



# March 2019

## St. George Municipal School Unit Breakfast & Lunch Menu



*\*Menu is subject to change without notice.*

**Prices:**

- Regular Breakfast \$1.00.
- Regular Lunch: \$2.65
- Staff Regular \$4.00.
- A La Carte \$2.00
- Adult Visitors \$5.00
- Extra Milk \$0.50

**Daily Lunch Alternatives:**

- Chef Salad w/ Whole Grain Bread
- Peanut Butter & Jelly Sandwich

**Sandwich of the Day:**

- Monday: Ham & Cheese
- Tuesday: Tuna
- Wednesday: Turkey & Cheese
- Thursday: Ham & Cheese
- Friday: Tuna
- Gluten-Free Options Available Daily

Monday	Tuesday	Wednesday	Thursday	Friday
				<b>3/1</b>
				Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: BBQ Chicken or Cheese Pizza, Cucumbers, Pears, Milk.
<b>3/4</b>	<b>3/5</b>	<b>3/6</b>	<b>3/7</b>	<b>3/8</b>
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Grilled Cheese Sandwiches, Tomato Soup, Carrot Sticks, Applesauce, Milk.	Breakfast: Fruit Yogurt Cups, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Crispy Chicken on WG Bun, Lettuce & Tomato, Peas, Mixed Fruit, Milk.	Breakfast: Cheese Omelettes, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Waffles, Sausage, Hash Browns, Celery Sticks, Strawberry Cups, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Salad Bar, WG Rolls, Pineapple, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Chili w/ Frito Chips, Shredded Cheese, Corn, Melon, Milk.
<b>3/11</b>	<b>3/12</b>	<b>3/13</b>	<b>3/14 (EARLY RELEASE)</b>	<b>3/15 (EARLY RELEASE)</b>
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Hamburgers (Plain or Cheese), Lettuce, Tomato, Sweet Potato Fries, Pears, Milk.	Breakfast: Lemon Poppy Muffins, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Nachos w/ Meat & Cheese Sauce, Green Beans, Apple Slices, Milk.	Breakfast: French Toast Sticks, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Macaroni & Cheese, WG Roll, Peas, Mixed Fruit, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Deli Ham Sandwiches, Lettuce & Tomato, Cucumbers, Mini Bananas, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Deli Turkey Sandwiches, Lettuce & Tomato, Carrot Sticks, Mixed Berry Cups, Milk.
<b>3/18</b>	<b>3/19</b>	<b>3/20</b>	<b>3/21</b>	<b>3/22</b>
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: American Chop Suey, Steamed Broccoli, Garlic WG Bread Sticks, Peaches, Milk.	Breakfast: Pancakes, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Make-Your-Own WG English Muffin Pizza, Cheese & Pepperoni, Celery Sticks, Kiwi, Milk.	Breakfast: Croissants, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Chicken Nuggets, Steamed Carrots, Applesauce, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Salad Bar, WG Bread Sticks, Watermelon, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Roast Turkey w/ Gravy, Stuffing, WG Rolls, Mashed Potatoes, Peas, Cranberry Sauce, Milk.
<b>3/25</b>	<b>3/26</b>	<b>3/27</b>	<b>3/28</b>	<b>3/29</b>
Breakfast: Breakfast Breads, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Pigs-in-a-Blanket, Cole Slaw, Baked Beans, Pineapple, Milk.	Breakfast: Apple Turnovers, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Soft Shell Tacos, Lettuce, Shredded Cheese, Salsa, Sour Cream, Corn, Pears, Milk.	Breakfast: Breakfast Pizza, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Sloppy Joes on WG Bun, Mixed Veggies, Cantaloupe, Milk.	Breakfast: Breakfast Sandwiches, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Salad Bar, WG Biscuits, Peaches, Milk.	Breakfast: Bagels, Cereals, Milk, Fresh Fruit, 100% Juice.  Lunch: Pepperoni or Cheese Pizza, Carrot Sticks, Oranges, Milk.

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