

Daily Learning Planner

*Ideas parents can use to help students
do well in school*

Tenino School District



THE
PARENT
INSTITUTE®

April 2019

Daily Learning Planner: Ideas Parents Can Use to Help Students Do Well in School—Try a New Idea Every Day!

- 1. April is Math Awareness Month. Take time to review math with your child each day.
- 2. Talk with your child about the qualities you each look for in a friend.
- 3. Keep a bowl of crunchy sliced vegetables in the refrigerator. If you make it easy, your child may eat more healthy foods.
- 4. Look at a road map together. Can your child find the shortest route between two particular cities?
- 5. Find a place for your child to display things she's proud of, such as awards and good grades.
- 6. Help your child think of tough situations he might face. How would he handle them?
- 7. Show your child photographs of you at her age.
- 8. Read a poem aloud. Stop to let your child guess what the next rhyming word will be.
- 9. Ask your child, "What's the most interesting thing you learned today?"
- 10. Try to eliminate pessimistic phrases. For example, replace "It won't work" with "Why not try it?"
- 11. Encourage your child to try a new sport.
- 12. Explain to your child the concept of banks charging interest for loans. Together, look up the current rates.
- 13. Help your child make a time line of his life.
- 14. Go through your cupboards. Have your child list the foods that were produced in other countries, then find those countries on a map.
- 15. Have family members name their heroes. What is it they admire?
- 16. Discuss your child's long-range goals and how education can help make them possible.
- 17. Teach your child a three-step process for any job: *Plan, Do, Finish*.
- 18. Encourage your child to act out historical events she's studying. It can bring lessons to life.
- 19. With your child, think of as many city nicknames as you can: City of Brotherly Love (Philadelphia), Mile High City (Denver).
- 20. Have your child write a letter to an author, lawmaker or celebrity.
- 21. Spend the afternoon reading the newspaper with your child.
- 22. Celebrate Earth Day by doing something together that is good for the environment, such as recycling.
- 23. Decide on a household rule as a family. Write it down, along with the consequence for breaking it.
- 24. Have everyone in the family spend a half hour cleaning up the house. Many hands make light work.
- 25. At the library, check out a book on simple science experiments you and your child can try at home.
- 26. Talk with your child about new words that should be in the dictionary.
- 27. Share a joke with your child today.
- 28. Learn the symptoms of eating disorders. Does your child have healthy eating habits?
- 29. Give your child the facts about sex. Discuss how values relate to them.
- 30. Don't label your child (Nathan is the shy one). Kids tend to live up to roles cast for them by their parents.

Helping Students Learn
MIDDLE SCHOOL

Tips Families Can Use to Help Students Do Better in School

