

The “glorious weekend” I mentioned in my last newsletter was here and gone, and the weather shows no signs that Phil was correct in his predictions. So, we will just have to imagine the heat and sunshine that is, hopefully, not too far in the future.

There are a few exciting opportunities for our elementary and secondary students, and parents as well. I have put a little sun next to those. Take a sun of the sun, and consider investigating these further with your child, or for your own information.

There are many scholarships listed below, but all of St. Patrick’s luck in the world will not bring about scholarship money without applying for it. If you are a senior planning to attend college or trade school, check out the list. There are some for students interested in vocational paths, and there are two for those already in college. Students should see Mrs. Wells for application forms or find them online with the links provided below the scholarship list.

Have a great week!

*Hally Wells
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Scholarships: **More new ones have been added!**

#	Name of Scholarship	Due Date	\$ Amount
18	Toyota Bodine Scholarship Program (Dependents)	March 5, 2019	\$1,250
19	Missouri Association of Rural Education	March 6, 2019	Varies
39	MARE Scholarship for Current College Students	March 8, 2019	\$1,000 (Several)
44	Lockheed Martin STEM Scholarship	March 12, 2019	\$10,000 (200)
6	Peoples Bank & Trust Co. Scholarship	March 15, 2019	\$8,000 over 4 yrs.
7	Donald E. Thompson Family Charitable Foundation	March 15, 2019	\$8,000 over 4 yrs.
31	Charles E. Kruse Agricultural Scholarship	March 15, 2019	\$1,000
37	Professional Business Women of Lincoln County	March 15, 2019	\$500
45-49	5-in-1 SHS Common Application (Covers: Trent Huber Memorial, Steve Aubuchon Memorial, Silex CTA, Jim Norton, Silex School Board.)	March 21, 2019	Varied Amounts
40	Floyd B. Dowell, Jr. Memorial Scholarship	March 22, 2019	\$500 (2)
42	OMLC Lumber and Rental Scholarship	March 29, 2019	\$1,000
52	Missouri Insurance Education Foundation	March 31, 2019	\$2,000 (6)
53	Masonic Lodge of Missouri Scholarships	March 31, 2019	Unknown
32	MO Farm Bureau Foun. for Agriculture - Vocational	March 31, 2019	\$500 (4)
13	Lincoln County Moose Lodge #2599 Scholarship	April 1, 2019	\$500
29	Lincoln County Democrats Scholarship	April 1, 2019	\$500
30	Lincoln County Farm Bureau Scholarship	April 1, 2019	Unknown
33-36	Raintree Arts Council (4-In-1 Application)	April 1, 2019	Varies
41	St. Alphonsus Scholarship	April 1, 2019	Unknown
51	Lincoln County Master Gardeners' Scholarship	April 5, 2019	\$500
50	Lincoln County Bar Association Scholarship	April 15, 2019	\$500
14	The Lucille Heitman 4-H Scholarship	April 15, 2019	\$300
15	The Edgar I. Lanvermeier Scholarship	April 15, 2019	\$250
16	Northwestern Mutual Insurance Company	April 15, 2019	\$500
38	Cuivre River Electric Cooperative, Inc. Scholarship	April 24, 2019	\$1,000 (Many!)
43	Hammett, Bellin & Oswald, LLC (HBO) Scholarship	May 31, 2019	\$750
28	Kac Hinds Scholarship Trust (Low-Interest Loans)	July 31, 2019	Varies

#22 – See Mr. O’Brien’s list at the Silex Website for the link on this one.

#18 – See <https://www.scholarsapply.org/tema>.

#39 – See: <https://www.moare.com/vnews/display.v/SEC/Communications%7CScholarships>

#42 – This one specifically for those interested in Building Trades, attending a 2-Year School.

#52 – For more information, go to: <http://mief.org>

#53 – For more information, go to: <http://momason.org/scholarships/>

#43 – Use the following link: <http://hbolawfirm.com/law-justice-scholarship/>

#44 – Link: <http://pull.xmr3.com/p/212-3E98/314309164/5712b457-6877-4761-b57b-606eae8ae7e3.html>

Mr. O'Brien's list is at: <http://www.silex.k12.mo.us/o/silex-r-i/browse/2318>.
 More can be found at: <https://studentscholarships.org/#sthash.rEjftbNh.dpbs>
[First-Generation College-Bound Students:](#)

If you are a parent who is sending your child off to college, you may be facing an unknown as well. I cannot vouch for the quality of this resource, but I am sharing the link with you. This is a guide for parents of first-generation college-bound students.

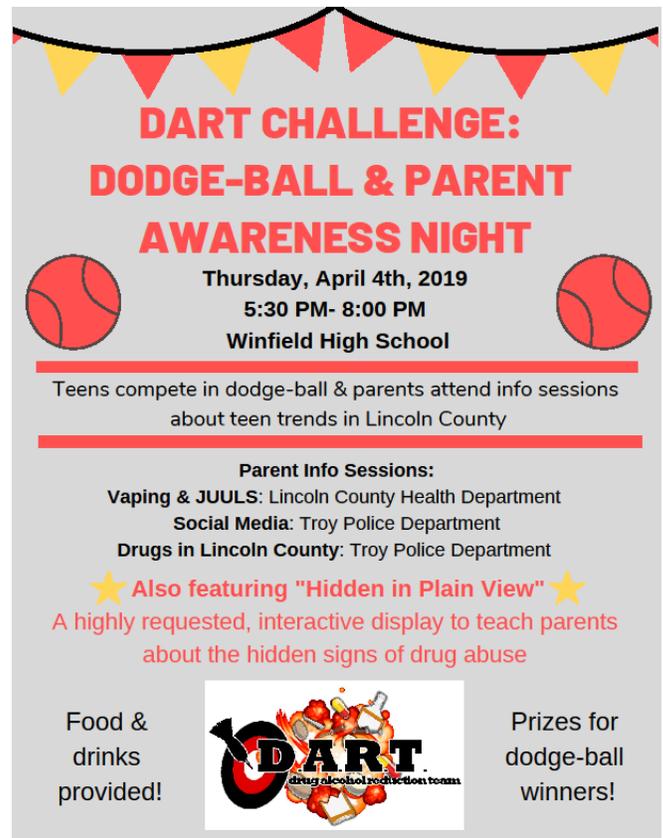
<https://store.imfirst.org/products/im-first-guide-to-college>

From Lincoln County Resource Board Newsletter, DART, And More:

1) "The LCRB-funded Saint Louis Counseling has published its upcoming FREE parenting classes for Lincoln County residents. As a recognized leader of the Love and Logic approach, the classes help parents reduce stress associated with raising children (from toddlers to teens). The sessions offer practical techniques to help parents raise more responsible children in a positive atmosphere. March session dates are: *March 6th, 13th, 20th, and 27th*. To learn more, please call the Troy office at 636-528-5911."

2)  "D.A.R.T. will host a community event at Winfield High School from 6:00 – 8:00 p.m. on Thursday, April 4th. Plans call for a dodgeball tournament for youth while parents engage with local experts on timely trends to educate and empower families to prevent substance use disorders. An evening highlight: "Hidden in Plain View" exhibit, designed to help parents and caregivers identify signs of substance use."

I had the opportunity to see this program at a conference, and it was very enlightening. I highly recommend it for parents.



**DART CHALLENGE:
DODGE-BALL & PARENT
AWARENESS NIGHT**

Thursday, April 4th, 2019
5:30 PM- 8:00 PM
Winfield High School

Teens compete in dodge-ball & parents attend info sessions about teen trends in Lincoln County

Parent Info Sessions:
 Vaping & JUULS: Lincoln County Health Department
 Social Media: Troy Police Department
 Drugs in Lincoln County: Troy Police Department

★ Also featuring "Hidden in Plain View" ★
 A highly requested, interactive display to teach parents about the hidden signs of drug abuse

Food & drinks provided!



Prizes for dodge-ball winners!

living with mental illness. Family includes: parents, siblings, spouses, adult sons & daughters, partners, & significant others.

To Register
 Call: 314-833-7930
 Email: JJohnston@namist.org

Gas Cards Available for Family Members

- 3) “Free 12-week NAMI Family-to-Family course offered in Troy, beginning Mondays Feb. 25 from 7-9:30 p.m. The classes are designed to support family members (parents, siblings, spouses, adult children, partners, etc.) of adults living with mental illness. The classes will help participants gain a better understanding of mental illness, increase coping skills and empower family members to become advocates for their loved ones.

From Money Smarts St. Louis:



“The 2019 Money Smart Kids Contest is for students in grades 6-8. Students use their creativity, communication skills, and money management knowledge to respond to this year’s contest question in an essay approximately 500 words or less. Classroom teachers and youth program staff are encouraged to use this as a classroom activity to help develop money management skills in students. Three finalists will be awarded with scholarships made possible by the sponsors of Money Smart St. Louis and acknowledged at a special ceremony. The top finalist will be selected as the 2019 Money Smart Kid, winning a \$2,000 scholarship, a second student will be awarded a \$1,000 scholarship and a third student will be awarded a \$500 scholarship.”

For more information on Money Smart Month events and activities, visit:

<http://www.moneysmartstlouis.org/wp-content/uploads/2019/02/Money-Smart-Kids-2019-Essay-Contest-Application.pdf>

The ACT Scholarship Giveaway for Sophomores and Juniors:

ONE LUCKY STUDENT WILL WIN A \$40,000 SCHOLARSHIP +

A BONUS \$5,000 TECH PACKAGE!

Eligible sophomores and juniors that register for the April, June, or July, 2019 US national test date (and opt-in to the giveaway during registration) have a chance to win the scholarship. It’s just that easy! Eligible students may also enter by mail.*



Go to: act.org/ACTScholarshipGiveaway to learn more.

Seasonal Affective Disorder?

Many of us are feeling the winter blues by now, and our children may be feeling the same way. While Spring Fever can be hard to handle as we grow nearer to our week off, none enjoy seeing our kids trying to deal with seasonal doldrums. Below is the link to an article from “Child and Adolescent Psychiatry;” it provides some suggestions to consider if you think your child could be experiencing Seasonal Affective Disorder. If you’re not able to access a Caribbean beach any time soon, their ideas may provide a bit of relief.

<https://med.nyu.edu/child-adolescent-psychiatry/news/csc-news/2016/seasonal-affective-disorder-help-kids-beat-winter-blues>



A Few Words about the February 21st ACT Test:

While the weather did not cooperate with us on the originally-scheduled day of February 20th, we did complete our online testing of all juniors (plus, a few seniors) on February 21st. I was very excited that all of those scheduled to test were in attendance that day. Once we began the testing, things went very well – with the exception of an issue on ACT’s end that caused one student some inconvenience. She knows who he she is, and I really appreciated her flexibility.

Your students worked hard, from all indications, and we should receive their scores within three to eight weeks. We did not do the writing part this time. We found that this a tremendous amount for us to test in this setting, and it adds quite a cost for the district. The scores that you receive may be all that your child will need. And, if you did not see the notice above, there is a contest available for those who test in April, June, or July, so you may want to consider your student signing up again during one of those months.

One never knows... someone we know just might win!

From Cuivre River Youth Tour – Washington, D.C. & CYCLE:

The information below is copied from communication from CREC’s Communications/Media Specialist, Tim Schmidt. Below are two super exciting opportunities, and both trips are completely paid for!



“Six students will be selected as Youth Tour delegates and receive an all-expense paid trip (\$2,750 value) to Washington, D.C. June 14-20, 2019. The 2019 Youth Tour essay contest is for junior class students attending high school in Lincoln, St. Charles, Warren, and southern Pike County. Students are required to write a 500-1,000 word composition on "My Favorite Cooperative Principle.” What is a cooperative principle? Examples of cooperative principles are included in your teacher’s information packet. Additional cooperative principle information, videos, contest applications and rules are available at www.cuivre.com. Entries are due March 8 and can be delivered to Cuivre River offices in Troy and Lake Saint Louis, or mailed to 2019 Youth Tour Essay Contest, Attn: Tim Schmidt, P.O. Box 160, Troy, MO 63379.”

“Cycle is a three-day leadership program held in Jefferson City for sophomores only. This year’s program will be held July 17-19. All expenses are paid and transportation is provided. Teachers are invited to nominate students to serve as a CYCLE delegate, or students may apply independently. Students are asked to submit a narrative about their school activities and community service to be considered. The application deadline is April 17.”

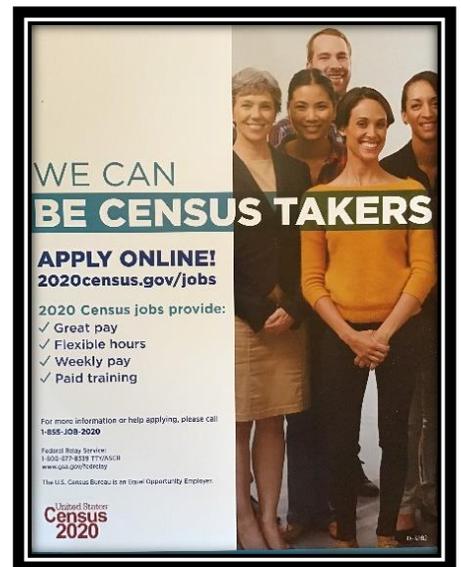
2020 Census Team is Hiring:



Current seniors are sought to fill positions for the 2020 Census. Apply Online today at: 2020census.gov/jobs
For more info. or help applying, please call [1-855-JOB-2020](tel:1-855-JOB-2020).

2020 Census Jobs Provide:

- Great Pay
- Flexible Hours
- Weekly Pay
- Paid Training



Looking Ahead:

Many institutions and organizations are already looking toward Summer 2019, and I have received information about several exciting opportunities available to our students. Below is a summary of each. If your student is interested, please contact me for further information. It would be wonderful to have Silex R-I represented at these camps and special events.

- MISSOURI LEADERSHIP SEMINAR, INC. – Sophomores, our school can nominate a student to attend this event at the University of Central Missouri in Warrensburg. This program is free to our nominee, and it will be held June 7th – June 9th. If you would like to be considered, please see Mrs. Wells.
-  MISSOURI BOYS STATE – This year will be the 80th year of Boys State. This opportunity is available to one Silex male junior. If your student is interested in being considered for nomination, please contact Mrs. Wells to learn more. Boys State will run June 15th through June 22nd, is free to attend, and will take place at the University of Central Missouri.
- GIRLS STATE – A veteran of Girls State, Mrs. Bair can tell you all about this opportunity. Silex High School can send three students, and each will pay \$300. The dates are June 23rd through June 29th at the University of Central Methodist. See Mrs. Wells, if interested. 