

# Elementary Lunch

| Monday  | Tuesday   | Wednesday   | Thursday   | Friday   |
|---|---|---|--|--|
|   |   | 1<br><br>Baked Chicken & Cornbread Poppers<br>Spaghetti & Meatballs with Garlic Bread<br>Yogurt & Graham Cracker<br>PB & J Grape Sandwich<br>.....<br>Mandarin Oranges<br>Fresh Fruit<br>Assorted<br>Dried Fruit<br>Caesar Salad<br>Baby Carrots<br>Baby Carrots<br>Italian Squash<br>Tajin Packet<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a> | 2<br><br>Corn Dog w/ Cracker<br>Yogurt & Graham Cracker<br>Turkey & Cheese on Hoagie Roll<br>.....<br>Ketchup Packet<br>Mayo Packet<br>Mustard<br>Diced Pears<br>Fresh Fruit<br>Assorted<br>Dried Fruit<br>Bean Salad<br>Garden Fresh Salad<br>Broccoli Florets<br>Blanched<br>Yellow Corn<br>Green Peas<br>Ranch Dressing<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a>              | 3<br><br>Cheese Pizza Round<br>Pizza,Nardone Bros. WGR<br>Breaded Chicken Sandwich<br>Spicy Chicken Sandwich, WGR<br>PB & J Grape Sandwich<br>.....<br>Ketchup Packet<br>Mayo Packet<br>Mustard<br>Pickles, Dill<br>Fresh Fruit<br>Assorted<br>Dried Fruit<br>TREAT<br>Bean Salad<br>Caesar Salad<br>Baby Carrots<br>Baby Carrots<br>Roasted Garbanzo Beans<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a> |
| 6<br><br>Mega Mini Chix W/ Goldfish Cracker<br>Meatball Sub w/Mozzarella Cheese<br>Pizza Crunchers w/Marinara Sauce<br>PB & J Grape Sandwich<br>.....<br>Ketchup Packet<br>Barbeque Sauce<br>Fresh Fruit<br>Juice, Place Holder<br>Assorted<br>Dried Fruit<br>Baby Carrots<br>Baby Carrots<br>Grape Tomatoes<br>Garden Fresh Salad<br>Green Peas<br>Ranch Dressing<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a> | 7<br><br>Beef Taco Dip w/ Chips<br>Chicken Quesadilla Pocket<br>Cheese Quesadilla<br>PB & J Grape Sandwich<br>.....<br>Jalapenos<br>Salsa<br>Diced Peaches<br>Fresh Fruit<br>Assorted<br>Dried Fruit<br>Chipotle Ranch Dressing<br>Jicama sticks<br>Shredded Romaine<br>Mini Sweet Peppers<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a> | 8<br><br>Orange Chicken/Rice<br>Breaded Chicken Sandwich<br>Grilled Cheese Sandwich-PS<br>PB & J Grape Sandwich<br>.....<br>Mandarin Oranges<br>Fresh Fruit<br>Assorted<br>Dried Fruit<br>Caesar Salad<br>Baby Carrots<br>Baby Carrots<br>Italian Squash<br>Tajin Packet<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a>                           | 9<br><br>Jalapeno Mozzarella Cheese Bites w/Sauce<br>PB & J Grape Sandwich<br>Mini Cheese Burger/WGR<br>.....<br>Ketchup Packet<br>Mustard<br>Pickles, Dill<br>Diced Pears<br>Fresh Fruit<br>Assorted<br>Dried Fruit<br>Bean Salad<br>Garden Fresh Salad<br>Broccoli Florets<br>Blanched<br>Yellow Corn<br>Green Peas<br>Ranch Dressing<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a> | 10<br><br>Pizza,Nardone Bros. WGR<br>Cheese Pizza Round<br>Shrimp Poppers w/Goldfish<br>PB & J Grape Sandwich<br>.....<br>Fresh Fruit<br>Assorted<br>Dried Fruit<br>TREAT<br>Bean Salad<br>Caesar Salad<br>Baby Carrots<br>Baby Carrots<br>Roasted Garbanzo Beans<br>1% Milk<br>Chocolate Milk<br><br><a href="#">View Nutrients</a>   |
| 13<br><br>Baked Pasta w/ Garlic<br>Cheese Bread<br>Breaded Chicken Sandwich<br>Spicy Chicken Sandwich, WGR<br>PB & J Grape Sandwich<br>.....<br>Ketchup Packet<br>Mayo Packet   | 14<br><br>Chicken Soft Taco's<br>Chips & Queso Balhco<br>Sauce-GF<br>Carnitas Burrito<br>Shrimp,Rice &Cheese Burrito<br>.....<br>Jalapenos<br>Salsa<br>TREAT  | 15<br><br>Chicken & Waffles<br>Cheeseburger<br>Hamburger<br>Yogurt & Cinnamon Cracker<br>PB & J Grape Sandwich<br>.....<br>Maple Syrup<br>Cup<br>Ketchup Packet   | 16<br><br>Chipotle Chicken Swiches<br>Yogurt & Graham Cracker<br>Turkey & Cheese on Hoagie Roll<br>.....<br>Mayo Packet<br>Mustard<br>Jalapenos<br>Diced Pears   | 17<br><br>HOLIDAY  |

|  |  |  |   |   |
|--|--|--|---|---|
| <p>Fresh Fruit<br/>Juice, Place Holder<br/>Assorted<br/>Dried Fruit<br/>Baby Carrots<br/>Baby Carrots<br/>Grape Tomatoes<br/>Garden Fresh Salad<br/>Ranch Dressing<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>  | <p>Sweet'Heart Italian Ice<br/>Diced Peaches<br/>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>Chipotle Ranch<br/>Dressing<br/>Jicama sticks<br/>Shredded Romaine<br/>Mini Sweet Peppers<br/>1% Milk<br/>Chocolate Milk<br/>Strawberry Milk</p> <p><a href="#">View Nutrients</a></p>   | <p>Mayo Packet<br/>Pickles, Dill<br/>Mandarin Oranges<br/>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>Caesar Salad<br/>Baby Carrots<br/>Baby Carrots<br/>Italian Squash<br/>Tajin Packet<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>   | <p>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>Bean Salad<br/>Garden Fresh Salad<br/>Broccoli Florets<br/>Blanched<br/>Yellow Corn<br/>Green Peas<br/>Ranch Dressing<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>  |   |
| <p>20</p> <p>HOLIDAY</p>   | <p>21</p> <p>Chicken Tamale w/<br/>Green Sauce<br/>Chili &amp; Cheese<br/>Tamale<br/>Chicken Tinga<br/>Tostada<br/>Bean Tostada w/<br/>Cheese<br/>PB &amp; J Grape<br/>Sandwich<br/>.....<br/>Jalapenos<br/>Salsa<br/>Sour Cream Sauce<br/>Salsa Verde<br/>Diced Peaches<br/>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>Chipotle Ranch<br/>Dressing<br/>Jicama sticks<br/>Shredded Romaine<br/>Mini Sweet Peppers<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p> | <p>22</p> <p>Chicken &amp; Broccoli<br/>Alfredo<br/>Chicken Strips and<br/>Emoticons<br/>Mini Corn Dogs<br/>PB &amp; J Grape<br/>Sandwich<br/>.....<br/>Salsa<br/>Jalapenos<br/>Ketchup Packet<br/>Mustard<br/>Mandarin Oranges<br/>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>Caesar Salad<br/>Baby Carrots<br/>Baby Carrots<br/>Italian Squash<br/>Tajin Packet<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p> | <p>23</p> <p>Mini Cheese<br/>Burger/WGR<br/>PB &amp; J Sandwich<br/>Cracker &amp; String Cheese<br/>Chipotle Chicken<br/>Swiches<br/>.....<br/>Ketchup Packet<br/>Mayo Packet<br/>Pickles, Dill<br/>Diced Pears<br/>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>Bean Salad<br/>Garden Fresh Salad<br/>Broccoli Florets<br/>Blanched<br/>Yellow Corn<br/>Green Peas<br/>Ranch Dressing<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p> | <p>24</p> <p>Cheese Pizza<br/>Round<br/>Pizza,Nardone Bros.<br/>WGR<br/>Cheesy Bites w/<br/>Marinara Sauce<br/>PB &amp; J Grape<br/>Sandwich<br/>.....<br/>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>TREAT<br/>Bean Salad<br/>Caesar Salad<br/>Baby Carrots<br/>Baby Carrots<br/>Roasted Garbanzo<br/>Beans<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p> |
| <p>27</p> <p>Pancake Brunch 4<br/>Lunch<br/>Hot Dog/WGR<br/>Grilled Cheese<br/>Sandwich-PS<br/>PB &amp; J Grape<br/>Sandwich<br/>.....<br/>Ketchup Packet<br/>Mustard<br/>Maple Syrup<br/>Cup<br/>Fresh Fruit<br/>Juice, Place Holder<br/>Assorted<br/>Dried Fruit<br/>Baby Carrots<br/>Baby Carrots<br/>Grape Tomatoes<br/>Garden Fresh Salad<br/>Ranch Dressing<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p> | <p>28</p> <p>Carnitas Street<br/>Tacos<br/>Jack Cheese<br/>Enchilada's<br/>Bean&amp;Cheese<br/>Burrito/WGR<br/>PB &amp; J Grape<br/>Sandwich<br/>.....<br/>Jalapenos<br/>Salsa<br/>Diced Peaches<br/>Fresh Fruit<br/>Assorted<br/>Dried Fruit<br/>Chipotle Ranch<br/>Dressing<br/>Jicama sticks<br/>Shredded Romaine<br/>Mini Sweet Peppers<br/>1% Milk<br/>Chocolate Milk</p> <p><a href="#">View Nutrients</a></p>   |  |   |   |

Nutritional information can be found at [EUSD.org/Nutrition-Services](https://EUSD.org/Nutrition-Services)

Menu subject to change without notice.

This institution is an equal opportunity provider.