

Middle & Quantum Lunch

Monday	Tuesday	Wednesday	Thursday	Friday
	<p>1</p> <p>Gourmet Taco Salad Jalapeno Mozzarella Cheese Bites w/Sauce Shrimp, Rice & Cheese Burrito Beef Taco Dip w/ Chips PB & J Sandwich Cracker & String Cheese Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk View Nutrients</p>	<p>2</p> <p>Antipasto Salad w Garlic Knot Orange Chicken/ Rice Corn Dog w/ Cracker 3 Bean Chili (Veggi) w/Chips Chili w/ Meat & Cornbread Poppers Peach Yogurt Parfait Bistro Box Place Holder PB & J Grape Sandwich Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients</p>	<p>3</p> <p>Gourmet Chicken Garlic Knot Pepperoni Pizza, PZA Guy Cheese Pizza, PZA Guy Spicy Chicken Sandwich, WGR Bean & Cheese Burrito/WGR PB & J Sandwich Cracker & String Cheese Diced Pears Orange Smiles Assorted Dried Fruit Garden Fresh Salad Yellow Corn Green Peas Broccoli Florets Blanched 1% Milk Chocolate Milk View Nutrients</p>	<p>4</p> <p>Southwestern Chicken Supreme Salad Baked Pasta w/ Garlic Cheese Bread Buffalo Chicken Flatbread Breaded Chicken Sandwich Chicken Nuggets w/ Smiles PB & J Grape Sandwich Buffalo Chicken Wrap RINCON PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Asian Pear Assorted Dried Fruit SIDEKICKS ANY FLAVOR Caesar Salad Baby Carrots Roasted Garbanzo Beans Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients</p>
<p>7</p> <p>Gourmet Chicken Garlic Knot Teriyaki Chicken w/ Rice & Veggies Spicy Chicken Sandwich, WGR Hamburger Cheeseburger Bistro Box Place Holder PB & J Grape Sandwich Plums Apple Juice Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Garden Fresh Salad Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk View Nutrients</p>	<p>8</p> <p>Gourmet Taco Salad Carnitas Street Tacos Chicken Tamale w/ Green Sauce Chili & Cheese Tamale Quesadilla Supreme PB & J Sandwich Cracker & String Cheese Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk View Nutrients</p>	<p>9</p> <p>Antipasto Salad w Garlic Knot Orange Chicken/ Rice Chicken Quesadilla Pocket Shrimp Poppers w/Goldfish Peach Yogurt Parfait Bistro Box Place Holder PB & J Grape Sandwich Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients</p>	<p>10</p> <p>Gourmet Chicken Garlic Knot Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Breaded Chicken Sandwich Bean & Cheese Burrito/WGR PB & J Sandwich Cracker & String Cheese Diced Pears Orange Smiles Assorted Dried Fruit Garden Fresh Salad Yellow Corn Green Peas Broccoli Florets Blanched 1% Milk Chocolate Milk View Nutrients</p>	<p>11</p> <p>HOLIDAY</p>
<p>14</p> <p>Gourmet Chicken Garlic Knot Chicken Chow</p>	<p>15</p> <p>Gourmet Taco Salad Carnitas Burrito</p>	<p>16</p> <p>HOLIDAY MEAL Antipasto Salad w Garlic Knot</p>	<p>17</p> <p>Gourmet Chicken Garlic Knot Pepperoni Pizza, PZA Guy</p>	<p>18</p> <p>Southwestern Chicken Supreme Salad Baked Pasta w/ Garlic</p>

Mein Spicy Chicken Sandwich, WGR Hamburger Cheeseburger Bistro Box Place Holder PB & J Grape Sandwich Plums Apple Juice Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Garden Fresh Salad Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk View Nutrients	Shrimp & Rice Burrito Beef Taco Dip w/ Chips PB & J Sandwich Cracker & String Cheese Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk View Nutrients	Orange Chicken/ Rice Corn Dog w/ Cracker Bistro Box Place Holder PB & J Grape Sandwich Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients	Cheese Pizza, PZA Guy Spicy Chicken Sandwich, WGR Bean&Cheese Burrito/WGR PB & J Sandwich Cracker & String Cheese Diced Pears Orange Smiles Assorted Dried Fruit Garden Fresh Salad Yellow Corn Green Peas Broccoli Florets Blanched 1% Milk Chocolate Milk View Nutrients	Cheese Bread Buffalo Chicken Flatbread Breaded Chicken Sandwich Chicken Nuggets w/ Smiles PB & J Grape Sandwich Buffalo Chicken Wrap RINCON PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Asian Pear Assorted Dried Fruit SIDEKICKS ANY FLAVOR Caesar Salad Baby Carrots Roasted Garbanzo Beans Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients
21 HOLIDAY	22 HOLIDAY	23 HOLIDAY	24 HOLIDAY	25 HOLIDAY
28 Gourmet Chicken Garlic Knot Chicken Chow Mein Spicy Chicken Sandwich, WGR Hamburger Cheeseburger Bistro Box Place Holder PB & J Grape Sandwich Plums Apple Juice Assorted Dried Fruit Celery Sticks Peanut Butter Pouch Baby Carrots Garden Fresh Salad Grape Tomatoes Ranch Dressing 1% Milk Chocolate Milk View Nutrients	29 Gourmet Taco Salad Carnitas Burrito Shrimp & Rice Burrito Beef Taco Dip w/ Chips PB & J Sandwich Cracker & String Cheese Veggie Wrap QUANTUM PIZZA DAY Cheese Pizza, PZA Guy Pepperoni Pizza, PZA Guy Sliced Apples Diced Peaches Assorted Dried Fruit Jicama sticks Shredded Romaine Jalapenos Pico de Gallo Mini Sweet Peppers 1% Milk Chocolate Milk View Nutrients	30 Antipasto Salad w Garlic Knot Orange Chicken/ Rice Corn Dog w/ Cracker 3 Bean Chili (Veggi) w/Chips Chili w/ Meat & Cornbread Poppers Peach Yogurt Parfait Sriracha Tuna w/ Chips Bistro Box PB & J Grape Sandwich Banana Mandarin Oranges Assorted Dried Fruit Caesar Salad Baby Carrots Sliced Cucumber Celery Sticks Peanut Butter Pouch 1% Milk Chocolate Milk View Nutrients		

Nutritional information can be found at EUSD.org/Nutrition-Services
Menu subject to change without notice.
This institution is an equal opportunity provider.