

# Middle & Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
2  HOLIDAY	3  HOLIDAY	4  HOLIDAY	5  HOLIDAY	6  HOLIDAY
9  HOLIDAY	10  Chicken and Cheese Taquitos-GF Chicken Tamale w/ Green Sauce Chili & Cheese Tamale PB & J Grape Sandwich Cheese Pizza Round Pizza,Nardone Bros. WGR Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	11  Gourmet Chicken Garlic Knot Orange Chicken/ Rice Chicken Quesadilla Jalapeno Mozzarella Cheese Bites w/Sauce Peach Yogurt Parfait Chicken Salad Bento Box PB & J Grape Sandwich ..... Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	12  Gourmet Chicken Garlic Knot Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Chicken & Cheese Flatbread Sandwich PB & J Grape Sandwich ..... Diced Pears Orange Smiles Assorted Dried Fruit Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets Blanched 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	13  Gourmet Chicken Garlic Knot Cheesy Bites w/ Marinara Sauce Corn Dog Peach Yogurt Parfait Buffalo Chicken Wings w/ Garlic Knot Turkey & Cheese on Hoagie Roll PB & J Grape Sandwich BLT Wrap ..... RINCON PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Asian Pear Assorted Dried Fruit TREAT Strawberry/Lemon Ice Cup Caesar Salad Baby Carrots Roasted Garbanzo Beans Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>
16  HOLIDAY	17  Beef Taco Dip w/ Chips Bean&Cheese Burrito/WGR-PS Shrimp,Rice &Cheese Burrito PB & J Grape Sandwich Pizza,Nardone Bros. WGR Cheese Pizza Round Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk	18  Gourmet Chicken Garlic Knot Orange Chicken/ Rice Corn Dog w/ Cracker BBQ Pulled Pork Bowl Spicy Chicken Sandwich, WGR Peach Yogurt Parfait Chicken Salad Bento Box PB & J Grape Sandwich ..... Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk	19  Gourmet Chicken Garlic Knot Pepperoni Pizza, PZA Guy Cheese Pizza, PZA Guy Spicy Chicken Sandwich, WGR Jalapeno Mozzarella Cheese Bites w/Sauce PB & J Grape Sandwich ..... Diced Pears Orange Smiles Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets Blanched 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	20  Gourmet Chicken Garlic Knot Baked Pasta w/ Garlic Cheese Bread Buffalo Chicken Wings w/ Garlic Knot Breaded Chicken Sandwich Chicken Nuggets w/ Smiles PB & J Grape Sandwich BLT Wrap ..... RINCON PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Asian Pear Assorted Dried Fruit SIDEKICKS ANY FLAVOR Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans

	<a href="#">View Nutrients</a>	Chocolate Milk <a href="#">View Nutrients</a>		Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk <a href="#">View Nutrients</a>
23  Gourmet Chicken Garlic Knot Orange Chicken/ Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich Hamburger Cheeseburger Chicken Salad Bento Box PB & J Grape Sandwich ..... Halo Mandarin Oranges Apple Juice Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	24  Carnitas Street Tacos Chicken Tamale w/ Green Sauce Chili & Cheese Tamale Quesadilla Supreme PB & J Grape Sandwich Cheese Pizza Round Pizza,Nardone Bros. WGR Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	25  Gourmet Chicken Garlic Knot Orange Chicken/ Rice Chicken Quesadilla Breaded Chicken Sandwich Jalapeno Mozzarella Cheese Bites w/Sauce Peach Yogurt Parfait Chicken Salad Bento Box PB & J Grape Sandwich ..... Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	26  Gourmet Chicken Garlic Knot Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Breaded Chicken Sandwich Chicken & Cheese Flatbread Sandwich PB & J Grape Sandwich ..... Diced Pears Orange Smiles Assorted Dried Fruit Bean Salad Mix Salad Romaine and Shredded Carrots Yellow Corn Green Peas Broccoli Florets Blanched 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>	27  Gourmet Chicken Garlic Knot Meatball Sub w/Mozzarella Cheese Cheesy Bites w/ Marinara Sauce Hot Dog w/ Smile Fries Peach Yogurt Parfait Buffalo Chicken Wings w/ Garlic Knot Breaded Chicken Sandwich PB & J Grape Sandwich BLT Wrap ..... RINCON PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Asian Pear Assorted Dried Fruit SIDEKICKS ANY FLAVOR Bean Salad Caesar Salad Baby Carrots Roasted Garbanzo Beans Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>
30  Gourmet Chicken Garlic Knot Orange Chicken/ Rice Spicy Chicken Sandwich, WGR Breaded Chicken Sandwich Hamburger Cheeseburger Chicken Salad Bento Box PB & J Grape Sandwich ..... Halo Mandarin Oranges Apple Juice Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Mix Salad Romaine and Shredded Carrots Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk	31  Carnitas Burrito Shrimp,Rice &Cheese Burrito Beef Taco Dip w/ Chips PB & J Grape Sandwich Pizza,Nardone Bros. WGR Cheese Pizza Round Veggie Wrap ..... QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk  <a href="#">View Nutrients</a>			

Nutritional information can be found at [EUSD.org/Nutrition-Services](http://EUSD.org/Nutrition-Services)  
Menu subject to change without notice.  
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