR GRILLED CHEESE Baked Beans Salad Grapes or Mixed Fruit Milk/Juice</p>	<p>THURSDAY AUG 24 Breakfast: SCRAMBLED EGGS & TOAST Milk/Juice</p> <p><u>Lunch:</u></p> <p>SLOPPY JOE ON BUN OR POPCORN CHICKEN WITH ROLL Potato Wedges Green Beans Strawberry Cup or Apple Cookie Milk/Juice</p>	<p>WEDNESDAY AUG 30 Breakfast: BISCUIT & GRAVY Milk/Juice</p> <p><u>Lunch:</u></p> <p>MANDARIN ORANGE CHICKEN OR GENERAL TSO CHICKEN Mashed Potatoes Green Beans Roll Milk/Juice</p>
<p>MONDAY AUG 21 Breakfast: SAUSAGE BREAKFAST PIZZA Milk/Juice</p> <p><u>Lunch:</u></p> <p>BEEF RAVIOLI OR CHEESE/PEPPERONI PIZZA Salad Peas Sunbelievable Strawberry Cup or Peaches Breadstick Milk/Juice</p>	<p>FRIDAY AUG 25 Breakfast: BLUEBERRY MUFFIN Milk/Juice</p> <p><u>Lunch:</u></p> <p>CORN DOG OR HAM & CHEESE ANYTIMERS Baked Beans Salad Mandarin Oranges or Apple Milk/Juice</p>	<p>THURSDAY AUG 31 Breakfast: CHICKEN & BISCUIT Milk/Juice</p> <p><u>Lunch:</u></p> <p>CHEESEBURGER OR CHICKEN SMACKERS Fries Corn Sunbelievable Cookie Milk/Juice</p>