

Colville Junior High Cross Country Fall 2022



Day	Date	Opponent	Time	Site	Field	Excused	Depart	Return
Tuesday	9/20	Mountainside Invitational	4:15	Mountainside	Mountainside MS 4717 E Day Mt Spokane Rd, Colbert	1:50	2:00	7:30
Saturday	9/24	CAN-AM Invitational	10:00	KF Recreation Area	Old Kettle Falls Day Use		*8:30am from CHS	*2:00
Thursday	9/29	Deer Park Mountainside Medical Lake Northwood	4:00	Deer Park	Deer Park MS 347 S Colville Rd	2:05	2:15	7:00
Tuesday	10/04	Medical Lake Deer Park Riverside Highland	4:00	Medical Lake	Medical Lake HS 200 E Barker Rd	1:05	1:15	8:30
Thursday	10/06	Highland Riverside Mountainside	4:00	Highland	Highland MS 3515 W Hawthorne Rd	1:40	1:50	7:45
Tuesday	10/11	Medical Lake Newport Highland	4:00	Colville	Colville High School			
Thursday	10/13	LEAGUE FINAL	3:30	Mountainside	Mountainside MS 4717 E Day Mt Spokane Rd, Colbert	12:50	1:00	7:30

Coach: Larrie Nokes & Arbor Morehouse

9.16.22

** Revise CAN-AM: will depart CHS at 8:30 and return at 2:00 **