

Wilmington Area Food Service Middle/HIGH SCHOOL MENU March 2019

The menu is also available on the website at
www.wasd.school

Mon	Tue	Wed	Thu	Fri
				1 Cheeseburger Sweet Peas Choice of Fruit & Vegetable Milk
4 Chicken Fajita Green Beans Choice of Fruit & Vegetable Milk	5 BBQ Rib Sandwich Broccoli Choice of Fruit Milk	6 Cheese Stick w/sauce Romaine Salad Choice of Fruit & Vegetable Milk Fish Sticks	7 Salisbury Steak Bread & Butter Mashed Potatoes w/Gravy Choice of Fruit & Vegetable Milk	8 Stuff Crust Pizza Steamed Broccoli Choice of Fruit & Vegetable Milk Fish Sticks
11 Chicken Salad w/Cheese & Fries Bread Choice of Fruit & Vegetable Milk	12 Chicken Nuggets Hash Brown Choice of Fruit & Vegetable Milk	13 Pepperoni Pizza Stick Romaine Salad Choice of Fruit & Vegetable Milk	14 Nacho Supreme w/ Cheese, Meat ,Toppings Green Beans Choice of Fruit & Vegetable Milk	15 Turkey Sub Sweet Peas Choice of Fruit & Vegetable Milk Fish Sticks
18 General Tso's Chicken Rice Broccoli Choice of Fruit & Vegetable Milk	19 Popcorn Chicken Cooked Carrots Choice of Fruit & Vegetable Milk	20 Calzone Romaine Salad Choice of Fruit & Vegetable Milk	21 French Toast Stick w/Syrup Hash Brown Sausage Choice of Fruit Milk	22 Corn Dog Steamed Corn Choice of Fruit & Vegetable Milk Fish Sticks
25 Tangerine Chicken Rice Broccoli Choice of Fruit & Vegetable Milk	26 Chicken Salad w/Cheese & Fries Bread & Butter Choice of Fruit & Vegetable Milk	27 Meatball Sandwich Romaine Tossed Salad Choice of Fruit & Vegetable Milk	28 Walking Taco Green Beans Choice of Fruit & vegetable Milk	29 Hot Dog Sweet Peas Choice of Fruit & Vegetable Milk

Breakfast Prices: (District Wide)			
Daily:	\$1.10	Weekly:	\$5.50
Reduced:	\$0.30	Weekly:	\$1.50
Lunch Prices:			
Elementary:			
Daily:	\$1.75	Weekly:	\$8.75
Reduced:	\$0.40	Weekly:	\$2.00
Middle School/High School:			
Daily:	\$2.00	Weekly:	\$10.00
Reduced:	\$0.40	Weekly:	\$2.00
Please make checks payable to: Wilmington Area Food Service			
\$Reduced:	\$0.40	Weekly:	\$2.00
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In order to qualify for a reimbursable meal, Your meals must include at least three of the main food items: Meat or meat alternate, Breads, AND MUST HAVE 1/2 CUP FRUIT OR VEGETABLE-Otherwise, regulations require an a-la-carte pricing. In addition to the menued items, the following will be available daily:

DAILY CHOICE OF FRUIT:

Fresh: When available
Apple, Cantaloupe, Watermelon, Pears
Canned: Peaches, Pears, Pineapple
Mandarin Oranges, Mixed Fruit
Applesauce

**Chicken Pattie,
Homemade Pizza,
Chef Salads & Wraps**
4 oz Cup Veggies Daily
Beets
Carrot Stick
Broccoli
Garbanzo Beans