

CONNELL HIGH SCHOOL MENU



2019

This Institution is an
Equal Opportunity
Provider



Menu subject to change
without notice

*Meat free option

NFSD MEAL PRICES FOR 2018-19

Student Breakfast – No Charge
Adult Breakfast - \$2.75



Jr./Sr. High Lunch - \$3.05
Reduced Jr./Sr. High Lunch - \$0.40
Adult Lunch - \$3.65



1 Assorted Cereals
Cinnamon French
Toast
Juice / Fruit / Milk
Hot Ham & Cheese
Sandwich
Pizza Pocket
Burrito
Chicken Salad Sand
Fruit/Salad/Veg/Milk

4 Assorted Cereals
Strawberry Pop Tart
Juice / Fruit / Milk

Breaded Chicken Leg
w/ Bread Stick
Chickenburger
Cheeseburger
Pizza
Fruit/Salad/Veg/Milk

5 Assorted Cereals
Breakfast Wrap
Juice / Fruit / Milk

Chili Cheese Fries
w/ Granola Round
Chickenburger
Cheeseburger
Pizza
Fruit/Salad/Veg/Milk

6 Assorted Cereals
Breakfast Pizza
Banana Benefit Bar*
Juice / Fruit / Milk

Nachos w/ Cheese
Sce & Refried Beans*
Chickenburger
Cheeseburger
Cheese Pizza*
Fruit/Salad/Veg/Milk

7 Assorted Cereals
Fresh Baked
Granola Round
Juice / Fruit / Milk

Teriyaki Dippers
w/ **Choc Cherry Bar**
Cheeseburger
Pizza
Chickenburger
Fruit/Salad/Veg/Milk

8 Assorted Cereals
Apple Cinnamon
French Toast*
Juice / Fruit / Milk

Tuna Salad Croissant*
Pepperoni Calzone
Double Stuff Pizza*
Chicken & Cheese
Quesadilla(Rect)
Fruit/Salad/Veg/Milk

11 Assorted Cereals
Strawberry Parfait
Juice / Fruit / Milk

Popcorn Chicken w/
Chocolate Chip Muffin
Chickenburger
Cheeseburger
Pizza
Fruit/Salad/Veg/Milk

12 Assorted Cereals
Dutch Waffle
Juice / Fruit / Milk

Sweet Chili Thai
Chicken w/ Rice
Chickenburger
Cheeseburger
Pizza
Fruit/Salad/Veg/Milk

13 Assorted Cereals
Breakfast Pizza
Juice / Fruit / Milk

Hot Dog & Cheddar
Cheese, Chili Beans
Chickenburger
Cheeseburger
Pizza
Fruit/Salad/Veg/Milk

14 Assorted Cereals
Cheese Toast
Juice / Fruit / Milk

Sweet & Sour
Chicken w/ Roll
Chickenburger
Cheeseburger
Pizza
Fruit/Salad/Veg/Milk

15 Assorted Cereals
Maple Bar*
Juice / Fruit / Milk

NEW Turkey Cheese Wrap
Bosco Stix w/ Sauce*
Garlic Cheese Toast*
Pizza Pocket
Fruit/Salad/Veg/Milk

18 Assorted Cereals
PBJ Sandwich
Juice/ Fruit / Milk

Breaded Chicken Leg
w/ Zucchini Bread
Chickenburger
Cheeseburger / Pizza
Fruit/Veg
Salad/Milk

19 Assorted Cereals
Breakfast Dog on Stix
Juice / Fruit / Milk

Bowl of Chili with
Cinn Roll + Cheese
Chicken Burger
Cheeseburger / Pizza
Fruit/Veg
Salad/Milk

20 Assorted Cereals
Breakfast Pizza
Juice / Fruit / Milk

Chicken Teriyaki
with Rice
Chicken burger
Cheeseburger / Pizza
Fruit/Salad/Veg/Milk

NEW Assorted Cereals
Ham & Egg
Waffle-wich
Juice / Fruit / Milk

Hamburger Gravy
w/ Mash Potato, Roll
Chicken Burger
Cheeseburger / Pizza
Fruit/Salad/Veg/Milk

22 Assorted Cereals
Cheese Omelet
on Croissant*
Juice / Fruit / Milk

Burrito*
Chicken & Cheese
Quesadilla
Pizza Pocket
Fishwich w/ Cheese*
Fruit/Salad/Veg/Milk



25 Assorted Cereals
Choc-Banana
Benefit Bar
Juice / Fruit / Milk

Boneless Chicken
Wings w/ Roll
Chickenburger
Cheeseburger / Pizza
Fruit/Veg/Salad/Milk

26 Assorted Cereals
Mini PancakeDogs
Grape Juice
Applesauce
Juice / Fruit / Milk

Tacos
Chickenburger
Cheeseburger / Pizza
Fruit/Salad/Veg/Milk

27 Assorted Cereals
Breakfast Pizza
Apple Juice
Cook Choice Fruit
Juice / Fruit / Milk

PBJ Sandwich
Fruit/Veg/Milk
Chips

EARLY RELEASE!!!

Parent Teacher Conferences



**Whoo-
Hoo!
It's
Spring
Break!**

