## MIDDLE SCHOOL & QA SEPTEMBER



**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 



Carnitas Burrito

Baked Pasta w/ Garlic Bread

Breaded Chicken Sandwich

WG

Spicy Chicken Sandwich,

WGR

Shrimp Ceviche w/ Chips

PB & J Grape

Sandwich WGR



Chicken Tamale w/ 5
Green Sauce WGR
Chili & Cheese
Tamale WGR
Mango Habanero Chicken
Wing & Garlic Knot
Shrimp Poppers
w/Cheez Its
Veggie Wrap

Shrimp, Rice &Cheese 6
Burrito
Beef Taco Dip w/ Chips
Chicken Chow Mein
Chicken Noodle Shaker
Salad
Turkey Bento Box
PB & J Grape
Sandwich WGR

Gourmet Chicken
Garlic Knot
Cheese Pizza, PZA Guy
Pepperoni Pizza, PZA Guy
Garlic Cheese Sticks
Marinara Sauce WGR
Nashville Chicken
Wrap

Hot Dog w/ Emoticons
Carnitas Street Tacos
Spaghetti & Meatballs
with Garlic Bread
Breaded Chicken Sandwich
WG
Spicy Chicken Sandwich,
WGR
PB & J Grape Sandwich WGR
Sriracha Tuna w/ Chips

**Bistro Box** 

Gourmet Chicken 11
Garlic Knot
Greek Hummus Box
Chicken & Broccoli
Alfredo
Chicken Tamale w/
Green Sauce WGR
Hamburger Cheeseburger

Chicken Quesadilla
Cheese Quesadilla
Quesadilla Supreme
WGR
Mango Habanero Chicken
Wing & Garlic Knot
Chicken Tinga w/Chips
Veggie Wrap

Mummy Dog 13
Walking Taco w Beef
Taco Meat & Cheese
PB & J Grape
Sandwich WGR
Orange Chicken w/Rice
Chicken Noodle Shaker
Salad
Turkey Bento Box

Gourmet Chicken
Garlic Knot
Pepperoni Pizza, PZA Guy
Cheese Pizza, PZA Guy
Pizza Crunchers
w/Marinara Sauce
Nashville Chicken
Wrap

Carnitas Burrito

Baked Pasta w/ Garlic

Bread

Breaded Chicken Sandwich

WG

Spicy Chicken Sandwich,

WGR

Shrimp Ceviche w/ Chips

PB & J Grape Sandwich WGR

Milk Option 1% Regular Milk

Menus are subject to change
This institution is an equal opportunity provider.

Visit EUSD.org/Nutrition-Services for forms and nutritional information.



## MIDDLE SCHOOL & QA SEPTEMBER





**MONDAY** 

**TUESDAY** 

WEDNESDAY

**THURSDAY** 

**FRIDAY** 

Gourmet Chicken
Garlic Knot
Chicken Pot Pie
Spicy Beef Taco Stick
WGR
Chicken Strips w/ Emoji's
Greek Hummus Box

Chicken Tamale w/ 19
Green Sauce WGR
Chili & Cheese
Tamale WGR
Mango Habanero Chicken
Wing & Garlic Knot
Shrimp Poppers
w/Cheez Its
Veggie Wrap

Cheesy Bread WGR 20
Marinara Sauce
Beef Taco Dip w/ Chips
Chicken Chow Mein
Chicken Noodle Shaker
Salad
Turkey Bento Box
PB & J Grape
Sandwich WGR

Gourmet Chicken <sup>21</sup>
Garlic Knot
Cheese Pizza, PZA Guy
Pepperoni Pizza, PZA Guy
Garlic Cheese Sticks
Marinara Sauce WGR
Nashville Chicken
Wrap

Hot Dog w/ Emoticons 22
Carnitas Street Tacos
Spaghetti & Meatballs
with Garlic Bread
Breaded Chicken Sandwich
WG
Spicy Chicken Sandwich,
WGR
PB & J Grape Sandwich WGR
Sriracha Tuna w/ Chips
Bistro Box

29

Gourmet Chicken
Garlic Knot
Greek Hummus Box
Chicken & Broccoli Alfredo
Chicken Tamale w/
Green Sauce WGR
Hamburger
Cheeseburger

Chicken Quesadilla
Cheese Quesadilla
Quesadilla Supreme
WGR
Mango Habanero Chicken
Wing & Garlic Knot
Chicken Tinga w/Chips
Veggie Wrap

Mummy Dog 27
Walking Taco w Beef
Taco Meat & Cheese
PB & J Grape Sandwich
WGR
Orange Chicken w/Rice
Chicken Noodle Shaker
Salad
Turkey Bento Box

Gourmet Chicken
Garlic Knot
Pepperoni Pizza, PZA Guy
Cheese Pizza, PZA Guy
Pizza Crunchers
w/Marinara Sauce
Nashville Chicken
Wrap

Carnitas Burrito

Baked Pasta w/ Garlic Bread

Breaded Chicken Sandwich

WG

Spicy Chicken Sandwich,

WGR

Shrimp Ceviche w/Chips

PB & J Grape

Sandwich WGR





Milk Option 1% Regular Milk

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