



School Information: This Institution is an equal opportunity employer
1 % White and Fat Free Chocolate



Nutrition Tip: Practice stealth health - sneak veggies into favorite foods. Go light on the meat and top your pizza with vegetables like tomatoes, onions, bell peppers, mushrooms, zucchini, and artichoke hearts.



Monday



Tuesday



Wednesday

Thursday

Friday

4

WG Cinnamon Toast Crur **5**
Choice of Milk
Fresh Fruit

6

WG Waffles
Choice of Milk
Fresh Fruit

7

WG Bagel and Strawberry
Cream Cheese
Choice of Milk
Fresh Fruit

8

WG Chocolate Muffin
Choice of Milk
Fresh Fruit

11

WG Blueberry Loaf
Choice of Milk
Fresh Fruit

12

WG Fruit Loops
Choice of Milk
Fresh Fruit

13

WG French Toast
Choice of Milk
Fresh Fruit

14

WG Apple Muffin
Choice of Milk
Fresh Fruit

15

WG Cinnamon Toast Cere **15**
Choice of Milk
Fresh Fruit

18

WG Strawberry Bagel Bar
Choice of Milk
Fresh Fruit

19

Strawberry Frosted Pop T **19**
Choice of Milk
Fresh Fruit

20

WG Blueberry Muffin
Choice of Milk
Fresh Fruit

21

WG Trix
Choice of Milk
Fresh Fruit

22

25

26

27

28

29