

# October 2022 Preschool

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 <b>Mini Maple Waffles</b></p> <p>Brunch 4 Lunch; Pancakes</p>	<p>4 <b>Cinnamon Toast Crunch</b></p> <p>Bean &amp; Cheese Burrito</p>	<p>5 <b>Yogurt w/ Grahams</b></p> <p>Yogurt w/ Grahams</p>	<p>6 PARENT CONFERENCES <b>No School!</b></p> 	<p>7 PARENT CONFERENCES <b>No School!</b></p> 
<p>10 <b>Yogurt w/ Grahams</b></p> <p>Mega Mini Chix w/ Goldfish Crackers</p>	<p>11 <b>Mini Maple Pancakes</b></p> <p>Grilled Cheese 'Dilla w/ Chili</p>	<p>12 <b>Assorted Pan Dulce</b></p> <p>Orange Chicken &amp; Rice</p>	<p>13 <b>Chicken Sausage &amp; Cheese Waffle Sandwich</b></p> <p>Mini Cheeseburger WGR</p>	<p>14 <b>Cinnamon Apple Scone</b></p> <p>Cheese Pizza</p>
<p>17 <b>Mini Maple Waffles</b></p> <p>Breaded Chicken Sandwich</p>	<p>18 <b>Cinnamon Toast Crunch</b></p> <p>Chicken Soft Taco</p>	<p>19 <b>Yogurt w/ Grahams</b></p> <p>Yogurt w/Grahams</p>	<p>20 <b>Bacon, Egg &amp; Cheese Burrito</b></p> <p>Turkey &amp; Cheese Hoagie</p>	<p>21 <b>Croissant w/ Strawberry Jam</b></p> <p>Chicken Nuggets w/Smiley Taters</p>
<p>24 <b>Yogurt w/ Grahams</b></p> <p>Cheese Bread WGR &amp; Marinara Sauce</p>	<p>25 <b>Mini Maple Pancakes</b></p> <p>Chili Cheese Tamale</p>	<p>26 <b>Assorted Pan Dulce</b></p> <p>PB &amp; J Sandwich</p>	<p>27 <b>Chicken Sausage &amp; Cheese Waffle Sandwich</b></p> <p>Mini Cheeseburger WGR</p>	<p>28 <b>Cinnamon Apple Scone</b></p> <p>Cheesy Bites w/ Marinara Sauce</p>
<p>31 <b>Mini Maple Waffles</b></p> <p>Brunch 4 Lunch; Pancakes</p>				

**Milk Option**  
1% Regular Milk

**Special Meal Accomodations  
for Students**

*A medical statement, signed by a physician,  
must be on file for Meal Accomodations.  
Ask your Nutrition Services Manager or go  
to [eUSDHealthyKids.org](http://eUSDHealthyKids.org) for forms and  
nutritional information.*

**EUSDHealthyKids.org**  
**Nutrition Services**

**Menus are subject  
to change without  
notice**

**This institution is an  
equal opportunity  
provider.**