

Wyoming Indian Schools



Parent/Student Athletic/Activities Handbook 2022-2023

Fremont County School District #14 does not discriminate on the basis of race, color, national origin, sex, disability, or age in its programs and activities and designated youth groups. The following persons have been designated to handle inquiries regarding the non-discrimination policies: District Title IX Coordinator, 638 Blue Sky Hwy, Ethete, WY, 82520, Telephone 307-332-3904; District 504/ADA Coordinator, Brian Janish, 535 Ethete Rd., Ethete, WY, Telephone: 307-332-2992. For further information on notice of non-discrimination, the OCR office for Colorado is located at: Denver Office, Office for Civil Rights, U.S. Department of Education, Cesar E. Chavez Memorial Building, 1244 Speer Boulevard, Suite 310, Denver, CO 80204-3582; Telephone: 303-844-5695, FAX: 303-844-4303; TDD: 800-877-8339; Email: OCR.Denver@ed.gov.

2022-2023 SEASONS

Fall seasons

- Aug. 15 Football, Cross Country, Volleyball High School seasons start.
- Aug. 17 Middle School & Youth Volleyball, Cross Country, Volleyball seasons start
- Aug. 26\5 First contest for Middle School & Youth
- Aug. 26 First contest for High School fall sports.
- Sept. 10 Wyoming Indian Pre Invite for the State Meet
- Oct. 6 MS & Youth Cross Country WRCAA meet at Wyoming Indian
- Oct. 4 MS WRCAA Football Championship game 3rd & 4th.
- Oct. 7 Youth VB WRCAA tournament at Arapahoe
- Oct. 8 JH WRCAA VB Tournament at Arapahoe
- Oct. 10 MS & Youth first practice for Wrestling and Girls Basketball
- Oct. 18 First Contest for MS & Youth Girls Basketball
- Oct. 22 First Contest for MS & Youth Wrestling
- Oct. 22 HS Cross Country State Championship at Ethete
- Oct. 29 First HS Speech Contest
- Oct. 28 & 29 HS Regional HS Volleyball at Lander
- Nov 3, 4, 5 HS State Volleyball at Casper

Winter Season

- Nov 21 First Practice for HS Wrestling, Girls Basketball, and Boys Basketball
- Nov. 12 HS Speech meet at Wyoming Indian
- Dec 3 Youth Girls Basketball WRCAA Tournament at Wind River
- Dec 1 & 2 JH Girls Basketball WRCAA Tournament at Arapahoe
- Dec 3 JH & Youth WRCAA Wrestling at Dubois
- Dec. 9 - 10 First contest for HS Girls and Boys Basketball
- Dec 9 & 10 First contest for HS Wrestling
- Dec. 12 First practice for JH and Youth boys basketball
- Jan 12 First contest for JH and Youth boys basketball
- Feb. 18 Youth Boys WRCAA Basketball Tournament at Wyoming Indian
- Feb. 16 & 17 JH Boys WRCAA Basketball Tournament at St. Stephens
- Feb. 18 HS Regional Wrestling at Cokeville

Feb. 23, 24, 25 HS Regional Basketball at Riverton

Feb. 24 & 25 HS State Wrestling at Casper

Mar. 2-4 HS State Basketball at Casper

Mar. 9-11 HS State Speech Cheyenne

Spring Season

Mar. 6 HS Track Begins

Mar. 13 MS & Youth Track starts

Mar. 18 First contest for HS Track

Mar. 23 First contest for MS and Youth Track

April 6 JH & Youth Track at Wyoming Indian

April 14 JH & Youth Track at Wyoming Indian

May 5 MS & Youth WRCAA Conference Track Meet at Wind River

May 12-13 HS Regional Track Meet at Shoshoni

May 18-20 HS State Track at Casper

***Note: Contact your child's school for more information.**

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WYOMING INDIAN SCHOOLS PHILOSOPHY OF ACTIVITIES

PREAMBLE

This document has been prepared for the benefit of the student-participant and the parents in an effort to make activities a more contributing and worthwhile part of the overall school program. We urge parents to take an active part in the guidance and supervision of their son and/or daughter while supporting the schools in our endeavor to develop positive and productive citizens.

PHILOSOPHY

Educational based activities are a vital part of the student's school experience. We encourage students to participate in a wide variety of activity programs. Such participation is a privilege that carries with it responsibilities to the participants themselves, to other students, to school, to the activity, and to the community. The experiences of competition and participation aid in the development of positive student habits and attitudes that will prepare them for adult life in a democratic society.

Activity participation is valuable preparation for adult careers. Activities provide a field of exploration that will allow each student to cope with problems and handle situations similar to those encountered in the contemporary world. We will strive to make our teams as competitive as possible, but our primary objective is to help our student-participants acquire important skills that will help them to be successful throughout adult life. Through positive reinforcement and intentional teaching, we will professionally treat, develop and show our activity participants how to succeed with humility and persevere through setbacks in a productive manner. We also hope that, during their high school extracurricular experience, our student-participants will have fun, build fulfilling relationships in a healthy manner, and instill fitness for life as a core value. The product of the investment in activities will be healthy adults who contribute to their community in a positive manner.

TO THE STUDENT/PARTICIPANT:

Be a student first and commit to getting the best education you can. Participating in

activities/sports is a privilege and not an educational right. Remember that you are representing yourself, your team, your school, your family, and the community. In the leadership role as a representative of Wyoming Indian School District #14, strive to be a good citizen who models emotional control, honesty, cooperation, dependability and respect for others by displaying high standards of social behavior during school, activities and in the community.

Display a real spirit of cooperation, the spirit of hard work, commitment and sacrifice. Learn to attain physical fitness through proper training habits and nutrition. Live up to high ideals of ethics and do what's right even when it's unpopular or personally costly. Demonstrate proper respect for those in authority, including teachers, coaches, and officials. Role models good sportsmanship by respecting the integrity and judgment of officials; respecting your opponents and offering positive encouraging words, and win or lose with class and dignity. Maintain academic standards as set forth by Wyoming Indian Schools and the Wyoming High School Activities Association. Comply with all School District policies and procedures and WHSAA rules.

TO THE PARENT/GUARDIAN:

The Activities Departments of Wyoming Indian Schools District #14 strongly support parents playing an integral role in the goals and objectives of our activity programs. The coaches/sponsors, administration, and parents have student success as a common goal. Research indicates that a student involved in activities has a greater chance for success during adulthood. Many of the character traits required to be a successful participant in our activity programs are exactly those that will promote a successful life after high school. It is our goal to maintain a program that is sound in purpose and will further each student's educational maturity.

Parents/Guardians of students who participate in co-curricular activities and athletics make a huge difference in the quality of their child's sport experience, as well as what is being taught and learned by our youth. All parents/guardians of Wyoming Indian Schools District #14 students who participate in activities and/or athletics are asked to go to www.nfhslearn.com to take **Positive Sports Parenting**, a free class offered by the National Federation of High School Sports. This online course provides information

and resources to help educate parents/guardians on the importance of the role they play in our athletic and activity programs. This online course takes approximately 25 minutes to complete and is free to all Wyoming Indian Schools parents/guardians.

The role of coach and the role of parents are extremely difficult vocations. Both share common goals and expectations, yet both remain distinctly different in practice and responsibility. The common strand in both is the welfare of the child. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to students. Through clear and open communication of program expectations and a keen awareness of the physical and emotional progress of the student, a coach/sponsor and parent can enhance the well-being of the child in our activities program.

COMMUNICATION/CHAIN OF COMMAND

Communication you should expect from your child's coach/sponsor

1. The coach/sponsor's philosophy.
2. Clear expectations the coach/sponsor has for the program and the participants
3. Schedule of all practices/events and performances/contests.
4. Team requirements such as fundraisers, special equipment, off-season conditioning, etc.
5. Procedures that are followed should your child be injured during participation.
6. Disciplinary procedures that result in the denial of your child's participation.
7. The coach/sponsor lettering criteria.

Communication coaches/sponsors expect from parents/guardians

1. Concerns expressed directly to the coach/sponsor.
2. Notification of any schedule conflicts well in advance of the practice or event.
3. Specific concern in regard to a coach/sponsor's philosophy and expectations.

Appropriate concerns to discuss with coaches/sponsors

1. The treatment of your child, mentally and physically.

2. Expectations for your child during practices and competitions.
3. Ways to help your child improve.
4. Concerns about your child's behavior.
5. Problems in the classroom, family issues, medical concerns, etc. that may be affecting your child.

Issues not appropriate to discuss with coaches/sponsors

1. Playing time on teams or role assignments in activities.
2. Team strategies and play calling.
3. Substitution patterns and other student participants. When your child becomes involved in an activities program, he or she will experience some of the most rewarding moments of their lives. It is important to understand that there also may be times when things do not go the way you or your child wishes. Coaches/Sponsors are professionals and they must make judgment decisions based on what they believe is best for all students involved. Encourage your child to meet with the coach/sponsor to discuss the situation first. Let your child continue to develop and grow as a young adult. Make them responsible to help prepare them into the employment market. The issue is then placed where it belongs- with the coaching staff/sponsor(s), your son/daughter, and the team/group.

There are situations that may require a conference between the coach, the participant and the parent/guardian. These are to be encouraged so that both parties involved may have a clear understanding of the other's position. When these conferences are necessary, the following steps should be followed to help promote a resolution to the issue of concern.

Guidelines for Expressing Concerns to a Coach/Sponsor When expressing an occasional concern with a coach/sponsor, please refer to and use the following guidelines:

1. Never approach a coach immediately after a contest. Emotions are high, therefore this is not the proper time or place for a discussion concerning your

child or the team/group.

2. Call the next school day and make an appointment which is convenient for both you and the coach/sponsor to meet.
3. Raise your concerns in a calm and civil manner.
4. Once you have stated your concern and/or questions, listen to the explanation. Listening receptively may really help you to understand any explanation which is given.

What can a parent do if the meeting with the coach/sponsor did not provide a satisfactory resolution?

1. Call and set up an appointment with the Athletic Director (AD) to discuss the situation.
2. If resolution is not reached following the meeting with the Athletic Director, call and set up an appointment with the building Principal.
3. If resolution is not reached following the meeting with the Principal, contact the district office to request a meeting with the Superintendent.
4. If resolution is not reached following the meeting with the Superintendent, contact the district office to request a meeting with the School Board.

GENERAL STUDENT ACTIVITIES RULES

Wyoming High School Activities Association (WHSAA) Rules apply to students in grades 9-12. When Wyoming Indian Schools requirements are greater than conference or state requirements, the WIS requirements must be met. A student will be eligible for participation only when they meet all the applicable requirements. The following Student Activities rules apply to boys and girls in all WIS sponsored activities.

WHSAA SCHOLARSHIP REQUIREMENTS (6.2.0) In order to be eligible for any level of interscholastic competition, a student must be currently enrolled and must have been enrolled in school the immediate preceding semester and received passing grades during that semester in subjects that earn a minimum of 5.0 credits or the equivalent, per year toward graduation. A pupil must have been enrolled in not less than 20 class hours of work per week. A pupil will become ineligible if under suspension from school

by the principal or superintendent for any reason.

WHSAA GRADES AND CREDITS (6.2.3) A pupil must be passing in five solid subjects at the time of a contest. A passing grade is considered to be the passing grade of the individual school. As defined, a solid subject meets five days a week or its equivalent for the entire semester and for which one-half Carnegie units are granted. **This applies to all students transferring to Wyoming Indian High School for the 2022-23 school year. Returning WIHS students must have passed 5 classes during the 2021-2022 school year to play fall semester.**

Eligibility for the 2022-23 school year after school starts:

Grades will be checked the first day of every week at 3:00 PM. Students must be passing in 6 out of 7 classes to be eligible (4 core, 1 Language). If after school classes are taken, the student must pass 7 out 8 classes. The grades will be cumulative from the start of the semester. Students will have an opportunity to get off the ineligible list if they present verification that they are passing 6 classes by 12:00 PM on Thursday of the week they are ineligible or before the first contest of that week.

Middle School and Elementary Eligibility:

Athletes must be in attendance at school and practice during the prior week 80% of the time unless a Doctor's note is provided. Attendance at school the day of the activity is required.

If a student is placed into In-School or Out-of-School suspension, they will not be eligible for the next scheduled contest.

Students must demonstrate adequate progress in all of their core content classes (Math, Science, ELA/Social Studies).

Eligibility reports will be provided on Wednesday of each week. The period of eligibility will run from Wednesday to Wednesday.

WHSAA SEMESTER REQUIREMENTS (6.5.0) A pupil shall not be eligible for more than four fall and four spring semesters, for a total of eight semesters. These semesters

will be counted consecutively after the student enters the ninth grade. NOTE: If a student does not participate or is ineligible due to transfer, scholarship, etc., the semester(s) during that period shall be counted toward the total number of semesters possible.

MEDICAL

PHYSICAL EXAMINATION

A student must have a current physical, signed by a doctor and dated on or after May 1st of the current school year on file at the school of the activity and verified by the coach/sponsor BEFORE they will be allowed to practice in an athletic activity/sport the following school year. Students CANNOT practice without a current physical on file at the school of the activity and until it has been verified with the coach/sponsor of that activity.

PROOF OF INSURANCE FOR INTERSCHOLASTIC ACTIVITIES

WIS students are required to show proof of medical and/or accident insurance before being allowed to participate in school-sponsored interscholastic activities at any level. Insurance coverage must include practice as well as competition. Students with no insurance must meet with building AD.

ASSUMPTION OF RISK/MEDICAL/HIPAA CONSENT

A student must have a signed Assumption of Risk/Medical/HIPAA Consent Form on file before they will be allowed to practice or participate in an activity.

This form is available in the Activities Office.

WHSAA Undue Influence (4.1.0 – 4.1.2)

The use of undue influence, by any person or persons to secure or retain one or both parents or guardians of a pupil as residents or attempt to have a participant move to their school for interscholastic competition, may cause the pupil to be ineligible for high school participation in activities for a period subject to the determination of the Commissioner. The school shall also be subject to disciplinary action.

The term “undue influence” shall include initiating any form of oral or written contact,

pressure, gifts, promises or any efforts to recruit a student attending or intending to attend another school to participate or not to participate in a particular school-sponsored activity. The spirit and intent of the rule, for any person, is to not influence a change in the attendance pattern of a student for the purposes of participating in a sport or activity.

WHSAA Student Transfer Rules (Rule 6.4.0 thru Rule 6.4.93)

The purpose of the WHSAA Transfer Rules (Rule 6.4.0 thru Rule 6.4.93) is to protect, not inhibit students who participate in athletic competition. The Transfer Rule is preventative in nature and is devised to eliminate the incentive to transfer schools when a motivation is for athletic purposes and after a student has initially chosen the school of his/her choice. The Transfer Rule protects students who have previously participated in athletic competition at a member school from being replaced by students who transfer for athletic purposes and further protects students at other member schools from the effects of a school shopping by students (Rule 4.1.2) and recruiting by member schools and their agents (Rule 4.1.1 and Rule 4.1.2). The Transfer Rule encourages fair play, discourages the excesses and abuses of over enthusiastic promotion and protects the integrity of interscholastic athletic programs for the member schools and their students. A student's residence is the home in which the parent(s) or legal guardian actually, physically lives. Residents can be changed only by the union of act and intent. The residence of a person is where his habitation is fixed and to which, whenever he is absent, he has the intention of returning. A change of residence can only be made by the act of removal joined with the intent to remain in another place. There can be only one residence. The only legal guardianship that is recognized by the WHSAA for transfer rule purposes is that legal guardianship which has been established at least 12 months prior to the student's moving to a new school and the fact that the student has been living with that legal guardian in their previous school setting.

WHSAA HOME SCHOOL Students (9-12) have a procedure for participating in WIS activities, determined by the Wyoming High School Activities Association. Students and Parents are responsible to work through the building Activities Office to complete the proper paperwork. Must be approved by the Wyoming Indian Board.

STUDENT MANAGERS

Each manager is to be selected by the coach/sponsor in charge of the activity. The manager's job is one of responsibilities, dependability, loyalty, and cooperation with the coaches/sponsors and participants. Managers will be assigned to certain duties by the coaches/sponsors such as paper work, inventory, water and taking care of the equipment/materials relevant to the activity. Student managers are exempt from physicals, but are expected to turn in all other required paperwork and follow the same guidelines as the student-participants in that activity.

ATTENDANCE

A. Attendance - Day of Activity Contest or Event and Practice A student is expected to be in regular class attendance all of the scheduled school day up to the time of the scheduled practice or activity/event including bus departure in order to participate in the activity/practice or contest. Any exceptions other than medical appointments or a critical family emergency must be cleared with the building director of activities or the building principal prior to participation. Students missing school, then returning to contest/event or practice without the coaches'/sponsor's knowledge will have consequences imposed.

If a student is absent the day before the contest, but is in school the day of the contest, it is the coach's/sponsor's discretion to determine the individual's preparedness (physically, mentally and psychologically) to compete in that day's competition. This also applies to individuals absent on Friday who show up for the competition the next day (Saturday).

B. Attendance - Day after Activity Coaches/sponsors and students are expected to be in school and on time on all school days after an activity trip. Late trips on Monday through Thursday will be avoided if at all possible. Illnesses are excused, but being tired is not an excuse to miss the educational opportunity.

C. Illness or Injury A student will not participate in any student activity practice or contest if they were absent any portion of the day because of illness or extended time in nurses' care. Students under a doctor's care, due to illness or injury, are not to

participate in a student activity without a written doctor's medical release. If a student is ill on Friday, in order to participate on Saturday, the coach/sponsor needs a written note stating that it is okay to participate or if the student was under a doctor's care due to illness, then a written note from the doctor stating that it is okay for the student to participate. It is the discretion of the coach/sponsor if the student participates.

INJURED PARTICIPANT

The welfare of the athlete is of the utmost importance. Parent/guardian or student/participant should notify the coach/sponsor of an injury immediately.. Following the return to activity protocol, the athlete will be tested for physical readiness. Based upon this testing, student-athletes may be cleared or not for activity. All parties involved (i.e. the athlete, the parent, the coach/sponsor, the physician) must agree that a player can resume participation safely. The injured student shall not be allowed to return to practice without a written medical release if they were seen by a physician.

CONTAGIOUS DISEASE INFORMATION

WIS has developed guidelines in order to address concerns about the spread of contagious diseases including the AIDS virus, Hepatitis B Virus, etc. Any wound on the body of a student/participant must be checked by the coach, cleaned and covered.

(BIP) In-School Disciplinary Program

Students in BIP can practice but not participate in an event until their time in BIP is completed.

OUT- OF-SCHOOL SUSPENSION

Students suspended out of school may not practice or participate until the suspension period ends.

DRESS AND CONDUCT FOR OUT-OF-TOWN ACTIVITIES

All activity participants will dress and behave in a manner or to a standard that brings credit to their school, the school district and our community. Male participants will wear

slacks, collared shirts, and dress shoes. Female participants will wear slacks and collared shirts or dress with dress shoes. No jeans, t-shirts, sweatshirts, and tennis shoes. Coaches/Sponsors supervising extracurricular activities may make other dress requirements applicable to students participating in athletic and/or other extracurricular activity events such as team travel gear. Any issues or concerns regarding the dress expectations, please talk to the activity sponsor or sport coach.

ACTIVITY TRIP RULES

- A. Students are to be ready at designated departure times.
- B. The students are under the direct control and supervision of the coach/sponsor.
- C. Conduct of Students on School Authorized Transportation
 1. When a bus is in motion, students are required to sit in the seat facing the front of the bus.
 2. Students should not stand while the bus is moving or extend their arms or head out of the windows. Students should avoid any unnecessary movement and always sit correctly in their seats. Students should not sit on the arms of the seats; kneel in seats facing backwards; and lay in the luggage racks.
 3. Rough housing, horseplay, throwing of objects, or squirting of pop or other liquids will not be tolerated.
 4. Any damage done to the bus seats or other equipment must be paid for by the student.
 5. Obscene or foul language, misconduct, vandalism, and/or any other violation of these policies may result in suspension from participation in school activity programs.
 6. Students shall help in keeping the bus clean. Do not throw paper or other refuse on the floor or out of the bus windows. Put all garbage in the waste baskets that are provided.
 7. Food or beverages may be brought on to the bus under the direction of the sponsor.
 8. No spikes will be allowed on the bus.
 9. Students will remain dressed in street clothes or full athletic suits when riding the bus. Students will dress in a manner that reflects appropriate standards for WIS

as defined by each coach/sponsor's expectations.

- D. Students will be responsible for their electronics and all other valuables. Students' music players will not be played on the bus except when equipped with individual headphones.
- E. Do not experiment or tamper with the bus or any of its equipment.
- F. Emergency doors shall only be used in case of an emergency or unless otherwise authorized by the driver.
- G. Coaches/sponsors will check with the driver to be sure that students have everything off the bus upon return to school.
- H. Students should remain in their same seat until they are ready to depart from the bus with all their possessions. In leaving the bus, remain seated until it stops, then leave in order. If you cross the road, do so in front of the bus, after making sure the highway is clear, and by visually checking with the driver.
- I. The bus driver will have the final authority in endangering situations. Drivers are in charge of the general safety of all personnel while traveling. Each driver may feel that additional rules are essential to achieve this goal. Coaches and sponsors will enforce all requests made while in transit to insure their safe passage.
- J. Winter Travel - Students need to dress warmly. Students and sponsors should travel with a winter coat, snow boots, stocking hat, gloves or mittens, and a blanket.
- K. WIS Transportation works with the Wyoming Department of Transportation and the building director of activities to make the decisions on travel when there is inclement weather.
- L. Travel To and From Out-of-Town Activities - In order to participate in any school function scheduled out-of-town, a student must travel to and expected to travel from the activity in school furnished or school authorized transportation. If parents wish to take their children home with them after an activity, they must request this permission from the coach/sponsor and provide a note saying they are relieving the coach/sponsor of all responsibility for the return trip home. The parents should arrange this with the coach/sponsor prior to the activity trip whenever possible. Students may not ride home with anyone other than their legal guardians unless parents wish to have their child released to another adult (21 or older) after an activity. A WIS Liability Waiver Form, from the building AD's office should be

completed and approved at least 24 hours before the activity trip begins. The coach/sponsor will have the receiving adult sign and date the form before releasing the student.

M. Homework Guideline on Activity Trips - Idealistically, students should try to have all assignments done in an acceptable manner and turned in before leaving on activity trips. It is the student's responsibility to check with teachers concerning materials and assignments they might miss. There is ample opportunity for study time on trips for students to complete these assignments. The object of this study is to keep activity students from lagging behind with homework and assignments. Students will be expected to have all assignments done in an acceptable manner and turned in at the next class meeting after the activity trip.

GUIDELINES FOR STUDENT ACTIVITY MEALS - GRADES 5TH-12TH

NOTE:

1. Students with food allergies or a medical condition should notify the sponsor/coach of that activity.
2. Students may bring extra money to purchase additional food or drink.

PARENT NOTIFICATION OF ACTIVITY DISMISSAL/WITHDRAWAL

Coaches/sponsors are responsible to notify parents/guardians of any student that attended a practice and has been dismissed or withdrawn from the sport/activity by emailing or calling the parent/guardian. Make sure you keep a record of the call or save the email.

WHSAA DUAL PARTICIPATION (5.1.1)

(NOTE: WHSAA Rules apply to students in grades 9-12 only.) A pupil may not participate in two school sports at the same time. However, during a season when one sport is over, a student may switch to another sport which runs concurrently. A sports season ends after elimination from the sports culminating event.

WHSAA OUTSIDE COMPETITION (INDEPENDENT/CLUB TEAMS) (5.8.0) A student who is a member of a school athletic squad may not participate as a member of an

outside team (club) or as an independent competitor in the same sport during the same season.

WHSAA AGE LIMIT (6.3.0) A student must be under twenty years of age on August 1 for fall sports, November 1 for winter sports, and March 1 for spring sports.

BASIC TEAM/GROUP RULES

The activity sponsor/coach will develop team rules with expectations including training rules for their activity. Things such as attendance, punctuality, eligibility, behavior, communication, dress expectations, etc. will be included in the rules. The rules are to be in writing, handed out to each participant and explained to the team/group.

BUILDING STRONG ACTIVITY PROGRAMS

We believe the best way to build strong activity programs is for the student to be involved in school activities during each competitive season. We believe the mental and physical development of participating in multiple activities plays a vital role in the next activity season, which will benefit ALL our programs. The variety also gives students a chance to discover other activities in which they may excel. We all know that students out for extra-curricular activities are better off than students who are not. Students should be allowed to choose what school activities and out-of-season opportunities in which they want to be a participant. We further believe, as professionals, we need to be reasonable and work together to make our programs as strong as possible. When a student is out for a certain activity, he/she should not be restricted from participating in other non-conflicting, out-of-season opportunities. Realize that in-season activities have priority over out-of-season activities.

CONFLICTS BETWEEN ACTIVITIES

Conflicts between activity programs and the attendance of a student at one or the other should be handled by the sponsor/coach involved, and the student, well in advance of the conflict with no penalty to the student. If the sponsor/coach and the student cannot satisfactorily solve the problem, then the Activities Director or building administration will become involved.

WYOMING INDIAN SCHOOLS PLAYING TIME STATEMENTS

JUNIOR HIGH AND YOUTH PLAYING TIME STATEMENT- Playing time guaranteed to those who are eligible, however, the amount of playing time may be determined somewhat on skill and ability. Coaches will make this determination based on performance at practice, previous competitions, teamwork, skill development, comprehension and application of rules and strategies, leadership abilities, positive attitude, attendance, the safety of the individual athlete, and other determining factors. Behavior and the ability to get along with their peers might be factors that could limit participation. Skill level and attitude will be combined with the needs determined by the coaching staff to field each team.

*NOTE: In basketball and volleyball, students will be placed on an A team, B team, C team.

SUB-VARSITY PLAYING TIME STATEMENT - Playing time at this level is not guaranteed regardless of seniority or experience. Each sub-varsity student-athlete will compete for playing time by demonstrating how they can best contribute to the competitive efforts of the sub-varsity team. The governing rules of the WHSAA will always be a primary consideration. Coaches will make this determination based on their performance from practice, previous competitions, teamwork, skill development, comprehension and application of rules and strategies, leadership abilities, positive attitude, attendance, the safety of the individual athlete, and other determining factors as stated in the team handbook. Skill level, attitude, competitive ability, and maturity will be combined with the needs determined by the coaching staff to field a competitive group.

VARSITY PLAYING TIME STATEMENT - Playing time at this level is in NO WAY guaranteed, regardless of seniority or experience. Each varsity student-athlete will compete for playing time by demonstrating how they can best contribute to the competitive efforts of the varsity team. Coaches will make this determination based on their performance from practice, previous competitions, teamwork, skill development, comprehension and application of rules and strategies, leadership abilities, positive

attitude, attendance, the safety of the individual athlete and other determining factors. Skill level, attitude, competitive ability, and maturity will be combined with the needs determined by the coaching staff to field the most competitive group possible. Varsity level competitors will be determined by the coaches within each individual program.

WYOMING INDIAN ATHLETIC AND ACTIVITY DRUG TESTING

IGDK-R

DEFINITIONS

Adult Role Model – Volunteers who are coaches, persons responsible for the supervision of board-approved interscholastic programs, building principals, district administrators or members of the Board of Trustees who voluntarily submit to drug and alcohol testing.

CCF – Chain of custody form

COC – Chain of custody

DDA – District Drug Administrator

Drug – Any substance considered illegal by Wyoming Statute or which the Food and Drug Administration control. Cannabinoids, Marijuana, Phencyclidine, PCP (Angel Dust), heroin, Codeine, Morphine, Cocaine, Benzoylgonine, Amphetamines, Methamphetamine, Barbiturates, and peyote. For purposes of this policy and procedure, alcohol and tobacco are considered banned substances, however, alcohol may be tested for when individualized suspicion exists. Tobacco will not be tested for. Peyote is an illegal substance in Wyoming. Wyoming law does, however, recognize an exception when peyote is “possessed or used for bona fide religious sacramental purposes by members of the Native American Church of Wyoming”.

Activity Participant – Any student participating in an activity offered by Wyoming Indian Schools that is sanctioned by the Wyoming High School Activities Association or parallel activities offered at the 5-8 levels and board-approved interscholastic programs offered by Fremont County School District #14.

Activity Season – Fall, Winter and Spring seasons begin on the first day of practice allowed by the Wyoming High School Activities Association and end the day prior to the beginning date of practice of the next season. For purposes of this policy, activity

participants who participate in interscholastic programs that carry over into two or more seasons shall be subject to the requirements and all stipulations as applied to each season.

Board-Approved Interscholastic Programs – All activities offered by Wyoming Indian Schools that are sanctioned by the Wyoming High School Activities Association or parallel such activities offered to the 5-8 grade level students who practice and compete on the same teams or in the same activities. Other board-approved interscholastic programs shall include those approved by the board of trustees to be offered on a yearly basis either through the adoption of each school’s student/parent handbook and/or through specific recorded board action.

For purposes of beginning this new policy and procedures for the 2004-2005 school year, Board approved Interscholastic Programs to be included at the 5-12 grade levels, if offered at each level shall include:

Sports	Clubs	Other Activities
Football	Outdoor Club	Traditional Dance & Drum Groups
Volleyball	Volleyball Club	Student Council
Cross-Country	DARE Clubs	National Honor Society
Basketball	Rodeo Club	FFA (Future Farmers of America)
Wrestling	Athletic Club	Close Up
Speech	SADD Club	Music
Track	WISE Club	
Robotics	Eracism Club	

Individualized Suspicion – When a coach or person supervising a board-approved interscholastic program has reasonable suspicion that an activity participant has used drugs or alcohol by detecting or observing the activity participant displaying signs of recent drug or alcohol use including by not limited to blood shot eyes, dilated pupils, slurred speech, the odor of drugs or alcohol, or disruptive or erratic behavior not typical of the student.

Third Party – An independent testing agency responsible for collection, testing, administration, and reporting results.

PROCEDURES FOR ACTIVITIES PARTICIPANT

Consent: Each student wishing to participate in any interscholastic program sponsored by Fremont County School District #14 and/or sanctioned by the Wyoming High School Activities Association, Wind River Athletic Association, and his/her custodial parent or guardian shall consent in writing to student drug testing pursuant to the District's Student Interscholastic Drug Testing Program. In the event a student tests positive for peyote, a school official will verify whether such student is a member of the Native American Church of Wyoming and/or in consultation with an elder will verify the use of peyote for sacramental purposes on or around the time of testing. Such students shall be excused from consequences under the school code of conduct. A sample of the written consent form is attached to this regulation. No student shall be allowed to participate in any interscholastic program absent such consent.

Student Selection:

All Activity Participants participating in board-approved interscholastic programs will participate in an initial screening test to be conducted at the beginning of each activity season. Random testing drawing of three (3) people from a "5-8" grade level pool and a "9-12" pool shall be conducted on a weekly basis thereafter throughout the remainder of that activity season. A third party administrator will conduct the random selection draw process. The Activities Director and Building Principal shall take all reasonable steps to assure the integrity, confidentiality and random nature of the selection process.

When conditions exist that are set forth under the definition for "individualized suspicion", an activity participant shall be required to immediately undergo drug or alcohol testing. The district shall pay for the cost of such a test. An activity participant who refuses to comply with this requirement shall receive consequences equal to those administered for a "first positive test" or in such cases as appropriate, as a "second positive test."

SAMPLE COLLECTION

A third party administrator will be responsible for training employees of Fremont County School District #14 to conduct “oral fluid drug testing” and “alcohol testing.” Third party administrators and/or trained employees of Fremont County School District #14 shall conduct on campus “oral fluid drug testing” and/or “alcohol” testing when individualized suspicion exists. On-site testing shall be followed by off-site laboratory confirmation and review by a medical review officer (a physician trained in drug and alcohol testing). A third party administrator shall provide training to Fremont County School District #14 employees on observation indicators that may cause reasonable suspicion of drug or alcohol use.

ORAL FLUID DRUG TESTING

Oral fluid drug testing will be used by Fremont County School District #14. The window of detection in oral fluid drug testing is different for each drug. Oral fluid testing identifies usage – during the first four hours after drug use – that can be missed by urine testing. For most drugs, the window of detection in oral fluids is about one-to-three days. By contrast, urine testing relies on drug metabolites retained in the body’s waste supply and may detect some drugs for a longer period.

ORAL FLUID DRUG TESTING PROCEDURES

The specimen will be analyzed for Cannabinoids, Marijuana, Phencyclidine, PCP (Angel Dust), Heroin, Codeine, Morphine, Cocaine, Benzoyllecgonine, Amphetamines, and Methamphetamine. Samples will be collected at an assigned time on the same day the student is selected for testing.

1. The collector positively identifies the donor as the individual selected for testing. Acceptable methods of identification include: Photo identification issued by the school, or a Federal, State or school identification or positive identification by a designated school official.
2. The collector completes the administrative portion of CCF (chain of custody form). The collector ensures the client's name, identification number and the reason for the tests are indicated.
3. Collector asks the donor if he/she has had anything in his/her mouth within the past 10 minutes before beginning the collection.
4. Collector ensures the expiration date on the collection device has not expired and enters the device expiration date on the CCF.
2. Collector opens a portion of device packaging containing the oral swab and specimen vial.
3. Collector places an oral swab under the student's tongue. The collector ensures that the collection pad remains under the student's tongue. The collector instructs the donor not to chew on the collection device.
4. After the indicator turns blue, the collector opens the specimen vial. The vial must be in an upright position to avoid spilling the contents of the vial.
5. Collector places the tamper evident seal across the top of the specimen vial as far as it will go without spilling the fluid inside the vial or tipping the vial. The donor then snaps the collection wand at the second scored line against the side of the vial.
6. The collector secures the cap on the vial, ensuring that the cap snaps.
7. The collector places the tamper evident seal across the top of the specimen vial and owns the sides. The collector instructs the donor to date and initial the seals after verifying the COC numbers are the same on the vial and COC form.

8. The collector completes the collector portion of the CCF. The donor should print his/her name, enter his/her phone number and/or contact information, date the CCF, and sign the donor certification statement.
9. The collector completes the collector portion of the CCF. The collector must print his/her name, enter the time of the collection, date the CCF and sign the collector certification statement.
10. The collector places the sealed vial and laboratory copy of the CCF in the specimen bag and seals the bag.
11. The collector provides the donor with his/her copy of the CCF and informs the donor that he/she is now free to leave.
12. The collector places the sealed specimen bag into an appropriate shipping container and seals the shipping container. The shipping container should be designed to minimize damage during shipment.
13. The collector distributes remaining copies of the CCF. The collector sends the Medical Review Officer Copy of the CCF directly to the MRO, if applicable.

PRESCRIPTION MEDICATION

The MRO will gather prescription data that may be medication-related from the parent in the event of a positive test result.

LIMITED ACCESS TO RESULTS

The testing lab will be authorized to report results only to the Superintendent or to such a person as the Superintendent may designate.

PROCEDURES IN THE EVENT OF A POSITIVE RESULT

Whenever an Activity Participant's test result indicates the presence of illegal drugs ("positive test"), the School's activity/Conduct Code shall be enforced. A student who fails to cooperate or submit a drug test sample when requested to do so in accordance with this policy shall be subject to the same consequences as if deemed to have a positive test result. Student and Parent/Guardian(s) may request an appeal before the Activities Director and Building Principal, pending a second drug test (hair follicle) at their own expense. Upon a negative retest, the district will provide reimbursement. Activity participants who test positive for peyote, shall be subject to procedures where a

school official verifies with a Native American church leader and/or in consultation with an elder the use of peyote for sacramental purposes on or near the date of testing. If such procedures result in confirmation of the aforementioned, such students shall be exempt from consequences under the code of conduct. In such cases where there is no confirmation of the aforementioned, the student shall be subject to the consequences under the code of conduct for a position test.

GRADES 5 – 8

The School Activity Conduct Code(s) applying to grades 5-8 shall include the following consequences for positive test result(s):

1st Positive Test Result:

Upon a first (in an activity season) positive test result, the student shall be suspended from active participation in any practice or any interscholastic program activity inclusive of tournament participation, that occurs during that season for fourteen (14) calendar days. The suspension begins immediately upon notice of a positive test result. A negative test result must be provided in order to return to any practice or interscholastic program activity inclusive of tournament participation. Though students are not allowed to actively participate in practices, they are required to attend practices during this suspension period. The cost of the “return to activity” test will be at the student or his/her parent/guardian’s expense.

Reduced Suspension: If a student and parent/guardian sign a contract with the building principal to participate in counseling related to the use of drugs or alcohol and successfully complete such counseling, the building principal may authorize a reduction of the suspension by seven (7) calendar days or less provided the student provides evidence of a “negative” return to participation test result.

2nd and Subsequent Positive Test Results:

The consequence for a second and any subsequent positive test result(s) (inclusive of a retest(s) if applicable) within the same academic year, will result in suspension from participation in any interscholastic activity for two activity seasons at

which time such student must present a negative test result and proof of successful completion of a counseling program for drug and alcohol use in order to resume participation in any interscholastic activity.

GRADES 9 – 12

The School Activity Conduct Code(s) applying to grades 9-12 shall include the following consequences for positive test result(s):

1st Positive Test Result:

Upon a first (in an activity season) positive test result, the student shall be suspended from active participation in any practice or any interscholastic program activity inclusive of tournament participation, that occurs during that season for twenty-eight (28) calendar days. The suspension begins immediately upon notice of a positive test result. A negative test result must be provided in order to return to any practice or interscholastic program activity inclusive of tournament participation. Though students are not allowed to actively participate in practices, they are required to attend practices during this suspension period. The cost of the “return to activity” test will be at the student or his/her parent/ guardian expense.

Reduced Suspension: If a student and parent/guardian sign a contract with the building principal to participate in counseling related to the use of drugs or alcohol and successfully complete such counseling, the building principal may authorize a reduction of the suspension by fourteen (14) calendar days or less provided the student provides evidence of a “negative” return to participation test result.

2nd and Subsequent Positive Test Results:

The consequence for a second and any subsequent positive test result(s) (inclusive of a retest(s) if applicable) within the same academic year, will result in suspension from participation in any interscholastic activity for two activity seasons at which time such student must present a negative test result and proof of successful completion of a counseling program for drug and alcohol use in order to resume participation in any interscholastic activity.

NON-PUNITIVE NATURE OF POLICY

No Activity Participant shall be penalized academically for testing positive for illegal drugs. The results of drug tests pursuant to this policy will not be documented in any student's academic records. Information regarding the results on positive drug tests will not be disclosed to criminal or juvenile authorities absent legal compulsion by valid and binding subpoena or other legal process, which the District shall not solicit. In the event of service of any such subpoena or legal process, the student and the student's custodial parent or legal guardian will be notified at least 72 hours before response is made by the District.

ACTIVITIES COVERED UNDER THIS POLICY

The following activities are subject to the policy:

Sports	Clubs	Other Activities
Football	Outdoor Club	Traditional Dance & Drum Groups
Volleyball	Volleyball Club	Student Council
Cross-Country	DARE Clubs	National Honor Society
Basketball	Rodeo Club	FFA (Future Farmers of America)
Wrestling	Athletic Club	Close Up
Speech	SADD Club	Music
Track	WISE Club	
Robotics	Eracism Club	

CONDUCT EXPECTED OF ACTIVITY PARTICIPANTS

Interscholastic activity competition should demonstrate high standards of ethics and sportsmanship and promote the development of good character and other important life skills. The highest potential of students in activities is achieved when participants are committed to pursuing victory with honor with the six character traits such as Trustworthiness, Respect, Responsibility, Fairness, Caring and Good Citizenship. Participants will abide by the sport/activity rules, by the WIS Activity Code, and the WHSAA rules (9-12).

WHSAA UNSPORTSMANLIKE CONDUCT (3.5.2) (NOTE: WHSAA Rules apply to students in grades 9-12 only.) Any competitor who has been disqualified from a contest committing an unsportsmanlike act prior, during, or after the contest shall be disqualified for the remainder of the contest/activity. Depending on the sport/activity, the competitor will be disqualified from the contest(s) and must successfully complete the WHSAA Good Standing Buyback Program.

CONTRACT OF ACTIVITY CODE

1. I understand that it is my privilege to participate in WIS school activities.
2. I understand that if I violate the WIS Activity Code, I will be subject to the consequences in the code.
3. I understand that subsequent violations of the activity code will result in progressively harsher penalties.
4. I understand and agree to comply with the Wyoming Indian School District #14 Activity Code.
5. I will sign the Master Eligibility Form agreeing to abide by the WIHS Activity Code.

WYOMING INDIAN SCHOOLS Activity Code Guidelines (Grades 5th – 12th)

Participation in WIS activity programs is both an honor and a responsibility. Activity participants earn recognition for their achievements as representatives of their school. It is a privilege to participate in WIS activity programs, and this privilege is extended to all, provided that students are willing to assume certain responsibilities. Therefore, to participate in interscholastic activity programs at WIS, students will be expected to follow certain established rules.

Important advantages of individual initiative, character, and teamwork can be developed only when there is cooperation with established procedures. No attempt to infringe on a student's individual rights is intended. The Activities Department applies these standards to students participating in activities with the knowledge and recognition that the established goals of team spirit and morale, character development, and team

success cannot be achieved by any other alternative. Activity participants are expected to conduct themselves at all times in such a manner as to be a credit to their parents or guardians, the school and their community. Exemplary conduct is expected throughout the year.

INFRACTIONS: All students, grades 5-12, who participate in any WHSAA, WRCAA, or District sanctioned activities are covered under the WIS Activity Code. The participant will be subject to disciplinary action if he or she commits any of the following infractions while participating in an activity.

1. In attendance at an underage party with alcohol or drugs present.
2. Use or possession of tobacco.
3. Use, possession, selling or distribution of alcohol.
4. Use, possession, selling or distribution of drugs. (An illegal controlled substance as defined by Wyoming State Law).
5. Theft or vandalism.
6. Harassment/Bullying behaviors (includes hazing).
7. Sexual misconduct.

IN-SEASON VIOLATIONS In-season violations are from the first date of practice until the conclusion of the last varsity culminating event for each activity and will be addressed by the Activity Code. In addition to the Activity Code, each coach and sponsor has activity-specific expectations. In-season violations may be subject to coaches' and sponsors' consequences that could impact the participant's participation status and include loss of letter, season recognition and/or post-season honors. In-season violations can occur either off school grounds or on school grounds and extensions.

OFF SCHOOL GROUNDS If a participant is involved with alcohol or drugs, the participant and parents may be required to meet with the Activities Director. All students that violate the Activity Code, in regard to alcohol or drug use, will participate in an approved substance abuse counseling program. A student under a substance abuse counseling plan may be eligible to participate once their suspension has been fulfilled. Any student that fails to follow the assigned counseling plan will become ineligible for activity participation until the counseling plan is complete. Participants involved with

drugs may be required to submit to drug screens when in activities.

SCHOOL GROUNDS & EXTENSIONS Activity Code violations on school grounds or extensions of school grounds (i.e. bus, activity trip, and motel) will result in an activity suspension. Possession of weapons, the use, possession, distribution, or selling of drugs, alcohol, or any other severe violation on school grounds or extensions of school grounds will result in immediate suspension from practice and competition.

Pursuant with WIS policies and regulations, activity participants involved in, but not limited to, the following violations may be subject to school suspension and/or expulsion by the Board of Trustees: possessing, using, distributing or selling alcohol, drugs, or weapons.

CONSEQUENCES Consequences for violating the Activity Code when off school grounds will be suspension from contests and/or events. Suspensions will vary for various activities. (See “*Steps of Ineligibility*” Table) A step approach will be used to assign suspension periods. For in- season offenses, the penalty will start with the next eligible contest of his or her activity season. In the event the season ends, the participant’s consequences will be enforced at the next eligible contest in which the student is a participant.

Students may be required to participate in all practices during this suspension, but participants will not be allowed to travel or be with the team during contests or events while on suspension. Participants must realize that an activity suspension may jeopardize the participant’s future playing position or status. This is especially true when coaches and sponsors need to build team unity. In addition to the on school grounds or an extension of school grounds (i.e. busses, activity trips, motels) Activity Code consequences, violations of WIS policies by activity participants may result in other disciplinary actions, to include school suspension or expulsion by the CCSD Board of Trustees.

PARTY RULE Participants are expected to avoid parties/gatherings where alcohol or drugs are available to underage youth. Participants need to take positive action to avoid situations where alcohol or drugs are present. An action plan should include information about the party/gathering prior to attending and immediate transportation to leave the

party if alcohol or drugs are present. Failure to take appropriate steps to avoid these types of situations will be considered an Activity Code violation.

STEPS OF INELIGIBILITY

Consequences for violating the Activity Code when on or off school grounds will be suspension from contest and /or events. Suspensions will vary for various activities. (See “Steps of Ineligibility” Table) A step approach will be used to assign suspension periods. Students may be required to participate in all practices during this suspension, but participants will not be allowed to travel or be with the team during contests or events while on suspension. In-season violations may also be subject to individual coaches’/ sponsors’ consequences and could impact the participant’s future playing position or status and include loss of letter, season recognition and/or post-season honors. In-season violation can occur either off school grounds or on school grounds and extensions. For in-season offenses, the penalty will start with the next eligible contest of his or her activity season. In the event the season ends, the participant’s consequences will be enforced at the next eligible contest in which the student is a participant. Any violation of the Activity Code while traveling on a school sponsored trip will result in a 90 day suspension for high school sports and 45 day suspension for middle and youth sports from traveling to all school sponsored activities in addition to the other consequences detailed in the Activity Code.

Conduct Rules

Drug—any substance considered illegal by Wyoming Statute or which the Food and Drug Administration controls.

Activity Season---Fall, Winter and Spring seasons begin the first day of practice allowed and end the day prior to the beginning date of practice of the next season.

Interscholastic Programs—All activities offered by Wyoming Indian Schools that are sanctioned by the Wyoming High School Activities Association, Wind River Athletic Association, or parallel such activities offered to the 5-8 grade level students who practice and compete on the same team or in the same activities.

Individualized Suspicion—When a coach or person supervising a board-approved interscholastic program has reasonable suspicion that an activity participant has used drugs or alcohol by detecting or observing the activity participant displaying signs of

recent drug or alcohol use including but not limited to blood shot eyes, dilated pupils, slurred speech, the odor of drugs or alcohol, or disruptive or erratic behavior not typical of the student.

Party Rule--Participants are expected to avoid situations where illegal substances are being used. Participants are expected to take actions to avoid situations where illegal substances are present. Such actions should include: Inquiring about the situation before attending, and to leave the situation if illegal substances are present. Failure to avoid these situations will result in a code violation. Observation by a staff member or a police report on an individual could result in a code of conduct violation.

MIDDLE SCHOOL AND ELEMENTARY INFRACTION

Consequences for outstanding infractions will not follow with the student when they transition between sports levels.

CONTEST A contest shall be defined as one event against a single opponent, which includes all contests (5, 6, 7, 8, freshmen, JV & Varsity)

Level I Violations—These violations are to be considered serious but will be dealt with by the coaches and administration on an individual basis. They include but are not limited to use or possession of tobacco products, hazing, initiation, party rule, curfew violations, truancy, missing practice and fighting. These violations may or may not fall under steps 1-3 in the ineligibility chart.

Level II Violations—Students who participate in an interscholastic activity will not possess, use, transfer or disperse any alcoholic beverages or controlled substances. Student's behavior shall be exemplary and he/she shall not participate in any unethical or unlawful events such as but not limited to theft, vandalism, or breaking and entering. Minor traffic violations will be excluded.

Chart of Infractions

Infractions	1st Violation	2nd Violation	3rd Violation	4th Violation
Truancy	Warning	Step 1	Step 2	Step 3
Tobacco (use or possession) including Vaporizers/E-cigarettes, etc.	Step 1	Step 2	Step 3	Step 3
Alcohol, Drugs	Step 4	Step 5	Step 6	Step 6
Theft, Vandalism, unlawful events	Step 4	Step 5	Step 6	Step 6
Level I violations	Step 1	Step 2	Step 3	Step 3

Steps of Ineligibility

Steps	Fewer than 10 events <i>(fb, cc, trk, speech, ms, elem.)</i>	More than 10 events <i>(vb, bb, wr)</i>
Step 1	1 contest	2 contests
Step 2	2 contests	4 contests
Step 3	3 contests	6 contests
Step 4	H.S. 28 calendar days/ reduced to 14 M.S./Elem. 14 calendar days/reduced 7 (A negative test result must be provided in 14 calendar days after the positive test result in order to return to any practice or interscholastic program activity inclusive of tournament participation.) Must go to practice and watch, or check in and go to tutoring. If you are a distraction at practice or tutoring you will be asked to leave, resulting in an unexcused absence.	H.S. 28 calendar days/14 M.S./Elem. 14 calendar days/ 7 (A negative test result must be provided in 14 calendar days after the positive test result in order to return to any practice or interscholastic program activity inclusive of tournament participation.) Must go to practice and watch, or check in and go to tutoring. If you are a distraction at practice or tutoring you will be asked to leave, resulting in an unexcused absence.
Step 5	2 Activity Seasons	2 Activity Seasons
Step 6	4 Activity Seasons	4 Activity Seasons

Additional rules may be established by coaches/sponsors but must be on file in the Activity Director's Office. In regard to sports rules, each school has a list of these rules in their particular handbook that will be enforced by the coaches and administration of that school. Level I violations will be dealt with on an individual basis and may or may not fall under steps 1-3 of the ineligibility chart.

TOBACCO PRODUCTS

Use of any tobacco, including Vaporizers/E-cigarettes etc. products by any student is prohibited in the school building and within the general vicinity of school property at school-sponsored activities, or in school vehicles.

SOCIAL MEDIA GUIDELINES

The WIS School District activities programs want to make sure parents and students are aware of social networking responsibilities. We recognize and support the student-athletes' rights to freedom of speech, expression, and association, including the use of social networks. In this context, however, each student-athlete must remember that playing and competing for Wyoming Indian School District #14 is a privilege. As a student-athlete, you represent the school district and you are expected to portray yourself, your team, your school and the school district in a positive manner at all times. Below are social networking guidelines which provide direction for social networking site usage:

1. Everything you post is public information – any text or photo placed online is completely out of your control the moment it is placed online – even if you limit access to your site. Information (including pictures, videos, and comments) may be accessible even after you remove it. Once you post a photo or comment on a social networking site, that photo or comment becomes the property of the site and may be searchable even after you remove it.
2. What you post may affect your future. Many employers, college admissions officers, and athletic recruiters review social networking sites as part of their overall evaluation of an applicant. Carefully consider how you want people to perceive you before you give them a chance to misinterpret your information

(including pictures, videos, comments and posts).

3. Similar to comments made in person, Wyoming Indian School District #14 Activities Department will not tolerate disrespectful comments and behavior online, such as:
 - a. Derogatory language or remarks that may harm teammates or coaches; other WIS student athletes, teachers or coaches; and student athletes, coaches or representatives of other schools, including comments that may be disrespectful to opposing teams.
 - b. Incriminating photos or statements depicting violence, hazing; sexual harassment; full or partial nudity; inappropriate gestures; vandalism; stalking; underage drinking, selling, possessing, or using controlled substances; or any other inappropriate behavior (including the use of profanity).
 - c. Creating a serious danger to the safety of another person or making a credible threat of serious physical or emotional injury to another person.
 - d. Indicating knowledge of an unreported school or team violation – regardless if the violation was unintentional or intentional. Understand that freedom of speech is not unlimited. The online social network sites are NOT a place where you can say and do whatever you want without repercussions. The information you post on a social networking site is considered public information. Think about who you represent: yourself, your family, your teammates and coaches, and your school. Like it or not, people are going to associate everything you post with you and what you represent. Protect yourself by maintaining a self-image of which you can be proud of for years to come.

Pages that you can tear out and fill out and return to the Activities Office with the Physical.

Thank you

Keith Bauder

Student Name: _____

Please circle all the activities your son/daughter might go out for the 2022-23 school year. Fill everything in bold print

Sport: **Cross Country, Football, Volleyball, Basketball, Wrestling, Track, Speech, Council Traditional Club, Band, Student Council**

Code of Conduct & Team Rules

I have read the Drug Policy, Code of Conduct and Attendance policies and understand them and the responsibilities of myself and my child. I also agree to abide by the Team Rules that my coach has read to me. If I violate any of these rules I know I will be punished with the consequences stated within these rules or what my coaches have deemed appropriate.

Overnight Field Trip Participation

I acknowledge and understand that overnight trips are voluntary and that the child under my legal custody has my permission to participate in all the teams' overnight trips.

Travel Policy

Playing sports at Wyoming Indian Schools is a privilege. When we travel to other communities we are subject to their laws. If athletes follow the 6 moral values we will represent our school and community in a good way.

In addition to the enforcement of the Code of Conduct (Student Handbook pg. 54) while traveling on a school sponsored activity, any Level II violation committed by a student will result in no longer being able to travel with the team or activity for the remainder of the season.

Search Consent Form

I understand that coaches may conduct searches of students' personal property, purses, briefcases, backpacks, bags and hotel rooms when reasonable suspicion exists. If a student is violating school rules or the law, such searches may occur at any time during the overnight trip or excursion. Police may be called to conduct the search if alcohol or drugs are suspected.

Concussion Information Form

I have read, understand and acknowledge the FCSD #14 policy and action plan addressing concussions described by the coaches.

MEDICAL RELEASE AUTHORIZATION

PARENT/GUARDIAN CONSENT FOR EMERGENCY MEDICAL ASSISTANCE I hereby authorize School District #14 and its faculty members in charge of my child are named below to obtain all necessary medical care for my child in the event that I cannot be reached to authorize it myself. I hereby authorize any licensed physician and/or medical personnel to render necessary medical treatment to my child.

Student's Name _____

Address _____

Father Name & Work Phone #: _____

Mother Name & phone # _____

INSURANCE INFORMATION:

Company _____ Policy # _____

Insured Person _____

Policy Holder's Social Security # _____

Signature acknowledges that we have read and understand the above warning and we give consent for emergency assistance that might be needed.

Date _____ Signature of Parent/Guardian _____

Two (2) Emergency Contacts to be notified if Parents cannot be reached:

Name: _____ Phone: _____

Name: _____ Phone: _____

By Signing below you, the Parent/Guardian and the Student Athlete, Acknowledge that you have READ, UNDERSTAND and AGREE to the Terms and Conditions described in the: CODE OF CONDUCT, TEAM RULES, OVERNIGHT FIELD TRIP PARTICIPATION, SEARCH CONSENT, CONCUSSION FORM & MEDICAL RELEASE AUTHORIZATION

Parent/Guardian _____ Student Athlete _____
(Signature) (Signature)

DATE: _____

please fill out the back also

Participation in all activities requires the acceptance of risk of possible serious injury. The risk can be minimized by following your coaches' rules and procedures, by familiarizing yourself with the rules of the activity, and by following the specific rules issued by manufacturers for the safe use of your activity equipment. The risk is always there, but you can help minimize it by making safety a shared responsibility. When you make the decision to participate in an activity, you are assuming the shared responsibility of following the activities rules, the coaches' rules, and the equipment manufacturer's rules. You, as a participant, can help make the activity safer by not intentionally using techniques which are illegal and which can cause serious injury. Your signature below indicates that you have been informed about the importance of following rules in activities participation; and you realize that there is a risk of being injured that is inherent in all activities. You realize that the risk of injury may be severe, including the risk of fractures, brain injuries, paralysis or even death.

Activity programs specifically

excluded: _____

Date _____

Signature of Student _____

Signature of Parent _____

List any medical problems or allergies your child might have, we need to know about:

Please list any medication that our District #14 staff or coaches are allowed to give your son/daughter? (tylenol, inhaler, antacid, aspirin. etc)

Please list who can check your son/daughter out at away games or tournaments,
They must be an adult (no student) (Name and relationship)

WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION
SCHOOL PHYSICAL EXAMINATION
MEDICAL RECORD

PHYSICIANS STATEMENT MUST BE DATED AFTER MAY 1 TO BE VALID FOR THE
 UPCOMING SCHOOL YEAR

Name _____
 Sex _____ Age _____ Date of Birth _____
 Grade _____ School _____
 Sport(s) _____
 Address _____
 Phone _____
 Personal Physician _____

In case of emergency, contact:

Name _____ Relationship _____
 Phone (H) _____ (W) _____

Explain "Yes" answers below. Circle questions you don't know the answers to.

Yes	No	Question
		1. Have you had a medical illness or injury since your last check up or sport physical?
		2. Have you ever been hospitalized overnight?
		3. Are you currently taking any prescription or nonprescription (over-the-counter) medications or pills or using an inhaler?
		4. Do you have any allergies (for example, to pollen, medicine, food, or stinging insects)?
		5a. Have you ever passed out during or after exercise?
		5b. Have you ever been dizzy during or after exercise?
		5c. Have you ever had chest pain during or after exercise?
		5d. Do you get tired more quickly than your friends do during exercise?
		5e. Have you ever had racing of your heart or skipped heartbeats?
		5f. Have you had high blood pressure or high cholesterol?
		5g. Have you ever been told you have a heart murmur?
		5h. Has any family member or relative died of heart problems or of sudden death before age 50?

Yes	No	Question
		5i. Have you had a severe viral infection (for example, myocarditis or mononucleosis) within the last month?
		5j. Has a physician ever denied or restricted your participation in sports for any heart problems?
		6. Do you have any current skin problems (for example, itching, rashes, acne, warts, fungus, or blisters)?
		7a. Have you ever had a head injury or concussion?
		7b. Have you ever been knocked out, become unconscious, or lost your memory?
		7c. Have you ever had a seizure?
		7d. Do you have frequent or severe headaches?
		7e. Have you ever had numbness or tingling in your arms, hands, legs, or feet?
		7f. Have you ever had a stinger, burner, or pinched nerve?
		8. Have you ever become ill from exercising in the heat?
		9a. Do you cough, wheeze, or have trouble breathing during or after activity?
		9b. Do you have asthma?
		9c. Do you have seasonal allergies that require medical treatment?
		10. Do you use any special protective or corrective equipment or devices that aren't usually used for your sport or position (for example, knee brace, special neck roll, foot orthotics, retainer on your teeth, hearing aid)?
		11a. Have you had any problems with your eyes or vision?
		11b. Do you wear glasses, contacts, or protective eyewear?
		12a. Have you ever had a sprain, strain, or swelling after injury?
		12b. Have you broken or fractured any bones or dislocated any joints?
		12c. Have you had any other problems with pain or swelling in muscles, tendons, bones, or joints? <i>If yes, circle the appropriate body part and explain below.</i> Head, Neck, Back, Chest Shoulder, Upper Arm, Elbow, Forearm, Wrist, Hand, Finger Hip, Thigh, Knee, Shin/Calf, Ankle, Foot
		13a. Do you want to weigh more or less than you do now?
		13b. Do you lose weight regularly to meet weight requirements for your sport?

Yes	No	Question
		14. Do you feel stressed out?
		15. Do you, or someone in your family, have sickle cell trait or disease?

FEMALES ONLY

Question	Response
16. When was your first menstrual period?	
17. When was your most recent menstrual period?	
18. How much time do you usually have from the start of one period to the start of another?	
19. How many periods have you had in the last year?	
20. What was the longest time between periods in the last year?	

Explain "Yes" answers here:

I hereby state that, to the best of my knowledge, my answers to the above questions are complete and correct.

Signature of athlete _____

Signature of parent/guardian _____ Date _____

PARENT/GUARDIAN CONSENT FOR EMERGENCY MEDICAL ASSISTANCE

I hereby authorize _____ School District and its faculty members in charge of my child named below to obtain all necessary Medical care for my child in the event that I cannot be reached to authorize it myself. I hereby authorize any licensed physician and/or medical personnel to render necessary medical treatment to my child,

Student's Name: _____

Father's name _____

Work Phone _____

Address: _____

Mother's name _____

Home Phone _____

INSURANCE INFORMATION: Company _____

Policy # _____

Insured Person _____

Policy Holder's Social Security Number _____

Signature acknowledges that we have read and understand the above warning and we give consent for emergency assistance that might be needed,

Date _____

Signature of Parent/Guardian _____

**WYOMING HIGH SCHOOL ACTIVITIES ASSOCIATION
SCHOOL PHYSICAL EXAMINATION - MEDICAL RECORD**

PHYSICIAN'S STATEMENT MUST BE DATED AFTER MAY 1 TO BE VALID FOR THE
UPCOMING SCHOOL YEAR

DATE OF EXAM _____

Name _____ Date of Birth _____
 Height ____ Weight ____% Body fat (optional) _____ Pulse ____ BP
 ____ / ____ (____ / ____ . ____ / ____)
 Vision R 20/_ L 20/_ Corrected: Y N Pupils: Equal_ Unequal_

	NORMAL	ABNORMAL FINDINGS
MEDICAL		
Appearance		
Eyes/Ears/Nose/Throat		
Lymph Nodes		
Heart		
Pulses		
Lungs		
Abdomen		
Genitalia (males only)		
Skin		
MUSCULOSKELETAL		
Neck		
Back		
Shoulder/arm		
Elbow/forearm		
Wrist/hand		
Hip/thigh		
Knee		
Leg/ankle		
Foot		

***Normal indicated by check or N**

[] Cleared

***[] Cleared after completing evaluation/rehabilitation for:**

***[] Not cleared for:**

Reason:

Recommendations:

***IF THESE BOXES ARE CHECKED, A COPY OF THIS FORM NEEDS TO BE SENT TO THE APPROPRIATE SCHOOL DISTRICT.**

Name of physician (print/type) _____

Date _____

Address _____

Phone _____

Signature of physician _____

STUDENT/PARENT/GUARDIAN INFORMED CONSENT

Participation in all activities requires the acceptance of risk of possible serious injury. The risk can be minimized by following your coaches' rules and procedures, by familiarizing yourself with the rules of the activity, and by following the specific rules issued by manufacturers for the safe use of your activity equipment. The risk is always there, but you can help minimize it by making safety a priority. When you make the decision to participate in an activity, you are assuming the shared responsibility of following the activities rules, the coach's rules, and the equipment manufacturers rules. You, as a participant, can help make the activity safer by not intentionally using techniques which are illegal and which can cause serious injury.

Your signature below indicates that you have been informed about the importance of following rules in activities participation; and you realize that there is a risk of being injured that is inherent in all activities. You realize that the risk of injury may be severe, including the risk of fractures, brain injuries, paralysis or even death.

Activity programs specifically excluded _____

Date _____

Signature of Student _____

Signature / Parent/Guardian _____

FREMONT COUNTY SCHOOL DISTRICT #14
CONCUSSION/HEAD INJURY INFORMATION AND PROCEDURES

Student Name: _____ Grade: _____ Date: _____

What is a Concussion?

A concussion is a brain injury which results in a temporary disruption of normal brain function. A concussion occurs when the brain is violently rocked back and forth or twisted inside the skull as a result of a blow to the head or body. An athlete does not have to lose consciousness ("knocked-out) to suffer a concussion.

Concussion Facts

1. Concussions occur most frequently in football, but girls' soccer, wrestling, and girls' basketball follow closely behind. All athletes are at risk.
2. Athletes should not return to sports while still having symptoms from a concussion as they are at risk for prolonging symptoms and further injury.
3. A concussion may cause multiple symptoms and may last for a few days to several days. Symptoms may include:
 - Headache or "pressure" in the head
 - Balance problems or dizziness
 - Bothered by light or noise
 - Difficulty paying attention
 - Confusion
 - Nausea or vomiting
 - Double or blurry vision
 - Feeling sluggish, hazy, or groggy
 - Memory problems.

Fremont County School District #14 recognizes the potential immediate as well as long-term danger concussions can have to our student athletes. Therefore, the Board of Trustees has adopted the following policy JJI-R(I):

1. Training of Coaches and Physicians to facilitate the Recognition of Signs of Concussions.
2. Restrictions Concerning Participation in School Athletic Events After Suffering a Head Injury (Concussion).
 - A. **A coach or physician/EMT shall immediately remove the student athlete from the school athletic event** and shall not allow the athlete to continue participation in a school athletic event on the same day that the student athlete, meets one or both of the following criteria:
 - i) **Exhibits physical or cognitive signs or symptoms consistent with a concussion** or other head injury after a coach, athletic trainer, school official, or student athlete reports, observes, or suspects that the student athlete exhibiting these signs or symptoms has sustained a concussion or other head injury, and the signs and symptoms cannot be readily explained by a condition other than concussion; or
 - ii) Has been suspected by an athletic coach, trainer or health care provider of having a concussion or other head injury.
 - B. If a student athlete is removed from a school athletic event pursuant to Section 2(A), **the coach or athletic trainer shall make reasonable efforts to notify the athlete's parent or legal guardian** that the student is suspected of having sustained a concussion or other head injury.
 - C. If a student athlete is removed from a school athletic event pursuant to Section 2(A) the coach or athletic trainer **shall not permit the student athlete to return to the athletic event or to participate in any youth athletic activity involving physical exertion until the student athlete has been evaluated by a health care provider receives written clearance** from the healthcare provider to return to participation in the youth athletic activity.
 - D. **Any student athlete who loses consciousness during an event, whether related to a head injury or not, shall not be allowed to participate for the remainder of that day** and, in order to return to practice or play in the future, the student must have a medical clearance

by a practitioner licensed by the State Board of Medicine. WHSAA Rule
2.4.5

We understand and acknowledge the FCSD #14 policy and action plan addressing concussions described above.

Student Signature

Date

Parent Signature

Date

WYOMING INDIAN SCHOOLS GRADES 5-12
VOLUNTEER DRUG TESTING - INFORMED CONSENT AGREEMENT

Student Name _____ Grade _____

As a student and parent/guardian:

- We understand and agree that participation in board-approved interscholastic programs is a privilege that may be withdrawn for violations of the Drug Testing Policy.
- We have read the Drug Testing Policy and thoroughly understand the responsibilities and consequences as an Activity Participant in Wyoming Indian Schools.
- We understand and realize that there is risk of injury in participating in interscholastic programs.
- We understand when students participate in any board-approved interscholastic program; they will be subjected to random urine, saliva or hair follicle drug testing, and if they refuse, will not be allowed to participate in any board-approved interscholastic programs until requirements are met to return to activity. We have read the consent statement and agree to its terms.
- We understand that if a coach or person supervising a board-approved interscholastic program has reasonable suspicion that an individual participant is using a controlled substance or alcohol the coach/person supervising a board-approved interscholastic program must report the information to the district activities director or building principal, or designee. If the AD, building principal or designee determines a drug or alcohol test should be administered, parents will be contacted prior to the actual testing. If the drug or alcohol test is refused, it will be treated under the policy the same as a positive test.
- We understand this is binding while a student is enrolled in Fremont County School District #14.
- We understand our son/daughter will be instructed by the collector to complete the donor portion of the CCF and that he/she will be asked to print his/her name, enter

his/her phone number and/or contact information, date the CCF, and sign a donor certification statement.

- We understand if a student tests positive for peyote, a school official will verify such student's membership with the Native American Church of Wyoming and/or in consultation with an elder will verify the use of peyote for sacramental purposes on or around the time of testing. In such a circumstance, such students will be excused from consequences for a positive test under the school code of conduct. If it is determined that the aforementioned confirmation process does not apply, the student will be considered to have tested positive and he/she shall be subject to consequences per the school's code of conduct.
- I further consent to the school district using foundation money, if necessary, to conduct the random drug testing.

Student Signature Date

Parent/Guardian Signature Date

CONSENT TO PERFORM VOLUNTEER DRUG TESTING

- We hereby consent to allow the student named on this form to undergo urinalysis, saliva or hair follicle testing for the presence of illicit drugs or banned substances in accordance with the Policy and Procedure for Random Drug Testing of Fremont County School District #14 students participating in board-approved Interscholastic Programs, as approved by the Fremont County School District #14 Board.
- We understand that a quality vendor will oversee the collection process.
- We understand that any oral fluid drug test samples will be sent only to a certified medical laboratory for actual testing, and that the samples will be coded to provide confidentiality.
- We understand our son/daughter will be instructed by the collector to complete the donor portion of the CCF and that he/she will be asked to print his/her name, enter his/her phone number and/or contact information, date the CCF, and sign a donor certification statement.
- We hereby give our consent to the medical vendor selected by the Fremont County School District #14 Board, their laboratory, doctors, employees, or agents, together with any clinic, hospital, or laboratory designated by the selected medical vendor to perform urinalysis, saliva or hair follicle testing for the detection of illicit drugs or banned substances.
- We further give permission to the medical vendor selected by the Fremont County School District #14 Board, its doctors, employees, or agents release all results of these tests to the Medical Review Officer (MRO) working for the medical vendor. We understand positive test results will be forwarded to the Superintendent or designee and will also be made available to us.
- We understand that consent pursuant to this Informed Consent Agreement will be effective for all board-approved interscholastic programs in which this Activity Participant might participate during the current school year.
- We understand in the event a student tests positive for peyote, a school official will verify such student's membership with the Native American Church of Wyoming and/or in consultation with an elder will verify the use of peyote for sacramental purposes on or around the time of testing. In such a circumstance, such students will

be excused from consequences for a positive test under the school code of conduct. If it is determined that the aforementioned confirmation process does not apply, the student will be considered to have tested positive and he/she shall be subject to consequences per the school's code of conduct.

- We hereby release the Fremont County School District #14 Board of Trustees and its employees from any legal responsibility or liability for the release of such information and records, pursuant to the policy.
- We further consent to the school district using foundation money, if necessary, to conduct the random drug testing.

Student Signature

Date

Parent/Guardian Signature

Date

IMPORTANT ON-LINE RESOURCES:

Other important resources available in your building's Activities Office and on-line:

- WHSAA Handbook (<http://www.whsaa.org/handbook/handbook.asp>)
- Fremont County School District #14 Board Policies
www.wyomingindianschools.com (department, board of education)
- PTSB Coaching Certification requirements:
(<http://ptsb.state.wy.us/Licensure/Coaching/tabid/71/Default.aspx>)
- Wyoming Coaches Association (<http://www.wcaonline.net/>)
- WHSAA Calendar of Events
(<http://www.whsaa.org/WHSAAinformation/calendar/calendar.asp>)

If you have any questions, please call the Activities Office. Have a great year!

Parent-Student Athletics & Activities Handbook
2022-2023

I hereby sign that I have read, understand, and will abide by the procedures outlined in the Parent-Student Athletics & Activities Handbook.

Parent: _____

Student: _____

Date: _____

Please tear out and hand back to the AD'S Office.