



Bite2Go:

because no child in our community should go hungry...

- Over half of the students in our rural community qualify for free or reduced-price school meals.
- Many of these students face chronic food shortages at home, and school meals are often their only reliable source of nutrition.
- Hungry kids have less energy and lack focus, which often results in disruptions in the classroom.
- Multiple studies have proven hungry children don't perform as well in school, have more behavioral problems, and are three times more likely to experience poor health than kids who get enough to eat.
- Food-insecure students are four times more likely to need counseling.
- Hungry children and teenagers are suspended from school three times more often and are two times more likely to repeat a grade.

...and there is a simple way to help!

- Rural Resources Community Action, 2nd Harvest, At The Core, and Colville School District are partnering to implement Bite2Go in local K-12 schools
- Bite2Go addresses the weekend meal gap in a discreet way by providing food directly into a student's backpack at school every Friday, providing the nutrition kids need over the weekend so they come to school ready to learn on Mondays.
- 2nd Harvest delivers shelf stable food to the Rural Resources Community Action warehouse in Arden, where staff pack weekend food bags for participants and deliver them to student-identified trusted teachers for pick-up.
- Single-serving food items are easy for students to handle on their own with pop tops and no cooking required.
- Chef-Boy-R-Dee meals, shelf stable milk, cereal bowls, beef sticks, fruit cups, Cheez-Its and Nutri-Grain bars are examples of items included in Bite2Go kits.



YES!

**I want to feed hungry kids
in our Colville community**

**DONATE SECURELY ONLINE AT www.ruralresources.org/donate and designate
“CSD-Bite2Go”**

--OR--

FILL OUT THIS FORM

AND DROP OFF or MAIL TO: Rural Resources Community Action, 956 S. Main St. Colville, WA 99114

NAME _____

MAILING ADDRESS _____

EMAIL _____

PLEASE DESIGNATE MY GIFT TO: THE COLVILLE SCHOOL DISTRICT - Bite2Go

I/WE WILL FEED:

- ☐ **1 ELEMENTARY STUDENT** (\$15 A MONTH/ \$180 A YEAR)
- ☐ _____ # OF ELEMENTARY STUDENTS (MULTIPLY BY \$15/MONTH OR \$180/YEAR)
- ☐ **1 MIDDLE SCHOOL/HIGH SCHOOL STUDENT** (\$20 A MONTH/\$240 A YEAR)
- ☐ _____ # OF MIDDLE/HIGH SCHOOL STUDENTS (MULTIPLY BY \$20/MONTH OR \$240/YEAR)

I WILL PAY FOR MY GIFT BY:

- ☐ A YEARLY CHECK OF \$ _____
- ☐ A MONTHLY AUTOMATIC FUNDS TRANSFER (ATF) OF \$ _____
Bank Name _____ Bank routing # _____ Bank account # _____
I AUTHORIZE SECOND HARVEST TO MAKE AN AUTOMATIC FUNDS TRANSFER FROM MY ACCOUNT INDICATED ABOVE. IF THIS IS A RECURRING GIFT, I AGREE THAT THIS AUTHORIZATION WILL REMAIN IN EFFECT UNTIL I NOTIFY SECOND HARVEST IN WRITING THAT I WISH TO CHANGE MY CONTRIBUTION.

SIGNATURE _____ DATE _____

- ☐ A MONTHLY AUTOMATIC CHARGE ON MY CREDIT/DEBIT CARD

[] Visa [] Mastercard Card No _____
Exp Date _____ Security Code _____

I AUTHORIZE RURAL RESOURCES TO CHARGE MY DEBIT/CREDIT CARD FROM MY ACCOUNT INDICATED ABOVE. IF THIS IS A RECURRING GIFT, I AGREE THAT THIS AUTHORIZATION WILL REMAIN IN EFFECT UNTIL I NOTIFY SECOND HARVEST IN WRITING THAT I WISH TO CHANGE MY CONTRIBUTION.

SIGNATURE _____ DATE _____