
ATHLETICS & ACTIVITIES

POSITIVITY ~ COMMITMENT ~ COMMUNITY



Ice Hockey

Coach Firth believes “this is our most skilled and talented team since the dawn of the program. We came into the season excited despite moving into a more challenging division hoping to turn heads.” Matt Golon was building on his team records. Last year he had 39 goals and 17 assists totaling 58 points for the season. This season 3 goals and 5 assists earning his 100th point. Unfortunately, Matt broke his collar bone game 3 of this season. The team is returning a strong Sophomore class with Aidan Stamm, Ian Fu and Raf Campo.

Morgan Iachetta has been solid in the net building a lot of confidence in the early going. Owen Logue and Joe Drefko are 4 year varsity players who are making significant contributions.

" Throughout all 4 years of playing High School Hockey, two memories will always stand out to me. The first one is my first High School goal in my Freshman year. I remember celebrating and just being so happy that I finally got one in the net after 6 games. I still have the puck that I scored the goal with to this day. Another favorite memory is winning the McMullen Cup. This made it so much more special seeing all of us come together as one to win." The team will wrap up their season in the next couple of weeks having gained invaluable experience at a more competitive level which should translate to success in the following seasons.

Girls Basketball

" We are excited to see where we stand in Hudson County this season" says Coach Hill. The Lady Kards have had some unfortunate luck prior to the season with senior Julia Araujo suffering a high school career ending injury in the fall. Despite this loss, the team is returning a group with depth and experience. Coach Hill is excited for her seniors who have put in 4 years of hard work and looking to see the bounty.



Ava Hyams and Maci Covello senior captains, both who received county recognition the previous season. Maci Covello has reached her 1,000 points goal with Ava Hyam within reach of hitting the same feat.

A nice surprise is freshman Mariel Ruiz whose sisters went through the program. Hill says "she improves each day and is naturally gifted. Mariel has the best shot on the team and will make an impact."

Other contributors are point guard Jocelyn Huancaya who is extremely competitive, Natalie Osorio is our vocal leader and balances our team with a sense of calm and is a senior captain. Olivia Covello who is learning to see the floor, works her tail off and will make an impact.

The Lady Kards are 17-5 and are poised to make a run in the county tournament.

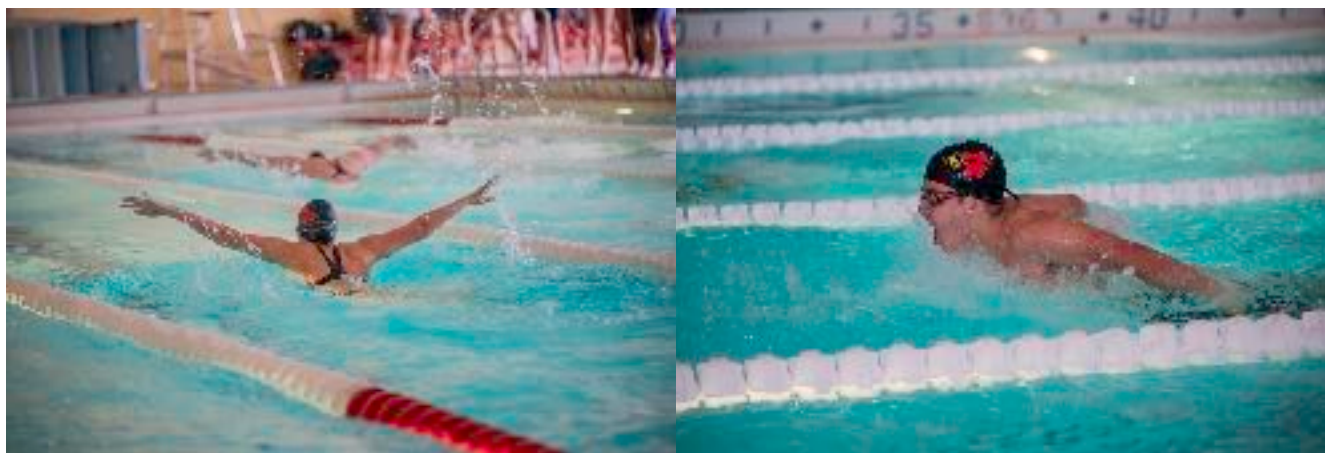


REACH

In conjunction with the Salvation Army of Kearny, REACH collected hundreds of toys from fellow students and teachers for the Giving Tree Drive. On December 15, two representatives from the Salvation Army met with the students at KHS to collect all of the holiday donations. Forty families were given gifts for the holidays due to the kindness and generosity of the KHS students and faculty. Way to go REACH and KHS!

Boys and Girls Swim

This year the Varsity Swim teams look to exceed the expectations they had last year. Seniors Ronnie Navas, Leo Tantalean, Claudia Zmuda and Gabby Barona lead the way as the co-captains of a very motivated and young team. Last year the team was in a rebuilding phase with a set of new Head Coaches for both the Boys and Girls teams. This year, building off of the successes and leadership of last year, the Varsity Swim team hoped to compete with the best of the best. The boys complete the season 7-2



while the girls were 6-3. Claudia Zumda placed 3rd in the Breast Stroke at the League Championships and both teams finished 6th overall.

SGA

The Student Government sponsored a winter food drive. Food and toiletries were collected and donated to the Community Food Bank located at Grace Methodist Church.



Bowling

The Boys Varsity Bowling team jumped off to a strong start this season. The team is 15-1 on the season. The team is led by Junior Ryan Valli who heads the conference with 211 average, game of 299 and 709 series. Senior Nick Kelly is 2nd in average with a 179.6. The team has also received strong performances from Wesley Furbino, Daniel Matos, Miguel Matos, Giovanni Furbino and Daniel Whitehead.

The Girls Varsity Bowling team continues to sit at the top of the HCIAL. The team is 12-2 on the season with a game record of 40-2. Senior Captain Atianna Gutierrez is 4th in high scoring game (171). Senior Captain Mirakle Brown is 2nd in high series (464)

and high average (130.9). The team has also received strong performances from Gesenea Arroyo, Guadalupe Gregorio Rosas, Giovanna Machado and Kimberly Munayco.

Both teams are HCIAL South Division Champions and Hudson County Champions.

Italian Club

“As I have done for the last 20 years, in January, after a delicious pizza dinner on the Upper West Side, I will take Italian 3 students to the Metropolitan Opera in Manhattan, to see one of the Italian Operas we have studied this year: La Traviata, by Giuseppe

Verdi. It's an elegant night in New York, and every year the students come back very happy and excited about this new experience” says Mr. Caccitolo.



Trips to Italy began 12 years ago. The club went to Italy in 2009, 2011, 2013, 2017, and 2019. Unfortunately, the last trip in 2021 had to be canceled because of Covid. Now we are finally back on track with our next trip scheduled for March-April 2024. The trip will begin visiting Zurich, Luzerne, and the mountain of Switzerland. Then we'll enter Italy from the North in the lake region visiting magical Venice, then drive

south to Tuscany where we will spend two days between Florence and Pisa. The trip will end in Rome for two days exploring the Colosseum, the Vatican, the Roman Forum, the "Dolce Vita" of Rome by night and so on. The first informational meeting with the parents will be on January 12 at 7 pm at KHS. We cannot wait!

Teen Pep

Teen PEP Junior Class went down to Lincoln Middle School to present a workshop to 7th graders. This workshop was designed to provide students with an overview of gender and sexuality. Building upon this overview, students will get familiar with the terminology and discuss how to make an inclusive community for all.

Key Take-Home Messages:

- Healthy and supportive communities are built upon mutual respect and understanding.
- Certain core values are a part of healthy relationships, including equality and respect for one another's feelings, values, and choices.
- Every person has the right to be safe and free from harassment and violence.

Boys Basketball



Coach Mullins is returning a very youthful team this season. The only returning starter was William Mullins who unfortunately was diagnosed with an illness prior to the start of the season and will not be able to participate. William was last years leading scorer, rebounder and team MVP. Coach Mullins says “his leaderships through example and production will be a big loss to the team and I appreciate all those who have sent their best wishes and prayers for Williams full recovery.” Despite this the team has worked extremely hard and thus far has been extremely coachable which is making a difference in the season. The boys are 12-9, winning the Charlie Dolan tournament by defeating Abundant Life Academy in the final.

Significant contributors returning this season are seniors Jose Escalante, Shamar Bailly, Brian Argudo

and Melvin Castro. Juniors Matheus Mullins and Jayden Figueroa have made an impact at the start of play. Sophomore Luis Rodriguez has stepped up to earn a starting spot. “ We look to improve each day and are hoping to be challenging for the top spots in the National Division of Hudson County.



Wrestling

This year’s wrestling team is very youthful. Less than a handful of the wrestlers have more than 2 years of experience. Nonetheless, the team has maintained the

reputation of being tough as nails.



Joe Rocco is undefeated heading into the final weeks of the season. Josh Baeza has a record of 21-2. One of our female wrestlers, Izzy Moya, has received a full academic scholarship to Seton Hall University in the field of nursing.



Indoor Track

Both teams have been performing well and peaking at the right part of the session. Last week were the HCTCA Championships. The girls had a strong performance and finished 2nd overall. Finishes: 2nd place - Sara Ryan High Hurdles and 55 meter run.



3rd place - Julia Vieira 55 & 400 meter run, Keala Cicchino 800 meter run, 4x400 meter run Sara Ryan, Keala Cicchino, Daphne Ceilo and Julia Vieira. 4th Place - Gabby Pifano Shot Put, 6th Place Hilary Costa High Jump.

On the boys side, Bobby Kennedy was the County Champion in the 800 meter run. Isaiah Beckles and Tiago Esteves had strong performances.

K-Birds/Chorus/ Senior Play

Cast of the Senior Play "Super Freaks" took the stage on Friday December 9 and Saturday December 10 to raise funds for the Class of 2023.

The Kearny High School K-Birds Performed Holiday Excerpts at the Town Hall Christmas Tree Lighting (12/01), Lincoln Middle School Winter Concert (12/13), and KHS Winter Concert (12/15).

