



AUGUST

MIDDLE SCHOOL & QA LUNCH



Monday

Tuesday

Wednesday

Thursday

Friday

14

BACK TO SCHOOL

15

Chicken Quesadilla
Cheese Quesadilla
Quesadilla Supreme WGR
Mango Habanero Chicken
Wing & Garlic Knot
Chicken Tinga w/Chips
Veggie Wrap

Mummy Dog 16

Walking Taco w Beef
Taco Meat & Cheese
PB & J Grape Sandwich
WGR
Orange Chicken w/Rice
Chicken Noodle Shaker
Salad
Bistro Box Place Holder

Gourmet Chicken 17

Garlic Knot
Pepperoni Pizza, PZA Guy
Cheese Pizza, PZA Guy
Pizza Crunchers
w/Marinara Sauce
Nashville Chicken
Wrap

Carnitas Burrito 18

Baked Pasta w/ Garlic Bread
Breaded Chicken Sandwich
WG
Spicy Chicken Sandwich,
WGR
Shrimp Ceviche w/Chips
PB & J Grape Sandwich
WGR

21

Gourmet Chicken Garlic
Knot
Beef & Cheese Gordita
Spicy Beef Taco Stick WGR
Chicken Strips w/ Emoji's
Hummus Bistro Box w/
Flatbread & Veggiest

22

Chicken Tamale w/
Green Sauce WGR
Chili & Cheese Tamale
WGR
Mango Habanero Chicken
Wing & Garlic Knot
Shrimp Poppers w/Cheez Its
Veggie Wrap

Shrimp, Rice & Cheese 23

Burrito
Beef Taco Dip w/ Chips
Chicken Chow Mein
Chicken Noodle Shaker
Salad
Bistro Box Place Holder
PB & J Grape Sandwich
WGR

24

Gourmet Chicken Garlic
Knot
Cheese Pizza, PZA Guy
Pepperoni Pizza, PZA Guy
Garlic Cheese Sticks
Marinara Sauce WGR
Nashville Chicken Wrap

Hot Dog w/ Emoticons 25

Carnitas Street Tacos
Spaghetti & Meatballs
with Garlic Bread
Breaded Chicken Sandwich WG
Spicy Chicken Sandwich, WGR
PB & J Grape Sandwich WGR
Sriracha Tuna w/ Chips
Bistro Box

28

Gourmet Chicken Garlic Knot
Roasted Garlic Hummus
Chicken & Broccoli Alfredo
Chicken Tamale w/
Green Sauce WGR
Hamburger Cheeseburger

29

Chicken Quesadilla
Cheese Quesadilla
Quesadilla Supreme WGR
Mango Habanero Chicken
Wing & Garlic Knot
Chicken Tinga w/Chips
Veggie Wrap

Mummy Dog 30

Walking Taco w Beef
Taco Meat & Cheese
PB & J Grape Sandwich WGR
Orange Chicken w/Rice
Chicken Noodle Shaker Salad
Bistro Box
Place Holder

Gourmet Chicken 31

Garlic Knot
Pepperoni Pizza, PZA Guy
Cheese Pizza, PZA Guy
Pizza Crunchers
w/Marinara Sauce
Nashville Chicken
Wrap

Special Meal

Accommodations for Students

A medical statement, signed by a physician, must be on file for Meal Accommodations. Ask your Nutrition Services Manager or go to EUSD.org/Nutrition-Services for forms and nutritional information.

Milk Option

1 % Regular Milk

