

Middle & Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
		<p>1</p> <p>Gourmet Chicken Garlic Knot Orange Chicken w/Rice Corn Dog w/ Cracker BBQ Pulled Pork Bowl Spicy Chicken Sandwich, WGR Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR Banana Mandarin Oranges Assorted Dried Fruit Coleslaw Caesar Salad Baby Carrots Italian Squash 1% Milk Chocolate Milk</p> <p>View Nutrients</p>	<p>2</p> <p>Gourmet Chicken Garlic Knot Pepperoni Pizza, PZA Guy Cheese Pizza, PZA Guy Spicy Chicken Sandwich, WGR Jalapeno Mozzarella Cheese Bites w/Sauce PB & J Grape Sandwich WGR Diced Pears Fresh Fruit Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk</p> <p>View Nutrients</p>	<p>3</p> <p>Gourmet Chicken Garlic Knot Baked Pasta w/ Garlic Cheese Bread Buffalo Chicken Wings w/ Garlic Knot Breaded Chicken Sandwich WG Chicken Nuggets w/ Smiles PB & J Grape Sandwich WGR BLT Wrap Asian Pear Assorted Dried Fruit SIDEKICKS ANY FLAVOR Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk</p> <p>View Nutrients</p>
<p>6</p> <p>Gourmet Chicken Garlic Knot Orange Chicken w/Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich WG Hamburger Cheeseburger Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR Halo Mandarin Oranges Juice/Appleberry Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk</p> <p>View Nutrients</p>	<p>7</p> <p>Carnitas Street Tacos Chicken Tamale w/ Green Sauce Chili & Cheese Tamale Quesadilla Supreme PB & J Grape Sandwich WGR Cheese Pizza Round Pizza, Nardone Bros. WGR Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk</p> <p>View Nutrients</p>	<p>8</p> <p>Gourmet Chicken Garlic Knot Orange Chicken w/Rice Chicken & Broccoli Alfredo Breaded Chicken Sandwich WG Jalapeno Mozzarella Cheese Bites w/Sauce Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk</p> <p>View Nutrients</p>	<p>9</p> <p>Gourmet Chicken Garlic Knot Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Breaded Chicken Sandwich WG Chicken & Cheese Flatbread Sandwich PB & J Grape Sandwich WGR Diced Pears Fresh Fruit Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk</p> <p>View Nutrients</p>	<p>10</p> <p>Gourmet Chicken Garlic Knot Meatball Sub w/Mozzarella Cheese Cheesy Bites w/ Marinara Sauce Hot Dog w/ Smile Fries Peach Yogurt Parfait Buffalo Chicken Wings w/ Garlic Knot Breaded Chicken Sandwich WG PB & J Grape Sandwich WGR BLT Wrap Asian Pear Assorted Dried Fruit SIDEKICKS ANY FLAVOR Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk</p> <p>View Nutrients</p>

13	Gourmet Chicken Garlic Knot Orange Chicken w/Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich WG Hamburger Cheeseburger Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR Halo Mandarin Oranges Juice/Appleberry Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk View Nutrients	14	Carnitas Burrito Shrimp,Rice &Cheese Burrito Beef Taco Dip w/ Chips PB & J Grape Sandwich WGR Pizza,Nardone Bros. WGR Cheese Pizza Round Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy TREAT Swee'Hheart Italian Ice Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk Strawberry Milk View Nutrients	15	Gourmet Chicken Garlic Knot Orange Chicken w/Rice Corn Dog w/ Cracker BBQ Pulled Pork Bowl Spicy Chicken Sandwich, WGR Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR Banana Mandarin Oranges Assorted Dried Fruit Coleslaw Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients	16	Gourmet Chicken Garlic Knot Pepperoni Pizza, PZA Guy Cheese Pizza, PZA Guy Spicy Chicken Sandwich, WGR Jalapeno Mozzarella Cheese Bites w/Sauce PB & J Grape Sandwich WGR Diced Pears Fresh Fruit Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk View Nutrients	17	HOLIDAY
20	HOLIDAY	21	Carnitas Street Tacos Chicken Tamale w/ Green Sauce Chili & Cheese Tamale Quesadilla Supreme PB & J Grape Sandwich WGR Cheese Pizza Round Pizza,Nardone Bros. WGR Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk View Nutrients	22	Gourmet Chicken Garlic Knot Orange Chicken w/Rice Chicken & Broccoli Alfredo Breaded Chicken Sandwich WG Jalapeno Mozzarella Cheese Bites w/Sauce Peach Yogurt Parfait Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients	23	Gourmet Chicken Garlic Knot Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Breaded Chicken Sandwich WG Chicken & Cheese Flatbread Sandwich PB & J Grape Sandwich WGR Diced Pears Fresh Fruit Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets 1% Milk Chocolate Milk View Nutrients	24	Gourmet Chicken Garlic Knot Meatball Sub w/Mozzarella Cheese Cheesy Bites w/ Marinara Sauce Hot Dog w/ Smile Fries Peach Yogurt Parfait Buffalo Chicken Wings w/ Garlic Knot Breaded Chicken Sandwich WG PB & J Grape Sandwich WGR BLT Wrap Asian Pear Assorted Dried Fruit SIDEKICKS ANY FLAVOR Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients
27	Gourmet Chicken Garlic Knot Orange Chicken w/Rice Spicy Chicken Sandwich, WGR Breaded Chicken	28	Carnitas Burrito Shrimp,Rice &Cheese Burrito Beef Taco Dip w/ Chips PB & J Grape Sandwich WGR Pizza,Nardone Bros.						

Sandwich WG Hamburger Cheeseburger Turkey Pinwheel Bistro Box PB & J Grape Sandwich WGR Halo Mandarin Oranges Juice/Appleberry Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk View Nutrients	WGR Cheese Pizza Round Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk View Nutrients			
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Nutritional information can be found at EUSD.org/Nutrition-Services
Menu subject to change without notice.
This institution is an equal opportunity provider.