

# Middle & Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>3 Bean Chili (Veggi) w/Chips Gourmet Chicken Garlic Knot Orange Chicken w/Rice Corn Dog w/ Cracker BBQ Pulled Pork Bowl Spicy Chicken Sandwich, WGR Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB &amp; J Grape Sandwich WGR ..... Banana Mandarin Oranges Assorted Dried Fruit Coleslaw Caesar Salad Baby Carrots Italian Squash 1% Milk Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>	<p>2</p> <p>Gourmet Chicken Garlic Knot Pepperoni Pizza, PZA Guy Cheese Pizza, PZA Guy Spicy Chicken Sandwich, WGR Jalapeno Mozzarella Cheese Bites w/Sauce PB &amp; J Grape Sandwich WGR ..... Diced Pears Orange Smiles Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>	<p>3</p> <p>Buffalo Chicken Flatbread Fish Taco's Gourmet Chicken Garlic Knot Baked Pasta w/ Garlic Cheese Bread Buffalo Chicken Wings w/ Cracker Breaded Chicken Sandwich WG Chicken Nuggets w/ Goldfish PB &amp; J Grape Sandwich WGR ..... FISH TACO CONDIMENTS Shredded Cabbage Fish Sauce Lime Wedge Asian Pear Assorted Dried Fruit TREAT Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans 1% Milk Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>
<p>6</p> <p>Gourmet Chicken Garlic Knot Orange Chicken w/Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich WG Hamburger Cheeseburger Turkey Pinwheel Bento Box PB &amp; J Grape Sandwich WGR ..... Halo Mandarin Oranges Juice/Appleberry Assorted Dried Fruit Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing Ketchup Packet Pickles, Dill 1% Milk Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>	<p>7</p> <p>Carnitas Street Tacos Chicken Tamale w/ Green Sauce Chili &amp; Cheese Tamale Quesadilla Supreme PB &amp; J Grape Sandwich WGR Cheese Pizza Round Pizza,Nardone Bros. WGR Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers SB, Bean, Kidney 1% Milk Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>	<p>8</p> <p>Gourmet Chicken Garlic Knot Orange Chicken w/Rice Chicken &amp; Broccoli Alfredo Breaded Chicken Sandwich WG Jalapeno Mozzarella Cheese Bites w/Sauce Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB &amp; J Grape Sandwich WGR ..... Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Italian Squash 1% Milk Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>	<p>9</p> <p>Gourmet Chicken Garlic Knot Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Breaded Chicken Sandwich WG Chicken &amp; Cheese Flatbread Sandwich PB &amp; J Grape Sandwich WGR ..... Diced Pears Orange Smiles Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>	<p>10</p> <p>Buffalo Chicken Flatbread Fish Fillet Sandwich Gourmet Chicken Garlic Knot Meatball Sub w/Mozzarella Cheese Cheesy Bites w/ Marinara Sauce Hot Dog w/ Smile Fries Peach Yogurt Parfait Buffalo Chicken Wings w/ Cracker Breaded Chicken Sandwich WG PB &amp; J Grape Sandwich WGR ..... Ketchup Packet Pickles, Dill Tarter Sauce Mustard Asian Pear Assorted Dried Fruit TREAT Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans</p>

				1% Milk Chocolate Milk <a href="#">View Nutrients</a>
13	14	15	16	17
Gourmet Chicken Garlic Knot Orange Chicken w/Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich WG Hamburger Cheeseburger Turkey Pinwheel Bento Box PB & J Grape Sandwich WGR ..... Halo Mandarin Oranges Juice/Appleberry Assorted Dried Fruit Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing Ketchup Packet Pickles, Dill 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Carnitas Burrito Shrimp, Rice & Cheese Burrito Beef Taco Dip w/ Chips PB & J Grape Sandwich WGR Pizza, Nardone Bros. WGR Cheese Pizza Round Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers SB, Bean, Kidney 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Gourmet Chicken Garlic Knot Orange Chicken w/Rice Corn Dog w/ Cracker BBQ Pulled Pork Bowl Spicy Chicken Sandwich, WGR Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR ..... Ketchup Packet Mustard Pickles, Dill Banana Mandarin Oranges Assorted Dried Fruit Coleslaw Caesar Salad Baby Carrots Sliced Cucumber 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Gourmet Chicken Garlic Knot Pepperoni Pizza, PZA Guy Cheese Pizza, PZA Guy Spicy Chicken Sandwich, WGR Jalapeno Mozzarella Cheese Bites w/Sauce PB & J Grape Sandwich WGR ..... Diced Pears Orange Smiles Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Buffalo Chicken Flatbread Fish Taco's Gourmet Chicken Garlic Knot Baked Pasta w/ Garlic Cheese Bread Buffalo Chicken Wings w/ Cracker Breaded Chicken Sandwich WG Chicken Nuggets w/ Goldfish PB & J Grape Sandwich WGR ..... FISH TACO CONDIMENTS Shredded Cabbage Fish Sauce Lime Wedge Asian Pear Assorted Dried Fruit TREAT Luck O' The Irish Sour Apple Ice Cup Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>
20	21	22	23	24
Gourmet Chicken Garlic Knot Orange Chicken w/Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich WG Hamburger Cheeseburger Turkey Pinwheel Bento Box PB & J Grape Sandwich WGR ..... Halo Mandarin Oranges Juice/Appleberry Assorted Dried Fruit Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing Ketchup Packet Pickles, Dill 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Carnitas Street Tacos Chicken Tamale w/ Green Sauce Chili & Cheese Tamale Quesadilla Supreme PB & J Grape Sandwich WGR Cheese Pizza Round Pizza, Nardone Bros. WGR Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers SB, Bean, Kidney 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Gourmet Chicken Garlic Knot Orange Chicken w/Rice Chicken & Broccoli Alfredo Breaded Chicken Sandwich WG Jalapeno Mozzarella Cheese Bites w/Sauce Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR ..... Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Gourmet Chicken Garlic Knot Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Breaded Chicken Sandwich WG Chicken & Cheese Flatbread Sandwich PB & J Grape Sandwich WGR ..... Diced Pears Orange Smiles Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Buffalo Chicken Flatbread Fish Fillet Sandwich Gourmet Chicken Garlic Knot Meatball Sub w/Mozzarella Cheese Cheesy Bites w/ Marinara Sauce Hot Dog w/ Smile Fries Peach Yogurt Parfait Buffalo Chicken Wings w/ Cracker Breaded Chicken Sandwich WG PB & J Grape Sandwich WGR ..... Ketchup Packet Mustard Pickles, Dill Salsa Verde Asian Pear Assorted Dried Fruit TREAT Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans 1% Milk Chocolate Milk

				<a href="#">View Nutrients</a>
27	28	29	30	31
Gourmet Chicken Garlic Knot Orange Chicken w/Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich WG Hamburger Cheeseburger Turkey Pinwheel Bento Box PB & J Grape Sandwich WGR ..... Halo Mandarin Oranges Juice/Appleberry Assorted Dried Fruit Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing Ketchup Packet Pickles, Dill 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Carnitas Burrito Shrimp, Rice & Cheese Burrito Beef Taco Dip w/ Chips PB & J Grape Sandwich WGR Pizza, Nardone Bros. WGR Cheese Pizza Round Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers SB, Bean, Kidney 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	Gourmet Chicken Garlic Knot Orange Chicken w/Rice Corn Dog w/ Cracker BBQ Pulled Pork Bowl Spicy Chicken Sandwich, WGR Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR ..... TREAT Hip Hoppin Tropical Jellybean Ice Banana Mandarin Oranges Assorted Dried Fruit Coleslaw Caesar Salad Baby Carrots Sliced Cucumber 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	HOLIDAY	HOLIDAY

Nutritional information can be found at [EUSD.org/Nutrition-Services](https://EUSD.org/Nutrition-Services)

Menu subject to change without notice.

This institution is an equal opportunity provider.