

Community Resource Guide for Special Needs Services

in Buncombe, Henderson, Madison, Mitchell, Polk, Rutherford,
Transylvania and Yancey Counties

October 2014 Update

Compiled, maintained and provided by



**Family Support
Network™ of WNC**

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We greatly appreciate your suggestions, as it will help us to maintain a helpful guide for many to use.

**Please contact our office at 828-213-9787 or
Toll Free: 1-888-810-2800, ext. 2, option 3 or e-mail
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Family Support Network™ of WNC, a program of Mission Children's Hospital, does not recommend or endorse any programs, methods, therapies, interventions or providers listed in this publication.

The listings are provided purely for informational purposes.












**This guide is updated two times per year.
For the most current edition, please check our website at
www.FamilySupportNetworkWNC.org.**






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Table of Contents

Frequently Dialed Numbers	4		
Adoption and/or Foster Care	5	Home Schooling Resources	50
Advocacy Resources	7	Horseback Riding / Equine Therapy	52
After School Programs	8	Infant Massage	52
Allergists	10	Infant Toddler Program Providers	53
Art & Music	10	Integrative Care Modalities	54
Assistive Technology & Mobility	13	Integrated Care Providers	55
Attachment, Trauma & Bonding	14	Legal Resources	56
Autism / In-Home Programs	14	Lending Libraries	58
Autism / Treatment Resources	15	Literacy	58
Behavioral & Developmental Pediatrics	17	Managed Care Organization	59
Camps / Day Camps	18	Medicaid Transportation Services	59
CAP/C Services	21	Neonatology	60
Cardiology	22	Nephrology	60
Care Coordinators	22	Neurology	61
Child Care Services	23	Nursing	61
Counseling for Adults, Children & Families	25	Nutrition	62
Dental	30	Occupational Therapy	63
Early Intervention	32	Ophthalmology	64
Education Agencies and Resources	34	Orthopedics	64
Endocrinology / Diabetes	37	Parenting	65
Evaluations / Assessments	37	Pediatric Physicians	67
Family Resource Centers	39	Pediatric Practices	71
Financial Assistance	39	Pediatric Transplant Centers	72
Gastroenterology	43	Physical Therapy	73
Genetics	43	Prescription Assistance	74
Grandparent Resources	44	Professional Development for Early Intervention Providers	75
Grief & Loss	45	Psychiatrists	79
Guardianship	46	Psychologists	79
Health Programs - General	47	Pulmonologists	80
Hearing & Audiology	49	Recreation	80
Hematology / Oncology	50	Respite / Childcare	83
		Schools, School Districts & Exceptional Children Departments	84
		Service Providers - Child Mental Health	86
		Service Providers - Development Disabilities	86
		Spanish Speaking Resources	86
		Special Needs Registries	87
		Speech Therapy	87
		Spiritual Programs for People with Disabilities	89
		Statewide Resources	89
		Substance Abuse Treatment / Prevention for Youth	92
		Support Groups	93
		Transition to Adulthood	97
		Transportation , Travel & Lodging	98
		Tutoring	101
		US Resources	101
		Abbreviations and Acronyms	103










Frequently Dialed Numbers		
Arc of Buncombe Cty. - 828-253-1255	Public Schools Exceptional Learner	
Arc of North Carolina - 800-662-8706	Programs:	
Asheville City Schools - 828-350-7000	- Buncombe - 828-255-5971	
Autism Society of NC - 828-236-1547	- Henderson - 828-697-4733	
CDSA - Buncombe - 828-251-6091	- Madison - 828-649-9276 x 244	
CDSA - Henderson - 828-694-7975	- Transylvania - 828-885-7373	
CDSA - Madison - 828-649-9062	Smoky Mountain Center - 800-849-6127	
CDSA - Transylvania - 828-884-3282	Social Security Admin. - 866-572-8361	
CCWNC - 828-259-3879	TEACCH - 828-251-6319	
DSS - Buncombe - 828-250-5500		
DSS - Henderson - 828-697-5500		
DSS - Madison - 828-649-2711		
DSS - Transylvania - 828-884-3174		
Disability Partners - 828-298-1977		
ECAC - 828-255-1972		
HEALS - Buncombe - 828-253-0406		
HEALS - Henderson - 828-692-7622		
Legal Aid - Asheville - 866-219-5262		
MAHEC - 828-257-4400		
Medicaid - State Off. - 800-662-7030		
NAMI - Buncombe - 828-505-7353		
NAMI - Henderson - 888-955-6264		
NAMI - Transylvania - 828-883-4603		
NC DHHS - 919-855-4800		
NC DVRS - 800-689-9090		
NC DVRS - Indep.Living - 828-670-3377		
Adoption and/or Foster Care		



Access Family Services Asheville	 828-670-7723 www.accessfamilyservices.com	Each child entering the program is closely matched with a therapeutic foster family that meets the needs of that child. All families are pre-qualified and have received over 40 hours of training. Each home is licensed by the Department of Social Services.	Located in Buncombe County
Adoption Options Consulting	828-407-0409 www.adoptopt.com	Adoption Options can help you: decide if adoption is right for you; choose an agency; learn what questions to ask; design an adoption profile; learn how to talk with birth parents; and more.	Located in Buncombe County
Bair Foundation of Asheville and Smoky Mountains	 828-350-5197 877-213-0723 www.bair.org	Offers therapeutic and traditional foster care placements with a special focus on establishing kinship care, all within a Christian setting.	Located in Buncombe County
Baptist Children's Homes	 828-627-9254 www.bchfamily.org	Baptist Children's Homes' Western Area Family Services provides foster and family services for the following counties: Avery, Buncombe, Cherokee, Clay, Graham, Haywood, Henderson, Jackson, Macon, Madison, McDowell, Mitchell, Polk, Rutherford, Swain, Transylvania, Yancey.	Western North Carolina
Barium Springs	 828-236-2877 www.bariumsprings.org	Serves North Carolina's children and families by providing a caring place to live for abused or neglected children, early childhood development for low income families, counseling services and foster family programs. Also offers behavior treatment in a school setting for troubled teens as well as early intervention services for children still living in the community.	Buncombe Henderson Madison Haywood
Bethany Christian Services	 828-651-8600 1-800-BETHANY www.bethany.org/northcarolina	Offers pregnancy counseling, foster care, national and international adoption services, post-adoption services and online support.	Statewide
Black Mountain Home for Children, Youth & Families	 828-686-3451 www.blackmountainhome.org	A safe, supportive, Christian environment for children who are dependent, neglected, abused, homeless or who otherwise cannot live with their families. The Home is a private, not-for-profit organization affiliated with the Presbytery of Western North Carolina and the Presbyterian Church (USA).	Located in Buncombe County
Brandi Nichole Family Enrichment Center	 828-687-3776 www.brandinichole.org	Provides foster care, supportive counseling, specialized therapies and coordinated care. <i>Accepts Medicaid.</i>	Buncombe Henderson Transylvania
Buncombe County Foster Care Association	 828-333-2764 www.thebcfca.blogspot.com	Composed of foster parents, adoptive parents, social workers and concerned citizens. Works together with the Department of Social Services in Buncombe, Madison and Haywood Counties to meet the needs of the children in care.	Buncombe Madison Haywood
Caring for Children, Inc.	 828-298-0186 www.caring4children.org	Administers a variety of foster care programs including temporary crisis care, emergency foster care for children in DSS custody and can apply for scholarship funding of respite care.	Located in Buncombe County
Catholic Social Services	 828-255-0146 www.cssnc.org	Provides assistance, direction and guidance to birth parents and adoptive families. Offers traditional, confidential or open adoption plans	Located in Buncombe County
Children's Home Society of North Carolina	 800-632-1400 www.chsnc.org	Adoption programs involve family recruitment, parenting preparation, home study services, counseling for families and children, post-placement support, and a variety of services for the entire family. Foster services include infant foster care, family foster care, therapeutic foster care and respite care.	Statewide





Dave Thomas Foundation for Adoption	 800-275-3832 www.davethomasfoundation.org	Finds homes for children who are waiting to be adopted from Foster Care in North America. Provides free educational materials, promotes awareness, assists policymakers and employers and supports adoption professionals and agencies throughout the US to ensure that every child finds a forever home.	National
Department of Social Services (DSS)	Buncombe - 828-250-5680 Henderson-828-697-5500 Madison/Marshall-828-649-2711 Mitchell County - 828-688-2175 Polk County - 828-894-2100 Rutherford - 828-287-6165 Transylvania/Brevard-828-884-3174 Yancey - 828-682-2470	Provide citizens resources and services to maximize their well-being and self-determination. committed to providing diverse population with effective services in a timely and respectful manner.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Eliada Homes	 828-254-5356 www.eliada.org	Services include Residential and Day Treatment for high risk children and adolescents; Child Development Center services, including Day Care, Summer Camp and School Age care; Foster Care and Therapeutic Foster Care; Therapeutic Recreation and Community Support services.	Located in Buncombe County
Family Preservation Services of NC	828-225-3100 http://www.providencehumanservices.com/north-carolina.html	Provides therapeutic and family foster care for children.	Buncombe Henderson Mitchell Transylvania Yancey
Grandfather Home and Community Services for Children	 828-713-6105 www.grandfatherhome.org	Offers therapeutic foster care for children who have been diagnosed with mental health disorders . These children may be in the custody of DSS or their birth parents. Also provides adoption services to parents already involved with their foster care system.	Located in Buncombe County
National Foster Parent Association	 800-557-5238 nfpaonline.org	Offers information, advocacy, education and support.	National
National Resource Center for Adoption	248-443-0306 www.nrcadoption.org	Helpful information on current child welfare adoption topics as well as updated tools, resources, and web media.	National
NC Kids Adoption & Foster Care Network (NCDHHS)	877-NCKIDS-1 www.ncdhhs.gov/dss/adopt/index.htm	Helps connect waiting children with families by maintaining a centralized database, offering matching services, providing adoption support services, community outreach, and announcements of trainings and adoption related events.	Statewide
North Carolina Foster and Adoptive Parent Association (NCFAPA)	866-623-7248 www.ncfapa.org	Promotes quality foster and adoptive services through collaborative advocacy, education, resources and networking.	Statewide
North Carolina MENTOR	 877-258-0037 Buncombe 828-696-2667 Henderson www.nc-mentor.com	Provides Therapeutic Foster Care, Outpatient Therapy, Community Support, Intensive In-Home and Diagnostic services to children and adolescents.	Buncombe Henderson Madison Mitchell Rutherford Yancey
WNC Adoption Resources	828-329-9311 www.wncadoptionresources.org	Provides adoption resources, education, and support to all members of the adoption triad.	Statewide

Advocacy Resources




See also "Legal Resources".



Advocates for Children's Services	919-226-0052 www.legalaidnc.org/acsoffline.aspx	A project of Legal Aid of North Carolina. Statewide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity.	Statewide
Arc of Buncombe County	 828-253-1255 www.arcofbc.org	Exists to empower persons with mental retardation & other developmental disabilities and their families to realize their highest potential through advocacy, education, and development of programs.	Buncombe
Arc of North Carolina	 828-277-4868 www.arcnc.org	A membership organization that advocates for people with intellectual and developmental disabilities (I/DD) and their families.	Statewide
Asheville Mayor's Committee for Citizens with Disabilities	828-277-4868 www.ashevilenc.gov/CityCouncil/Mayor%E2%80%99sCommitteeforCitizenswithDisabilities.aspx	The mission of the Committee is to promote and advocate for equal and inclusive opportunities for people with disabilities in all aspects of society; and to recognize and cooperate with all people and organizations that contribute to this cause.	Buncombe
Autism Society of North Carolina	 828-236-1547 www.autismsociety-nc.org	Helps find resources for families, assists with school issues, educates families through workshops, helps individuals navigate the services system, and hosts local support groups. Also gives those with autism a voice in public policy by maintaining relationships at the state legislature and other policy making entities.	Statewide
Child Abuse Prevention Services	828-254-2000 www.childabusepreventionservices.org	Works to reduce/prevent child abuse, strengthen families and assist children and families who have experienced abuse through prevention, education, and counseling.	Western NC
Children First of Buncombe County	 828-259-9717 www.childrenfirstbc.org	Empowers children and their families to reach their full potential through advocacy, education and services.	Buncombe
Disability Partners	 828-298-1977 www.disabilitypartners.org	Provides the four core services of Information and Referral, Independent Living Skills Training, Peer Counseling, and Advocacy.	Western NC
DisABILITY Rights North Carolina	 919-856-2195 877-235-4210 www.disabilityrightsncc.org	Disability Rights North Carolina helps people across the state gain access to services and opportunity through its legally based advocacy.	Statewide
Division of Services for the Deaf and Hard of Hearing (DSDHH) - Asheville Regional Resource Center	 828-665-8733 800- 681-7998 www.ncdhhs.gov/dsdhh/rrc/asheville/asheville.htm	Advocates for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf-Blind.	Statewide
Exceptional Children's Assistance Center	 828-255-1972 866-545-5299 www.ecac-parentcenter.org	Provides services and support across NC to parents, families, students, educators and other professionals with a special emphasis on children with disabilities.	Statewide
F.I.R.S.T.	 828-277-1315 877-633-3178 www.firstwnc.org	F.I.R.S.T. is a community benefit organization dedicated to providing information, education, support and advocacy to persons with disabilities, their family and the community.	Western NC




Guardian ad Litem	Buncombe 828-251-6130 Henderson, Polk & Transylvania 828-694-4215 Madison, Mitchell & Yancey 828-682-4754 Rutherford 828-287-3929	Providing trained, independent advocates to represent and promote the best interests of abused, neglected and dependent children in the state court system.	Buncombe Henderson Madison Mitchell Polk Transylvania Yancey
Henderson County Mayor's Advocacy Council for People with Disabilities	 828-577-9432	Provides educational services for employers and businesses regarding the needs of people with (dis)ABILITIES as well as consultations about accessibility according to The Americans with Disabilities Act	Henderson
NAMI: In Our Own Voice	800-451-9682 naminc.org/support-and-education/consumers/in-our-own-voice/	People with mental illnesses tell their stories about learning to cope with the reality of their disorders while recovering and reclaiming productive lives in this brief, yet comprehensive, interactive presentation. IOOV includes video, personal testimony and discussion.	Statewide
National Alliance on Mental Illness (NAMI)	 Buncombe / Madison / Mitchell/ Yancey 828-505-7353 www.namiwnc.org Henderson / Polk 888-955-6264 www.namifourseasons.org Rutherford / Cleveland 704-434-5166 naminc.org/new-affiliate/listings/rutherfordcleveland/ Transylvania 828-883-4603	NAMI's advocacy provides a unique voice for people who live with mental illness and their families in state and federal public and private-sector policies that facilitate research, end discrimination, reduce barriers to successful life in the community and promote timely, comprehensive and effective mental health services and supports.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey








After School Programs			
See also "Tutoring".			
Asheville Parks, Recreation and Cultural Arts - After School Programs	 828-350-2062 www.ashevillenc.gov/Departments/ParksRecreation/Recreation/RecreationPrograms.aspx#afterschool	Provides licensed child care, supervised recreation and enrichment activities to children in grades kindergarten through 5th grade. The program operates during the school year in hours after school, teacher work days, and holidays.	Located in Buncombe County
Boys and Girls Club of Henderson County	 828-693-9444 www.bgchendersonco.org	Offers a recreational after school program Monday through Friday from 3:00-6:00pm.	Henderson
Cindy Platt Boys and Girls Club of Transylvania County	 828-885-7800 www.bgctransylvania.org	Offers a variety of recreational after school programs.	Transylvania
Coluburn Earth Science Museum After-School Science Clubs	828-254-7162 colburnmuseum.wordpress.com/after-school-clubs	CESM offers after-school science clubs for K-6 students. Each club is designed for different levels and covers unique areas of earth science with exciting lessons, games, crafts, activities, and just plain fun! No matter what area of earth science interests you the most, we have a program for you!	Buncombe
Eliada Homes - School Age Program	 828-210-0224 www.eliada.org/programs/education/afterschool	Emphasizes the positive, useful, and fun experiences of learning, with a focus on self-esteem, social skills, and self-help skills.	Located in Buncombe County



Every Child	828-243-6033 www.arcnc.org/EveryChild	Inclusive, small group after school care for kids with intellectual and developmental difference. A joint project of the YMCA of Western NC and the Arc of NC.	Located in Buncombe County
Good Shepherd Episcopal Church Homework Center	828-859-9961	Provides supervised, one-on-one tutoring to increase the understanding of skills and to assist with homework assignments. Maintains close contact with the parents, teachers and counselors of students participating in the program.	Polk
Hillcrest Enrichment Program - Asheville Housing Authority	828-252-6376	Provides educational, recreational, motivational and cultural studies for children in grades k-12.	Buncombe
Hollifield's Christian Childcare	828-766-7552 www.hollifieldschristianchildcare.com	Christian-based before and after school program. Licensed by the NC Division of Child Development as a religious sponsored program. Hours of operation are 5:30am to 5:30 pm, Monday through Friday. Local schools offer transportation for children to the center every day that school is in operation.	Mitchell
Just Kids After School - Asheville Jewish Community Center	 828-253-0701, x107 www.jcc-asheville.org/youth/jcc-after-school-k-5	Children in the Just Kids After School Program ages K-5th grade participate in a variety of social, recreational, cultural and educational activities.	Buncombe
Making Academic Gains in Children (M.A.G.I.C.) Program Yancey County Public Schools	828-284-0651 sites.google.com/a/yanceync.net/21st-century-community-learning-center-magic-program/	A federally funded grant program that provides academic and social enrichment activities that are designed to reinforce and complement the student's regular school day. currently operating at the following schools in Yancey County: Cane River Middle, East Yancey Middle, Burnsville Elementary, Micaville Elementary and South Toe Elementary.	Yancey
Odyssey Community School After Care	828-259-3653 odysseycommunity.org/before-after-care	Before and after school care is available year-round, even during the summer camp season. It's available to students outside of Odyssey, too. Transportation must be provided.	Buncombe
One Youth at a Time	828-281-0208	Works with at-risk and delinquent youth, providing them with programs developed to increase academic successes, self-discipline, and self-esteem.	Buncombe Henderson
Polk County Schools Afterschool / School's Out Program	828-894-8199 www.polknc.org/after-school_school_s_out.php#.U6rl_pRdX94	Operates Monday through Friday from 3:00 to 6:00 at Stearns Gym in Columbus. Students are bused directly to Stearns from Polk Central Elementary, Tryon Elementary, and Polk County Middle School.	Polk
Rutherford County Public Schools	828-288-2200 www.rcsnc.org	Offers after school options and more.	Rutherford
Spectrum by Dragonfly Forest	828-458-0313 www.dragonflyforest.org/programs/after-school-a-spectrum-program	After school program that meets once per week and offers several activities for children at each group meeting, of which attendees are able to choose one per session. Sessions are open to all children but are especially accessible to children with autism. Located in Asheville, on the UNCA campus.	Western NC
Transylvania County Schools - After School Care	Contact individual schools for more information: Brevard Elementary School Pisgah Forest Elementary School T. C. Henderson Elementary School Rosman Elementary School	The program opens with the dismissal of school and closes at 6:00 P.M. Activities include supervised play and organized small group activities. A nutritious snack and juice is served each day.	Transylvania

YMCA of Rutherford County	 704-434-0441 www.clevecoymca.org/locations/rutherford/	Program allows children to spend their afternoons in a safe environment. Children have fun in guided recreation, develop lasting friendships, and develop age-appropriate skills. The program focuses on the fitness of each child in spirit, mind and body. Each activity is planned specifically to help strengthen each child in one of these three areas.	Rutherford
YMCA of Western North Carolina, for Buncombe County & Asheville City Schools	 828-210-2273 www.ymcawnc.org/centers/child-care-services/afterschool-care	Offers developmentally-appropriate activities that will enhance child's confidence, enrich his/her social & physical development and encourage self expression. Program includes arts & crafts, individualized help with homework, group games, outside play & more.	Buncombe
YWCA of Asheville	 828-254-7206 x 111 www.ywcaofasheville.org	Open to children in grades K-6 . Offers homework help, tutoring, swimming lessons, gardening, arts & crafts, field trips & nutritious snacks.	Buncombe






Allergists			
<i>Allergy Partners of the Foothills</i>	 828-287-9337 www.allergypartners.com/spartanburg/default.aspx	Allergy Partners physicians are trained in the diagnosis, treatment, and management of asthma and allergic diseases. They will obtain a detailed history, perform a physical exam, and determine the best personalized and comprehensive treatment plan for you.	Located in Rutherford County
<i>Allergy Partners of Western NC</i>	 828-255-3749 www.allergypartners.com/wnc/default.aspx	Allergy Partners physicians are trained in the diagnosis, treatment, and management of asthma and allergic diseases. They will obtain a detailed history, perform a physical exam, and determine the best personalized and comprehensive treatment plan for you.	Offices in Buncombe, Henderson, Mitchell, Transylvania
Bacot, Bruce, MD <i>Mission Reuter Outpatient Clinic</i>	828-213-1740	Board certified in Pediatric Pulmonology	Located in Buncombe County

Art & Music			
For other opportunities, find listings in local publications such as Mountain Xpress, WNC Parent, etc.			
Arts for Life	 828-658-1599 www.AFLNC.org	A nonprofit organization bringing the arts to patients battling cancer and other life threatening illnesses.	Located in Buncombe County
Asheville Art Museum	 828-253-3227 www.ashevilleart.org	Includes traditional art shows and exhibits. Features The Art PLAYce for Children, a hands-on, interactive area of the museum just for children and families.	Located in Buncombe County
Asheville Children's Theater	828-253-4222 www.ashevilleartscenter.com	Rehearsals are designed to teach the cast about acting terminology, beginning stage movement, stage directions, and how to put a production together.	Located in Buncombe County
Asheville Community Theater	 828-254-1320 www.ashevilletheatre.org	Offers members of the community the opportunity to be involved in one of 7 annual, fully staged productions, including opportunities in acting, set building, costuming, backstage work, box office, ushering and front desk work. Also offers classes for youth, listed at http://www.ashevilletheatre.org/Classes.html .	Located in Buncombe County

Asheville Music School	 828-252-6244 www.ashevilmusicschool.com	The Asheville Music School has instructors who teach hundreds of private music lessons every week. Teacher / Assistant Director Gabrielle Tee specializes in working with children with special needs and is a certified Music Therapist.	Located in Buncombe County
Asheville Parks, Recreation & Cultural Arts	 828-259-5815 www.ashevillenc.gov/Departments/ParksRecreation.aspx	Experience the diverse art, culture and heritage of the Western North Carolina region and much more through the Cultural Art Program offering a wide variety of community programs & events.	Located in Buncombe County
Blue Ridge Bags and More: an Autism Business	828-236-1547 www.causekeepers.com/autism-society-of-north-carolina/blue-ridge-bags.html	Provides meaningful work in the community and fosters skills in art and creativity for people living on the autism spectrum.	Located in Buncombe County
Boys and Girls Club of Henderson County	 828-693-9444 www.bgchendersonco.org	After school and summer programs, including several arts components.	Henderson
Community Enrichment/Art <i>Asheville-Buncombe Technical Community College</i>	828-398-7369 www1.abtech.edu/content/economic-and-workforce-development-continuing-education/community-enrichment/Personal-Enrichment-Programs	Provides courses, workshops, seminars, and activities that contribute to the community's overall cultural, civic, and intellectual growth. Courses are designed to assist adults in the development of new skills or the upgrading of existing art, language and practical skills.	Located in Buncombe County
Education, Arts and Science Center <i>Pack Place</i>	 828-257-4500 www.packplace.org	An Asheville center for education and entertainment and home to the Asheville Art Museum, Colburn Earth Science Museum, Diana Wortham Theatre and YMI Cultural Center.	Located in Buncombe County
Fired Up! Creative Lounge	 Asheville 828-253-8181 Hendersonville 828-698-9960 www.fireduplounge.com	Fired Up! Creative Lounge offers opportunities to create beautiful, custom-designed pottery and ceramics, catering to school groups, educational workshops and summer camps.	Located in Buncombe & Henderson
Folk Art Center of the Southern Highland Craft Guild	 828-298-7928 www.southernhighlandguild.org/pages/folk-art-center/general-info.php	Showcases the finest in traditional & contemporary crafts of the Southern Appalachians. In addition to an Eastern National bookstore & Blue Ridge Parkway information desk, the center houses 3 galleries, a library & Allanstand Craft Shop. Beginning in March each year, visitors can see live craft demonstrations daily in the Folk Art Center lobby.	Located in Buncombe County
Foundation Performing Arts Center <i>Isothermal Community College</i>	828-286-9990 www.isothermal.edu/foundation/index.html	Offers theater for young audiences throughout the year.	Rutherford
KidSenses Children's Museum - Creation Station	828-286-2120 www.kidsenses.com/exhibits/creation-station-art	Artists of all ages can use a variety of different media, including paints, pencils, markers, crayons and more, to create lasting masterpieces in this exhibit, that celebrates art, creativity, and invention. Design your dream car with magnets or participate in Adult Guided Creation activities, which change weekly.	Located in Rutherford County
Kindermusik	 828-242-1548 www.kindermusikwithyvette.com	Child centered and age appropriate program that creates musical children by letting them explore all the possibilities that surround them.	Located in Buncombe County

Open Hearts Art Center	 828-505-8428 www.openheartsartcenter.org	Non-profit organization, established with the purpose aiding people with developmental, physical, and emotional disabilities to discover self-expression and self-realization through the visual and performance arts. Also find them on Etsy.com at www.etsy.com/shop/OPENHEARTSART	Located in Buncombe County
Parkway Playhouse Jr.	828-682-4285 www.parkwayplayhouse.com/education/parkwayplayhousejunior	A national award winning program that offers Fall, Spring, and Summer programming, including Performing Arts Production Classes for ages 4 to 18 and a variety of Summer Performing Arts Camps for ages 3-18 and more! In these classes and camps, students have the opportunity to learn necessary skills in the performing arts from Parkway Playhouse Professional Company Members and Production Staff.	Yancey
Roots and Wings School of Art	 828-545-4827 www.rootsandwingsarts.com	Provides unique visual arts education opportunities for people of all ages, abilities and functionalities.	Located in Buncombe County
Rutherford County Arts Council	828-245-4000 www.rutherfordarts.com	A non-profit community organization dedicated to cultural revitalization through the arts. This goal is pursued through works of art produced by the Arts Council, particularly drama. The participation of children in artistic projects, both in and out of the school setting, is especially encouraged and facilitated by the Council.	Rutherford
Rutherford County Visual Arts Guild - Art for Youth	828-288-5009 www.rcvag.com/?page_id=2448	Offers classes and workshops for youth and teens.	Rutherford
Shortbus Studio	828-682-4394 www.shortbusart.com	The gallery provides adults with developmental disabilities an opportunity to express their natural artistic ability and sense of humor. The gallery allows these artists to publicly present original designs, and to generate funds to help support this project.	Yancey
Toe River Arts Council	828-682-7215 www.toeriverarts.org	TRAC has education programs in the K-5 Residency program, the TRAC Afterschool Program (TAPS), and Performances in the Schools.	Yancey
Transylvania Community Arts Council - Arts Appreciation Events and Arts Center Gallery Exhibits	828-884-2787 www.tcarts.org	Transylvania Community Arts Council sponsors several arts & craft appreciation events throughout the year as well as gallery exhibits in their Arts Center Gallery.	Located in Transylvania County
Tryon Fine Arts Center	828-859-8322 tryonarts.etapwss.com	Provides opportunities and facilities for the entire Carolina Foothills community in order to advance experience and participation in the arts, including music, drama, film and other cultural endeavors. Offers programs for families and children.	Polk
Tryon Little Theater	828-859-2466 www.tltinfo.org	Offers performances themed for families and children, as well as workshops.	Polk
Tryon Youth Center	828-859-3192	Offers artistic, social and recreational programs for the young people of the local area.	Polk
Wild Roots Fine Arts Center	828-289-5880 www.wildrootsfinearts.org	Fine arts center offering a variety of classes in music and visual arts.	Rutherford

Assistive Technology, Accessibility & Mobility

AbleData	 800-227-0216 www.abledata.com	Provides objective information about assistive technology products and rehabilitation equipment.	National
Accessibuilt	828-283-2675 www.accessibuilt.org	Installs state-of-the-art roll-in and walk-in showers, roll-under sinks, grab bars and other products that provide independence at home for special-needs kids and other people with special needs.	Located in Buncombe County
CarePartners Wheelchair Seating & Mobility Clinic	828-274-6183 carepartners.org/services_atoz_wh.html	Provides custom fittings for people who use wheelchairs, both prior to and after purchase, allowing for a more comfortable, precise fit.	Located in Buncombe County
Care Solutions	 828-698-9844 www.caresolutions.us	A locally owned and managed medical equipment company that specializes in wound care and mobility.	Located in Henderson County
DynaVox	 800-344-1778 www.dynavoxtech.com	Provider of communication and education solutions designed to help individuals living with speech, language and learning disabilities.	National
Family Center on Technology and Disability	202-884-8068 www.fctd.info	Provides a wide range of resources on instructional and assistive technologies, from introductory fact sheets through CEU's for practitioners and educators.	National
Link to Life	828-645-6676	Personal emergency response services as well as pill dispensers with built in alerts, mats that let caregivers know when the patient gets out of bed, activity monitors, automatic fall sensors, reminder services and fire protection.	Located in Buncombe County
Mountain Mobility	828-250-6750 www.buncombecounty.org/Governing/Depts/Tra nsportation/Default.aspx	Currently provides transportation services to clients of human service agencies, departments of local governments, and general transportation services for persons residing outside of the City of Asheville.	Buncombe
National Seating and Mobility	828-277-2577 www.nsm-seating.com	Provides customized wheelchairs and adaptive seating systems for individuals who have been diagnosed as having a permanent or long-term loss of mobility due to trauma, physical abnormality, structural defect or disease.	Located in Buncombe County
NC Assistive Technology Exchange Post	919-855-3589 www.ncexchange.org	Residents of North Carolina have the opportunity to sell, buy or exchange assistive technology devices.	Statewide
North Carolina Assistive Technology Program	828-631-9461 www.ncatp.org	Offers free services to individuals including device demonstration, device loan, device reutilization and training, as well as providing public awareness via fairs and other community events.	Western NC
Pass It On Center	 www.passitoncenter.org	Creates national and state resources to foster the appropriate reuse of AT so that people with disabilities can get the affordable AT they need in order to live, learn, work and play more independently.	National
Second Chance Mobility Program	828-692-4766 rotary@hendersonvillerotary.com	Accepts powered wheelchair donations. Refurbishes them from donations and gives to those in need.	Henderson
SimplyHome	 877-684-3581 www.simply-home.com	Empowers individuals and care providers through wireless technologies for independent living. Personalized systems are custom designed for anyone's needs – independent living support for families, caregivers and most importantly, the individual. National organization based in Asheville.	National
Smart-Pack Sac <i>Liberty Street Baggage</i>	828-251-9859	Active students and adults using power and manual wheelchairs, scooters and walkers, or carrying special equipment like a DynaVox or medical supplies need a helping hand to stow all their gear. The Smart-Pack Sac line of accessory bags keeps all essentials visible, separate and easy to access.	Located in Buncombe County




South Carolina Assistive Technology Exchange	803-935-5273 www.scatapexchange.net/home.php	The goal of the SCATP is to put AT equipment that is not currently being used into the hands of someone who can benefit from it . The South Carolina Assistive Technology Exchange is primarily for South Carolinians, although we do accept entries from neighboring states. The program is designed to facilitate equipment exchange between individuals.	Allows participation for NC residents
Telecommunications Relay for individuals who are Deaf, Hard of Hearing or with speech impairments	Dial 7-1-1 statewide or 1-800-681-7998(V) 1-800-681-8035(TTY)	Telecommunications Relay Service (TRS) is a telephone service that allows persons with hearing or speech disabilities to place and receive telephone calls.	Statewide

Attachment, Trauma & Bonding






Beatitude House Counseling Center	828-926-5591 www.beatitudehouse.org	Provides treatment for families, couples and individuals struggling with attachment pain, behavioral challenges, relationship issues and marital difficulties.	Western NC
Crossroads Counseling Center	828-327-6633 crossroadscounseling.org	A private agency committed to promoting the well-being of children, adolescents, and families by providing holistic therapeutic services, child and family advocacy and community education. Located in Hickory, North Carolina.	Statewide
Fix, Suzanne, RN, LCSW	828-536-9898 www.suzannefix.com/index.html	Provides individual and family counseling, including treatment for PTSD, attachment issues,	Located in Buncombe County




Audiology Resources - See "Hearing & Audiology"



Autism / In-Home Programs



Autism Consulting & Training, Inc.	 828-505-0248 www.AshevilleAutism.com	Works with clients in their natural environments of home, school and the community, and promote skills and develop systems and supports to foster independence across settings. Also provides workshops to educate the community on the diverse needs of those affected by Autism Spectrum Disorders.	Located in Buncombe County
Autism Society of North Carolina	 828-236-1547 www.autismsociety-nc.org	Offers in-home skill building as well as other services.	Statewide
Empower Autism	 828-458-0313 www.empowerautism.com	Offers home programs, mentoring and tutoring.	Buncombe Henderson Madison Polk Rutherford
P.L.A.Y. Project	828-277-1315 www.firstwnc.org/playproject.html	The P.L.A.Y. Project Home Consultant Program provides training and support for families of young children (18 months to 6 years) with autism right in their home. Our trained consultants teach parents techniques that are effective, fun, and useful in day-to-day interactions with their child with autism.	Buncombe Henderson Madison Transylvania










RHA Health Services	828-254-2700 www.rhahealthservices.org	Provides Intensive In-home Services. Has a team that specializes in working with families with children on the Autism Spectrum. This is a short term service (3-6 months) that addresses both mental health and developmental issues that are causing more extreme and perhaps unsafe behaviors in the home and community.	Located in Buncombe County
Western NC Behavioral Education, Services and Treatment (BEST)	828-778-2378 www.wncbest.org	Provides individualized plans to tailor each child's needs with speech and language, cognitive and academic, self-help and social skills. Treatment is intensive and uses principles of applied behavior analysis (ABA), a science which investigates and changes behaviors through direct interaction. <i>Accepts Medicaid.</i>	Located in Buncombe County







Autism / Treatment Resources			
Auditory Integration Training Services	 828-683-6900 www.aithelps.com/autism.php	AIT is one of the few programs that is helpful for the treatment of PDD (Pervasive Developmental Disorder), ASD (Autism Spectrum Disorder), & Asperger's Syndrome. By helping normalize brain functioning, AIT can allow the individual to utilize other therapies more effectively or eliminate the need for some. We therefore recommend that you use AIT before other programs.	Located in Buncombe County
Autism Consulting & Training	 828-505-0248 www.AshevilleAutism.com	Works with clients in their natural environments of home, school and the community, and promote skills and develop systems and supports to foster independence across settings. Also provides workshops to educate the community on the diverse needs of those affected by Autism Spectrum Disorders.	Located in Buncombe County
Behavior Analysis Center of Asheville	828-778-2378 www.bacasheville.org	A non-profit organization whose mission is to improve the lives of individuals with autism spectrum disorders through science-based interventions.	Western NC
Carolina Pediatric Therapy	 828-670-8056 www.carolinapeds.com	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists dedicated to providing excellent services to children.	Located in Buncombe County
Empower Autism	 828-458-0313 www.empowerautism.com	Offers general social & behavior plans, home-school and academic plans, tutoring and mentoring services and group workshops specific to Autism.	Buncombe Henderson Madison Transylvania
Faherty, Catherine	www.catherinefaherty.com	Works in homes with children, parents and adults with autism on communication, self understanding, self advocacy and organizational strategies.	Located in Buncombe County
Focus Centers of Asheville	 828-281-2299 www.focuscentersofasheville.com	Focus Centers utilizes state-of-the art neuro-technology, psychotherapy and computer-assisted training to help clients successfully overcome emotional, behavioral, neurological, stress, developmental and learning disorders.	Located in Buncombe County
Interact	828-505-7920 www.InteractSpeechTherapy.com	Works with children and teens with communication disorders and/or social challenges. Speech therapists using evidence based practices to improve the social and communication skills of people who have autism and other related disabilities.	Located in Buncombe County






Olson Huff Center Therapies	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Western NC
Perry, Martha, PhD <i>Spectrum Behavioral Solutions</i>	828-645-9305 spectrumDr@yahoo.com	Individual and family therapy with specialization in ASDs, school performance, behavioral issues, parenting and advocacy.	Located in Buncombe County
P.L.A.Y. Project	828-277-1315 www.firstwnc.org/playproject.html	Community based autism training & early intervention program dedicated to empowering parents and professionals to implement intensive, developmental interventions for young children with autism in the most effective, efficient way.	Buncombe Henderson Madison Transylvania
St. Gerard House	 828-693-4223 www.StGerardHouse.com	Offers evidence-based treatment for individuals with Autism Spectrum Disorder (ASD), learning disabilities, developmental delays, and behavioral health needs. In addition, provides training, consultation, and support for anyone involved with the treatment or care of these individuals. <i>Accepts Medicaid.</i>	Buncombe Henderson Madison Transylvania
Tatsapaugh, Linda, MS <i>The Launchpad</i>	828-779-2635 www.yacoach.net	Works closely with young adults and their families to define their goals, create a plan for attaining, and build the skills and experience they need to achieve them. This may include investigating career paths, applying to college, building job experience through internships and one-on-one coaching up to and through actual jobs, and individualized work on social sticking points and the many elements of independent living such as budgeting, time management, and healthy living and more.	Western NC
TEACCH (Treatment and Education of Autistic and Communication Related Handicapped Children)	828-251-6319 www.teacch.com/programs-and-services/asheville-teacch-center	Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research.	Statewide
Western NC Behavioral Education, Services and Treatment (BEST)	828-778-2378 www.wncbest.org	Provides individualized plans to tailor each child's needs with speech and language, cognitive and academic, self-help and social skills. Treatment is intensive and uses principles of applied behavior analysis (ABA), a science which investigates and changes behaviors through direct interaction. <i>Accepts Medicaid.</i>	Located in Buncombe County
Behavioral & Developmental Pediatrics			
All Souls Counseling Center	 828-259-3369 www.allsouls counseling.com	Individual, couple and family group therapy and medication management.	Located in Buncombe County
Centering on Children, Inc.	 888-268-6366 www.shoeboxtasks.com	Creates Shoebox Tasks, one-unit constructions that aid students with autism in overcoming organizational difficulties.	Located in Buncombe County
Children's Therapy Center of Asheville	828-225-9800 www.childrenstherapyofasheville.com	Specializes in working with children under the age of 12 and their families.	Located in Buncombe County
Duncan, George, MD <i>Skyland Behavioral Health Associates</i>	828-252-2501 skylandbehavioralhealthassociates.com	Certified in Pediatrics, sub-specialty in Developmental-Behavioral Pediatrics	Western NC
Governo, Scott, MSN, FNP, PNP <i>Olson Huff Center</i>	828-213-1780	Certified in family and pediatric nursing.	Western NC




Grandis Evaluation Center	828-299-7451 www.gectesting.com	Provides comprehensive Behavioral Health Assessments, Developmental Assessments and treatment/service recommendations for people of all ages.	Located in Buncombe County
Pisgah Institute / Center for the Advancement of Human Potential	 828-254-9494 www.pisgahinstitute.com	Provide consultation, medication management, individual and group psychotherapies, neuropsychological testing, educational testing, stress management, quantitative EEG, <u>referenced EEG and EEG biofeedback</u>	Western NC
Relationship Center	828-225-5555 www.trccounseling.com	Offers child services / play therapy, individual counseling, marriage counseling and substance abuse services. <i>Accepts Medicaid.</i>	Western NC
Rodriguez, Rudy, LCSW <i>AHDH Center for Success</i>	 828-301-1904 www.adhdcenterforsuccess.com	Offers ADHD evaluations, diagnostic services, medication monitoring, coaching & behavioral therapies, seminars and workshops for teens and adults and an adult ADHD support group.	Located in Buncombe County
Sandler, Adrian, MD <i>Olson Huff Center</i>	828-213-1780	Board certified in Pediatrics and Developmental-Behavioral Pediatrics	Western NC
Sheppard-LaBrecque, Victoria, MD <i>Olson Huff Center</i>	828-213-1780	Board certified in Developmental-Behavioral Pediatrics	Western NC
Martha Perry, PhD <i>Spectrum Behavioral Solutions</i>	828-645-9305 spectrumDr@yahoo.com	Evaluation and treatment of children 2-18 and their families	Located in Buncombe County
Sunshine Project - <i>offered by FIRST</i>	828-277-1315 www.firstwnc.org/sunshine-project.html	Provides services to children with developmental delays and challenging social/emotional behaviors, including training for childcare providers on child-specific needs and classroom strategies, specific diagnoses and disability issues, and consultation on individual child needs for successful classroom inclusion in Buncombe County.	Located in Buncombe County
Sylva Clinical Associates, PA	828-586-5555 888-823-8765 www.sylvaclinical.com	Provides outpatient psychotherapy, evaluation and testing to children, adolescents, adults and families. <i>Accepts Medicaid.</i>	Located in Buncombe County
Thingvoll, Melissa, MD <i>Olson Huff Center</i>	828-213-1780	Board certified in Developmental-Behavioral Pediatrics	Western NC
Touchstone Counseling	828-423-0738 www.touchstonecounselors.com	Two Licensed Professional Counselors specializing in a variety of different counseling techniques and providing services to adults, adolescents, children, families and couples. <i>Accepts Medicaid.</i>	Located in Buncombe County
Youth Villages	828-654-7700 www.youthvillages.org	Offers intensive in-home and transitional living services from 10 locations across the state. Utilizes specialized therapies in helping young people age 12 to 17 who display serious antisocial behaviors and are at-risk of placement out of the home due to their behaviors.	Western NC

Camps / Day Camps			
Adventure Amputee Camp	 540-545-7238 www.adventureamputeecamp.org	Encourages children with amputations or limb differences to stretch potential and imagination and explore all that is possible. Camp meets in Bryson City.	Western NC
Aerie Experiences	 404-285-0467 www.aerieexperiences.com	Designed to offer wilderness and outdoor camp experiences to the "nontraditional" camper. Campers will spend eight days and seven nights exploring the southeast's scenic wilderness and their own infinite potential. Meets in Dahlonega, Georgia.	Georgia


American Camp Association's Find-A-Camp Resource	find.acacamps.org/finding_a_camp.php	Provides a searchable database of camps throughout the country based on chosen criteria.	National
Asheville Parks, Rec & Cultural Arts - Summer Enrichment Camp	 828-259-5483 www.ashevillenc.gov/departments/ParksRecreation.aspx	An inclusive recreation program at the West Asheville Center. Daily activities include group games, arts and crafts, nature exploration, special events and field trips.	Located in Buncombe County
Asheville Parks, Rec & Cultural Arts/FIRST - Summer Theatre Camp	 828-277-1315 www.ashevillenc.gov/departments/ParksRecreation.aspx	This is a 5-week theater camp for children, youth, and adults with disabilities who want to experience the profession of performing arts. At the end of the Theatre Camp, there will be a small production. Participants will be working with Debbie Lombard, Exceptional Theatre Company of Florida. This camp is presented by Asheville Parks, Recreation & Cultural Arts, Therapeutic Recreation Division in partnership with FIRST., who is excited to offer this to 'actors' in our community.	Located in Buncombe County
Asheville Parks, Rec & Cultural Arts/FIRST - Teen Summer Camp	 828-259-5483 www.ashevillenc.gov/departments/ParksRecreation.aspx	An eight-week inclusive summer recreation camp designed for middle and high school aged teens with or without mild to moderate cognitive or developmental delays, who meet eligibility requirements. Daily activities include group games, arts and crafts, nature exploration, special events and field trips. Held at W. Asheville Community Center.	Located in Buncombe County
Asheville Parks, Recreation and Cultural Arts - Summer Youth Programs	 828-259-5483 www.ashevillenc.gov/departments/ParksRecreation.aspx	Offering summer fun for kids with a variety of camps and special programs including Playground Program, , Therapeutic Recreation Summer Enrichment Program, Therapeutic Recreation Teen Summer Camp and more. See website or call for details.	Located in Buncombe County
Asheville YMCA	 828-210-2273 www.ymcawnc.org/summer-camp-information	Sponsors 2 summer camps, ages 8-14 for hiking, swimming, field trips, etc. and ages 10-14, featuring hiking, whitewater rafting, bouldering, swimming holes, climbing wall, mountain biking and more. Program is inclusive of children with special needs. Located in Asheville.	Located in Buncombe County
Boys and Girls Club of Transylvania County	 828-885-7800 www.bgctransylvania.org/#!news-and-events/vstc4=summer-program	Offers a summer program centered on fun and learning that includes topics such as health, math, reading, art, manners, volunteerism, etc.	Transylvania
Buddy Camp	 www.wncdsa.org	The WNC Down Syndrome Alliance and Luthridge-Lutherock Ministries have partnered together to provide a free summer day camp for children with Down Syndrome between the ages of 6 and 14. Activities include swimming, canoeing, hiking, field games, crafts, puppet shows and other camp activities.	Western NC
Camp Ability	828-235-8853 www.campability.weebly.com	Their goal is to provide children with disabilities a camp experience under the supervision of trained and experienced staff that will encourage the development of self-concept, self-confidence, and social skills in a safe and caring Christian setting. Activities include puppetry, drama, music, games and much more.	Western NC
Camp Carefree	 336-427-0966 www.campcarefree.org/	Provides a FREE, one week camping experience for kids with chronic illnesses. Program also includes camps for well siblings of ill children, and a week for children with a sick parent. Emphasis is on wellness and fun. Located in Stokesdale, NC.	Statewide
Camp Carolina Trails	 919-743-5400 x3217 www.diabetes.org/in-my-community/diabetes-camp/camps/carolina-trails.html	An exciting week of summer fun for boys and girls entering grades 3 through 11. Camp includes many sports and activities such as swimming, hiking, canoeing and arts and crafts. It will be held at YMCA Camp Hanes on 400 acres next to hanging Rock State Park. Located in King, NC.	National



Camp Dogwood	 800-662-7401 www.nclionscampdogwood.com	Recreational facility, serving the blind and visually impaired people of North Carolina. It offers blind and visually impaired persons an environment that is uniquely designed for their needs. Utilizes the waterfront on Lake Norman for boating, swimming, fishing, skiing, and tubing along with activities in arts and crafts, evening activities. For children ages 8-17. Located in Sherrills Ford, NC.	Statewide
Camp Lakey Gap	 828-669-8977 www.christmount.com/camplakeygap	A program approach of therapeutic recreation using visually structured programming, 1:1 and 1:2 positive support from well trained college and graduate students, development of independent living skills, and opportunities for engaging in social interaction with peers. Serves children with Autism Spectrum Disorders. Located in Black Mountain, NC	Statewide
Camp Pisgah <i>Girl Scouts of America</i>	 828-862-4435 www.camppisgah.org	Traditional camp activities combined with a focus on team building balanced with encouraging personal growth and self-reliance. Open to girls not in Girls Scouts as well. Program is inclusive of children with special needs. Located in Brevard, NC.	Western NC
Camp Royall <i>Autism Society of NC</i>	 919-542-1033 www.camproyall.org	Program serves individuals with Autism Spectrum Disorder. The Autism Society of North Carolina Summer Camp Program is designed to provide campers with a week of typical camp activities, such as swimming, hiking, boating and arts & crafts in a structured environment. Located in Pittsboro, NC.	Statewide
Camp Spearhead	864-288-6470, x127 www.campspearhead.org	Offers (8) week-long residential summer camp sessions that create an environment of unconditional acceptance for youth (8yrs +) and adults with special needs and disabilities. Located in Marietta, South Carolina.	South Carolina
Camp Spring Creek	 828-766-5032 www.campspringcreek.org	Creates an environment where <i>dyslexic</i> children become better readers, spellers and writers, discover their creative talents, and gain self confidence & independence. Activities include creative arts, swimming, wood shop, water skiing & outdoor education. Located in Bakersville, NC.	National
Camp Sunshine	828-669-8977 www.christmount.com/campsunshine.html	Special camp for high-functioning adults with special needs (sometimes referred to as cognitively challenged), 18 & over. A week of fellowship, recreation, crafts, singing, swimming, hiking, and worship. Located in Black Mountain, NC.	Statewide
Camp Tekoa - Barnabas Summer Camp	 828-692-6516 www.camptekoa.org/camps/special-needs	Barnabas campers are to be age 18 or older, ambulatory and must be able to feed, bathe, and clothe themselves. Campers enjoy activities such as boating, hiking, zipline, arts & crafts, devotions and talent show performances. Each camper is partnered with a special friend who remains by their side throughout the week offering them encouragement and care for eating, sleeping and all the fun in between.	Located in Henderson County
Camp Tikvah	828-253-0701, x107 www.jcc-asheville.org/youth/camp-ruach/camp-tikvah-for-children-with-autism/	Enables children on the autism spectrum to enjoy the fun and community of Camp Ruach in an individually monitored and highly structured program. A collaboration between Autism Consulting and Training, Inc. and Camp Ruach, Camp Tikvah is a unique four-week experience that allows these special kids to participate in as many peer activities as is individually appropriate. Well-trained counselors focus on sensory issues, communication, socialization, and of course, community and fun.	Located in Buncombe County
Clemson University Outdoor Lab - Jaycee Camp Hope	864-646-7502 www.clemson.edu/centers-institutes/outdoor-lab/camps/camp-hope.html	Takes place at the Clemson University Outdoor Lab on Lake Hartwell in Pendleton, SC. Offers an exciting setting where campers enjoy fun, challenging and educational group activities that include swimming, canoeing, fishing, drama, archery, crafts, pontoon boat rides, nature activities, overnight campouts and more. Campers develop independence through daily camp activities as they learn to do things for themselves.	South Carolina

Corpening YMCA	 828-659-9622 www.ymcawnc.org/centers/corpening/programs/youth/camp	Offers summer day camps, inclusive of children with special needs, in weeklong sessions. Children participate in Nature Hikes, Camp Songs, Group Games, Arts & Crafts, Healthy Snacks, Swimming, Outdoor Exploration, Water Play, Drama & Music, Sports & Games, Field Trips, Science!, & Character Development. Located in Marion, NC.	Located in Buncombe County
Eliada Homes - Summer Camp Program	828-210-0224 www.eliada.org/programs/education/summer-camp	Program focuses on peer relations and conflict resolution, character building and promoting a positive self-esteem in our youth through organized activities and games that promote teambuilding skills.	Located in Buncombe County
Funshine Camp Day Camp	704-589-4083 matthewsfun.org/SummerCamps2013/CampFUNshine/tabid/66/Default.aspx	Open to ages 6 to 11 or 8 to 12. Activities include arts & crafts, fishing, swimming, carnival day, dancing, music and more. Located in Burnsville, NC.	Western NC
National Dissemination Center for Children with Disabilities Listing of Camps	nichcy.org/publications/camps	Provides a listing of special needs camps throughout the United States.	National
SOAR (Success Oriented Achievement Realized)	 828-456-3435 www.soarnc.org	Program for preteens, teens and adults with Learning Disabilities (LD) and Attention Deficit/Hyperactive Disorder (AD/HD). Provides adventure based wilderness programs and experiential education services. Located in Balsam, NC.	Statewide
Sparrowwood	 706-864-6181 www.glisson.org/sparrowwood	Designed for campers with mild to moderate developmental disabilities. Campers are cared for by trained counselors with a 1:2 counselor-to-camper ratio. Campers join up with a Village living group for multiple activities each day including hikes and arts & crafts and events such as a Dance. Campers also join Outpost campers one afternoon and evening for field games, dinner, and camping out in an Adirondack shelter.	Georgia
Special Needs Camp Resources	www.kidscamps.com/specialneeds-camps.camp	Provides a listing of special needs camps throughout the United States.	National
Spectrum Family Camp - YMCA Camp Greenville	 864-836-3291 www.campgreenville.org	Offers families with children on the autism spectrum a fun and safe environment, with well-trained staff that truly understands kids on the spectrum. Includes sensory friendly activities, picture charts for easier transitions and menus designed to accommodate diets upon advanced request. Located near the NC/SC state line.	South Carolina
Summer Enrichment Camp <i>Mud Creek Baptist Church</i>	828-808-4404 www.mudcreekchurch.org/670518	A fun time during the summer which includes field trips, swimming, ball, and music.	Henderson
Summershine <i>Lutheridge Conference Center and Camp</i>	828-684-2361 www.novusway.com/our-programs/summer-camp/summershine.aspx	Presents two different sessions of Summershine, either for active youths/adults 15+ or for those with less mobility. Activities include crafts, games, hikes, swimming, canoeing, creative Bible lessons & worship, as appropriate to each camper.	Statewide
Transylvania Parks and Recreation Department	 828-884-3156 rec.transylvaniacounty.org/index-1-summer%20camps.html	Offers a variety of summer camps including camps for art, volleyball, wrestling, basketball and others.	Transylvania
Very Special Camps Listing of Special Needs Camps	www.veryspecialcamps.com	Provides a listing of special needs camps throughout the United States.	National

Victory Junction	 336-498-9055 877-VJG-CAMP www.victoryjunction.org	Serves 24 chronic medical conditions and serious illnesses such as, but not limited to, Autism, Cancer, Craniofacial Anomalies, Diabetes, Hemophilia, Sickle Cell and Spina Bifida. Located in Randleman, NC.	Statewide
YMCA Child Care Services	 828-210-2273 www.ymcawnc.org/centers/child-care-services/day-camp	Day camps offered during the summer in 9 week sessions. Accepts children aged K to 6th Grade. Program is inclusive of children with special needs. Located in Asheville.	Located in Buncombe County
YWCA of Asheville	 828-254-7206 x 111 www.ywcaofasheville.org	Campers enjoy weekly field trips, nature hikes, swimming lessons, music, art and much more.	Located in Buncombe County

CAP/C Services			
C & B Support Services	828-654-0644 www.CandBSupportServices.com	CAP/C is a program for medically fragile children under age 21 at risk for having to live in a nursing home or hospital. By providing case management and other supports, CAP/C can help these children stay at home with their families.	Buncombe Henderson Madison Polk Transylvania Yancey
Footprints Case Management	704-412-2144 www.footprintscasemanagement.org	CAP/C is a program for medically fragile children under age 21 at risk for having to live in a nursing home or hospital. By providing case management and other supports, CAP/C can help these children stay at home with their families. Serves Alleghany, Buncombe, Cabarrus, Gaston, Lincoln, Polk, Rutherford and Watauga Counties.	Buncombe Polk Rutherford
Gentiva Community Care	828-733-1062	CAP/C is a program for medically fragile children under age 21 at risk for having to live in a nursing home or hospital. By providing case management and other supports, CAP/C can help these children stay at home with their families. Serves Mitchell and Yancey Counties.	Mitchell Yancey
Walkers Home Care	252-432-6308 www.walkershomecare.com	Offers years of experienced, Registered, Licensed, and Certified nursing and social work professionals. Serves Alexander, Anson, Catawba, Forsyth, Guilford, Iredell, Mecklenburg, Montgomery, Randolph, Richmond, Rutherford, Stokes, Surry, Union and Yadkin counties.	Rutherford

Cardiology			
Brenner Children's Hospital Pediatric and Congenital Cardiology	888-716-WAKE www.brennerchildrens.org/Pediatric-Cardiology/	Consists of surgeons, cardiologists, pediatric cardiac anesthesiologists and a dedicated pediatric perfusion team.	Located in Charlotte
Friedman, Brad A., MD	 828-274-6000 www.missionchildrens.org/medical-specialties/cardiology/our-providers	Board Certified in Pediatric Cardiology	Located in Buncombe County


McGovern, Jim, MD	 828-274-6000 www.missionchildrens.org/medical-specialties/cardiology/our-providers	Board Certified in Pediatrics and Pediatric Cardiology	Located in Buncombe County
North Carolina Children's Hospital Heart Center	919-966-4601 ncchildrenshospital.org/ourservices/specialties/cardiology	Provides comprehensive, compassionate, family-centered care for children of all ages with heart disease.	Located in Chapel Hill
Pulver, Aaron, MD	 828-274-6000 www.missionchildrens.org/medical-specialties/cardiology/our-providers	Board Certified in Pediatrics and Pediatric Cardiology	Located in Buncombe County








Care Coordinators



Community Care of Western North Carolina (CCWNC)	828-259-3879 www.communitycarewnc.org	A non-profit, community-based health care delivery system for Medicaid recipients that is organized and operated by community partners.	Western North Carolina
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Case Management - See Managed Care Organization (MCO)



Child Care Services





Asheville City Schools Preschool	828-350-2900 preschool.ashevillecityschools.net/pages/Asheville_City_Pre-School	Offers Head Start, Early Head Start and private pay programs for children ages 0-5.	Buncombe
Child Care Cooperative <i>Family Place of Transylvania County</i>	 828-883-4857 thefamilyplacetc.wordpress.com/about-us/	Children are cared for by Early Childhood staff and/or Co-op parents. Parents/grandparents earn childcare hours by working at the Family Place providing childcare. This is an hour-for-hour exchange. Day/evening times are offered. Continuing education at the center is required.	Transylvania
Child Care Resource and Referral (CCR&R)	828-407-2066 Buncombe 828-698-0674 Henderson & Transylvania 828-689-1528 Madison 828-765-5130 Mitchell 828-354-0116 Polk & Rutherford 828-682-0717 Yancey	Provides referrals to local child care providers, information on state licensing requirements, availability of child care subsidies as well as other information concerning child care services.	Buncombe Henderson Madison Transylvania
Choosing Quality Childcare <i>NC Division of Child Development & Early Education</i>	ncchildcare.nc.gov/parents/pr_sn2_ov.asp	Offers guidance and resources on choosing a day care provider, identifying certified providers, and more.	Statewide
Columbus Children's Center <i>Head Start / Early Head Start</i>	828-894-3051	A federal program that promotes the school readiness of children ages birth to five from low-income families by enhancing their cognitive, social, and emotional development.	Polk
Community Action Opportunities	828-252-2495 www.communityactionopportunities.org	Offers Head Start Program as well as other resources for families and individuals.	Buncombe Madison

Community Childcare Center <i>Irene Wortham Center</i>	828-255-5480 www.ireneworthamcenter.org/early-learning-center	Offers child care and developmental day care services.	Located in Buncombe County
Corpening YMCA Child Watch	 828-659-9622 www.ymcawnc.org/centers/corpening/location	Provides a safe, nurturing environment for children to learn, grow and develop social skills. Goal is to provide all children with developmental experiences and physical activity during their time in Child Watch	Located in Buncombe County
DSS Day Care Supervisor/Coordinator	828-250-5727 Buncombe 828-692-6249 Henderson 828-649-2711 Madison 828-688-2175 Mitchell 828-894-2100 Polk 828-287-4044 Rutherford 828-887-3174 x30 Transylvania 828-682-6148, x1008 Yancey	Offers subsidized child care based on eligibility requirements.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Early Learning Center <i>Irene Wortham Center</i>	 828-255-5480 www.ireneworthamcenter.org/early-learning-center	Children aged six weeks to 5 years who are developing in a typical way learn and play beside children with developmental challenges in a multicultural setting. All children are offered a rich variety of activities within a curriculum that addresses school readiness, character development, and socialization.	Located in Buncombe County
Eliada Child Development Center	 828-254-5356 www.eliada.org	Provides a safe "home away from home" for children while parents are working. Goal is to prepare the preschool age child socially, emotionally and cognitively for kindergarten,	Located in Buncombe County
Helping Hand Development Center	 828-692-7068 helpinghanddevelopmentalcenter.org	Preschool offering special education programs for children ages 3-5.	Located in Henderson County
Heritage Hall International School	 828-693-6845 www.heritagehallschool.org	Daycare is provided for children from ages 1 year to 4 years. Also offers an AM and PM care for school aged children	Located in Henderson County
Intermountain Children's Services	828-688-2190	Provides Head Start services to the Mitchell and Yancey County areas.	Mitchell Yancey
Learning Tree	828-247-4979 www.rutherfordlifeservices.com/lt.html	Day care is provided in an inclusive setting that adapts to varying child development stages and progress.	Rutherford
Mountain Child Care Connections	 877-752-5955 www.swcdcinc.org/family-services/finding-quality-child-care.php	Provides referrals to local child care providers, information about licensing requirements and information about paying for child care.	Buncombe Madison Polk Transylvania
Reuter Family YMCA Child Watch	 828-651-9622 www.ymcawnc.org/centers/reuter/location	Provides a safe, nurturing environment for children to learn, grow and develop social skills. Goal is to provide all children with developmental experiences and physical activity during their time in Child Watch	Located in Buncombe County




Smart Start	828-285-9333 Buncombe www.smartstart-buncombe.org 828-693-1580 Henderson www.smartstarthc.org 828-649-3531 Madison 828-682-0047 Mitchell 828-287-2775 Polk & Rutherford 828-877-3025 Transylvania 828-682-0047 Yancey	Offers the NC Pre-kindergarten Program as well as other resources to assist families in finding child care resources.	Buncombe Henderson Madison Transylvania
Southwestern Child Development Commission, Inc - Subsidized Childcare Program.	828-250-5500 www.swcdcinc.org/provider-services/subsidy-program.php	Locally administered program using State, Federal, & Smart Start funds to assist families with the cost of child care. Families receiving financial assistance are free to choose the child care arrangement that best meets their needs.	Located in Buncombe County
Valley Child Development Center	828-686-7800 www.buncombecounty.org/governing/depts/childcare/default.aspx	Provides developmentally appropriate activities and nurturing care for children 0 – 5 years through excellent child/staff ratios and highly trained and experienced staff. Collaborates with the Buncombe Community School, offers an enhanced curriculum and accepts child care subsidy.	Located in Buncombe County
Verner Center for Early Learning	 828-298-0808 www.vernerearlylearning.org	Verner is an early learning program of distinction where young children thrive, families flourish, and early care and education professionals excel. Verner follows the comprehensive Early Head Start Model program-wide	Located in Buncombe County
Woodfin YMCA - Child Watch	 828-505-3990 www.ymcawnc.org/centers/woodfin/location	Provides a safe, nurturing environment for children to learn, grow and develop social skills. Goal is to provide all children with developmental experiences and physical activity during their time in Child Watch.	Located in Buncombe County
Yancey County Child Development Center	828-682-2469	Comprehensive child development program including early childhood education, health services, nutrition counseling, mental health services and more.	Located in Yancey County
Yancey County Head Start Center	828-682-6668	A federal program that promotes the school readiness of children ages birth to five from low-income families by enhancing their cognitive, social, and emotional development.	Located in Yancey County
Yancey County MHHS Preschool	828-678-5235 sites.google.com/a/yanceync.net/mhhs-preschool/home	A 5-star center, part of Yancey County Public Schools, that also offers child care slots.	Located in Yancey County

Counseling Services for Adults, Children and Families			
Access Family Services, Inc.	 828-670-7723 www.accessfamilyservices.com	Currently specializes in treating children and adolescents with behavioral disorders, trauma, anxiety, grief and loss issues and depression. Employs a strength-based holistic approach to therapy and believes everyone has the capacity for growth and change.	Buncombe Henderson Madison Transylvania
Accordance Psychological Associates	828-287-8890 www.accordancepsychological.com	Provide treatment for children and adults who have mental-health and/or substance-abuse problems.	Located in Rutherford County







All Souls Counseling Center	828-259-3369 www.allsouls counseling.com	Individual, couple, family, and group therapy and medication management. Charges based on a sliding scale based on the ability to pay.	Located in Buncombe County
Altschul, Juli, LPC	828-687-9345	Provides individual, couples and family counseling.	Buncombe Henderson Transylvania
Asheville Consultation	828-779-9975 or 828-318-6283 www.ashevilleconsultation.com	Offers counseling, psychotherapy, psychoanalysis, marriage/couples therapy, adolescent therapy, and children's therapy.	Located in Buncombe County
Asheville Counseling & Wellness Center	828-254-0749 www.ashevillecounselingandwellnesscenter.com	Services include counseling, psychotherapy, neurofeedback, chiropractic, massage, acupuncture, suboxone treatment and intuitive healing touch.	Located in Buncombe County
Berard Auditory Integration Training Systems, Inc.	828-683-6900 www.aithelps.com	Offers therapy, hypnosis an auditory integration training for children who have autism, ADD, ADHD, LD, dyslexia and other sensory issues and diagnoses.	Located in Buncombe County
Blue Mountain Family Counseling	828-467-1693	Specializes in working with children with Attention Deficit Disorder, Oppositional Defiant Disorder and other behavioral issues, children and adults with Mood Disorders, grief issues and anger management.	Mitchell
Blue Ridge Community Health Services	 828-692-4289 www.brchs.com/healthcare-services/behavioral-health	Offer a complete range of behavioral health services, including care for depression, anxiety, panic disorders, anger, abuse, family violence, parenting concerns, and eating disorders. Offers services for children, adults and families.	Located in Henderson County
Blue Ridge Treks	828-707-5751 www.blueridgetreks.com	An adventure-based therapy program designed to enhance physical and psychological health and wellness in the Blue Ridge Mountains surrounding Asheville. Owned and operated by two professional therapists.	Located in Buncombe County
Bullock Counseling & Consultation	828-686-9601 www.bullockcounseling.com	Offers: individual counseling for adults; marriage, couples and relationship counseling; child, adolescent and family counseling; parenting support and consultation; and mid-life counseling.	Located in Buncombe County
Carolina Mountain Psychiatry	828-274-6622 carolinamountainpsychiatry.com	Offers treatment of children, including those with medical and feeding issues as well as generally anxiety and OCD.	Located in Buncombe County
Catholic Social Services of the Diocese of Charlotte in Asheville	828-255-0146 www.ccdoc.org/services/children-youth/counseling	Offer individual, family, premarital, marital, and group counseling in both English and Spanish. Services are offered on a sliding scale for payment.	Located in Buncombe County
Central Counseling of Asheville	828-253-0402 www.centralcounselingasheville.com	Provides individual, couples and family counseling.	Located in Buncombe County
Child Abuse Prevention Services	828-254-2000 childabusepreventionservices.org	Works to reduce/prevent child abuse, strengthen families and assist children and families who have experienced abuse through prevention, education, and counseling.	Western NC
Children's Therapy Center of Asheville	828-225-9800 www.childrenstherapyofasheville.com	Specializes in working with children under the age of 12 and their families. <i>Accepts Medicaid.</i>	Located in Buncombe County
Cognitive-Behavioral Therapy Center	 828-350-1177 www.behaviortherapist.com	Provides outpatient cognitive-behavioral therapy and other evidence-based treatments for emotional disorders. Serves children, adolescents and adults.	Located in Buncombe County







Crisp, Vanessa, LCSW	828-338-9033 vcriscounseling.com	Offers individual and family therapy; trauma focused behavioral therapy for ages 8-18; parenting support, Christian counseling.	Located in Buncombe County
Dearing, Judy, LCSW	828-696-2222 www.judydearing.com	Offers cognitive behavior therapy to children aged 4 and up. Also offers family counseling and services to adults.	Buncombe Henderson
Eliada Homes	 828-254-5356 www.eliada.org	Provides psychiatric evaluations, medication checks, and consultation at clinical staffings.	Located in Buncombe County
Family Preservation Services	828-225-3100 Buncombe 828-697-4187 Henderson 828-894-2290 Polk 828-287-7945 Rutherford www.providencehumanservices.com/north-carolina.html	Provides community support for mental health as well as individual and family therapy.	Buncombe Henderson Madison Polk Transylvania
Guido, Dayna, MSW, ACSW, LCSW	828-251-5371	Clinical social worker with over 30 years of experience working with children, adolescents, adults and families.	Located in Buncombe County
Hanna, Bob, PhD <i>Integrative Therapy of Asheville</i>	 828-768-1827 www.bobhannaphd.com	Offers private counseling.	Located in Buncombe County
Harrison, Denise, MA, MAC, LCAS, CCS	828-467-0037 sprucepinecounseling.vpweb.com/default.html	Offers individualized and caring counseling services, conveniently located in downtown Spruce Pine, NC	Mitchell
Hays, Connie, LCSW	828-301-2881	Offers individual and family therapy for children and adolescents. Serves ages 3-18.	Located in Buncombe County
Heart Songs <i>Four Seasons Hospice</i>	 828-233-0334 www.fourseasonscfl.org/what-we-offer/bereavement-services/heart-songs-program-for-children/	Provides help for children in surviving loss and grief. HEART SONGS is a children's grief support program developed by Four Seasons.	Buncombe Henderson Madison Transylvania
Henderson County Children & Family Resource Center	 828-698-0674 www.childrenandfamily.org	The Children & Family Resource Center offers Behavior Intervention Services for children 0-5 who are enrolled in early childhood programs in Henderson County.	Henderson
Henderson County Health Department	828-692-4223 ww2.hendersoncountync.org/health/web_pages/child_health_services.html#behavioralhealth	Has a clinical social worker who offers counseling services to clients of the health department to help with issues such as stress, depression, anxiety, and parenting. Also offers services for evaluation and treatment of ADHD.	Henderson
Horse Sense of the Carolinas	828-683-7304 horsesenseotc.com	Effective new strategies to manage unhealthy patterns and behaviors through our individual, couples and family outpatient services. <i>Accepts Medicaid.</i>	Western NC

Insights Psychiatric Resources <i>Rutherford Regional Health System</i>	828-287-3928 www.rutherfordhosp.org/body.cfm?id=77	Psychiatric independent medical evaluations, consultations, diagnosis and treatment. Clinical Research Trials, Pharmaceutical and Genetic Consultations, and more.	Rutherford
Kids Path Bereavement Program <i>Care Partners</i>	828-255-2870, x6480 carepartners.org/services_atoz_ki.html	Individual & group counseling with a specialized children's grief counselor. Play therapy tools that allow children to fully express grief in a safe, supportive environment.	Located in Buncombe County
Kozar, Laurie, LPCA <i>Asheville Counseling & Wellness Center</i>	828-785-2067	Offers a unique counseling practice for children, adolescents and adults with special needs and their families. She can help with: coping with a diagnosis; parent issues; sibling issues; life transitions; grief counseling for individuals with special needs as well as their families.	Located in Buncombe County
Kremer, Sandra, LCSW	828-692-8097	Offers services for children, adults and families.	Located in Henderson County
McHugh, Paula, CCSW <i>Bridge Counseling Center</i>	828-274-0794	Private practice therapist specializing in relationships, depression, anxiety, panic attacks, sexual abuse and child behavior for children, adolescents and adults.	Located in Buncombe County
Mediation Center	 828-251-6089 Buncombe 828-697-7055 Henderson & Polk 877-559-5136 Transylvania www.mediatewnc.org	Offers services in guided problem solving, youth mediation, truancy mediation and classes to support families in handling their own conflicts.	Buncombe Henderson Polk Transylvania
New Vistas Behavioral Health Services	828-859-6661	Offers mental health and substance abuse services.	Polk
North Carolina MENTOR	877-258-0037 Buncombe, Madison, Mitchell, Rutherford, Transylvania & Yancey 828-696-2667 Henderson www.nc-mentor.com	Provides home based and community based support to exceptional adults, children and families, with services aimed at; preventing family disruption and re-entry into placement and hospitalization and; seeking permanence for those who are unable to re-enter their home and/or community of origin.	Buncombe Henderson Madison
Mewborne, Janice, LCSW	828-692-0029	Offers a variety of counseling options to children, adolescents and adults including individual counseling and human relations counseling.	Buncombe Henderson Madison Transylvania
Miller, Trisha, PhD <i>Point the Way Health Consultants</i>	828-696-3531 www.ptwhc.com	Provides individual, couples, and family therapy. Works with children (as young as age three), adolescents, and adults.	Buncombe Henderson
Moore, Roberta, LMFT	828-329-0431 www.consciouschoices.com	Offers marriage and family counseling to adults and children.	Located in Buncombe County
Morganstein, Guy, MS, LPC	828-337-7549 www.guymorganstein.com	Offers specialization including Cognitive Behavioral Therapy, Family Systems, Stress Management, EFT Energy Psychology, and relaxation for adults and children as well as offering services for families in conflict.	Buncombe Henderson Madison Transylvania
Mountain Counseling Associates	828-692-7300 Buncombe & Henderson 828-884-7565 Transylvania mountaincounseling.com/index.html	A network of private mental health and psychiatric providers located throughout Henderson, Transylvania and Buncombe counties.	Buncombe Henderson Transylvania


Olson Huff Center - <i>Mission Children's Hospital</i>	 828-213-1780 Darren Boice, LCSW Jarod Coffey, LCSW Paul Goll, LCSW Melissa Lillie, LCSW www.missionchildrens.org/medical-specialties/developmental-behavioral	Provides counseling in the areas of ADHD, anger management, anxiety, behavior, depression, grief/loss, learning disabilities, obsessive/compulsive disorder, panic attacks, play therapy, relationships/codependency, stress management and substance abuse.	Serves Western NC. Located in Buncombe County.
Pagett, Marilyn, LCSW	828-225-4980	Offers Individual, families and couples therapy.	Located in Buncombe County
Pisgah Institute <i>Center for the Advancement of Human Potential</i>	 828-254-9494 www.pisgahinstitute.com	Provides consultation, medication management, individual and group psychotherapies, neuropsychological testing, educational testing, stress management, quantitative EEG, referenced EEG and EEG biofeedback	Located in Buncombe County
Relationship Center	828-225-5555 www.trccounseling.com	Offers child services / play therapy, individual counseling, marriage counseling and substance abuse services. <i>Accepts Medicaid.</i>	Located in Buncombe County
Rodriguez, Rudy, LCSW <i>AHDH Center for Success</i>	 828-301-1904 www.adhdcenterforsuccess.com	Offers ADHD evaluations, diagnostic services, medication monitoring, coaching & behavioral therapies, seminars and workshops for teens and adults and an adult ADHD support group.	Located in Buncombe County
Rutherford Psychiatric & Counseling Services	828-248-1373	Offers comprehensive psychiatric, medication management and psychotherapy services.	Rutherford
Skyland Behavioral Health Associates, PA	828-252-2501 www.skylandbehavioralhealthassociates.com	Therapy services include a history gathering evaluation and follow-up individual and/or family therapy to diagnose and treat many conditions including: Learning Difficulties and Disabilities, Cognitive Abilities, Traumatic Brain Injury, Neurological and Behavioral Disorders, Congenital Disorders, Substance Abuse, Marriage Counseling, Play Therapy, Development Disabilities including Autism, Attention and Organization (ADHD), Social and Emotional Development, Psychiatric Disorders.	Located in Buncombe County
Speer, Syd, MA LPC <i>Asheville Central Counseling</i>	828-230-8687 www.sydspeer.com	Providing individual, couples and family counseling.	Located in Buncombe County
Sylvan Valley Counseling Services	828-862-4004	Offers services for Children, adults and families.	Located in Transylvania County
Sounding Board Counseling	828-859-0492 www.soundingboardcounseling.com	Provides counseling and psychotherapy services to adults, adolescents, older children, couples, and families in the Western Carolinas	Located in Polk County
Un-Limited Performance	828-692-8042 www.stressdoc.4t.com/index.html	A small private practice dedicated to the improvement of individuals, couples, families and organizations.	Located in Henderson County
Voytek, Diane E., PhD	828-253-8080	Clinical and educational assessments	Located in Buncombe County
Withrow, Rebecca L., PhD	828-368-4571	Licensed professional counselor. Offers individual and family counseling and clinical supervision. <i>Accepts Medicaid.</i>	Located in Buncombe County

Wykle, John G., LCSW	828-394-1019	Specializes in working with adolescents, providing both psychotherapy and counseling services.	Located in Buncombe County
Zeisz, Jennifer, PhD	828-777-4422 www.jenniferzeiszphd.com	Offers services for Children, adults and families. <i>Accepts Medicaid.</i>	Located in Buncombe County

Dental			
A-B Tech Allied Dental Clinic	828-398-7255 www1.abtech.edu/content/allied-dental-programs/a-b-tech-allied-dental-clinic	Available for general dentistry. Dental clinic patients are selected through a screening process by staff according to the semester requirements for the dental assistant teaching clinic. Dental Hygiene (teeth cleaning) including routine and periodontal (deep cleaning) appointments are available each semester.	Located in Buncombe County
Asheville Pediatric Dentistry	 828-277-6788 www.ashevillepedo.com	Specializing in dentistry for infants, children and adolescents, including those with special needs.	Located in Buncombe County
Baechtold, Angela P., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Board Certified Specialist in Pediatric and Adolescent Dentistry. Extensive training in growth and development of children, adolescents and special needs patients. <i>Accepts Medicaid.</i>	Located in Buncombe County
Blue Ridge Community Health Dental Center	828-692-4289 www.brchs.com/healthcare-services/dentistry	Provides quality family dental services for all ages, whether or not you have insurance.	Located in Henderson County
Blue Ridge Pediatric Dentistry	 828-575-2345 www.brpedo.com	Specializes in dentistry for infants and children 12 years old and younger. Offers sedation dentistry, including by nitrous oxide, moderate conscious sedation and general anesthesia performed in a hospital setting. <i>Accepts Medicaid for children ages 8 and under.</i>	Located in Buncombe County
Carolina West Dental	828-452-5656 www.carolinawestdental.com	Specializes in handling Medicaid cases for patients aged 1-45 years. Also accepts private insurance and cash payments.	Serves Western NC. Located in Haywood County.
Chambers, William L., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Board certified in pediatric dentistry. Also has in depth training and experience in dental growth and development and interceptive orthodontics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Collins Dental Center <i>Rutherford Polk McDowell District Health Department</i>	 828-894-3120 www.collinsdentalcenter.com	Treats patients from first tooth up to 21 years of age. Accepts uninsured patients from Polk and Rutherford Counties.	Polk Rutherford
Complete Dental Care	828-225-3280 www.completedentalcarenc.com	Provides general dentistry services for the entire family. Offers sedation dentistry utilizing nitrous oxide/mild sedation. <i>Accepts Medicaid.</i>	Located in Buncombe County
Dennis R. Campbell Pediatric Dentistry	 828-254-7291 www.babytoothdoc.com	Board certified in pediatric dentistry. Provides services for children with special needs. Does not provide sedation services in the office but, when necessary, treatment can be completed under general anesthesia at Mission Hospital. <i>Accepts Medicaid.</i>	Located in Buncombe County
Denton, Gregory L., DDS <i>ABC Dental Care</i>	828-692-9075 www.abcdentalcenter.com	Provides general dentistry services for infants, children and teens including those with special needs. Does not offer sedation in the office but treats children with special needs at Pardee Hospital. <i>Accepts Medicaid.</i>	Located in Henderson County


Dest Family Dentistry	 828-375-0050 www.destdental.com	Provides general dental services for the entire family. Practice includes a pediatric specialist.	Located in Rutherford County
Great Beginnings Pediatric and Adolescent Dentistry	 828-274-9220 www.greatbeginningspedo.com	Offers a full range of dental and orthodontic services including a baby oral health program, general dentistry, early orthodontic care, sedation dentistry and emergency care. Offers services for children with special needs.	Located in Buncombe County
Haldeman, Ryan J., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Provides comprehensive orthodontic treatment for pediatric, adolescent and adult patients.	Located in Buncombe County
Henderson County Smart Start Preventative Dental Program	828-694-6067 ww2.hendersoncountync.org/health/web_pages/dental/dental_health.html	This program provides dental screening by the dental hygienist for children ages 2½-5 years old. Screening is done in daycare centers and homes and occasionally at the health department in Henderson County. <i>Accepts Medicaid.</i>	Henderson
Jackson, Jenny, DDS <i>Asheville Pediatric Dentistry</i>	 828-277-6788 www.ashevillepedo.com	Specialized dentistry for infants, children, and adolescents, including those with special needs.	Located in Buncombe County
Jowers, Katherine, DDS <i>Mission Children's Dental</i>	828-213-1700 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery.	Located in Buncombe County
Knechtel, Daniel, DDS <i>Blue Ridge Pediatric Dentistry</i>	 828-575-2345 www.brpedo.com	Specializes in dentistry for infants and children. Offers sedation dentistry, including by nitrous oxide, conscious sedation and general anesthesia.	Located in Buncombe County
Leonard, Daniel, DDS <i>Mission Children's Dental</i>	828-213-1700 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery.	Located in Buncombe County
MAHEC Dental Health Center	828-252-4290 www.mahec.net/patient/dental.aspx?a=2	Provides general dentistry services .	Located in Buncombe County
Minnie Jones Health Center Dental Care Services	828-285-0622 www.wncchs.org/services.html	In addition to preventive services (i.e., education, counseling and tartar removal), offers the following services: comprehensive diagnostic evaluation and treatment planning, restorative procedures (e.g., fillings), surgical procedures (e.g., extractions), and rehabilitative services (e.g., periodontal treatment, root canals, and dentures).	Located in Buncombe County
Mission Children's Dental	828-213-1700 www.missionhospitals.org/dental	Provides services to qualified children, special needs patients and medically compromised patients. <i>Accepts Medicaid.</i>	Located in Buncombe County
Paynich, Joshua, DDS	828-274-4744 www.drjoshdentistry.com	Pediatric dental practice, seeing patients from ages 1-18. Occupies a state-of-the-art facility while adhering to green (eco-friendly) standards. Offers nitrous oxide, conscious and general anesthesia sedation, as needed.	Located in Buncombe County
Peele, Scott, DDS	828-274-4744 www.drjoshdentistry.com	Pediatric dental practice, seeing patients from ages 1-18. Occupies a state-of-the-art facility while adhering to green (eco-friendly) standards. Offers nitrous oxide, conscious and general anesthesia sedation, as needed.	Located in Buncombe County
Poling, Scott, DDS	828-682-7419 www.scottpolingdds.com	Provides services to children, adolescents and adults.	Located in Yancey County
Pratt, Douglas B., DDS <i>Great Beginnings</i>	 828-274-9220 www.greatbeginningspedo.com	Specialist in Pediatric Dentistry. <i>Accepts Medicaid.</i>	Located in Buncombe County





Quarles, Charles, DDS, PA	828-286-2962 www.drquarlesdentistry.com	Welcomes new patients, adults and children age 3 and up. Dr. Quarles and staff have extensive Pedodontic training and experience with children. Nitrous Oxide Sedation is available for both children and adults for a more comfortable treatment experience.	Located in Rutherford County
Reid & Reid Pediatric Dentistry	828-696-2245 www.reidandreid.net	Specializes in Pediatric Dentistry and Orthodontics.	Located in Henderson County
Remick, Mark, DDS <i>Mission Children's Dental</i>	828-213-1700 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery. <i>Accepts Medicaid.</i>	Located in Buncombe County
Sabatini, Stephanie, DDS <i>Mission Children's Dental</i>	828-213-1700 www.missionhospitals.org/dental	Performs periodontal, preventative and restorative dental procedures as well as offering certain types of oral surgery.	Located in Buncombe County
Sanzone, Lauren, DDS <i>Asheville Pediatric Dentistry</i>	 828-277-6788 www.ashevillepedo.com	Specialized dentistry for infants, children, and adolescents, including those with special needs.	Located in Buncombe County
Smile Starters	828-350-1076 www.smilestartersdental.com	Specializes in Pediatric Dentistry.	Located in Buncombe County
WNC Dental	 828-684-1288 www.wncdental.com	Offers examinations, x-rays, cleanings, periodontal treatment, restorations of decayed and damaged teeth, endodontics, crowns and bridges, veneers of front teeth, implants and dentures and partials.	Located in Buncombe County




Early Intervention			
Care Coordination for Children (CC4C)	www.ncdhhs.gov/dma/medicaid/csc.htm	Follows infants and children from 3 to 5 years who have serious illnesses, have special needs or are at risk for developmental problems.	Statewide
Carolina Pediatric Therapy	 828-670-8056 www.carolinaped.com	Specialized Instruction for children from birth - 3 years of age. Early Intervention (also called Community Based Rehabilitation Services/CBRS) addresses concerns in the areas of cognitive development, learning as a part of a group, behavioral difficulties, & social skills. Early Childhood Interventionists bring together the disciplines of ST, OT, and PT and provide needed education & support for families.	Located in Buncombe County
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.beeearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania

Community Care of Western North Carolina	828-259-3879 www.ccwnc.org	Community Care of Western North Carolina (CCWNC) is a regional network of primary care providers, hospitals, health departments, departments of social services, and other agencies and organizations. These professionals work together to provide cooperative, coordinated care through the Medical Home model. This approach matches each patient with a primary care provider who leads a health care team that addresses the patient's unique health needs. CCWNC care managers provide services to high-risk patients to improve self-management of chronic health conditions.	Western North Carolina
Governor Morehead Preschool	828-779-9820 (locally) 919-733-0533 (Raleigh) www.earlylearning.nc.gov/PreKindergarten/GovMoreheadPK/GovMoreheadPreschool.asp	Provides community-based early intervention and preschool services to children ages birth through 5 years with diagnosed visual impairments. Services are provided in collaboration with a variety of other agencies and interventionists to ensure that each child's individual needs across all areas of development are being addressed.	Buncombe Henderson Madison Transylvania
Intermountain Children's Services (Head Start)	828-688-2190	Provides a comprehensive child development program including early childhood education, health services, nutrition counseling, mental health services, support for parental involvement, disability services and transition services.	Mitchell
Madison County Partnership for Children & Families (Smart Start)	828-689-1526	Enhances family and community resources to nurture the development of every child.	Madison
Mitchell-Yancey Healthy Families	828-682-0047 www.healthyfamiliesamerica.org	Intensive home visiting program that provides information, education, and guidance on a variety of parenting areas including but not exclusive to child development, nurturing, and medical aspects such as immunizations. Will visit with the families weekly and provide to resources and curriculum as well as guidance and advocacy for high risk factors that are present in the home.	Mitchell Yancey
North Carolina Early Intervention Program for Children Who are Deaf or Hard of Hearing	828-432-5352 www.ncoes.net/preschools.shtml	Provides services to children who are deaf, hard of hearing, or deaf/blind, ages birth to 3 and their families. Concentrating on language and communication skill development, itinerant professionals provide family-centered intervention in home and daycare settings. At age three, the program works to establish a smooth transition to the local education agency.	Buncombe Henderson Madison Transylvania
Partnership for Children of the Foothills (Smart Start)	828-245-2802 www.rutherfordpolk.org	Works closely with licensed child care centers and family child care homes and provides unique services to families of preschool children to give at-risk children in Rutherford, Polk and McDowell Counties what they need to be prepared for success in school.	Polk Rutherford
PREP Program (Preschoolers Reaching Educational Potential) <i>Children & Family Resource Center</i>	828-698-0674 www.childrenandfamily.org/for-families/preschoolers-reaching-educational-potential-prep	Specifically designed for children ages 3-5, the Preschoolers Reaching Educational Potential (PREP) Program provides free screenings and instructional sessions to help every child start school with appropriate developmental skills.	Henderson
Project NAF	828-350-9821 www.mtzionasheville.org/project_naf	Provides culturally sensitive and individualized services to African-American women while they are pregnant and during their baby's first year of life.	Located in Buncombe County

Smart Start of Buncombe County	828-285-9333 Buncombe 828-693-1580 Henderson 828-689-1526 Madison 828-682-0047 Mitchell / Yancey 828-287-2775 Polk / Rutherford 828-877-3025 Transylvania	Works to ensure that every child arrives at kindergarten healthy and ready to succeed. To help local agencies achieve this goal Smart Start of Buncombe County contributes money to improve child care quality, child care teacher education and training, and early intervention services.	Buncombe
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Education Agencies, Nonprofit Organizations and Resources			
See also "Schools", "Tutoring" and "Home Schooling".			
Academic Coaching and Tutoring	Contact Patricia Connolly 828-255-1069	Individualized strategies for all learning styles and needs. Training in self-efficacy/gaining skills for academic success, home school and university studies.	Located in Buncombe County
APEX Brain Centers	828-708-5274 www.apexbraincenters.com	APEX Brain Centers is offering hope for folks near and far with their groundbreaking "Intensive Brain Training" programs. Serving those looking to improve vital aspects of brain function. APEX delivers high frequency, short duration brain training programs guided by diagnostic testing for both those with disability and those looking to elevate their level of human performance. From those with severe brain injury and learning and behavioral disorders, to peak performers of all types, anyone can benefit from the honing of critical brain skills that will allow them to reach their next level of human performance.	Located in Buncombe County
Autism Consulting & Training	 828-505-0248 www.AshevilleAutism.com	Provides parent support and training in homes, locally and nationally, by giving parents the tools they need to be successful. Helps parents organize and structure their home environment to make it conducive to their child with Autism.	Located in Buncombe County
Autism Spectrum Disorders Program - <i>NC Department of Instruction</i>	919-807-4036 ec.ncpublicschools.gov/disability-resources/autism-spectrum-disorders	Serves as a resource to local education agencies, including charter schools. The Consultant is available for phone & on-site consultation regarding provision of appropriate services for students with autism. Provides training in a wide range of techniques and methods that have been proven effective in the education of students with this learning style.	Statewide
Berard Auditory Integration Training Systems, Inc.	828-683-6900 www.aithelps.com	Offers therapy, hypnosis and auditory integration training for children who have autism, ADD, ADHD, LD, dyslexia and other sensory issues and diagnoses.	Located in Buncombe County
Buncombe County Children's Collaborative - Children First	828-255-5984 sites.google.com/site/childrenscollaborative buncombe/	Promotes public awareness, advocacy, and the collaboration of agencies, families, and the community. We strengthen services by addressing gaps and barriers for at-risk children and their family.	Located in Buncombe County
City of Asheville Youth Leadership Academy	828-271-6116 www.ashevillenc.gov/Departments/HumanResources/YouthLeadershipAcademy.aspx	College preparatory program designed to equip students with skills, knowledge, and character to succeed in high schools, colleges and other endeavors.	Located in Buncombe County
Community Action Opportunities	828-252-2495 www.communityactionopportunities.org	Offers Head Start Program as well as other resources for families and individuals.	Buncombe Madison



Early Head Start	828-298-0808 www.macfc.org/prospective-families/early-head-start-2/	Promotes healthy prenatal outcomes for pregnant women, enhances the development of very young children, and promotes healthy family functioning. Serves pregnant women and children age 6 weeks to 3 years.	Located in Buncombe County
Exceptional Children Division - <i>NC Department of Instruction</i>	919-807-3969 ec.ncpublicschools.gov/	Assures that students with disabilities develop mentally, physically, emotionally, and vocationally through the provision of an appropriate individualized education in the least restrictive environment.	Statewide
Exceptional Children's Assistance Center	 828-255-1972 866-545-5299 www.ecac-parentcenter.org	Provides services and support across NC to parents, families, students, educators and other professionals with a special emphasis on children with disabilities.	Statewide
F.I.R.S.T.	 828-277-1315 877-633-3178 www.firstwnc.org/	F.I.R.S.T. is a community benefit organization dedicated to providing information, education, support and advocacy to persons with disabilities, their family and the community.	Located in Buncombe County
Governor Morehead Preschool for Visually Impaired Children	828-243-3273 / 828-301-8572 / 828-551-2067 for Buncombe, Henderson, Madison, Mitchell, Transylvania or Yancey 828-432-5278 for Polk and Rutherford 919-733-0533 in Raleigh www.earlylearning.nc.gov/PreKindergarten/GovMoreheadPK/GovMoreheadPreschool.asp	Offers educational services, support services, developmental assessments and other services for children ages birth to age 5 with visual impairments.	Statewide
Grotto School <i>St. Gerard House</i>	 828-693-4223 stgerardhouse.com/?page_id=650	An education center currently serving students who have been diagnosed with autism. Students range in age from two and a half to six years, and are taught by therapists in a one-on-one and small group environment.	Located in Henderson County
HEALS (Health Education and Legal Support)	828-253-0406 Buncombe 828-692-7622 Henderson www.pisgahlegal.org/programs/heals	A medical-legal partnership between Pisgah Legal Services, Mission Hospitals and the Mountain Area Health Education Center (MAHEC). The purpose of the project is to improve health and well being for low-income women and children by integrating legal advocacy with health care. Through HEALS, PLS provides legal assistance to low-income patients to address non-medical barriers to health.	Statewide
Henderson County Home Schooling Association	www.homeschool-life.com/nc/hcha/?public=1	Cooperative support organization for homeschooling families which provides a wide range of benefits and opportunities for its members.	Henderson
Hope Academy Activity Day Program for Special Needs	828-808-4404 www.hopeacademyhendersonville.org	Provides a fun, Biblically-based, structured, and safe environment for special needs individuals over the age of 18. Has daily activities that each student will enjoy. Some activities include Bible time, music, structured PE, crafts, and computer lab.	Located in Henderson County
Institute for Applied Neuroscience	828-251-2882 www.ian-asheville.com/ian/	Offers educational services such as lectures and presentations, skills building groups and workshops utilizing brainwave EEG techniques and practices.	Located in Buncombe County
Irene Wortham Center - Early Learning Center	 828-255-5480 www.ireneworthamcenter.org/early-learning-center/	Children aged six weeks to 5 years who are developing in a typical way learn and play beside children with developmental challenges in a multicultural setting. All children are offered a rich variety of activities within a curriculum that addresses school readiness, character development, and socialization.	Located in Buncombe County




Know Your Rights, Remedies & Resources: a handbook for parents/guardians and students in North Carolina Public Schools	www.legalaidnc.org/Public/ACS/handbook/handbook.pdf	Provides an overview of students' and parents'/guardians' rights, what remedies are available when those rights are violated, tips and tools for self-advocacy, and support resources.	Statewide
Learning Disabilities Association of North Carolina	ldanc.org	LDA provides support to people with learning disabilities, their parents, teachers & other professionals. LDA provides cutting edge information on learning disabilities, practical solutions, & a comprehensive network of resources.	Statewide
North Carolina Association for the Education of Young Children	 800-982-4406 www.ncaeyc.org	Concerned with the development & education of children ages birth through 8. Represent and unify professionals who work directly with, or on behalf of, children 0-8.	Statewide
North Carolina Department of Non-Public Education	www.ncdnpe.org	Monitors non-public school compliance to the laws governing those schools in a professional, objective and uniform manner. Includes home schools.	Statewide
Parents as Teachers - <i>Henderson County Children & Family Resource Center</i>	828-698-0674 www.childrenandfamily.org/?page_id=787	Nationally acclaimed, research-based parent education and family support program. This program works with parents until their child reaches age 3, to provide them with parenting support and information on their developing child.	Buncombe Henderson
Public Schools' Exceptional Children Program	828-255-5971 Buncombe 828-697-4733 Henderson 828-649-9276 x244 Madison 828-766-2233 Mitchell 828-894-3051 Polk 828-288-2200 Rutherford 828-885-7373 Transylvania 828-681-6101, ext. 315 Yancey	Ensures that all children with disabilities, ages 3 through 21, have available a free appropriate public education that emphasizes special education & related services designed to meet their unique needs & prepares them for further education, employment, and independent living.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Sylvan Learning Center	 828-298-4521 tutoring.sylvanlearning.com/centers/28801/index.cfm	Offers tutoring in all basic subjects and at all grade levels.	Located in Buncombe County
Transition to Kindergarten - <i>Smart Start of Buncombe Cty.</i>	828-285-9333 ext. 1006 www.smartstart-buncombe.org/index.php/fam-programs/fam-ttk	A Smart Start-funded program designed to educate parents on the developmental expectations of children, school readiness skills, and strategies for supporting skill development.	Buncombe
We Connect Now	 weconnectnow.wordpress.com	Dedicated to uniting people interested in rights & issues affecting people with disabilities, with particular emphasis on college students & access to higher education & employment issues.	National



Endocrinology / Diabetes



Artz, Evelyn, Dr. <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatrics and Pediatric Endocrinology.	Located in Buncombe County
Wagner, Lori, Dr. <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatrics and Pediatric Endocrinology.	Located in Buncombe County






Evaluations / Assessments			
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.beearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Focus Centers of Asheville	828-281-2299 focuscentersofasheville.com	Provide Psychological & Neuropsychological Evaluations, Educational Consultations and Community Education for Children/Adults with Emotional, Behavioral, Stress and Learning Disorders.	Located in Buncombe County
Fullerton Genetics Center <i>Mission Health</i>	828-213-0022 www.mission-health.org/centers-and-services/programs-service/genetics/fullerton-genetics-center	Offers evaluations and testing for suspected genetic conditions. Provides follow up after diagnosis.	Located in Buncombe County
Grandis Evaluation Center	828-299-7451 www.gectesting.com	Provides comprehensive Behavioral Health Assessments, Developmental Assessments and treatment/service recommendations for people of all ages.	Located in Buncombe County
Health Department	828-250-5000 Buncombe County 828-692-4223 Henderson County 828-649-3531 Madison County 828-688-2371 Mitchell County 828-894-8271 Polk County 828-287-6100 Rutherford County 828-884-3135 Transylvania County 828-682-6118 Yancey County	Offer primary health care services as well as basic assessments. Contact Health Department to determine which evaluations are offered in that county. <i>Accepts Medicaid.</i>	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
North Carolina Early Intervention Program for Children Who are Deaf or Hard of Hearing	828-432-5352 www.ncoes.net/preschools.shtml	Provides services to children who are deaf, hard of hearing, or deaf/blind, ages birth to 3 and their families. Concentrating on language and communication skill development, itinerant professionals provide family-centered intervention in home and daycare settings.	Statewide
Olson Huff Center - <i>Mission Children's Hospital</i>	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral	Offers evaluations, developmental pediatrics, sensory integration treatment,	Located in Buncombe County



Pathways to Communication	828-319-7811	Provides specialized home-based services for young children who are experiencing speech-language delays specific to regulating, engaging and communicating such as Autism Spectrum Disorders.	Located in Madison County
Perry, Martha, PhD <i>Spectrum Behavioral Solutions</i>	828-645-9305 SpectrumDr@yahoo.com	Evaluation and treatment of children 2-18 and their families	Located in Buncombe County
Skyland Behavioral Health Associates	828-252-2501 www.skylandbehavioralhealthassociates.com	Offers evaluations, psychotherapy and medication management services for individuals, couples, and families with learning, attentional, emotional, relationship, and behavioral issues	Located in Buncombe County
Sunshine Project - <i>offered by FIRST</i>	 828-277-1315 www.firstparentcenter.org/projects/sunshine-project	Provides services to children with developmental delays and challenging social/emotional behaviors, including training for childcare providers on child-specific needs and classroom strategies, specific diagnoses and disability issues, and consultation on individual child needs for successful classroom inclusion in Buncombe County.	Located in Buncombe County
Sylva Clinical	828-586-5555 www.sylvaclinical.com	Specializes in psychological evaluation, counseling and psychotherapy.	Located in Buncombe County
TEACCH (Treatment and Education of Autistic and Communication Related Handicapped Children)	 828-251-6319 teacch.com/programs-and-services/asheville-teacch-center	Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research.	Statewide





Family Resource Centers			
Asheville Military Family Resource Center	828-274-8571	Supports military members and their families by providing advocacy and information and referral services. Serves all branches of the U.S. Military. Also, available are family life counselors and financial counselors. Back to School Brigade provides school supplies to children with parents currently on active duty in August. Call in advance to apply for school supply assistance.	Located in Buncombe County
Children and Family Resource Center	 828-698-0674 www.childrenandfamily.org	Parents can find the early childhood help they need from many community resources. Gives parents the resources they need to be the best parents they can be.	Located in Henderson County
Family Place of Transylvania County	 828-883-4857 thefamilyplacetc.wordpress.com	Promotes and nurtures the growth & development of healthy families in Transylvania County by offering education, resources and community support to build positive parenting and communication skills and strengthen families.	Located in Transylvania County
Family Resource Center at Emma	 828-259-9717 childrenfirstcisbc.org/index.php/programs/family-resource-center-at-emma/	Provides emergency assistance through a food pantry to decrease food insecurity; a clothing closet; emergency financial assistance for rent, utilities and medical expenses; and holiday assistance. <i>Accepts Medicaid.</i>	Located in Buncombe County
Family Support Network™ - High Country	828-262-6089 866-812-3122 parent2parent.appstate.edu	Provides specific services to families and the community in caring for children with special needs including support groups, workshops, resources, emotional support, service learning and internship opportunities and more.	Mitchell Yancey

Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	A parent-to-parent program serving parents and caregivers raising children with special healthcare needs and developmental concerns. Offers workshops and trainings, support group meetings and individual meetings to assist families in need.	Buncombe Henderson Madison Transylvania
Verner Center for Early Learning	 828-298-0808 www.macfc.org	Offers child care and Early Head Start services, health and nutrition services and teacher education.	Located in Buncombe County
Western North Carolina Community Health Services	 828-285-0622 www.wncchs.org	Offers medical, dental and behavioral health services, including assessments, treatment and case management.	Located in Buncombe County

Financial Assistance			
Arc of Buncombe County	 828-253-1255 www.arcofbc.org	Exists to empower persons with mental retardation & other developmental disabilities and their families to realize their highest potential through advocacy, education, and development of programs. Offers stipends to be used towards respite and other care.	Buncombe
Asheville Buncombe Community Christian Ministry (ABCCM) Crisis Ministry	828-670-1221 Hominy Valley 828-259-5300 Main Office 828-684-3872 South 828-259-5303 Weaverville www.abccm.org	Provides low income families with food boxes, gently used clothing, utility and rental assistance families in crisis, and a hot meal in our soup kitchen for our homeless.	Has several locations throughout Buncombe County
Buncombe County Foster Care Association	 828-216-3852 www.thebcfca.blogspot.com	Composed of foster parents, adoptive parents, social workers and concerned citizens. Works together with the Department of Social Services in Buncombe , Madison and Haywood Counties to meet the needs of the children in care. Call for more info.	Buncombe Madison Haywood
Chase Corner Ministries	828-247-0096 www.providenceumc-28043.com/community.html	Offers emergency assistance with food, clothing, utility payment and prescriptions when funding is available. Also offers a thrift shop that sells clothing at extremely low prices.	Rutherford
Department of Social Services (DSS)	Buncombe - 828-250-5680 Henderson-828-697-5500 Madison/Marshall-828-649-2711 Mitchell County - 828-688-2175 Polk County - 828-894-2100 Rutherford - 828-287-6165 Transylvania/Brevard-828-884-3174 Yancey - 828-682-2470	Oversees the distribution of Emergency Assistance funds as they become available to the community. These funds are for families in short-term financial crisis due to unusual circumstances and are capped at a certain amount each year.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Division of Workforce Solutions (Employment Security)	828-251-6200 Buncombe / Madison 828-693-1703 Henderson 828-245-9841 Rutherford 828-394-4752 Transylvania 828-682-6618 Yancey	Search and apply for jobs, file and manage unemployment claims, find listings of local companies.	Buncombe Henderson Madison Rutherford Transylvania Yancey

Eblen Assistance Programs for Emergency Assistance	 828-255-3066 www.eblencharities.org	Encompasses a number of outreach programs that provides emergency assistance which includes a vast array of emergency assistance depending on the need of each individual or families who calls. Includes assistance for utilities and housing, medical and health and others.	Located in Buncombe County
Family Support Network™ - High Country	828-262-6089 866-812-3122 parent2parent.appstate.edu	Provides specific services to families and the community in caring for children with special needs including support groups, workshops, resources, emotional support, service learning and internship opportunities and more.	Mitchell Yancey
Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	Can direct caregivers to funds that may be available to assist parents who want to participate in conferences, trainings, or other events related to the child's diagnosis.	Buncombe Henderson Madison Transylvania
First Hand Foundation	 816-201-1569 www.firsthandfoundation.org	Not-for-profit organization that provides funding so individual children may have access to health care that would otherwise be impossible. Helps with clinical necessities , medical equipment and travel related to a child's care. Funding is distributed directly to the child's immediate healthcare provider.	National
Hickory Nut Gorge Outreach	828-625-4683 www.hickorynutgorgeoutreach.org	Concentrates on helping people who are in a crisis situation. Offers a comprehensive range of programs and services to help families who are experiencing a difficult time in their lives. Assistance includes a food pantry for emergency supplies and, when available, assistance for rent, utilities and more. Located in Lake Lure.	Located in Henderson County
Interfaith Assistance Ministry	828-697-7029 www.iamhendersoncounty.org	Provides food, clothing, help with utilities, heat, rent, medications and other necessities on an emergency basis. Food is provided as a five-day supply of three nutritious meals a day for each family member. Clothing is supplied as needed, subject to availability. Other assistance is through vouchers or direct payment to vendors.	Located in Henderson County
Make-A-Wish Foundation® of Central & Western North Carolina, Asheville Office	 877-677-9474 www.ncwish.org	A network of nearly 25,000 volunteers enable the Foundation to serve children with life-threatening medical conditions. Volunteers serve as wish granters, fundraisers, special events assistants and in numerous other capacities.	National
Mitchell County Shepherd's Staff	828-765-5385 www.mcshepherdstaff.org	Purpose is to provide temporary food and heating assistance to residents of Mitchell County who are in need.	Mitchell
Mountain Housing Opportunities	 828-254-4030 www.mtnhousing.org	Eliminates immediate threats to life, health and safety in the homes of low income homeowners with special needs -- elderly, disabled, single parent and families with three or more dependent children. Programs include the Rural Home Rehabilitation Program and the Emergency Home Repair Program.	Located in Buncombe County
OnTrack Financial Education & Counseling	 828-255-5166 www.ontrackwnc.org	Can help people achieve their money and housing goals through financial education, counseling, and support so that they can overcome crises, afford basic needs, improve money-management skills, and make financial choices rooted in their values. Also administers locally the NC Foreclosure Prevention Fund, a program geared towards helping families keep their homes after a job loss.	Western NC
Participant Involvement Fund (PIF) NC Council on Developmental Disabilities	www.nc-ddc.org/pages/pif/pif.html	Helps people with developmental disabilities, their family members, or their guardians by reimbursing some of the costs of going to events such as conferences, trainings, public forums, focus groups, committees, task forces, hearings & other similar non-recreational activities, which provide consumers resources & information they need to learn best practices, to make informed choices, to learn advocacy and/or to enhance their quality of life.	Statewide


Roberts - Miller Children's Fund	704-864-0927 www.cfgaston.org/grantseekers/roberts_miller.aspx	A special endowment fund with a stated purpose of providing "aid and comfort" for children under 18 years of age with serious medical or related needs where neither family, insurance nor public financial resources are sufficient to fill the need. Applicants must be residents of North Carolina.	Statewide
Rutherford County Crisis Intervention Program	828-287-6282 rutherfordcountync.gov/Departments/socialservices/crisisintervention	Serves individuals and families who are experiencing a heating or cooling related crisis. Each household should be evaluated on a case by case basis to determine if there is a heating or cooling crisis.	Rutherford
Salvation Army	828-253-4723 Buncombe County 828-693-4181 Henderson County 828-862-6518 Transylvania County 828-622-3355 Madison / Mitchell / Yancey Counties	Provides material family assistance (food, clothing, rent, utilities, furniture, shelter, and meals) to needy residents, transients, and homeless.	Buncombe Henderson Transylvania Madison
Sharing House <i>Transylvania Christian Ministry</i>	 828-884-2866 www.sharinghouse.org	Offers crisis assistance services to residents of Transylvania County that include assistance paying rent and utilities, clothing closet, food pantry and other services such as providing blankets, bedding, pots & pans and vouchers for used furniture.	Transylvania
Small Steps in Speech Grant Program	 888-577-3256 www.smallstepsinspeech.org	Grants are awarded to individuals from birth up to the age of 22 years. The services/treatments requested cannot be received before the grant is awarded. The application must request a specific need in regards to a communication delay/disorder.	National
Southern Reconciliation Ministries / Reconciliation House	828-682-7251 www.southernreconciliationministries.org/index.html	Helps families in a Crisis Situation suffering from extreme need. Assistance is provided on a case-by-case basis. Qualifying for help consists of an interview process where income and expenses are evaluated to determine eligibility. May offer assistance financially, such as with utility bills and medication expenses, or with physical subsidies such as food, clothing, etc.	Yancey
Stainless Ministry	828-748-7053	Operates an emergency food pantry and a thrift store open to the public.	Polk Rutherford
Storehouse	828-692-8300 www.storehouseonline.org	Food, hygiene and clothing closet for individuals and families in need.	Henderson
St. Vincent de Paul Society	828-775-1933	Provides once a year financial assistance on a case by case basis to those in need in North, West, and Central Buncombe (north of I-40). Assistance not available for residents of public housing (Section 8 is okay) unless there is a documented medical emergency causing loss of income. Assistance includes: Rental assistance; All utilities including phone bills; Home delivered food assistance. Leave a message with name, number and reason for request from 8:00 a.m. - 10:30 a.m. on Mondays.	Located in Buncombe County
Thermal Belt Outreach Ministry	828-894-2988 www.tboutreach.org	Utilizes a multifaceted approach in order to meet the growing needs of individuals, children and families in crisis. Financial assistance is provided for housing/rental assistance, utilities, prescription and medical assistance, medical equipment, such as walkers, wheel chairs, etc., In addition, Outreach provides school supply closets, food and commodities, Christmas and holiday support and other services to help those in need.	Polk




Tri-County Pregnancy Center	800-712-4357 www.burnsvillepregnancyhelp.com	Can provide maternity and infant clothing, diapers, wipes, linens, baby furniture, as well as other emergency supplies, when available.	Located in Mitchell County
United Healthcare Children's Foundation	 www.uhccf.org/apply/	Offers grants that provide financial relief for families who have children with medical needs not covered or not fully covered by their commercial health benefit plan. The Foundation aims to fill the gap between what medical services/items your child needs and what your commercial health benefit plan will pay for.	National
United Special Sportsman Alliance	800-518-8019 www.childswish.com	Non-profit "dream wish" granting charity that specializes in sending critically-ill and disabled youth and disabled veterans on the outdoor adventure of their dreams.	National
United Way 2-1-1	 Dial 211 www.211wnc.org	Call 2-1-1 any time 24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.	Buncombe Henderson Madison Transylvania
Variety: the children's charity	 323-954-0820 www.usvariety.org	Offers financial assistance in several programs including a program geared towards providing assistance to children with mobility concerns.	National
WAMY Community Action	828-766-9150 Mitchell 828-682-6618 Yancey www.wamycommunityaction.org	Offers a variety of programs intended to help individuals and families to become more self-sufficient.	Mitchell Yancey
Yokefellow Service Center	 828-287-0776	Services include assistance with rent, house payment, utilities, food, clothing, heating assistance and medicine. Yokefellow helps with the immediate need, but also provides counsel on ways to help people become self-sufficient. The staff refers clients to agencies that can provide education, job training, budget planning, etc.	Rutherford


Gastroenterology


Bates, Michael D., MD, PhD <i>Mission Children's Clinic</i>	828-213-1780	Board certified in Pediatric Gastroenterology.	Located in Buncombe County
Graham, Rose, MD <i>Mission Children's Clinic</i>	828-213-1780	Board certified in Pediatric Gastroenterology.	Located in Buncombe County

Genetics


Allen, William, MD <i>Fullerton Genetics Center</i>	828-213-0022	Board certified in Pediatrics and Medical Genetics.	Located in Buncombe County
Boyd, Ellen, MD <i>Fullerton Genetics Center</i>	828-213-0022	Board certified in Pediatrics and Genetics.	Located in Buncombe County
Chromosome Disorder Outreach	 561-395-4252 www.chromodisorder.org	Offers an extensive library of available up-to-date articles, detailed registry, newsletters, research opportunities, interaction with a medical advisory board, and a listserv that's online 24 hours a day.	National

Fullerton Genetics Center	828-213-0022 www.mission-health.org/centers-and-services/programs-service/genetics/fullerton-genetics-center	Evaluates and counsels pediatric, prenatal, and adult patients through referrals in both outpatient and inpatient settings. Also offers a genetics education program for health care professionals, patients, and the general public.	Western NC
Genetic Counseling Services <i>Children & Youth Branch of NCDPH</i>	919-707-5600 www.ncdhs.gov/dph/wch/families/geneticcounseling.htm	Identifies individuals and families who may have or be at risk to have a genetic condition. Services are focused on providing early intervention, education, diagnosis, and treatment if possible. Genetic Counselors from the Children and Youth Branch routinely provide consultation to health care providers on many genetic issues. Genetic services are available at five medical centers and one community hospital in NC for any infant, child, or adult suspected of having a genetic condition. This also includes services for pregnant women that are at an increased risk to have a baby with birth defects. Individuals with limited access to medical centers can receive genetic services through regional satellite genetic clinics located statewide.	Statewide
Genetics Home Reference	ghr.nlm.nih.gov	Provides consumer-friendly information about the effects of genetic variations on human health.	National
National Down Syndrome Congress	 800-232-6372 www.ndsccenter.org	The mission of the NDSC is to provide information, advocacy and support concerning all aspects of life for individuals with Down syndrome.	National
National Down Syndrome Society	 800-221-4602 www.ndss.org	The mission of the National Down Syndrome Society is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.	National
National Organization for Rare Disorders	 800-999-6673 www.rarediseases.org	A federation of voluntary health organizations dedicated to helping people with rare "orphan" diseases & assisting the organizations that serve them. Committed to the identification, treatment, and cure of rare disorders through programs of education, advocacy, research, and service.	National
Pediatric Genetics <i>Centers for Disease Control & Prevention</i>	800-232-4636 www.cdc.gov/ncbddd/pediatricgenetics/	Offers articles, information and links related to topics in pediatric genetics such as genetic counseling, newborn screening, family history and other related topics.	National


Grandparent Resources			
Family Place of Transylvania County	 828-883-4857 thefamilyplacetc.wordpress.com	Promotes and nurtures the growth and development of healthy families in Transylvania County, North Carolina by offering education, resources and community support to build positive parenting and communication skills and strengthen families for the benefit of every child. Has specific resources available for grandparents.	Located in Transylvania County
GrandFamilies Resources <i>AARP</i>	www.aarp.org/relationships/friends-family/info-08-2011/grandfamilies-guide-resources.html	Links to articles, tools and resources to help grandparents and other relatives raising children.	National
GrandFacts State Fact Sheets <i>AARP</i>	www.aarp.org/relationships/friends-family/grandfacts-sheets/	Each state fact sheet includes state-specific data, information and helpful links.	National




Grandparents Caring for Grandkids Online Support Group	community.grandparents.com/index.php/forum/15-grandparents-caring-for-grandkids/	This is a support group for "caregiver" grandparents (or aunts, you're actually raising your grandchildren (or other relative kids), helping to raise them or babysitting frequently while parents are at work, etc.	National
Grandparents Raising Grandchildren	828-279-7539	Provides a resource center and mutual support for grandparents who are raising their grandchildren.	Buncombe Haywood
Grandparents Raising Grandchildren	www.usa.gov/Topics/Grandparents.shtml	If you take care of grandchildren, find grandparent programs in your state and get information about benefits, assistance, and more.	National
Land-of-Sky Regional Council Family Caregiver Support	 828-251-6622 www.landofsky.org/fcsp.html	Program offers information, assistance and support to Kinship Caregivers age 55 and over caring for a child under the age of 18 (as well as caregivers caring for someone 60 or older, or with Alzheimer's disease or a related dementia.) Services include information about resources to help families in their caregiver roles; assistance to families in locating resources and services from a variety of local agencies; caregiver counseling and peer support to help families cope with the emotional and physical stress of dealing with caregiving.	Serves Buncombe, Henderson, Madison and Transylvania counties
North Carolina Family Caregiver Support Program	www.ncdhhs.gov/aging/fchome.htm	Provides grants to States and Territories to fund a range of supports that assist these caregivers.	Statewide





Grief & Loss			
Bereavement Services <i>CarePartners Health Services</i>	828-251-0126 www.carepartners.org/services_hospice_bereavement.html	For the family and friends of a patient cared for by CarePartners Hospice and Palliative Care, grief support is provided as part of our program. Certain bereavement services are also available, by appointment, to others in Buncombe County who are suffering a loss through death.	Located in Buncombe County
Camp Erin: a grief support camp for kids & teens <i>Hospice of Rutherford County</i>	828-245-0095 hospiceofrutherford.org/grief-counseling/camperin	Weekend, overnight camp for children and teens ages 6 through 17 who have experienced the death of someone close to them. Facilitated by professional staff from Hospice of Rutherford County and trained volunteers, Camp Erin is offered free of charge to kids and teens throughout the Carolinas.	Statewide
Compassionate Friends of Brevard/Hendersonville	828-890-8227 www.tcfofbrevardnc.org/tcf/home.htm	A self-help organization offering friendship and understanding to bereaved parents. Meetings are held on the 2nd Monday of each month at the Lutheran Church of the Good Shepherd in Brevard.	Transylvania
Compassionate Friends of Mitchell County	828-766-8083	Meeting Info: 2nd Monday of each month 7:00 pm. Meeting Address: First Baptist Church (Parlor) , 125 E Tappan St, Spruce Pine, NC 28777	Mitchell
Four Seasons Community Bereavement Services	828-692-6178 www.fourseasonscl.org/what-we-offer/community-bereavement-services	Before or after a death, you may request individual grief counseling in the office, a facility, or at home. You'll be invited to bereavement support groups and grief workshops. For about a year after a death, you'll receive mailings and phone calls. You may also borrow materials from their grief library.	Buncombe Henderson
Grief Counseling & Support <i>Hospice of Rutherford County</i>	828-245-0095 hospiceofrutherford.org/grief-counseling	Provides grief counseling at no cost for any adult, child or teen in the community who has lost a loved one. Hospice has professional counselors who conduct support groups and individual counseling at the Annette Cash Whitaker Center of Living and within the school system. In addition, Hospice provides educational seminars for groups regarding grief and loss throughout the year	Polk Rutherford



Grief Group <i>Family Support Network™ of the High Country</i>	828-682-4772 parent2parent.appstate.edu/support-groups	Held at Hospice of Yancey County in Burnsville.	Held in Yancey County
GriefShare <i>Calvary Baptist Church</i>	828-253-7301 www.calvaryasheville.com/get-help/	A weekly session that combines video teaching & small group discussion. Grieving people need support and guidance over a period of months while working through the issues, pain and pressures surrounding them. This group can become an oasis for them, a place they can gain knowledge during the teaching time and share their feelings with others experiencing grief. Call for schedule of upcoming sessions.	Located in Buncombe County
GriefShare <i>Mud Creek Baptist Church</i>	 828-692-1262 www.mudcreekchurch.org/connectgroups	Adults discuss such topics as: emotions of grief, when your dreams fall apart, where is God?, stuck in grief, growing through grief, and longing for heaven. Appropriate for those who have experienced a loss recently or years ago.	Located in Henderson County
GriefShare <i>Pole Creek Baptist Church</i>	828-665-1938 or 828-667-4899 www.polecreek.org/griefshare	A recovery support group for those who have lost a family member or close friend through death. There are 13 sessions. Each is self-contained so you can begin any time. Sessions include a video presentation and group sharing. A GriefShare workbook assists you with note-taking, journaling and grief study.	Located in Buncombe County
Heart Songs Program for Children <i>Four Seasons</i>	828-233-0334 www.fourseasonscl.org/what-we-offer/heart-songs-program-for-children	Provides education about the child grief process and offers support for children in group and individual settings. Through the program, children learn about their grief and how to work through the grief process.	Buncombe Henderson
Kids Path Bereavement Program <i>CarePartners Health Services</i>	828-255-2870, x6480 carepartners.org/services_atoz_ki.html	Helps children grieve in their own special way, putting them on the path to healing. Includes individual and group counseling, play therapy and more.	Meets in Buncombe County
Rainbows: grief counseling for kids <i>Hospice of Rutherford County</i>	828-245-0095 hospiceofrutherford.org/grief-counseling/rainbows	Six week support group for children ages 5 to 13 who have lost a significant person in their lives. The group offers a non-threatening environment of support, allowing the child to discuss his/her feelings regarding the loss and to explore the grief process.	Polk Rutherford

Guardianship			
For more information, consult your service provider or check your local phone book for attorneys specializing in guardianship for individuals with disabilities.			
Alleman, Cynthia, <i>Attorney at Law</i>	 828-253-6092 www.ashevillelaw.us	Specializes in handling guardianship and special needs trusts / supplemental needs trusts.	Located in Buncombe County
Bryan, Nicole V., Esq. <i>Vandiver & Bryan, PLLC</i>	704-892-9355 www.vbfirm.com	Specializes in Estate & Elder Law, including guardianship issues. Member of the Special Needs Alliance. Located in Cornelius, North Carolina, near Charlotte.	Statewide
Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	Offers a guardianship packet to assist in understanding the process of applying for guardianship. Offers other resources that may assist in this process.	Buncombe Henderson Madison Transylvania
Guardianship Information from the Autism Society of North Carolina	www.autismsociety-nc.org/images/asnc/gethelp/Guardianship.pdf	Discusses the basics of what guardianship is, why it matters and issues to consider in advance.	Statewide

Hope for the Future, Inc. Guardianship Services	828-505-4335	Acts as a professional guardian: assists in managing health, safety, and welfare; assists in securing and protecting legal, civil, and human rights while protecting the best interests.	Located in Buncombe County
Johnston, Diana, <i>Attorney at Law</i>	 828-697-6196	Specializes in guardianship for people with disabilities.	Western NC
Responsibilities of Guardians in North Carolina <i>NC Administrative Office of the Courts</i>	www.nccourts.org/forms/documents/1184.pdf	Provided as a public service to assist persons who have been or are about to be appointed guardians in understanding their duties, responsibilities and role. It is not meant as substitute for legal advice. You should contact an attorney should you have any legal questions about the role of a guardian.	Statewide

Health Programs - General			
Bakersville Community Medical Clinic	 828-688-2104 www.bakersvilleclinic.org	Provides primary care, pregnancy care, women's health, behavioral health, chiropractic, acupuncture, reiki, and massage therapy services	Located in Mitchell County
Blue Ridge Community Health Services	 828-692-4289 www.brchs.com	Offers services in Family Medicine, Pediatric Medicine, Dental Services and Behavioral Health Services. <i>Accepts Medicaid.</i>	Located in Henderson County
Blue Ridge Regional Hospital	 828-765-4201 www.blueridgehospital.org	Provides a range of medical specialties and hospital services.	Located in Mitchell County
Brevard Health Center	828-883-5550 www.brchs.com/about-us/brevard	Offers services in Family Medicine, Pediatric Medicine, Dental Services and Behavioral Health Services. <i>Accepts Medicaid.</i>	Located in Transylvania County
Buncombe County School Health Nursing Program	828-250-5083 or visit nurses in individual schools	Offer health assessments and referrals, healthcare coordination for students with special needs, health information and education as well as other services within the school setting.	Buncombe
Community Care of WNC	828-259-3879 www.ccwnc.org	A non-profit, community-based health care delivery system for Medicaid recipients that is organized and operated by community partners. Accepts Medicaid.	Western NC
Doula Association of the Mountain Area	828-233-5500 wncdoulas.com	An organization of independent professional doulas in Western North Carolina. The organization connects expectant parents, new families and care providers with local birth and postpartum doulas.	Located in Buncombe County
Free Clinics (The)	828-697-8422 www.thefreeclinics.org	Offers nine regular clinics, access to specialty care, pharmaceutical support, and case management.	Located in Henderson County
Health Department	828-250-5000 Buncombe County 828-692-4223 Henderson County 828-649-3531 Madison County 828-688-2371 Mitchell County 828-894-8271 Polk County 828-287-6100 Rutherford County 828-884-3135 Transylvania County 828-682-6118 Yancey County	Offer primary health care services as well as basic assessments. Contact Health Department to determine which evaluations are offered in that county. <i>Accepts Medicaid.</i>	Buncombe Henderson Madison Transylvania

Mission Children's Hospital	828-213-1111 Mission Hospital 828-213-1740 Reuter Outpatient 828-213-0740 Asheville Surgery	Serves newborns, infants, children and adolescents, as the only Children's Hospital in Western North Carolina. The pediatric health professionals and physicians who practice there are subspecialists in the childhood diseases, disorders and conditions they treat.	Located in Buncombe County
Mitchell County School and Family Health Centers	828-688-3977 Buladean Elementary 828-688-5998 Tipton Hill	Offers school-based health, immunization, nutrition services, laboratory services, comprehensive physicals, health education, chronic illness management, hearing, vision and dental screenings.	Mitchell
Mountain Area Health Education Center (MAHEC)	 828-257-4400 www.mahec.net	Serves healthcare professionals, students, and institutions throughout a 16-county region in Western North Carolina. Mission is to provide education, information, technology, research, training, and services to improve health outcomes in WNC through partnerships and neutrality.	Buncombe Henderson Madison Transylvania
North Carolina Health Choice for Children	800-662-7030 www.ncdhhs.gov/dma/healthchoice/	Free or reduced price comprehensive health care program for children. If your family makes too much money to qualify for Medicaid but too little to afford rising health insurance premiums, your child(ren) may qualify for NCHC.	Statewide
Pardee Health Education Center	828-692-4600 www.pardeehospital.org	Provides an array of low-cost to free services ranging from health fairs and screening events to seminars and support groups.	Located in Henderson County
Pardee Memorial Hospital	 866-790-WELL www.pardeehospital.org	Non-profit community health care system offering a full range of hospital inpatient and outpatient services. Located in Hendersonville. <i>Accepts Medicaid.</i>	Located in Henderson County
Park Ridge Hospital	 828-684-8501 www.parkridgehealth.org	Community hospital offering services at both its main facility as well as nearby offices and centers. Located in Hendersonville.	Located in Henderson County
Polk Wellness Center	828-894-2222 www.polkwellness.org	Provides a holistic approach, offering a comprehensive, integrated model to provide primary care, mental health/substance abuse, prevention, education, wellness, and recovery support services.	Located in Polk County
Rutherford Community Health Center	828-288-2881 rutherfordchc.com/about-us.html	Provides services including primary medical care, behavioral health care, substance abuse counseling, medication assistance, preventative health screenings, diagnostic testing and services, case management and educational programs.	Located in Rutherford County
Rutherford Regional Health System	828-286-5000 www.rutherfordhosp.org	Offers a comprehensive range of treatments and wellness options.	Located in Rutherford County
Saluda Medical Center	828-749-4411	Comprehensive community-based medical care to all individuals, regardless of age, income, or health insurance status. Prescriptive drugs are available at almost no cost to qualifying individuals.	Located in Polk County
St. Luke's Hospital	828-894-3311 www.saintlukeshospital.com/getpage.php?name=index	Offers a variety of inpatient and outpatient hospital services.	Located in Polk County
Transylvania Regional Hospital	828-884-9111 www.trhospital.org	Offers a comprehensive range of treatments and wellness options.	Located in Transylvania County
Western North Carolina Community Health Services	 828-285-0622 www.wncchs.org	Offers medical, dental and behavioral health services, including assessments, treatment and case management.	Located in Buncombe County
Yancey County School Health Centers	828-682-6152 E. Yancey Middle School 828-682-4758 Cane River Middle School	Offers school-based health, immunization, nutrition services, laboratory services, comprehensive physicals, health education, chronic illness management, hearing, vision and dental screenings.	Located in Buncombe County


Hearing & Audiology			
Asheville Audiology Services	828-348-1690 www.ashevilleaudiology.com	Provides a full range of audiology services to both children and families.	Located in Buncombe County
Asheville Head, Neck and Ear Surgeons	828-254-3517 Buncombe 828-698-2350 Henderson 828-884-6702 Transylvania www.ashevilleheadneckear.com	Performs a variety of audiological tests. Licensed distributor of hearing instruments / hearing aids.	Buncombe Henderson Transylvania
Auditory Advantage Hearing Center	828-286-9399 hearclearlynow.weebly.com/	Offers complete hearing and audiology services to children and adults.	Rutherford
Beginnings: For Parents of Children Who Are Deaf or Hard of Hearing	 800-541-4327 www.ncbegin.org	Provide valuable technical information, emotional support, resources and referrals to parents and professionals. Services are free to parents in the state of North Carolina.	Statewide
Carolina Children's Communicative Disorders Program	919-419-1449 www.med.unc.edu/earandhearing/cccdpgrant	Provides funding for hearing devices for children who are deaf and hard of hearing, whose families do not qualify for other public programs, and who do not have adequate income to obtain devices that are not covered by insurance.	Statewide
Carolina Pediatric Therapy - Pediatric Audiology	828-670-8056 carolinapeds.com/carolina-pediatric-therapy-services/asheville-pediatric-audiology/	Provides hearing and listening assessment, treatment and counseling, tailored to the needs of your child and your family; finding and strengthening the connection.	Located in Buncombe County
Child Health Audiology Consultant <i>NC Division of Public Health</i>	828-658-1739 Charlotte Destino for Buncombe, Henderson, Madison, Mitchell, Transylvania, Mitchell Counties 704-434-5066 Lizzie Guffey for Polk / Rutherford	Provides consultation and physiologic hearing screening services.	Statewide
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell / Yancey 704-480-5440 Polk / Rutherford 828-884-3282 Transylvania www.bearly.nc.gov	Services include any services or equipment that may be needed to address a child's needs with relation to his auditory skills.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Division of Services for the Deaf and Hard of Hearing (DSDHH) - Asheville Regional Resource Center	828-665-8733 800- 681-7998 www.ncdhhs.gov/dsdhh/rrc/asheville/asheville.htm	Advocates for the rights and needs of individuals who are Deaf, Hard of Hearing or Deaf-Blind.	Western NC
Hearing Center of Asheville	 828-277-1000 www.thehearingcenter.com	Comprehensive center for audiology care and hearing aid services.	Located in Buncombe County





Mission Children's Audiology	828-213-1725	Working in collaboration with UNC Chapel Hill, the Mission Children's Audiology program provides a continuation of expert level care, right here in the region.	Located in Buncombe County
NC Early Intervention Program for Children Who Are Deaf or Hard of Hearing (Western NC)	828-432-5352 www.earlylearning.nc.gov/PreKindergarten/EarlyIntervention/EarlyInterventionProg.asp	Provides development/educational early intervention services to children ages birth to 3 who are deaf or hard of hearing and their families.	Statewide
Park Ridge Medical Associates Hearing and Balance Center	828-650-8048 www.parkridgehealth.org/physicians-and-services/our-services/audiology	Provides complete audiological services including comprehensive hearing evaluations, hearing aid dispensing and balance testing.	Located in Henderson County


Hematology / Oncology			
Bottom, Krystal, MD <i>Mission Children's Clinic</i>	828-213-9770	Board certified in Pediatric Hematology / Oncology. <i>Accepts Medicaid.</i>	Located in Buncombe County
Mountain Radiation Oncology	828-213-0100 www.mtnradiationoncology.com	Board certified in Radiation Oncology. <i>Accepts Medicaid.</i>	Located in Buncombe County
Scothorn, Douglas J., MD <i>Mission Children's Clinic</i>	828-213-9770	Board certified in Pediatric Hematology / Oncology. <i>Accepts Medicaid.</i>	Located in Buncombe County

Home Schooling Resources			
Check with your local library for additional resources.			
Asheville Art Museum Home-School Program	www.ashevilleart.org/event/home-school-program-5/	Home-school students in grades 1 – 4 are invited to join us for the Museum's Home School Program on the second Tuesdays of each month. Each 90-minute session includes a guided tour of the Museum's Permanent Collection or special exhibition, and a hands-on art activity. Pre-registration is required.	Located in Buncombe County
Barefoot Homeschoolers	groups.yahoo.com/neo/groups/barefoothomeschoolers/info	For connecting with secular homeschoolers in Rutherford and Polk counties of western NC. If you are new to the area, or just starting on your homeschooling journey.	Polk Rutherford
Bryant, Angie <i>Tutor</i>	828-645-0449 readinghelp@charter.net	Orton-Gillingham Reading Tutor. Has a BS in Child Development and Family Relations from WCU.	Buncombe
Carolina Homeschooling	groups.yahoo.com/neo/groups/Carolinahomeschooling/info	This list is for those that are homeschooling in North Carolina or those that may be moving here and homeschooling. It is for getting together and encouraging each other, talking about homeschooling in NC, meeting others nearby, etc.	Statewide
Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	Offers materials for check out in the lending library.	Buncombe Henderson Madison Transylvania
GIFTSNC, Inc.	www.giftsnc.com	The goal of GIFTSNC is to support, empower, guide and educate families home schooling children with special needs through conferences, workshops and family to family support.	National

Henderson County Homeschool Association	www.homeschool-life.com/nc/hcha	Membership entitles your family to access the website, e-mail, a quarterly newsletter and the opportunity to participate in many social and academic activities for parents and students.	Located in Henderson County
Homeschool Association of Rutherford and Polk Counties	harchomeschool.org/about.html	Homeschooling support group aimed at bringing families closer together, offering educational resources, providing mentorship and council, and supporting our individual walk with God.	Polk Rutherford
Home School Legal Defense Association	 540-338-5600 www.hslda.org	A nonprofit advocacy organization established to defend and advance the constitutional right of parents to direct the education of their children and to protect family freedoms.	National
Homeschool Mom	www.thehomeschoolmom.com	Website offering resources including homeschool planners, reviews of homeschool curricula, advice for new homeschoolers and much more.	National
LIFE: Learning in Family Education	www.homeschool-life.com/sysfiles/member/index_public.cfm?memberid=176	LIFE is a support group for homeschoolers in and around Transylvania County.	Transylvania
Madison County Homeschoolers	Search Facebook and Yahoo Groups	Open to all homeschoolers in or near Madison County. Please contact for more information on meetings and events.	Madison
North Carolina Department of Non-Public Education	www.ncdnpe.org	Home school requirements, reminders and recommendations; Home School Guidebook in PDF format as well as FAQ on homeschool topics.	Statewide
North Carolina Virtual Public School Program for Home School Students	www.ncdnpe.org/documents/EDU-brochure-web-version.pdf	The North Carolina Virtual Public School (NCVPS) now offers certain courses for non-public home school students. Parents should review the Non-Public Education legislation (Chapter 115C –Article 39) to determine eligibility of their students to participate in the NCVPS non-public school program.	Statewide
North Carolinians for Home Education	 919-790-1100 www.nche.com	A private, volunteer organization active at the state level, serving North Carolina homeschoolers.	Statewide
Roots + Wings School of Art and Design - Custom Homeschool Sessions	 828-545-4827 rootsandwingsarts.com/programs/homeschool-sessions/	Works with home school groups to create a customized program to fit within your curriculum. Sessions are available for grades K through 12 with a variety of artistic medium choices: drawing, painting, clay, collage, mixed media, sculpture, printmaking, mosaic. Can work with you for a few hours or an entire semester. Fees are determined by student number, art medium, and length of session.	Located in Buncombe County

Horseback Riding / Equine Therapy			
Appalachian Therapeutic Riding Center	828-675-5814 www.atrcriding.com	Located in Burnsville, NC. Provides therapeutic horseback riding for persons with physical, cognitive, and/or emotional disabilities in a safe, structured environment.	Located in Yancey County
Free Rein Center for Therapeutic Riding and Education	 828-883-3375 www.freereincenter.com	Instructors, volunteers, and horses help children and adults with autism, Attention Deficit Hyperactivity Disorder, physical limitations, and a wide range of other disabilities enjoy such benefits as increased flexibility, balance and coordination, enhanced gross and fine motor skills, improved posture, and self confidence.	Located in Transylvania County
Harmony Through Horses Transformative Counseling	828-337-8468	Equine therapy with Andrea Burgess, LCSW. Offers individual and family therapy for adults and children using horses as a healing partner. Accepts BCBS and Medicaid.	Located in Buncombe County

Head, Heart, Hands and Horses	 828-803-0021	Multi-faceted therapeutic farm that specializes in Equine Assisted Therapy and Learning using the EAGALA model. Also offer traditional horsemanship lessons, therapeutic riding & horsemanship, and EAP trainings.	Located in McDowell County
Horse Sense of the Carolinas	 828-683-7304 www.horsesenseotc.com	Effective new strategies to manage unhealthy patterns and behaviors through our individual, couples and family outpatient services.	Located in Madison County
Therapeutic Riding of Tryon (TROT) <i>Foothills Equestrian Nature Center</i>	 828-859-9021 www.fence.org/trot	A non-profit organization dedicated to providing facilities and focus for education, recreation and preservation in nature studies and equestrian activities with the aim of enhancing these endeavors to enrich the quality of life for the community.	Located in Polk County. Serves Western NC.
Trails Carolina	 800-975-7303 www.trailscarolina.com	Program for adolescents ages 10 - 17 struggling with a variety of mental health diagnoses, behavioral problems, developmental issues, learning disabilities, substance abuse/dependence, school problems & relational difficulties. Located at Lake Toxaway.	Located in Transylvania County

Infant Massage			
Asheville Massage and Natural Therapeutics	828-423-0671 naturaltherapeuticspecialist.com	Offers pregnancy, infant, and premature infant massage as well as training and workshop events.	Located in Buncombe County
Peters, Jennifer <i>Combined Therapy Specialties</i>	828-277-6957 www.combinedtherapyspecialties.com/Therapeutic-Massage.html	Teaches parents and caregivers to give gentle, loving massages to their medically stable newborns. Teaches a massage protocol designed to promote healthier digestion, elimination (including gas), weight gain, deeper sleep, immune system functioning, and bonding.	Located in Buncombe County
Spa at Park Ridge Health	 855-774-5433 www.parkridgehealth.org/baby-place/amenities/spa	Learn massage techniques to promote good digestion, sleep and bonding between infant and mother.	Located in Henderson County

Infant Toddler Program Providers and Community Based Rehabilitation Services for ages 0 to 3 years

Specialized instruction for qualifying children under age three. Available only to families who are enrolled with the CDSA.







For parents with children over age 3 who wish to receive "Service Coordination or Case Management" services, you can contact Care Coordination for Children (CC4C) at the Health Department in your county, contact Western Highlands at 828-225-2800 or check with your pediatricians office as they may offer care coordination for children with and without Medicaid.

For parents who choose to be their own service coordinator and not utilize early intervention services through the CDS, you can still contact the CDS for a listing of providers that may be able to work with your child.

Andrea Shumate, MS CCC-SLP (Henderson)	828-329-4141 Ashumate25@yahoo.com
Asheville Area Children's Therapy (Buncombe., Henderson, Madison)	Lynn Kahl CCC/SLP 828-254-8889 Iskahl@charter.net
Asheville Speech Associates (Buncombe, Henderson)	Janet Bennett, CCC/SLP 828-285-8814
Bilingual Family Services, CBRS (Buncombe, Henderson, Madison, Transylvania)	Louise Noble 828-712-5836 or 828-338-0358 lhwooley@hotmail.com

Bilingual Family Services, CBRS (Buncombe, Henderson, Madison, Transylvania)	Dana Myers 828-545-8963 Disaac988@yahoo.com
Carolina Pediatric Therapy	Buncombe: Margaret Moldovan 828-242-2372 mmoldovan@carolinapeds.com - Alison Reece 828-670-8056 areece@carolinapeds.com - Henderson, Polk, Rutherford: Alexis Graham 828-216-2659 agramham@carolinapeds.com
Carolina Rehabilitation Specialists, Inc CBRS, PT, OT, SLP (Buncombe, Henderson, Madison, Transylvania)	Kimberly Hunt 828-713-8503 kimhunt@hotmail.com Sarah Brigman 828-670-8056 Email: snemeth@carolinarehab.net
Catherine Goforth, PT (Buncombe)	828-989-5088 catherine.goforth@gmail.com
Clabaugh Speech, Inc.	Lisa Decarle & John Clabaugh - 828-350-2090 -Email: johncclabaugh@yahoo.com, ldecarle@charter.net
CW ECI, Inc. CBRS (Buncombe, Henderson)	Cynthia Ward 828-684-4731 cynthiaward@charter.net
Early Learning Partners SLP (Buncombe)	Alisa McCloud 828-230-5464 alisamccloud@charter.net
Early Learning Partners SLP (Buncombe)	Brooks Davis 828-230-9944 brooksdaviseci@yahoo.com
F.I.R.S.T. (Buncombe, Henderson, Madison)	Emily Aderman 828-277-1315 emily.aderman@firstwnc.org Karin Erickson Dawes 828-277-1315 kericksondawes@yahoo.com Mary Laura Martin 828-242-3251 lmartin@macfc.org
Governor Moorhead CBRS (Buncombe, Henderson, Madison, Transylvania)	Beth Savage 828-250-3802
Jason Mehler, PT (Buncombe, Henderson)	828-279-2686 jason@kellymehler.com
Mountain Children's Therapy PT (Buncombe)	Beth KcKinsey 828-775-8088 mtnchildrens@bellsouth.net
Physical Rehab Services PT (Henderson)	Robin Shepard 828-606-6683 pt4kids@skyrunner.net
Rebecca L. Withrow, PHD, LPC, ITFS - CBRS (Buncombe)	Rebecca Withrow 828-253-7592 rebeccalwithrow@gmail.com
Sandra S. Bruns, OTR/L (Buncombe)	828-273-1334 ssbrunsotr@gmail.com
Seraphim Children's Therapy SLP (Buncombe, Henderson, Madison)	828-423-4090 Sara Mitchell seraphimchildrenstherapy@gmail.com
Shannon Rose SLP (Buncombe, Henderson)	Shannon Rose 828-254-5986 srose211@hotmail.com
Skyland Family Rehabilitation, Inc. PT, OT (Buncombe)	Katrina Debruhi 828-299-4636 skylandrehab@bellsouth.net
Speech and Communication Center of Asheville SLP	Kimberly Pilicek 828-301-6170 or 828-687-9559 sccasheville@yahoo.com
Transylvania County Department of Public Health (Transylvania)	828-884-3135 heather.quinn@transylvaniacounty.org
Transylvania Regional Hospital SLP (Transylvania, Henderson)	Gynger Saldutti 828-883-5254 gyngersaldutti@yahoo.com, lfluck@trhospital.org
Turning Point Services, Inc. CBRS (Buncombe, Henderson, Madison) Office: 828-296-0510	Colleen Burnett 828-236-9175 tburnet@bellsouth.net - Lizzie Draper 828-713-8538 taftdraper@charter.net - Nan Lee 828-577-1998 nan.lee0331@gmail.com - Mary Neil Picard 828-337-8506 maryneilpicard1@yahoo.com - Jenny Vial 828-582-8219 jennyvial@gmail.com - Heather Zanzig 828-231-8404 heatherzanzig@gmail.com

Integrative Care Modalities

Asheville Integrative Medicine	 828-252-5545 www.docbiddle.com	Helps clients to correct deficiencies of vital nutrients, reduce burdens of known toxins, and support their digestive, immune, hormonal, and detoxification systems. Individualize patient care through testing and treatment strategies and integrate the best of conventional and complementary medicine.	Located in Buncombe County
Berard Auditory Integration Training Systems, Inc.	828-683-6900 www.aithelps.com	Offers therapy, hypnosis an auditory integration training for children who have autism, ADD, ADHD, LD, dyslexia and other sensory issues and diagnoses.	Located in Buncombe County
Family to Family: integrative holistic medicine	 828-251-2700 www.familytofamily.org	Provides primary and consultative care for all ages, including pregnancy care and traditional healing. Four physicians, board-certified in family medicine, holistic integrative medicine and trained in functional medicine, support unique health needs with a compassionate approach.	Located in Buncombe County
Focus Centers of Asheville	828-281-2299 focuscentersofasheville.com	Provides EEG Biofeedback/Neurofeedback, Psychotherapy, Psychological & Neuropsychological Evaluations, Educational Consultations and Community Education for Children/Adults with Emotional, Behavioral, Stress and Learning Disorders.	Located in Buncombe County
Integrative Family Medicine of Asheville	 828-575-9600 www.integrativeasheville.org	Integrate Western Medicine and natural methods to fit your needs.	Located in Buncombe County
Lara's Integrative Movement	 828-299-8490 www.integrativemovement.com	Offers the Anat Baniel Method for Children, a method that has benefited Infants and children with CP, Autism Spectrum Disorder, Developmental Delays, BrachialPlexus Injury, Genetic Disorders, ADD, Feeding disorders, Scoliosis, and Brain Injury.	Located in Buncombe County
Nature's Pharmacy and Compounding Center	 800-645-8201 www.naturespharmacy.biz	The educated staff of Nature's Pharmacy combines their experience and expertise in pharmacy and medicine with the evolving facts and data on natural products.	Located in Buncombe County
O'Brian, Sudeshna Dasgupta, MD, MPH <i>Skyland Behavioral Health</i>	828-252-2501 www.skylandbehavioralhealthassociates.com/ CLINICAL-STAFF.html	Ages 0-18. Comprehensive medical evaluations, integrative approach to treatment; includes biomedical testing, nutritional therapy, and dietary/supplements. Medication if needed.	Located in Buncombe County
Pisgah Institute / Center for the Advancement of Human Potential	 828-254-9494 www.pisgahinstitute.com	Provides consultation, medication management, individual and group psychotherapies, neuropsychological testing, educational testing, stress management, quantitative EEG, referenced EEG and EEG biofeedback	Located in Buncombe County
Polk Wellness Center	828-894-2222 www.polkwellness.org	Provides a holistic approach, offering a comprehensive, integrated model to provide primary care, mental health/substance abuse, prevention, education, wellness, and recovery support services.	Located in Polk County
Robson, John <i>Honest Evolution</i>	828-423-3173 www.honestevolution.com	Offers the Anat Baniel Method for children, a method that has allowed for successes in treating children with cerebral palsy, brain injuries, and many more conditions.	Located in Buncombe County



Integrated Care Providers




The following is a list of behavioral mental health providers that exist in our region that can be accessed through your primary care physician or *your medical home*.



The level of integration or availability of this type of services varies from one co-located services to having services available during physician visits. It would be best to call your physician's practice and interview ahead of time if you are interested in receiving mental health services through your primary care physicians office.

Aimee Todd-Pillman	Sylva Clinical Associates - bmp6@juno.com
Ashley Lester	RHA - ashley.lester@buncombecounty.org
Betsy Hurd	Henderson County Public Health – 698-4600 - bhurd@hendersoncountync.org
Bonnie Siegel	WNCCHS – bsiegel@wncchs.org
Brad Todd-Pillman	Sylva Clinical Associates - bmp6@juno.com
Carl Greenwald	WNCCHS – carlgreenwald2@earthlink.net
Colleen Hannush	free agent – hannush@gmail.com
Dan Gerber	Consultant for WHN dangerber@charter.net
Darren Boice	Olsen Huff Center – darren.boice@msj.org
Deb Phillips	Hendersonville Family - deb.phillips@pardeehospital.org
Dennis Van Avery	WNCCHS- dvan@wncchs.org
Doug Zeh	WNCCHS – dzeh@wncchs.org
Eliza Johnson	Access II Care – ejohnson@accessiicare-wnc.org
Elizabeth Lima	Hendersonville Family - elizabeth.lima@pardeehospital.org
Eric Christian	MAHEC - eric.christian@mahec.net
Jane Hunt	Blue Ridge Community Health Services - jshunt@brchs.com
Jerry Coffey	Sylva Clinical Associates– 586-5555 – sylvaclinical@hotmail.com
Jim Hall	Hendersonville Family - James.hall@pardeehospital.org
Jim Hunt	Blue Ridge Community Health Services- jhunt@brchs.com
Karen diRenzo	Swannanoa Valley Family Medicine - karrenzo@bellsouth.net
Laura Anthony	Asheville Children’s Medical Center – lauraacmc@bellsouth.net
Lee Daly	Blue Ridge Community Health Services - ldaly1234@yahoo.com
Linda Rowe	MAHEC OB – Linda.rowe@mahec.net
Lynne Parsons	Hendersonville Family - lynne.parsons@pardeehospital.org
Maggie Weshner	MAHEC FHC – maggie.weshner@mahec.net
Mary Lynn Johnson	MAHEC FHC - MaryLynn.Johnson@mahec.net
Mollie Milner	MAHEC OB – mollie.milner@mahec.net
Ms Susan McKinnish	Sylva Clinical Associates - smckinnish@aol.com
Paula Cannon	Hygeia Family Medicine – pcannon@hygeiafamilymedicine.org
Rich Munger	rich.munger@buncombecounty.org
Rudy Rodriguez	Asheville Peds – rudster@mindspring.com
Sally Smith	MAHEC – sally.smith@mahec.net
Steve Michaels	Hot Springs Health Program – smichaels@hotspringshealth-nc.org
Steve Snow	RHA - ssnow@rhanet.org
Susan Grant	Free Agent 273-2044 – susan_grant@charter.net
Susan Thrower	MAHEC FHC – susan.thrower@mahec.net





Suzanne Gloor	free agent - sgloor@gmail.com
Todd Wallenius	WNCCHS – twallenius@wncchs.org
Tonya Warren	MAFHC - Tonya.Warren@mahec.net
Valerie Krall	MAHEC FHC – valerie.krall@mahec.net

Legal Resources			
Advocates for Children's Services	919-226-0052 www.legalaidnc.org/acsoffline.aspx	A project of Legal Aid of North Carolina. Statewide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity.	Statewide
Alleman, Cynthia, <i>Attorney at Law</i>	 828-253-6092 www.ashevillelaw.us	Specializes in handling guardianship and special needs trusts / supplemental needs trusts.	Western NC
Clement, Eva Attorney at Law, Clement Law Firm, PLLC	828-281-8160 eva@eclementlaw.com	Assists clients with probate and estate planning, business law, and residential real estate transactions.	Buncombe Henderson Madison
Cooper Law Firm	888-364-2949 Buncombe or Rutherford www.nclegacylaw.com/services/planning-for-those-with-special-needs/	Offers services in special needs planning, including special needs trusts.	Buncombe Rutherford
DisABILITY Rights North Carolina	 919-856-2195 877-235-4210 www.disabilityrightsn.org	Disability Rights North Carolina helps people across North Carolina gain access to services and opportunity through its legally based advocacy.	Statewide
Guardian ad Litem	Buncombe 828-251-6130 Henderson, Polk & Transylvania 828-694-4215 Madison, Mitchell & Yancey 828-682-4754	Providing trained, independent advocates to represent and promote the best interests of abused, neglected and dependent children in the state court system	Buncombe Henderson Transylvania Madison
HEALS (Health Education and Legal Support)	828-253-0406 Buncombe 828-692-7622 Henderson 828-247-0297 Rutherford www.pisgahlegal.org/programs/heals	A medical-legal partnership between Pisgah Legal Services, Mission Hospitals and the Mountain Area Health Education Center (MAHEC). The purpose of the project is to improve health and well being for low-income women and children by integrating legal advocacy with health care. Through HEALS, PLS provides legal assistance to low-income patients to address non-medical barriers to health.	Offices in Buncombe, Henderson and Rutherford Counties
Law Help NC	www.LawHelpNC.org	A joint project of Legal Aid of North Carolina, the North Carolina Equal Justice Alliance, North Carolina Bar Association and Probono.net. Our goal is to provide our users with helpful, easy-to-understand legal resources and information in North Carolina.	Statewide

Lawyer Referral Services <i>North Carolina State Bar Association</i>	800-662-7407 www.ncbar.org/public-pro-bono/lawyer-referral-service.aspx	Provides a referral to a lawyer in your county, and may be able to provide information regarding other legal resources that may be available to you. Lawyers who accept referrals through the referral service charge a fee of no more than \$50 for the initial 30-minute consultation. Fees for consultations longer than 30 minutes and fees for representation are set by each lawyer. Lawyers who accept referrals through the referral service do not work for free.	Statewide
Legal Aid of North Carolina - Asheville Office	 866-219-5262 Buncombe, Henderson, Madison, Polk, Rutherford 800-849-5195 for Mitchell & Yancey	Provides high quality legal assistance in civil matters to eligible, low-income clients who have problems with their basic needs	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey
Pisgah Legal Services	 828-253-0406 Buncombe 828-692-7622 Henderson 828-247-0297 Rutherford www.pisgahlegal.org	Provides free civil legal aid and advocacy to help low-income people in Western North Carolina meet their basic needs and improve their lives.	Located in Buncombe County
Wrightslaw	 www.wrightslaw.com	Provides accurate, reliable information about special education law, education law, and advocacy for children with disabilities.	National

Lending Libraries			
Exceptional Children's Assistance Center	 800-962-6817 www.ecac-parentcenter.org	Offers a library and information/assistance to parents with a listing of resources about early childhood development, diagnosis, interagency collaboration, etc.	Statewide
Family Support Network™ of WNC	828-213-9787 opac.libraryworld.com/opac/home	Extensive library of books, videos and other materials that can be lent to families on topics such as parenting, behavioral topics, specific diagnoses and other issues relating to special needs within families.	Buncombe Henderson Madison Transylvania
Henderson County Children and Family Resource Center	828-698-0674 Ext. 110 www.childrenandfamily.org/?page_id=657	A resource library for parents, teachers and early childhood educators that provides developmentally appropriate educational materials for teaching and engaging young children. Library includes children's books, videos and DVDs, reference materials, age-appropriate learning kits and a production area to help you make books, bulletin boards and learning materials.	Located in Henderson County
Mitchell-Yancey Partnership for Children	828-682-0047	Maintains a lending library of materials. Located in Burnsville.	Located in Yancey County
North Carolina Library for the Blind and Physically Handicapped	 919-733-4376 statelibrary.ncdcr.gov/lbph/	A special public library that circulates books and magazines especially made for persons who cannot use regular printed material because of a visual or physical disability. The library is located in Raleigh, but mails materials throughout the state.	Statewide

Literacy

Asheville Augustine Project <i>Literacy Council of Buncombe County</i>	828-254-3442 www.litcouncil.com/augustine_project.htm	Seeks to improve the academic achievement and thereby the self esteem of low-income children and teens who struggle with literacy skills. The project trains tutors who provide these students free, 1-on-1, long-term, instruction in reading, writing and spelling.	Located in Buncombe County
Bookshare	 www.bookshare.org	An online library of digital books for people with print disabilities. Operates under an exception to U.S. copyright law which allows copyrighted digital books to be made available to people with qualifying disabilities. In addition, many publishers and authors have volunteered to provide Bookshare with access to their works.	National
Center for Early Literacy Learning (CELL)	www.earlyliteracylearning.org	Promotes the adoption and sustained use of evidence-based early literacy learning practices. This site has resources for early childhood intervention practitioners, parents, and other caregivers of children, birth to five years of age, with identified disabilities, developmental delays, and those at-risk for poor outcomes.	Statewide
Reading is Fundamental	 www.rif.org	Largest children's literacy nonprofit in the United States. Prepare and motivate children to read by delivering free books and literacy resources to those children and families who need them most.	National
Reading Rockets	 www.readingrockets.org	Offers a wealth of reading strategies, lessons, and activities designed to help young children learn how to read and read better. Reading resources assist parents, teachers, and other educators in helping struggling readers build fluency, vocabulary, and comprehension skills.	National
Yancey County Literacy Council	 828-678-9646	A non-profit organization that gives free one-on-one tutoring to both children and adults in Yancey County.	Yancey

Managed Care Organization (MCO) (Formerly Local Management Entity (LME) and/or Case Management)			
Smoky Mountain LME/MCO	888-757-5726 www.smokymountaincenter.com	Ensures that services are provided to persons living with mental illness, developmental disabilities and substance abuse in the 8 counties served by WHN. Does not provide direct services but manages a network of providers to refer individuals to, as needed.	Buncombe Henderson Madison Mitchell Polk Rutherford Transylvania Yancey


Medicaid Transportation Services			
Mountain Mobility - Buncombe County	828-250-6750 www.buncombecounty.org/governing/depts/transportation/	Mountain Mobility serves all of Buncombe County. Passenger service may be restricted to certain areas, destinations, or trip purposes, depending on eligibility and/or funding availability.	Buncombe

Henderson County Medicaid Transportation Services	828-694-6162 www.hendersoncountync.org/dss/medicaid_trans.html	Provides transportation to and from appointments with medical providers for the purposes of diagnosis, treatment, routine follow-up and any other necessary services. The individual requesting this service must be a current Henderson County Medicaid recipient in an independent living situation. This service is provided by Henderson County at no additional cost to the individual.	Henderson
Madison County Transportation Authority	828-649-2219 www.madisoncountync.org/transportation.php	Coordinates transportation for human service agencies and for the general public of Madison County.	Madison
Mitchell County Transportation	828-688-4715 www.mitchellcounty.org/departments/transportation.html	Contact the Transportation Office with the day/time and location of a trip. It's a good idea to call in advance to schedule the trip. A Transportation representative will determine eligibility for services and help schedule the trip.	Mitchell
Polk County Transportation	828-894-8203 www.polknc.org/transportation.php	Ride around the county or to Hendersonville, Asheville, Forest City, Shelby, Spartanburg and Greenville.	Polk
Rutherford County Transit	828-287-6141 rutherfordcountync.gov/transit	In order to qualify to ride Rutherford County Transit, passengers must be approved for Medicaid Transportation through the Department of Social Services at 287-4022. Once approved through DSS, appointments can be made through the Transit Appointment Line at 828.287.6141. If an attendant is required, a Medical Necessity Verification Form must be filled out.	Rutherford
Transylvania County Transportation	828-884-3203 www.transylvaniacounty.org/transportation	Provides transportation for a number of services for the citizens of the County.	Transylvania
Yancey County Transportation Authority	828-682-6144 www.yanceycountync.gov/transportation-authority	Provides daily route service to all citizens of Yancey County. YCTA coordinates human service agencies and general public transportation for Yancey County. Comfortable passenger vans marked with the YCTA logo are used to transport passengers.	Yancey


Neonatology			
Dalton, A. Stanley, MD <i>Asheville Neonatology</i>	828-277-3600	Board certified in Pediatrics and Pediatrics - Neonatal / Perinatal	Located in Buncombe County
Furigay, Paul J., MD <i>Asheville Neonatology</i>	828-277-3600	Board certified in Neonatal Medicine. <i>Accepts Medicaid.</i>	Located in Buncombe County
Rentz, Simms, Jr., MD <i>Asheville Neonatology</i>	828-277-3600	Board certified in Neonatal/Perinatal Medicine. <i>Accepts Medicaid.</i>	Located in Buncombe County
Thingvoll, Erik, MD <i>Asheville Neonatology</i>	828-277-3600	Board certified in Neonatal/Perinatal Medicine. <i>Accepts Medicaid.</i>	Located in Buncombe County
Yoder, Charles, MD <i>Asheville Neonatology</i>	828-277-3600	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County


Nephrology			
Lin, Jen-Jar, MD <i>Wake Forest University</i>	336-716-9253 www.wakehealth.edu/Faculty/Lin-Jen-Jar.htm	Board certified in Pediatric Nephrology. Sees patients in Winston-Salem, Greensboro and Hendersonville (at Blue Ridge Community Health Services). <i>Accepts Medicaid.</i>	Statewide
Levine Children's Specialty Center - Pediatric Nephrology	704-381-8800 www.carolinashealthcare.org/childrens-services-pediatric-kidney-disorders	Offers a comprehensive approach to the care of children with kidney problems on an inpatient and outpatient basis.	Located in Charlotte

Neurology			
Blouin, Randall, MD <i>Greenville Hospital System Greenville, SC</i>	864-454-5110	Board certified in Pediatric Neurology. <i>Accepts Medicaid.</i>	Located in Greenville, SC
Dayal, Usha, MD <i>Carolina Neurological Clinic Charlotte, NC</i>	704-377-9323 www.carolinaneurological.org	Board certified in Pediatric Neurology.	Located in Charlotte
Huffstutter, William, MD <i>Mission Children's</i>	828-252-8983	Board certified in Pediatric Neurology.	Located in Buncombe County
Morales, Augusto, MD <i>Greenville Hospital System Greenville, SC</i>	864-454-5110	Board certified in Pediatric Neurology.	Located in Greenville, SC
Nelson, Teresita, MD <i>Carolina Neurological Clinic Charlotte, NC</i>	704-377-9323 www.carolinaneurological.org	Board certified in Pediatric Neurology.	Located in Charlotte
Parrot, Jamie H., MD <i>Levine Children's Hospital</i>	704-381-8840 www.levinechildrenshospital.org/11762.cfm	Board certified in Pediatric Neurology.	Charlotte / Hickory
Poplawski, Tadeuse, MD <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatric Neurology.	Located in Buncombe County


Nursing			
Bayada Nurses	 828-667-3200 Asheville/Pediatrics 828-681-5100 Asheville/Adults 828-696-1900 Hendersonville/Adults www.bayada.com	Provides nursing, rehabilitative, therapeutic, hospice, and personal home health care services to children, adults, and seniors in the comfort of their homes.	Buncombe Henderson

BrightStar Care - Asheville	 828-255-1733 www.brightstarcare.com	Provides the full continuum of homecare, (including adult & elder care) childcare (including newborn care, babysitter & nanny services) in addition to medical staffing services for individuals, families & healthcare facilities. <i>Confirmed that they do work with children.</i>	Located in Buncombe County
Carolina Home Care	828-245-3575 www.rutherfordregional.com/body.cfm?id=83	Provides of broad range of in-home nursing and home health services.	Polk Rutherford
Homewatch Care Givers	828-676-1585 www.homewatchcaregivers.com	Provides services ranging from companionship to daily living assistance, allowing your loved one to remain safe at home.	Buncombe Henderson Madison Transylvania
Maxim Homecare / Asheville Homecare Services	 828-299-4388 www.maximhomecare.com/Asheville_Homecare_241.aspx	Provides home and community supports, residential supports, personal care and respite. <i>Accepts Medicaid.</i>	Buncombe Madison
Mitchell County Home Health Nursing <i>Toe River Health District</i>	828-688-3421 trhd.dst.nc.us/Mitchell_Home_Health_Nursing.asp	Pediatric and maternal trained nurses, nurses trained in the use of the wound vac as well as other wound care processes/products, nurses trained in ostomy/stoma care, and nurses trained to assist with IV therapy in the home.	Mitchell
PSA Healthcare	828-684-3329 www.psahealthcare.com	Home care and habilitation services. <i>Accepts Medicaid.</i>	Located in Buncombe County
ResCare HomeCare	828-333-9375 www.rescarehomecare.com	Provides case management and community-based services for children. <i>Confirmed that they do work with children. Accepts Medicaid.</i>	Buncombe Henderson Madison Polk Rutherford Transylvania
Yancey County Home Health Nursing <i>Toe River Health District</i>	828-682-7825 trhd.dst.nc.us/Yancey_Home_Health_Nursing.asp	Pediatric and maternal trained nurses, nurses trained in the use of the wound vac as well as other wound care processes/products, nurses trained in ostomy/stoma care, and nurses trained to assist with IV therapy in the home.	Yancey





Nutrition			
Blue Ridge Community Health Services	 828-692-4289 www.brchs.com	Can design a personalized healthy eating program for you and help you to learn the habits of healthy eating. <i>Accepts Medicaid.</i>	Located in Henderson County
Community Action Opportunities	828-252-2495 www.communityactionopportunities.org	Offers Head Start Program as well as other resources for families and individuals.	Buncombe Madison
Feeding & Swallowing Clinic <i>Olson Huff Center Mission Children's Hospital</i>	828-213-9653 www.missionchildrens.org/medical-specialties/developmental-behavioral/feeding-swallowing	Helps children by bringing together a team of medically based, child focused and family centered individuals and providers from many specialties to provide a comprehensive team evaluation. Goal is to maximize each child's feeding and swallowing potential through a comprehensive team approach and individualized treatment plan. <i>Accepts Medicaid.</i>	Located in Buncombe County

Intermountain Children's Services	828-688-2190	Offers Head Start Program as well as other resources for families and individuals.	Mitchell Yancey
Mitchell-Yancey Healthy Families	828-682-0047 www.myhealthyfamilies.org	A free and voluntary service for expectant parents and families with newborns. Intensive home-visiting program is a unique home-based approach with the aim to strengthen families and communities, increase protective factors, and promote healthy childhood outcomes.	Mitchell Yancey
North Carolina State University Cooperative Extension	 828-255-5522 Buncombe 828-697-4891 Henderson 828-649-2411 Madison 828-688-4811 Mitchell 828-894-8218 Polk 828-287-6011 Rutherford 828-884-3109 Transylvania 828-682-6186 Yancey	Programs cover a broad spectrum, from pesticide safety to indoor air quality, from childhood nutrition and physical activity to heart-healthy eating and food safety.	Buncombe Henderson Madison Transylvania
Rutherford County Head Start	828-287-7568, ext. 242	Offers Head Start Program as well as other resources for families and individuals.	Rutherford
WIC Supplemental Nutrition Program <i>Department of Health</i>	828-250-5000 Buncombe 828-692-4223 Henderson 828-649-3531 Madison 828-688-4668 Mitchell 828-894-3888 Polk 828-287-6238 Rutherford 828-884-3242 Transylvania 828-682-4198 Yancey	Includes nutrition education, breastfeeding education and support and medical nutrition therapy.	Buncombe Henderson Madison Transylvania

Occupational Therapy			
Carolina Home Care	828-245-3575	Offers occupational therapy services including evaluation, teaching of therapeutic methods, as well as other general occupational therapy services.	Located in Rutherford County
Carolina Pediatric Therapy	 828-670-8056 www.carolinapeds.com	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists providing services to children with developmental and neurological disabilities. <i>Accepts Medicaid.</i>	Located in Buncombe County
Children's Therapy Center of Asheville	828-225-9800 www.childrenstherapyofasheville.com	Specializes in working with children under the age of 12 and their families.	Located in Buncombe County
Helping Hand Development Center	 828-692-7068	Preschool offering special education programs for children ages 3-5. OT offered at center only.	Located in Henderson County

Higher Ground Pediatric Therapy	 828-684-7337	Providing comprehensive outpatient and community-based services for ages birth to 21. Focuses on provision of quality services, emphasizing parent education and participation. Currently provide services related to: ADD/ADHD, Autism Spectrum Disorders, Sensory Integrative Dysfunction, fine/gross motor deficits, play skills, behavior management, social skills and hand writing. We are a certified provider of Interactive Metronome, a proven method to enhance: frustration tolerance, attention, concentration and academic performance.	Located in Buncombe County
Olson Huff Center Therapies	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Located in Buncombe County
Shepard, Robin L., MSPT	828-606-6683	Offers rehabilitation, occupational and physical therapy.	Located in Henderson County
Skyland Physical Therapy	828-277-5763 www.skylandpt.com	Offers therapy in the clinic, in home, or in daycare.	Located in Buncombe County
Therapyland	 828-286-4125	A pediatric occupational therapy clinic specializing in sensory processing disorders, autism spectrum disorders, and developmental delays resulting from a variety of diagnoses.	Located in Rutherford County




Ophthalmology




Bashinsky, Alice, MD <i>Asheville Eye Associates</i>	 828-258-1586 www.ashevilleeye.com	Board certified in Pediatrics, Ophthalmology.	Located in Buncombe County
Blue Ridge Laser Eye Associates	828-894-3037 www.brlea.com	Sees children at any age, particularly those with a family history of eye disease.	Located in Polk County
Hickson, Heather, OD <i>Elite Eye Care</i>	 828-687-7500 www.visionsource-eliteeye.com	Board certified in Pediatric Optometry.	Located in Buncombe County
Johnson, Anthony, MD <i>Jervey Eye Group</i>	 864-458-7956 www.jervey.com	Qualified to perform complex eye surgery as well as to manage children's eye problems using glasses and medications.	Located in Greenville, SC
Morganton Eye Physicians & Surgery Center	828-245-5550 www.morgantoneye.com	Has an office located in Forest City. Offers a full range of primary, medical and surgical eye care services, including pediatrics.	Rutherford
Wiggins, Robert E., MD <i>Asheville Eye Associates</i>	 828-258-1586 www.ashevilleeye.com	Board certified in Pediatric Ophthalmology and Neuro-Ophthalmology.	Located in Buncombe County


Orthopedics



Hooker, Jennifer, MD <i>Mission Children's Clinics</i>	828-213-1740	Board certified in Orthopedic Surgery. (Pediatric)	Located in Buncombe County
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OrthoCarolina Pediatric Orthopedic Center	704-323-2543 www.orthocarolina.com/locations/specialty-centers/pediatric	Physicians are trained in the diagnostics and procedures to help children with disorders large or small. Located in Charlotte, NC.	Located in Charlotte
Blue Ridge Orthopedics & Sports Medicine <i>Blue Ridge Regional Hospital</i>	828-765-8200 blueridgehospital.mission-health.org/medical-specialties-services/medical-specialties/orthopedics	Treat patients of all ages who have an issue occurring in their muscles, bones, joints, ligaments or tendons.	Located in Mitchell County
Pediatric Orthopedic Surgery <i>Wake Forest Baptist Health</i>	336-716-WAKE www.wakehealth.edu/Orthopaedic-Services/Pediatric-Orthopaedics.htm	Provides state-of-the-art treatments for scoliosis, Spina bifida, cerebral palsy, pediatric trauma, congenital deformities and sports medicine. Multidisciplinary clinics combine the expertise of surgeons, rehabilitation specialists and pediatric subspecialists to map out the best treatment plans for each child.	Located in Winston- Salem
Raustol, Ole Anton, MD <i>Mission Children's Clinics</i>	828-213-1740	Board certified in Orthopedic Surgery.	Located in Buncombe County





Parenting			
24-hour Crisis Line <i>The Healing Place</i>	828-692-3931	If you or someone you know has experienced any form of physical or sexual violence, The Healing Place provides a 24-hour crisis line that offers help and support	Western NC
Addiction Recovery & Prevention	 828-254-2700 www.arpnc.org	Offers parenting and family classes in topics such as guiding good choices, nurturing parenting, parenting wisely and strengthening families.	Located in Buncombe County
Child Abuse Prevention Services	828-254-2000 childabusepreventionservices.org	Works to reduce/prevent child abuse, strengthen families and assist children and families who have experienced abuse through prevention, education, and counseling.	Located in Buncombe County
Child Birth & Other Parenting Classes <i>Mission Health System</i>	828-213-8244 womens.mission-health.org/community-outreach-and-education	Offers a variety of classes including classes in childbirth, infant massage, breastfeeding, and more.	Located in Buncombe County
Children & Family Resource Center	 828-698-0674 www.childrenandfamily.org	Offers various parenting classes including the Adolescent Parenting Program, Incredible Years Parenting and Parents as Teachers as well as offering a lending library, assistance in choosing childcare and other resources.	Located in Henderson County
Children's Therapy Center of Asheville	828-225-9800 www.childrenstherapyofasheville.com	Offers Parent Coaching, working together with parents to develop plans and strategies to implement so that your family can live together in peace and happiness.	Located in Buncombe County
F.I.R.S.T.	 828-277-1315 877-633-3178 www.firstwnc.org	A series of programs focused on strengthening parenting competencies (monitoring, positive discipline, confidence) and fostering parents' involvement in children's school experiences in order to promote children's academic, social and emotional competencies and reduce conduct problems.	Located in Buncombe County











Family Place	 828-883-4857 thefamilyplacetc.wordpress.com/our-programs/	Parenting classes address various topics specific to parenting, such as nurturing parenting, talking to kids so they'll listen and learning to sign with your baby.	Located in Transylvania County
Incredible Years Parenting Program <i>Smart Start of Buncombe County</i>	828-285-9333 www.smartstart-buncombe.org	For families of 3 to 5 year olds who identify their children as having challenging behaviors. The free 14 week series teaches parenting strategies to promote children's social skills and positive behavior.	Located in Buncombe County
In Joy Parenting	828-253-8507 injoyparenting.com	Based on the best-selling Positive Discipline series, this program helps parents to teach their children important life skills in a manner that is respectful to both the parents and the children. Offers deep wisdom and practical guidance to help raise children and teens to be responsible, respectful and resourceful members of their community. Classes are always full of lively discussion, helpful materials, and lots of laughter.	Located in Buncombe County
Love & Logic Parenting Classes <i>Family Resource Center at Emma</i>	828-252-4810 www.childrenfirstbc.org/index.php/programs/family-resource-center-at-emma/	Through videos, workbooks and sharing, participants learn techniques to become more effective parents. This class is offered to both English and Latino participants.	Located in Buncombe County
Love & Logic Parenting Classes <i>Madison County Health Department</i>	828-649-3531, ext. 224 www.madisoncountypublichealthnow.com/home/child-health-services/parenting-classes/	Offers <i>Becoming a Love and Logic Parent</i> ® training course.	Located in Madison County
Mothers of Multiples Support Group	www.ashevillemom.com	A support group for parents of twins and triplets. Meets monthly, usually the 1st Thursday of each month. Location varies. Visit the website for details and to obtain a current schedule.	Located in Buncombe County
Mountain Area Child and Family Center	 828-298-0808 East Location 828-670-7300 West Location www.macfc.org	Offers parent education classes, parent support groups and other services to families.	Located in Buncombe County
Mountain Treatment Center	828-255-8655 mountaintreatmentcenter.com/drug-rehabilitation-center-services/	The parenting course is designed to give you practical skills that can be used with children from age one to post-adolescence (even spouses and S.O.'s). Issues concerning alcohol and drugs are also included.	Located in Buncombe County
Parenting Matters Classes <i>Cooperative Extension</i>	 828-255-5522 Buncombe 828-697-4891 Henderson 828-649-2411 Madison 828-688-4811 Mitchell 828-894-8218 Polk 828-287-6011 Rutherford 828-884-3109 Transylvania 828-682-6186 Yancey	Eight week, hands-on, creative learning program for parents with children of all ages who want to make a difference in their child's life and improve their parent-child relationship. The sessions will teach how to manage stress, improve communication skills, avoid power struggles with children, and build a support system to help in raising children.	Buncombe Henderson Madison Transylvania
Partnership for Children of the Foothills	828-245-2802 www.rutherfordpolk.org/index.html	Offers several different programs that support parents and families.	Rutherford

Prenatal/Postnatal Health Services <i>Health Department</i>	828-250-5000 Buncombe County 828-692-4223 Henderson County 828-649-3531 Madison County 828-688-2371 Mitchell County 828-894-8271 Polk County 828-287-6100 Rutherford County 828-884-3135 Transylvania County 828-682-6118 Yancey County	Visits high risk prenatal clients in their home to monitor pregnancy, educate on signs/symptoms of prenatal problems to report to their physician, and offer support services to promote a healthy pregnancy. Visits moms and their newborns in their home within 60 days of delivery to check for complications, educate on postpartum & newborn care, and offer support & referrals to community resources.	Buncombe Henderson Madison Transylvania
Project NAF	828-225-6155 www.mtzionasheville.org/mt_zion_cdc	Provides culturally sensitive and individualized services to African-American women while they are pregnant and during their baby's first year of life.	Located in Buncombe County
Steps to Hope, Inc.	828-594-2340 www.stepstohope.org	Family education programs including child advocacy, family home visits, a sexual assaults Nurse Practitioner and many parenting and teen education and support groups.	Located in Polk County
Tri-County Pregnancy Center	800-676-9482 www.burnsvillepregnancyhelp.com	Offers individualized parenting and life skills classes for both women and men.	Located in Mitchell County
Wanda Paul Children's Center	828-286-7065 www.familyresourcesrc.com/main/wanda.htm	A comprehensive child advocacy center. Offers parenting classes and other parenting resources.	Rutherford
YWCA of Asheville	 828-254-7206 x116 www.ywcaofasheville.org	MotherLove Program matches adult mentors with pregnant and parenting teens. Mentors provide needed support and guidance to these young mothers. Group meetings offer opportunities for education and sharing.	Located in Buncombe County




Pediatric Physicians (see next category for general Pediatric Practice listings)			
Bates, Shayne E., MD <i>Blue Sky Pediatrics</i>	 828-687-8709 www.blueskypediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Bernstein, Joshua, MD <i>Asheville Medicine & Pediatrics</i>	828-651-0121 www.ashevillemedpeds.com	Board certified in Internal Medicine & Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Bryan, William, III, MD <i>Asheville Children's Medical Center</i>	 828-258-0969 www.ashevillechildrens.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Carlisle, Keely - MD French Broad Pediatrics	828-348-8232 www.frenchbroadpeds.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Childers, Terry, MD - Mountain Area Pediatric Associates	828-254-4337 www.mountainareapediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County





Chu, Peter, MD - ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Cohen, Susan R., MD - Asheville Pediatric Associates	 828-254-5326 www.ashevillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Coverdale, Janice, MD - Hot Springs Health Program - -Mashburn Medical Center	828-649-3500 www.hotspringshealth-nc.org	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
DeLaGarza, Jerald, MD - Rutherford Children's Care	828-287-9325 www.rutherfordhosp.org/body.cfm?id=387	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Rutherford County
Dephouse, Derek, MD - ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Dodson, Leigh M., MD - Asheville Pediatric Associates	 828-254-5326 www.ashevillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Duffey, Robert, MD - Blue Ridge Community Health Services	 828-692-4289 www.brchs.com/providers/pediatrics	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Errico, Robert, MD - ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Farash, Ann, MD - Hendersonville Pediatrics - Brevard Office	 828-884-3440 Brevard Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Flippo, Jack, MD - Rainbow Pediatrics	 828-698-8135 www.rainbowpediatrics.net	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Fogleman, Brigitte, MD - Asheville Children's Medical Center	 828-258-0969 www.ashevillechildrens.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Garbee, H. Wesley, MD - Asheville Pediatric Associates	 828-254-5326 www.ashevillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Goode, Gregory, MD - Rutherford Pediatrics	828-286-9049 Rutherfordon Office www.carolinahhealthcare.org/rutherford-pediatrics	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Rutherford County
Goodwin, Linda, MD - Hendersonville Pediatrics -Hendersonville Office	 828-693-3296 Hendersonville Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Goodwin, Meg E. - Mountain Area Pediatric Associates	828-254-4337 www.mountainareapediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County

Grant, Colby, MD - Asheville Children's Medical Center	 828-258-0969 www.ashevillechildrens.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Herbert, Teresa, MD - Park Ridge Pediatrics	828-650-8032 www.parkridgehealth.org/physicians-and-services/our-services/pediatrics	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Horwitz, James, MD - Rainbow Pediatrics	 828-698-8135 www.rainbowpediatrics.net	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Huneycutt, BouaSy, MD - Asheville Medicine & Pediatrics	828-651-0121 www.ashevillemedpeds.com	Board certified in Internal Medicine & Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Jackson, Mark, MD - Mountain Area Pediatric Associates	828-254-4337 www.mountainareapediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Kohn, Samuel, MD - Asheville Children's Medical Center	 828-258-0969 www.ashevillechildrens.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Kowa, Harald, MD - Blue Sky Pediatrics	 828-687-8709 www.blueskypediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Long, Carol, MD - Mountain Area Pediatric Associates	828-254-4337 www.mountainareapediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Love, Scott, MD - ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Board certified in Family Medicine. <i>Accepts Medicaid.</i>	Located in Buncombe County
Martin, Eleanor, MD - Asheville Pediatric Associates	 828-254-5326 www.ashevillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Miller, Ansley, MD <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Morehouse, W. Victoria, MD - Asheville Medicine & Pediatrics	828-651-0121 www.ashevillemedpeds.com	Board certified in Internal Medicine & Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Morgan, Christine, MD - All Kids Pediatrics	828-350-5437 www.allkidspediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Moss, Derek, MD - Hendersonville Pediatrics - Hendersonville Office	 828-693-3296 Hendersonville Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Mustoe, Hope, MD - ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County

Myers, Veresa, MD - Hendersonville Pediatrics - Brevard Office	 828-884-3440 Brevard Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
O'Donnell, Brian, MD - Mountain Area Pediatric Associates	828-254-4337 www.mountainareapediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
O'Hara, Peggy, MD - Blue Sky Pediatrics	 828-687-8709 www.blueskypediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Page, Donna, MD - Asheville Pediatric Associates	 828-254-5326 www.ashevillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Panowicz, Cynthia, MD - Rutherford Pediatrics	828-286-9049 www.carolinashealthcare.org/rutherford-pediatrics	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Rutherford County
Paschall, John, MD - ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Powell, Anita, MD - Rutherford Pediatrics	828-286-9049 www.carolinashealthcare.org/rutherford-pediatrics	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Rutherford County
Pulver, Laurie, MD - ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Radecki, Deborah, MD - Rainbow Pediatrics	 828-698-8135 www.rainbowpediatrics.net	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Riddle, Charlotte, MD - Park Ridge Pediatrics	828-650-8032 www.parkridgehealth.org/physicians-and-services/our-services/pediatrics	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Smith, Anne, MD - Hendersonville Pediatrics - Hendersonville Office	 828-693-3296 Hendersonville Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Stombaugh, Laretta, MD - Hendersonville Pediatrics - Brevard Office	 828-884-3440 Brevard Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Swain, Katie, MD - Hendersonville Pediatrics - Hendersonville Office	 828-693-3296 Hendersonville Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Templeton, John, MD FAAP - French Broad Pediatrics	 828-348-8232 www.frenchbroadpeds.com	Practices comprehensive medicine for all children, newborns through the teenage years.	Located in Buncombe County



Thomas, David, MD - Rainbow Pediatrics	 828-698-8135 www.rainbowpediatrics.net	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Tomkins, Calvin, MD - Asheville Pediatric Associates	 828-254-5326 www.ashevillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Uritis, Mary, MD - Park Ridge Pediatrics	 828-650-8032 www.parkridgehealth.org/physicians-and-services/our-services/pediatrics	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Vo, Beth, MD - ABC Pediatrics	 828-277-3000 www.abcasheville.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Volk, James, MD - Hendersonville Pediatrics - Hendersonville Office	 828-693-3296 Hendersonville Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County
Walter, Karen, MD - Mountain Area Pediatric Associates	828-254-4337 www.mountainareapediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Buncombe County
Wells, Ora, MD - Hendersonville Pediatrics - Brevard Office	 828-884-3440 Brevard Office www.hendersonvillepediatrics.com	Board certified in Pediatrics. <i>Accepts Medicaid.</i>	Located in Henderson County

Pediatric Practices			
ABC Pediatrics of Asheville	 828-277-3000 www.abcasheville.com	Offers regular appointments as well as early morning walk-in clinic hours and evening and weekend hours available by calling at specified times. <i>Accepts Medicaid.</i>	Located in Buncombe County
All Kids Pediatrics	828-350-5437 www.allkidspediatrics.com	Offers regular business hours as well as a daily walk-in sick child visits. Located in Asheville. <i>Accepts Medicaid.</i>	Located in Buncombe County
Asheville Children's Medical Center	 828-258-0969 www.ashevillechildrens.com	Offers some evening hours, weekend hours, an early morning walk-in clinic, in-office lab and 24-hour nurse on-call services. Located in Asheville. <i>Accepts Medicaid.</i>	Located in Buncombe County
Asheville Medicine & Pediatrics	828-651-0121 www.ashevillemedpeds.com	Offers both Internal Medicine and Pediatric services with extended hours most days of the week. Located in Arden. <i>Accepts Medicaid.</i>	Located in Buncombe County
Asheville Pediatric Associates	 828-254-5326 www.ashevillepediatrics.com	All doctors are Board Certified and specialize in diseases of children from birth through age 21 years. Office is open Mon. through Fri. evening to be available for your child. Located in Asheville. <i>Accepts Medicaid.</i>	Located in Buncombe County



Blue Ridge Medical Center	828-765-4111 Mayland Campus 828-682-0200 Yancey Campus www.blueridgehospital.org/medical-specialties-services/medical-specialties/pediatrics	Offers comprehensive pediatric healthcare at its Mayland and Yancey Campuses. Board certified pediatric physicians at both locations provide exceptional medical care while developing long-term relationships with their patients. Your child receives routine, sick visit and preventative care from a trusted physician close to home.	Located in Yancey County
Blue Sky Pediatrics	 828-687-8709 www.blueskypediatrics.com	Offers regular appointments as well as same-day sick visits, early morning walk-in visits, weekend urgent care and 24-hour nurse services via phone. Located in Asheville. <i>Accepts Medicaid.</i>	Located in Buncombe County
French Broad Pediatrics	 828-348-8232 www.frenchbroadpeds.com	Practices comprehensive medicine for all children, newborns through the teenage years.	Located in Buncombe County
Hendersonville Pediatrics	 828-693-3296 Hendersonville Office 828-884-3440 Brevard Office www.hendersonvillepediatrics.com	Offers services in both Hendersonville and Brevard, including regular services, sick child weekend appointments and 24-hour nurse triage/on call. Located in Hendersonville and Brevard. <i>Accepts Medicaid.</i>	Located in Henderson County
Mission Children's Clinic Reuter Outpatient Center	828-213-1740	Provides full outpatient care services for children. Specialists are housed within the same facility, allowing for a simple referral process. Located in Asheville. <i>Accepts Medicaid.</i>	Located in Buncombe County
Mountain Area Pediatric Associates	828-254-4337 www.mountainareapediatrics.com	Offers well-child services as well as services for last minute illnesses. Acute care appointments are available outside of regular business hours. Located in Asheville. <i>Accepts Medicaid.</i>	Located in Buncombe County
Park Ridge Pediatrics	828-681-2262 www.parkridgehealth.org/physicians-and-services/our-services/pediatrics	Employs two pediatric hospitalists who work exclusively in the Park Ridge Health facility to provide full-time pediatric care for newborns at delivery and during their stay after birth in our Baby Place. Located in Hendersonville. <i>Accepts Medicaid.</i>	Located in Henderson County
Rainbow Pediatrics	 828-698-8135 www.rainbowpediatrics.net	Offers regular hours as well as after-hours, Saturday morning & Sunday afternoon sick child appointments. Located in Hendersonville. <i>Accepts Medicaid.</i>	Located in Henderson County
Rutherford Children's Care	828-287-9325 www.rutherfordhosp.org/body.cfm?id=387	Provides a full range of pediatric services.	Located in Rutherford County
Rutherford Pediatrics	828-286-9049 Rutherfordton 828-245-4061 Forest City www.carolinashhealthcare.org/rutherford-pediatrics	Services include: well-child and health supervision; sports, school and camp physicals; and treatment for acute and chronic illness.	Located in Rutherford County

Pediatric Transplant Centers / NC			
Duke Transplant Services	919-668-1100 www.dukehealth.org/services/pediatric_bone_marrow_transplant/about	Offers family-centered, compassionate, expert treatment for children with recurrent cancers, rare genetic diseases, congenital immunodeficiency syndromes, hemoglobinopathies, and blood disorders. Located in Durham.	Statewide
Levine Children's Hospital	704-381-2000 www.levinechildrenshospital.org/body.cfm?id=691	Pediatric transplant services include blood and marrow transplant, heart transplantation, kidney transplantation and liver transplantation. Located in Charlotte.	Statewide



UNC Comprehensive Pediatric Transplant Center	919-966-7890 www.ncchildrenshospital.org/ourservices/transplant	Offers a full spectrum of transplant programs that service both adult and pediatric patients. The programs perform procedures for the transplantation of heart, heart-lung, lung, liver, kidney, pancreas, and bone marrow and stem cells. Located in Chapel Hill.	Statewide
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Physical Therapy			
Asheville Physical Therapy	 828-277-7547 www.ashevillephysicaltherapy.com	Specialize in balance disorders, fall prevention, sports performance, and top notch orthopedic physical therapy.	Located in Buncombe County
Blue Ridge Regional Hospital Physical Therapy	828-765-7901 Mitchell County 828-682-6720 Yancey County www.blueridgehospital.org/medical-specialties-services/hospital-services/fitness-rehabilitation/physical-therapy	Equipped to treat pain, improve strength and maximize mobility through structured exercise and a wide range of therapeutic treatments. Licensed physical therapists develop a personalized treatment plan and then work with you to meet your goals.	Mitchell Yancey
Carolina Pediatric Therapy	 828-670-8056 www.carolinapeds.com	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists providing services to children with developmental and neurological disabilities. <i>Accepts Medicaid.</i>	Located in Buncombe County
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.beeearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Transylvania
Dalton Pediatric Therapy	828-694-4720 daltonpediatrictherapy@hotmail.com	Provides physical therapy for children 0-21 years old. Accepts Medicaid.	Located in Transylvania County
Doster, Barbara, PT, MHDL	828-696-0832	Offers physical therapy services for children.	Located in Henderson County
Olson Huff Center Therapies	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Located in Buncombe County
Perfect Balance Physical Therapy	828-484-8398 Buncombe 828-966-9036 Transylvania www.perfectbalancept.com	Work with children can be either in-clinic or in-home - depending on particular needs. Common conditions we treat: developmental delays, cerebral palsy, autism, ADD, ADHD, torticollis, and orthopedic and sports injuries.	Located in Buncombe & Transylvania








PRO Physical Therapy, Health & Fitness	828-894-0277 Polk County 828-287-0999 Rutherford County www.prophysicaltherapyonline.com	Your therapist works closely with you, your physician and other members of your healthcare team to achieve the best possible outcome. Your therapist will give you a thorough evaluation and, based on these findings, give you a comprehensive program will be developed to meet your goals.	Polk Rutherford
Rehabilitation Services - Transylvania Regional Hospital	828-883-4967 www.trhospital.org/services/rehabilitation.php	Services offered include: work-related rehabilitation; sports/orthopedic injury therapy; lymphedema therapy using the Vodder method of combined decongestive therapy, manual lymph drainage, and speech/language therapies for both adults and children.	Located in Transylvania County
St. Luke's Hospital Rehabilitation Center	828-894-8419 www.saintlukeshospital.com/getpage.php?name=rehab-therapy&sub=Services	Staff provides one-on-one care, identifies rehab needs and actively assists our patients in reaching their maximum level of function. Services are provided in a pleasant, friendly environment that respects the needs of each client as an individual.	Located in Polk County
Shepard, Robin L., MSPT	828-606-6683	Offers rehabilitation, occupational and physical therapy.	Located in Henderson County
Skyland Physical Therapy	 828-277-5763 www.skylandpt.com	Offers therapy in the clinic, in home, or in daycare.	Located in Buncombe County

Prescription Assistance			
Community Pharmacy - The Free Clinic	828-697-8422 www.thefreeclinics.org/programs/pharmaceutical-programs/community-pharmacy	Pharmacy stocks a variety of generic medications, as well as some name-brand medications. Brand-name medications tend to focus upon the specific health needs of uninsured persons, especially diabetic medications and supplies, mental health medications, and medications for asthma or other breathing problems. Must meet income guidelines to qualify for free prescriptions.	Henderson
Medication Access and Review Program (MARP)	go to www.ncdhhs.gov/orhcc/services/marp.htm (view map on site for locations)	Helps poor, elderly, or uninsured people with their prescription drugs by matching free or low-cost drugs with patients who need them.	Statewide
MY Meds Medication Assistance Ministry	828-766-7337	Assists uninsured individuals with chronic disease in Mitchell and Yancey counties access prescription medications for free or at reduced cost.	Mitchell Yancey
NC MedAssist	704-536-1790 www.medassist.org	Residents of North Carolina can qualify for services if they are at or below 200% of the Federal Poverty Level and are without insurance coverage.	Statewide
North Carolina Drug Card	 855-712-2220 www.northcarolinadrugcard.com	Will provide you with Rx medication savings of up to 75% at more than 56,000 pharmacies across the country including CVS/pharmacy, Kmart, Wal-Mart, Harris Teeter, Ingles, Kerr, Walgreens, BI-LO, Target, Wal-Mart, and many more.	Statewide
Partnership for Prescription Assistance - North Carolina	 888-477-2669 www.pparnc.org	Brings together America's pharmaceutical companies, doctors, other health care providers, patient advocacy organizations and community groups to help qualifying patients without prescription drug coverage get free or low-cost medicines through the public or private program that's right for them.	National

RxAssist	www.rxassist.org/patients/	Search database to find current application forms and information on patient assistance programs.	National
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Professional Development for Early Intervention Providers Some of these training providers will have mandates or be knowledgeable about EI provider requirements. Let them know about specific training needs. The Resource and Information Specialist for the Western Region is Harriet Bailey (704) 437-1172, Harriett.Bailey@ncmail.net. She is the person who is the designated reviewer of credits for Infant-Toddler Certification.			
A-B Tech	 828-254-1921 Main Campus 828-649-2947 Madison Co. Campus www.abtech.edu	As a comprehensive community college, A-B tech is committed to providing accessible quality opportunities for lifelong learning to meet the diverse and changing needs of the community.	Buncombe Madison
Assistive Technology Resource Center (ATRC) of WNC	828-631-9461 www.ncatp.org	To share assistive technology resources with persons of all ages, professionals in disability-related fields with AT assessment. Technical assistance and training and free loans The mountain region office is in Sylva.	Statewide
Auditory Learning Center	919-828-1218	Provides training and support for Auditory Verbal Therapy at various locations and on-site.	Statewide
Blue Ridge Community College	 828-694-1700 Main Campus 828-883-2520 Transylvania www.blueridge.edu	BRCC has an extensive distance learning catalog.	Located in Henderson County
Child Care Resource and Referral (CCR&R)	828-407-2066 Buncombe 828-698-0674 Henderson & Transylvania 828-689-1528 Madison 828-765-5130 Mitchell 828-354-0116 Polk & Rutherford 828-682-0717 Yancey	Local Child Care Resource and Referral (CCR&R) organizations give families referrals to local child care providers, information on state licensing requirements, availability of child care subsidies, and other important information. Also offer trainings and workshops throughout the year.	Statewide
Children and Family Resource Center	828-698-0674 www.childrenandfamily.org	Provides in service primarily for childcare centers (to improve services and raise star ratings): one workshop per month for families (general topics such as parenting techniques, stress or anger management); includes child care resource and referral.	Located in Henderson County
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.bearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison, Mitchell Polk Transylvania Yancey
Council for Exceptional Children	www.cec.sped.org	Dedicated to improving educational outcomes for individuals with exceptionalities; helps professionals obtain resources necessary for an effective, professional practice.	National

Department of Social Services	Buncombe - 828-250-5680 Henderson-828-697-5500 Madison/Marshall-828-649-2711 Mitchell County - 828-688-2175 Polk County - 828-894-2100 Rutherford - 828-287-6165 Transylvania/Brevard-828-884-3174 Yancey - 828-682-2470	Provide Buncombe citizens resources and services to maximize their well-being and self-determination. committed to providing Buncombe's diverse population with effective services in a timely and respectful manner.	Buncombe Henderson Madison, Mitchell Polk Transylvania Yancey
Family, Infant and Preschool Program (FIPP) Center for the Advanced Study of Excellence (CASE) in Early Childhood and Family Support Practices	828-433-2661 www.fipp.org/training.html	Provides workshops (on-site and web-based), practicum experiences, coaching, and other learning supports for early childhood professionals and family members as part of the FIPP vision of demonstrating excellence and shaping the future of early childhood and family support practices	Statewide
North Carolina Division of Child Development	ncchildcare.dhhs.state.nc.us/general/home.asp	Implements quality standards, increases access for families, and collaborates to promote enhanced service delivery of care and education across the state.	Statewide
Exceptional Children's Assistance Center (ECAC)	 800-962-6817 www.ecac-parentcenter.org	Extensive specialty library and information/assistance to parents. Offers a large listing of resources about early childhood development, diagnosis, interagency collaboration, and offers trainings and workshops throughout the year in different locations.	Statewide
Family Support Network™ - High Country	828-682-4772 866-448-5781 parent2parent.appstate.edu	Provides specific services to families and the community in caring for children with special needs including support groups, workshops, resources, emotional support, service learning and internship opportunities and more.	Mitchell Yancey
Family Preservation Services	828-225-3100 www.fpscorp.com/Locations/NorthCarolina.asp	Provides community support for mental health as well as individual and family therapy.	Buncombe Henderson Madison Transylvania
Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	A parent-to-parent program serving parents and caregivers raising children with special healthcare needs and developmental concerns. Offers workshops and trainings, support group meetings and individual meetings to assist families in need.	Buncombe Henderson Madison Transylvania
Frank Porter Graham Child Development Institute	919-966-2622 www.fpg.unc.edu/emphasis-area/professional-development-technical-assistance-and-implementation-science	FPG scientists study important issues facing young children and their families and use this information to enhance policy and improve practice. Goal is to ensure that all children have a strong foundation for academic success and full participation as caring and responsible citizens of a multicultural world.	Statewide
Head Start	828-252-2495 Buncombe 828-693-1711 Henderson www.communityactionopportunities.org/headstart.html	Head Start is free for families who live on limited incomes and their children ages three to five years old. We help parents with their child's physical, educational, social, and emotional needs.	Buncombe Henderson

Isothermal Community College	 828-286-3636 www.isothermal.edu	A comprehensive, two-year, public institution that serves the individuals in Rutherford and Polk counties. The College offers individual courses and certificate, diploma and degree programs that enable students to transfer to four-year institutions or to acquire skills for new or continued employment, as well as to function effectively as citizens in our society. In addition, the College provides training for area business and industry, personal enrichment courses, remedial and developmental courses and community service activities.	Polk Rutherford
Leo Croghan Conference	www.croghanconference.org	Conference features information for parents and professionals concerned with the care and development of young children.	Statewide
Mayland Community College	 828-765-7351 www.mayland.edu	Located in the beautiful Blue Ridge section of the Appalachian Mountains on the Avery/Mitchell county line just outside the town of Spruce Pine. Mayland has been serving Mitchell, Avery, and Yancey counties for over 40 years.	Mitchell Yancey
Mountain Area Health Education Center (MAHEC)	 828-257-4400 www.mahec.net	Serves healthcare professionals, students, and institutions throughout a 16-county region in Western North Carolina. Mission is to provide education, information, technology, research, training, and services to improve health outcomes in WNC through partnerships and neutrality.	Located in Buncombe County
National Alliance on Mental Illness (NAMI)	 828-505-7353 Buncombe www.namiwnc.org 888-955-6264 Henderson/Transylvania www.namifourseasons.org 704-583-0845 Rutherford www.nami.org/MSTemplate.cfm?Site=NAMI Rutherford-Cleveland	NAMI's advocacy provides a unique voice for people who live with mental illness and their families in state and federal public and private-sector policies that facilitate research, end discrimination, reduce barriers to successful life in the community and promote timely, comprehensive and effective mental health services and supports.	Buncombe Henderson Transylvania
National Dissemination Center for Children with Disabilities	 nichcy.org/earlyinterventionists/stafftraining	Offers a listing of staff training and development resources that are available online through various organizations.	National
NC AAC/AT Interdisciplinary Assessment Team Initiative	www.ec-link.org	Provides annual workshops, consultation and technical assistance to selected regional INTERACT teams (INteractive TEchnology Reaching All CommunicaTors).	Statewide
North Carolina Association for the Education of Young Children	 800-982-4406 www.ncaeyc.org	Concerned with the development & education of children ages birth through eight. Represent and unify professionals who work directly with, or on behalf of, children 0-8.	Statewide
North Carolina Institute for Child Development Professionals	919-442-1942 ncicdp.org/ceu-events/	Provides a listing of CEU events and CEU providers throughout the state of North Carolina.	Statewide
North Carolina State University Cooperative Extension	 828-255-5522 Buncombe 828-697-4891 Henderson 828-649-2411 Madison 828-688-4811 Mitchell 828-894-8218 Polk 828-287-6011 Rutherford 828-884-3109 Transylvania 828-682-6186 Yancey	Programs cover a broad spectrum, from pesticide safety to indoor air quality, from childhood nutrition and physical activity to heart-healthy eating and food safety.	Buncombe Henderson Madison Transylvania

TEACCH (Treatment and Education of Autistic and Communication Related Handicapped Children)	828-251-6319 teacch.com/programs-and-services/asheville-teacch-center	Services include diagnostic evaluations, treatment planning and implementation, education, consultation, supported employment assistance, training opportunities and research.	Located in Buncombe County
Pardee Signature Education Center	828-692-4600 www.pardeehospital.org/health-services/signature-care-center.html	Provides an array of low-cost to free services ranging from health fairs and screening events to seminars and support groups.	Located in Henderson County
Southwestern Child Development Institute	828-586-5561	Accredited as an Authorized Provider by the International Association for Continuing Education and Training.	Buncombe Henderson Madison Polk Rutherford Transylvania
Smart Start	828-285-9333 Buncombe www.smartstart-buncombe.org 828-693-1580 Henderson www.smartstarthc.org 828-649-3531 Madison 828-682-0047 Mitchell 828-287-2775 Polk & Rutherford 828-877-3025 Transylvania 828-682-0047 Yancey	Offers the NC Pre-kindergarten Program as well as other resources to assist families in finding child care resources.	Buncombe Henderson Madison Transylvania
Zero to Three: National Center for Infants, Toddlers and Families	www.zerotothree.org	National, nonprofit organization that informs, trains, and supports professionals, policymakers, and parents in their efforts to improve the lives of infants and toddlers.	National


Psychiatrists			
Carter, Jeff, MD - Pisgah Institute	828-254-9494 www.pisgahinstitute.com	Board certified in Psychiatry with a specialty in Child Psychiatry.	Located in Buncombe County
Insights Psychiatric Resources	828-287-3928 www.rutherfordhosp.org/body.cfm?id=77	Provides psychiatric evaluation and treatment resources for children, adolescents and adults. Board certified in Psychiatry.	Located in Rutherford County
McKay, Judy, MD - Pisgah Institute	828-254-9494 www.pisgahinstitute.com	Board certified in Psychiatry with a specialty in Child & Adolescent Psychiatry.	Located in Buncombe County
Payton, James B., MD	828-255-9228 ashevillepsychiatrist.squarespace.com/home	Board certified in Child and Adolescent Psychiatry.	Located in Buncombe County
Rutherford Psychiatric & Counseling Services	828-248-1373	Provides general psychiatric and counseling services.	Located in Rutherford County



Stanton, Elizabeth, MD - WNC Community Health Services	828-285-0622 www.wncchs.org	Board certified in Child and Adolescent Psychiatry.	Located in Buncombe County
Venzon, Mona, MD -Pisgah Institute	828-254-9494 www.pisgahinstitute.com	Board certified in Psychiatry with and in Child & Adolescent Psychiatry.	Located in Buncombe County
Wells, Sarah, MD - Pisgah Institute	828-254-9494 www.pisgahinstitute.com	Board certified in Psychiatry.	Located in Buncombe County



Psychologists			
Children's Therapy Center of Asheville	828-225-9800 www.childrenstherapyofasheville.com	Specializes in working with children under the age of 12 and their families.	Located in Buncombe County
Coffey, Jerry, PhD - Sylva Clinical	828-586-5555 www.sylvaclinical.com	Specializes in psychological evaluation, counseling and psychotherapy.	Located in Buncombe County
Cognitive-Behavioral Therapy Center of Western North Carolina	828-350-1177 www.behaviortherapist.com	Provides outpatient cognitive-behavioral therapy and other evidence-based treatments for emotional disorders.	Located in Buncombe County
Grandis Evaluation Center	828-299-7451 www.gectesting.com	Provides comprehensive Behavioral Health Assessments, Developmental Assessments and treatment/service recommendations for people of all ages.	Located in Buncombe County
Hanna, Bob, PhD	828-768-1827 www.bobhannaphd.com	Offers private counseling.	Located in Buncombe County
Point the Way Health Consultants	828-696-3531 www.ptwhc.com	Provides individual, couples, and family therapy. Works with children (as young as age three), adolescents, and adults. Welcomes all individuals who are interested in healing and personal growth, regardless of age, religion, sexual orientation, or socioeconomic status	Located in Henderson County
Wilson, Linda S., PhD, RPT/S Asheville Counseling & Wellness Center	828-254-0749 ashevillecounselingandwellnesscenter.com	Provides psychotherapy, play therapy, neurofeedback and other therapy services.	Located in Buncombe County

Pulmonologists			
Bacot, Bruce, MD <i>Mission Children's Clinic</i>	828-213-1740	Board certified in Pediatric Pulmonology.	Located in Buncombe County




NorthEast Pediatric Pulmonology - Jeff Gordon Children's Hospital / Levine Children's Hospital	704-403-2660 www.jeffgordonchildrenshospital.org/services/pediatric-pulmonology-outpatient.cfm	Provides comprehensive services and therapies to children and adolescents with disorders of the respiratory system, including the lungs. We offer state-of-the-art clinical services and the latest breakthroughs in treatment.	Statewide - located in Charlotte
UNC Division of Pediatric Pulmonology at NC Children's Hospital	919-783-7809 www.ncchildrenshospital.org/ourservices/raleighclinic/pulmonology	Emphasis on children with asthma, wheezing, chronic cough, chronic lung disease of prematurity and other unusual lung diseases.	Statewide - located in Raleigh

Recreation			
Programs listed are organized specifically for children with special needs. Other programs are available within the community that may address individual family needs and interests.			
ACCESS North Carolina	www.ncdhhs.gov/dvrs/pdf/access-nc.pdf	Useful for planning vacations, weekend getaways, visits to local sites, school field trips, conferences, relocation, health and wellness activities or any type of trip. In addition to benefitting people with disabilities, the information in ACCESS North Carolina can also benefit people who are aging and parents with child and infant strollers.	Statewide
All Star Strikers Special Needs Cheerleading Teams - Viper Cheer	 828-243-8943 www.vipercheerleading.com	A great way for young athletes to learn new skills while building teamwork, goal-setting, sportsmanship, and numerous other social skills while making lifelong friendships. Teams are open for ages 5-11 and 12-18.	Located in Buncombe County
Angelfish Therapy	203-545-0024 www.angelfishtherapy.com	Help children with a variety of special needs, sensory issues, and motor coordination difficulties reach their full potential through fun and challenging aquatic therapy sessions. Classes are taught at the Reuter Family YMCA.	Located in Buncombe County
Asheville Parks, Recreation & Cultural Arts - Therapeutic Programs	 828-259-5483 www.ashevillenc.gov/Departments/ParksRecreation/Recreation/TherapeuticPrograms.aspx	Offers recreation and educational programs to people requiring specialized services due to developmental and/or physical disabilities, enabling them to develop new recreational skills and maintain existing ones to enhance health, independence and well-being.	Located in Buncombe County
Carolina Miracle League	864-579-1805 www.carolinamiracleleague.org	Provides organized baseball for children and young adults with disabilities in Spartanburg and surrounding counties (Polk and Rutherford in NC).	Polk Rutherford
Community Fishing Program - NC Wildlife Resources Commission	919-707-0220 www.ncwildlife.org/Enjoying/OutdoorActivities/DisabledOpportunities.aspx	The Tackle Loaner Program operates just like a library. Anglers of all ages register at participating parks to receive a tackle loaner ID card, which allows them to check out a rod and reel. Anglers under 18 years of age must have a parent or guardian complete the registration form. After returning the loaner rods and reels to the park office, first-time participants under 16 years of age will receive a free mini-tackle box containing hooks, bobbers, sinkers, and a stringer. Tackle loaner ID cards can be used at other participating sites in North Carolina, but rods and reels must be returned to the original loaner site. Sites in Buncombe and Polk counties. Call for more information.	Statewide

Cradle of Forestry Adventure Zone	828-877-3130 www.cradleofforestry.com/site/things-to-do/the-adventure-zone/	The Zone is a collective of hands-on activities (indoor and outdoors) that were designed to help children and adults with autism become active in the outdoors and gain a better understanding about the natural world. The Adventure Zone activities were created to be exciting for everyone! The maps and schedules we've added were designed to make these fun activities accessible for people on the autism spectrum, but the Zone is open to anyone who is interested in experiencing fun in the great outdoors.	Located in Transylvania County
Dragonfly Forest	828-458-0313 www.dragonflyforest.org	After-school recreation clubs designed to be accessible for kids with autism.	Located in Buncombe County
Forest City Department of Parks and Recreation	828-248-5220 www.townofforestcity.com/parks.html	Offers a variety of programs and services suited to all ages and ability levels.	Rutherford
Holmes Educational State Forest	828-692-0100 www.dfr.state.nc.us	One of 7 Educational State Forest operated by the NC Division of Forest Resources. Forest staff conducts classes with individuals with disabilities and students regularly and tries its best to provide them with an enjoyable, educational, outdoor experience.	Located in Henderson County
Hope Academy Basketball	828-329-6649 828-329-9978 www.mudcreekchurch.org/670518	Once a year, from 3:00 to 5:00PM. Meets at Hendersonville Christian School gyn. Will practice, then play. Wheelchairs are welcomed.	Located in Henderson County
KidSenses Children's Museum	 828-286-2120 www.kidsenses.com	Offers visitors a wide array of fun, educational, and interactive programs and activities. Our kid-friendly exhibits offer children hours of play and exploration, in a safe and nurturing environment.	Located in Rutherford County
Kiwanis Aktion Club	828-230-9827 or 828-252-4075	Aktion Club, a service club for adults with disabilities, is an opportunity for members to feel the connection and pride of giving back to their community. Projects include sorting food at Manna Food Bank, and collecting clothing for needy families.	Located in Buncombe County
Little Gym	 828-633-4466 thelittlegym52.reachlocal.net/AshevilleNC/Pages/default.aspx	Trained instructors nurture happy, confident kids through a range of programs including parent/child classes, gymnastics, karate, dance and sports skills development, plus enjoyable extras like camps, Parent Survival Nights and Birthday Bashes.	Located in Buncombe County
Mitchell County Recreation	828-688-5901 www.mitchellcounty.org/departments/recreation.html	Offers a variety of programs and services. Call for more information.	Mitchell
Polk County Recreation	828-894-8199 www.polknc.org/departments/recreation/	Provides and maintains optimum recreational opportunities for the citizens of Polk County through its parks, facilities and programs.	Polk
Rutherford County Recreation, Culture & Heritage	828-287-6300 rutherfordcountync.gov/recreation	Provides a variety of resources and services. To view local area events, visit www.rutherfordevents.com.	Rutherford
Special Olympics - Buncombe County	Local Program Coordinator: Greg Mace 828-250-4265 (W) 828-777-5634 (C) www.sonc.net/buncombe	Sponsored by Buncombe County Parks, Greenway & Recreation and serves nearly 480 children and adults with intellectual disabilities throughout the county. Training and competitive programs are offered in 8 sports.	Buncombe


Special Olympics - Henderson County	Local Program Coordinator: Jane Ollis 828-685-7600 (W) www.sonc.net/henderson	Training and competitive programs are offered in 6 sports.	Henderson
Special Olympics - Madison County	Local Program Coordinator: Hiram Hoecherl 828-649-3635 (W) www.sonc.net/madison	Training and competitive programs are offered in 2 sports.	Madison
Special Olympics - Mitchell County	Local Program Coordinator: Sarah Hobart 828-688-2141 (w) www.sonc.net/mitchell	Training and competitive programs are offered in 12 sports.	Mitchell
Special Olympics - Transylvania County	Local Program Coordinator: Paula McKeller 828-877-5271 (W) www.sonc.net/transylvania	Training and competitive programs are offered in 6 sports.	Transylvania
Special Olympics - Yancey County	Local Program Coordinator: Debbie Boone 828-675-5744 (H) 828-208-1140 (C) www.sonc.net/yancey	Training and competitive programs are offered in 14 sports.	Yancey
Surfing for Autism	 www.surfingforautism.com	Autism/Asperger's awareness event each Summer on the Outer Banks of NC while providing children with an opportunity to surf. Each child is provided two surfers and a skilled therapist or teacher who are well educated on the special needs of our children with Autism. Together, they are paired up with children who have autism/Asperger's of all ages and introduce them to paddling and surfing.	Statewide
TOPSoccer Program - Asheville Buncombe Youth Soccer Association	828-299-7277, ext. 305 abysa.org/recreation/program-descriptions/topsoccer-program	A community-based soccer program for young athletes with special needs. The emphasis of this program is on development, training, and meaningful participation rather than on competition. Program runs in the spring with applications taken at the beginning of each year.	Located in Buncombe County
Yancey County Parks and Recreation	828-682-6381 www.yanceycountync.gov/parks-and-recreation	Strives to develop, conserve and maintain a system of parks, recreation facilities and open areas for the enjoyment of everybody. In addition, the Department provides an array of adult league sports activities.	Yancey
YMCA - YMCA of Western North Carolina	 828-210-9622 Asheville YMCA 828-659-9622 Corpening Memorial 828-697-9622 Hendersonville Family YMCA 828-651-9622 Reuter Family YMCA 828-505-3990 Woodfin YMCA www.ymcawnc.org	Offers a variety of programs and services suited to all ages and ability levels.	Located in Buncombe & Henderson counties

Youth Empowerment	888-320-1209 www.youthempowermentinc.org	POWER Center after school programming provides guided personal growth by matching youth with activities that foster self esteem & personal development. Karate, art, music, dance, tutoring & skill building are incorporated to steer youth 10-17 away from risky behavior. Game rooms, computer lab and a fitness center complete the experience. The Sunscape summer program provides healthy recreational activities & service learning opportunities for youth during the summer months.	Rutherford
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Respite / Childcare			
For specific information about respite services funded by Medicaid, please contact your Local Management Entity.			
ARCH National Respite Locator	archrespite.org/respitelocator	Helps parents, family caregivers, and professionals find respite services in their state and local area to match their specific needs.	National
Arc of Buncombe County	 828-253-1255 www.arcofbc.org	Exists to empower persons with mental retardation & other developmental disabilities and their families to realize their highest potential through advocacy, education, and development of programs. Offers stipends to be used towards respite care.	Located in Buncombe County
Cherith Cottage	704-238-0585 www.cherithcottage.blogspot.com	Guest Quarters are offered, free of charge, to caregivers of disable individuals or aging parents.	Statewide
Child Care Resource and Referral (CCR&R)	828-407-2066 Buncombe 828-698-0674 Henderson & Transylvania 828-689-1528 Madison 828-765-5130 Mitchell 828-354-0116 Polk & Rutherford 828-682-0717 Yancey	Provides referrals to local child care providers, information on state licensing requirements, availability of child care subsidies as well as other information concerning child care services.	Buncombe Henderson Madison Transylvania
Family Place of Transylvania County	 828-883-4857 thefamilyplacetc.wordpress.com	Children are cared for by Early Childhood staff and/or Co-op parents. Parents/grandparents earn childcare hours by working at the Family Place providing childcare. This is an hour –for –hour exchange. Day/evening times are offered. Continuing education at the center is required.	Transylvania
North Carolina Information on Respite Providers - ARCH National Respite Network	archrespite.org/respite-locator-service-state-information/165-north-carolina-info	Provides basic information and resources relating to respite care within the state of North Carolina.	Statewide
Project Respite Scholarship Program - Caring for Children, Inc.	 828-768-8077 www.caring4children.org/programs/respite/	Awards scholarships to be used towards respite care services.	Buncombe
Respite Resources for Family Caregivers NC Respite Care Coalition	www.northcarolinarespitecarecoalition.org/Documents/RESPITE%20RESOURCES%20FOR%20FAMILY%20CAREGIVERS%201.pdf	Provides a listing of resources throughout the state and within different regions that may be a resource regarding respite care.	Statewide

Schools, School Districts & Exceptional Children's Departments

Altapass Christian School	828-765-0660 www.altapassbaptistchurch.org	Provides Biblically-based instruction in a God-centered environment of absolutes and love.	Mitchell
Artspace Charter School	 828-298-2787 www.artspacecharter.org	A tuition-free public school offering a creative, arts-integrated approach to a complete education for students from grades K-8.	Buncombe
Asheville - Pisgah Christian School	828-667-3255 www.ashevillepisgah.org	Provides Christian education to students from age 4 in preschool through the 8th grade.	Buncombe
Asheville City Schools	 828-350-7000 www.ashevillecityschools.net	Provides special education and related services for eligible children, ages 3 to 21. ACS offers successful services and programs throughout the full continuum and across settings.	Buncombe
Brevard Academy	 828-885-2665 www.brevard.teamcfa.org	A public charter school, charges no tuition, and is open to any child grades K-8 eligible for the public school systems of North Carolina and the immediately adjacent areas of South Carolina.	Transylvania
City of Asheville Youth Leadership Academy	 828-271-6116 www.ashevillenc.gov/Departments/HumanResources/YouthLeadershipAcademy.aspx	College preparatory program designed to equip students with skills, knowledge, and character to succeed in high schools, colleges and other endeavors.	Buncombe
Emmanuel Lutheran School	 828-281-8182 www.emmanuelutheranschool.org	Emmanuel Lutheran School provides an academically challenging, Christ-centered education in a caring environment. Serves grades k-8.	Buncombe
Evergreen Community Charter School	 828-298-2173 www.evergreencs.org	A K through eighth-grade public charter school employing the Expeditionary Learning School (ELS) design model. Originated from Outward Bound and strives to develop both the character and the intellect of students	Buncombe
Francine Delany New School for Children	 828-236-9441 www.fdnsc.net	Challenges students to develop critical thinking skills & reach ambitious academic goals while developing self-respect & respect for others. Averages 16 students per class. Integrate arts into classrooms, so that students can demonstrate learning in ways other than pencil-and-paper.	Buncombe
Grotto School St. Gerard House	 828-693-4223 stgerardhouse.com/?page_id=650	An education center currently serving students who have been diagnosed with autism. Students range in age from two and a half to six years, and are taught by therapists in a one-on-one and small group environment.	Henderson
Hanger Hall: A School for Girls	 828-258-3600 www.hangerhall.org	Provides girls a middle school education in an inclusive & supportive environment that promotes a sense of belonging, creativity, self-confidence, personal motivation & a desire for knowledge. In partnership with parents, encourages girls to develop the living & learning skills necessary to succeed in life & to contribute to the betterment of the world.	Buncombe
Heritage Hall International School	828-693-6845 www.heritagehallschool.org	Located in Hendersonville, North Carolina and serves students from Kindergarten through grade 12. Offers a low parent-to-teacher ratio.	Henderson
Hope Academy Activity Day Program for Special Needs	828-808-4404 www.mudcreekchurch.org/hopeacademy	Purpose is to provide a fun, Biblically-based, structured, safe environment for special needs individuals over the age of 18. Has daily activities that each student will enjoy. Some activities include Bible time, music, structured PE, crafts, and computer lab.	Henderson
Jordan Lake School of the Arts	 919-387-9440 www.jordanlakesa.com	Serves all types of students but specialize in inclusion of the gifted, out of the box thinkers, and those on the autism spectrum. Located in Apex, NC.	Statewide
Lake Lure Classical Academy	828-625-9292 llca.teamcfa.org	Tuition-free public charter school open to all North Carolina students.	Rutherford

Mountain Community School	828-696-8480 www.themountaincommunityschool.com	K-8 charter school with an experiential and hands on approach which will invite, encourage, and supplement the achievement of academic excellence.	Henderson
Public Schools' Exceptional Children Program	828-350-6129 Asheville City 828-255-5971 Buncombe 828-697-4733 Henderson 828-649-9276 x244 Madison 828-766-2233 Mitchell 828-894-3051 Polk 828-245-0252 Rutherford 828-885-7373 Transylvania 828-682-6101 ext 315 Yancey	Ensures that all children with disabilities, ages 3 through 21, have available a free appropriate public education that emphasizes special education & related services designed to meet their unique needs & prepares them for further education, employment, and independent living.	Buncombe Henderson Madison Transylvania
Thomas Jefferson Classical Academy	828-657-9998 Middle / High School 828-245-9526 Grammar School tjca.teamcfa.org	Partners with families to educate students in grades K-12 in the trivium of grammar, logic, and rhetoric, thus graduating thoughtful, articulate young adults who are prepared for college and for a lifetime of citizenship and active intellectual inquiry.	Rutherford
Tri-County Christian School	828-765-2969 tricountyschool.org	A small, not-for-profit K-12 institution with a large heart for the children of the area. Teachers and staff excel among those in academia and give personal hands-on attention to each child as they are guided through their courses, but with emphasis on Christ-like attributes.	Mitchell Yancey
Trinity Christian School	828-286-3900 trinityschoolnc.com	Provides an atmosphere of academic excellence within a Christian, Interdenominational, and family centered framework.	Rutherford
Veritas Christian Academy	828-681-0546 www.veritasnc.org	College preparatory school that serves students in Pre-Kindergarten through twelfth grade. Has a School Within A School Support System, a highly successful program to support students who have learning differences, dyslexia, or high functioning autism.	Buncombe Henderson
Yancey County Christian School	 828-682-5034	Grades K-12, located near Burnsville.	Yancey

Service Providers - Child Mental Health

Some services, including residential services, may require pre-authorization from Smoky Mountain Center. If you are seeking services, please contact

To locate providers in the following categories, please go to gis.smokymountaincenter.com/ProvSearch/ and complete a search:

Assessment, Child Respite, Day Treatment, Family Therapy, Group Therapy, Individual Therapy, Intensive In-Home Service, Level II Residential, Level III Residential, Multisystemic Therapy, Psychiatric Residential Treatment Facility, Psychiatric Services, and Psychological Testing

Service Providers - Developmental Disabilities


Some services, including residential services, may require pre-authorization from Smoky Mountain Center. If you are seeking services, please contact




To locate providers in the following categories, please go to gis.smokymountaincenter.com/ProvSearch/ and complete a search:

Assessment, DD Respite, Developmental Therapy, Facility Based Crisis, Family Therapy, Group Therapy, Individual Therapy, MR/MI Supports, Personal Care, Psychiatric Services, Psychological Testing, Targeted Case Management and Vocational Services.

Spanish Speaking Resources			
Autism Society of North Carolina	Mariela Maldonado mmaldonado@autismsociety-nc.org 919-865-5066 or 800-442-2762	Offers assistance and resources to families that have a child with autism	Statewide
Centro Comunitario Hispano Americano	828-883-2900	Provides information and referrals for Latinos in Transylvania County and helps build Latino leadership.	Located in Transylvania County
Centro de Enlace	828-682-6750 centrodeenlace.org	Empowers Yancey County Latinos to successfully seize the full range of opportunities available to them through communication, advocacy, education, and community organization.	Yancey
Centro Latino	828-765-9980	Offers programs in the following areas: Education, Information and Referrals, Cultural Festivities, Interpretation and Translation, and Basic Needs Assistance	Located in Mitchell County
El Centro Comunitario	 828-693-1981	Offers a range of services to Hispanic residents.	Located in Henderson County
Nuestro Centro	 828-273-6823 nuestrocentro.weebly.com	Offers a space for the Latino Community to come together to share skills, learn, receive necessary services/information, and to promote equity and understanding between the communities of Buncombe County.	Located in Buncombe County

Special Needs Registries			
Special Needs Registry - Buncombe County	828-250-6620 www.buncombecounty.org/common/emergency/SpecialNeedsRegistry.pdf	Provides vital information to emergency responders in the event of a 9-1-1 call and/or during a widespread disaster. Completion of this form in no way guarantees that the registered individual will receive immediate or preferential treatment in a disaster.	Buncombe
Special Needs Registry <i>Henderson County Emergency Management</i>	828-697-4527	Gives local emergency planners vital information about individuals who may need assistance in the event of a disaster and the type of assistance and equipment that might be needed.	Henderson
Special Needs Registry <i>Madison County Health Department</i>	828-649-3531	Provides emergency responders with information when responding to a 9-1-1 call from a resident with special health care needs. The registry is maintained by the 9-1-1 office.	Madison
Special Needs Registry <i>Transylvania County</i>	828-884-3108, x3	Database of persons with special needs that may require assistance during emergency/disaster events.	Transylvania

Speech Therapy			
Asheville Speech Associates	 828-285-8814 www.ashevillespeech.com	Speech and language pathologists providing outpatient services for pediatric and adult clients in our office, their homes, or day care centers. <i>Accepts Medicaid.</i>	Located in Buncombe & Henderson Counties


Beyond Words Pediatric Speech Therapy	828-287-1001 www.beyond-words.info	Provides speech, language and social communication services to children in need, including diagnostic and therapy services.	Located in Rutherford County
Blue Ridge Regional Hospital Speech Therapy	828-765-7901 Mitchell 828-682-6720 Yancey www.blueridgehospital.org/medical-specialties-services/hospital-services/fitness-rehabilitation/speech-therapy	Blue Ridge Regional Hospital employs speech-language pathologists, also known as speech therapists, to provide treatment for any type of speech and language disorder.	Mitchell Yancey
Carolina Pediatric Therapy	 828-670-8056 www.carolinapeds.com	A team of licensed speech-language pathologists, occupational therapists, physical therapists, and early childhood interventionists providing services to children with developmental and neurological disabilities. <i>Accepts Medicaid.</i>	Located in Buncombe County
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.bearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Buncombe Henderson Madison Transylvania
Colleen Lambert <i>Word's Out, Inc.</i>	828-551-4009	Offers speech and language therapy for 0-2 year olds.	Located in Madison County
Hamrick, Mara C., M.Ed., CCC-SLP	 828-286-4841	Serves children and adolescences with a variety of communication problems, including developmental speech delay, developmental language delay, receptive/expressive language disorder, apraxia, auditory processing disorder, cleft palate, cerebral palsy, autism spectrum disorder, asperger's syndrome, fluency disorders, hearing loss.	Located in Rutherford County
Interact	 828-505-7920 www.InteractSpeechTherapy.com	Works with children and teens with communication disorders and/or social challenges. Speech therapists using evidence based practices to improve the social and communication skills of people who have autism and other related disabilities.	Located in Buncombe County
Olson Huff Center Therapies	828-213-1780 www.missionchildrens.org/medical-specialties/developmental-behavioral	Facilitates development of sensory and motor functions, which enables children to interact with their environment and participate in daily activities (learning, play, self care) as independently as possible.	Located in Buncombe County
Seraphim Children's Therapy	828-423-4090 seraphimchildrenstherapy.vpweb.com/default.html	Provides children with speech, language and swallowing therapy by a certified Speech-Language Pathologist. We also provide Community Based Rehabilitative Services (CBRS). CBRS is developmental intervention uniquely designed to enhance cognitive, physical, behavioral, self-help, social-emotional, and language skills.	Located in Buncombe County
Small Steps in Speech Grant Program	 888-577-3256 www.smallstepsinspeech.org	Grants are awarded to individuals from birth up to the age of 22 years. The services/treatments requested cannot be received before the grant is awarded. The application must request a specific need in regards to a communication delay/disorder.	National




Speech and Communication Center of Asheville	828-687-9559	Provides Speech Therapy services in/near Henderson County.	Located in Henderson County
Sterling Therapy	828-367-7044 www.sterlingtherapync.com	Focuses on serving children and families in the natural environment. Families are provided comfort knowing their children are working on developmental speech and language goals. This is done by working directly with children and modeling treatment strategies for caretakers. Families receive an improved quality of life as their children make gains with familial and social relationships.	Located in Buncombe County
Transylvania Regional Hospital	828-883-4967 www.trhospital.org/services/rehabilitation.php#rehabilitation	Services offered include: work-related rehabilitation; sports/orthopedic injury therapy; lymphedema therapy using the Vodder method of combined decongestive therapy, manual lymph drainage, and speech/language therapies for both adults and children.	Located in Transylvania County

Spiritual Programs for People with Disabilities


Avery's Creek United Methodist Church Special Needs Children's Service	828-684-8126	Meets the third Sunday of each month at 6:00PM. Includes a fellowship dinner along with the service. Call for more information.	Meets in Buncombe County
Developing a Disability Ministry	www.joniandfriends.org/media/uploads/downloads/church_relations_process_map_rev.pdf	Provides structure and key ideas related to beginning a Disability Ministry within your church.	National
Disability Resource Manual: A Practical Guide for Churches and Church Leaders	www.disabilitiesandfaith.org/resources/guides/ebooks/Disability-Manual-Churches.pdf	Includes definitions of different disabilities, suggestions for relating to that person, and accommodations that can be made within the church. It also provides information for starting a disability ministry, providing care, the theology of disability and the spirituality of disability.	Statewide
Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	Offers materials in the lending library that can help churches assess their ability to be more inclusive of people with special needs.	Buncombe Henderson Madison Transylvania
Hope Academy Activity Day Program for Special Needs	828-808-4404 www.mudcreekchurch.org/hopeacademy	The purpose of Hope Academy is to provide a fun, Biblically-based, structured, and safe environment for special needs individuals over the age of 18. Has daily activities that each student will enjoy. Some activities include Bible time, music, structured PE, crafts, and computer lab.	Located in Henderson County

Statewide Resources



Advocates for Children's Services	919-226-0052 www.legalaidnc.org/acsoffline.aspx	A project of Legal Aid of North Carolina. Statewide, nonprofit law firm that provides free legal services in civil matters to low-income people in order to ensure equal access to justice and to remove legal barriers to economic opportunity.	Statewide
Arc of North Carolina	 800-662-8706 www.arcnc.org	A membership organization that advocates for people with intellectual and developmental disabilities (I/DD) and their families.	Statewide


Autism Society of North Carolina	 800-442-2762 www.autismsociety-nc.org	Raises awareness about the needs and strengths of individuals with ASD; learns realistic, practical solutions for autism-related concerns ; has a place where they feel welcome, accepted and understood.	Statewide
Autism Spectrum Disorders Program - NC Department of Instruction	919-807-4036 ec.ncpublicschools.gov/disability-resources/autism-spectrum-disorders	Serves as a resource to local education agencies, including charter schools. The Consultant is available for phone & on-site consultation regarding provision of appropriate services for students with autism. Provides training in a wide range of techniques and methods that have been proven effective in the education of students with this learning style.	Statewide
Brain Injury Association of NC	 800-377-1464 www.bianc.net	Offers resources, links and information for those who have suffered a traumatic brain injury.	Statewide
Care Coordination for Children - (CC4C)	800-662-7030 www.ncdhhs.gov/dma/medicaid/csc.htm	Can help with finding medical care, transportation, childcare and /or financial aid. Can also provide you with information about a wide variety of family oriented resources.	Statewide
Carolina Children's Communicative Disorders Program	919-419-1449 www.med.unc.edu/earandhearing/cccdpgrant	Provides funding for hearing devices for children who are deaf and hard of hearing, whose families do not qualify for other public programs, and who do not have adequate income to obtain devices that are not covered by insurance.	Statewide
Children with Special Needs Helpline	800-737-3028 www.nchealthystart.org/outreach/prognews/specneedshl.html	Provides a variety of information, including: information and application materials for Health Check and NC Health Choice; referrals to state and local resources for children with special health care needs; problem-solving for families enrolled in Health Check or NC Health Choice; Referrals for families with unmet needs.	Statewide
Children's Developmental Services Agency (CDSA)	828-251-6091 Buncombe 828-694-7975 Henderson 828-649-9062 Madison 828-265-5391 Mitchell/Yancey 704-480-5440 Polk/Rutherford 828-884-3282 Transylvania www.beeearly.nc.gov	Developmental evaluations and early intervention services (child service coordination, PT, OT, ST and Special Instruction) for children ages birth three).	Statewide
Department of Social Services (DSS)	Buncombe - 828-250-5680 Henderson-828-697-5500 Madison/Marshall-828-649-2711 Mitchell County - 828-688-2175 Polk County - 828-894-2100 Rutherford - 828-287-6165 Transylvania / Brevard-828-884-3174 Yancey - 828-682-2470	Provide Buncombe citizens resources and services to maximize their well-being and self-determination. committed to providing Buncombe's diverse population with effective services in a timely and respectful manner.	Statewide
DisABILITY Rights North Carolina	 919-856-2195 877-235-4210 www.disabilityrightsncc.org	Disability Rights North Carolina helps people across North Carolina gain access to services and opportunity through its legally based advocacy.	Statewide
Early Hearing Detection and Intervention Program	919-707-5631 866-431-7434 www.ncnewbornhearing.org	Provides information to parents, hospitals and providers on early detection of hearing loss.	Statewide



Education Services - North Carolina Department of Health and Human Services	www.ncoes.net	Provides quality, comprehensive, developmental and early intervention opportunities for children ages 0-3 with special needs.	Statewide
Exceptional Children Division - NC Department of Instruction	919-807-3969 ec.ncpublicschools.gov	Assures that students with disabilities develop mentally, physically, emotionally, and vocationally through the provision of an appropriate individualized education in the least restrictive environment.	Statewide
Exceptional Children's Assistance Center 	800-962-6817 www.ecac-parentcenter.org	Provides services and support across NC to parents, families, students, educators and other professionals with a special emphasis on children with disabilities.	Statewide
Family Support Network™ of NC	800-852-0042 www.fsnn.org	A parent-to-parent program serving parents and caregivers raising children with special healthcare needs and developmental concerns. Offers workshops and trainings, support group meetings and individual meetings to assist families in need.	Statewide
First in Families	919-251-8368 www.fifnc.org	Helps people with developmental disabilities and their families to create the lives they want now and for the future.	Statewide
Learning Disabilities Association of North Carolina 	www.ldanc.org	LDA provides support to people with learning disabilities, their parents, teachers & other professionals. LDA provides cutting edge information on learning disabilities, practical solutions, & a comprehensive network of resources.	Statewide
Law Help NC	www.LawHelpNC.org	A joint project of Legal Aid of North Carolina, the North Carolina Equal Justice Alliance, North Carolina Bar Association and Probono.net. Our goal is to provide our users with helpful, easy-to-understand legal resources and information in North Carolina.	Statewide
Medicaid	800-662-7030 www.ncdhhs.gov/dma/medicaid/	Medicaid is a health insurance program for low-income individuals and families who cannot afford health care costs. Medicaid serves low-income parents, children, seniors, and people with disabilities.	Statewide
NC Kids Adoption & Foster Care Network (NCDHHS)	877-NCKIDS-1 www.ncdhhs.gov/dss/adopt/index.htm	Helps connect waiting children with families by maintaining a centralized database, offering matching services, providing adoption support services, community outreach, and announcements of trainings and adoption related events.	Statewide
North Carolina Assistive Technology Program	919-233-7075 www.ncatp.org	Offers free services to individuals including device demonstration, device loan, device reutilization and training, as well as providing public awareness via fairs and other community events.	Statewide
North Carolina Association for the Education of Young Children 	919-510-5034 www.ncaeyc.org	Concerned with the development & education of children ages birth through eight. Represent and unify professionals who work directly with, or on behalf of, children 0-8.	Statewide
North Carolina Council on Developmental Disabilities 	800-357-6916 www.nccdd.org	Offers a variety of services to help meet the needs of the states Developmentally Disabilities.	Statewide
North Carolina Deaf-Blind Project	704-549-7557 ec.ncpublicschools.gov/disability-resources/deaf-blind	A branch of the Department of Health and Human Services in NC, offering support and information for families of the deaf-blind.	Statewide




North Carolina Department of Health and Human Services	919-855-4800 www.ncdhhs.gov	Offers information on government services and resources as well as providing fact sheets and other printable materials as well as hotline phone numbers and internet links to services and information.	Statewide
North Carolina Department of Non-Public Education	919-733-4276 www.ncdnpe.org	Monitors non-public school compliance to the laws governing those schools in a professional, objective and uniform manner. Includes homeschools.	Statewide
North Carolina Division of Services for the Blind	866-222-1546 www.ncdhhs.gov/dsb/index.htm	A branch of the Department of Health and Human Services in NC, offering support and information for families of the blind or visually impaired.	Statewide
North Carolina Division of Services for the Deaf and Hard of Hearing	919-256-4221 www.ncdhhs.gov/dsdhh/council/index.htm	Advocacy, information, counseling, skills development and tools for Deaf, Hard of Hearing, Deaf-Blind and Speech-Impaired individuals and their families.	Statewide
North Carolina Division of Vocational Rehabilitation Services	800-689-9090 www.ncdhhs.gov/dvrs/	Provides counseling, training, education, transportation, job placement, assistive technology and other support services. to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.	Statewide
North Carolina Health Choice for Children	800-662-7030 www.ncdhhs.gov/dma/healthchoice/	Free or reduced price comprehensive health care program for children. If your family makes too much money to qualify for Medicaid but too little to afford rising health insurance premiums, your child(ren) may qualify for NCHC.	Statewide
North Carolina Pediatric Society	 919-839-1156 www.ncped.org	Mission includes the formation of policy to promote the health, safety, and well being of infants, children, adolescents, and young adults in NC.	Statewide
North Carolina Virtual Public School Program for Home School Students	www.ncdnpe.org/documents/EDU-brochure-web-version.pdf	The NC Virtual Public School (NCVPS) now offers certain courses for non-public home school students. Parents should review the Non-Public Education legislation (Chapter 115C –Article 39) to determine eligibility of their students to participate in the NCVPS non-public school program.	Statewide
Partners in Policymaking (North Carolina)	www.nc-ddc.org/partners	Teaches parents and self-advocates the power of advocacy to change the way people with disabilities are supported, viewed, taught, live and work.	Statewide
TelAbility	919-843-0427 www.telability.org	Community oriented, interdisciplinary program from the UNC Department of Physical Medicine and Rehabilitation that uses telecommunications to improve the lives of children with disabilities. Also offers resources and information for families of children with special needs.	Statewide
Telecommunications Relay for individuals who are Deaf, Hard of Hearing or with Speech Impairments	1-877-735-8200 (V) 1-800-735-2962 (TTY)	Telecommunications Relay Service (TRS) is a telephone service that allows persons with hearing or speech disabilities to place and receive calls.	Statewide
United Way 2-1-1	Dial 211 www.211wnc.org	Call 2-1-1 any time 24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.	Statewide





Substance Abuse Treatment / Prevention for Youth			
Accordance Psychological Associates	828-287-8890 www.accordancepsychological.com	Provides treatment for children and adults who have mental-health and/or substance-abuse problems.	Located in Rutherford County


Addiction Recovery & Prevention / RHA	 828-254-2700	Offers professional, compassionate support to individuals and families who are affected by alcohol and drug dependence and/or mental health issues.	Buncombe Henderson Madison Transylvania
Intensive Outpatient Adolescent Substance Abuse Program <i>Copestone at Mission Hospital</i>	828-213-4055	Offer an Intensive Outpatient Adolescent Substance Abuse Program. This cost-effective, non-residential substance abuse treatment is an eight week intensive program that meets approximately six hours per week <i>Accepts Medicaid</i> .	Buncombe Henderson Madison Transylvania
Mountain Treatment Center	828-255-8655 mountaintreatmentcenter.com/drug-rehabilitation-center-services/	The primary purpose of our alcohol & drug rehabilitation center programs is to help individuals who are having difficulty with alcohol and/or drug abuse and its related problems. While attending our drug rehabilitation center treatment programs, you will participate in group therapy, alcohol and drug abuse education, and life science training. Counseling is also available for individuals and family members	Located in Buncombe County
October Road	828-350-1000 www.octoberroadinc.net	Offers substance abuse and mental health services to adults and families in Buncombe, Henderson, Madison, Yancey, Mitchell and Avery counties.	Buncombe Henderson Madison Mitchell Yancey
Partnership at Drugfree.org	 855-378-4373 www.drugfree.org	Offers tips and resources concerning drugs, drug use and prevention.	National
Pavillon	828-694-2300 www.pavillon.org	Offers residential treatment, extended care, women's program, young adults' program and more.	Located in Polk County
Substance Abuse & Mental Health Services Administration (SAMHSA)	 877-SAMHSA-7 www.samhsa.gov	It's mission is to reduce the impact of substance abuse and mental illness on America's communities. Offers information and resources to assist families as well as professionals	National
Substance Abuse Prevention for Children and Families	www.childwelfare.gov/systemwide/substance/prevention/	Find general resources for preventing substance abuse in children and families, as well as prevention resources for targeted populations that address specific risk and protective factors associated with substance abuse.	National
Woodridge Psychological Associates	828-287-7806	Offers mental health and substance abuse services.	Located in Rutherford County




Support Groups			
A Love Not Forgotten	828-213-8246	For parents who have experienced the death of a baby, from conception through the first year of life.	Buncombe Henderson Madison Transylvania
American Cancer Society	 828-254-6931 800-227-2345 www.cancer.org	Offers education, online support as well as information about local support groups and opportunities.	National

Asheville Adoption Support Group	828-545-8410 www.eventbrite.com/e/asheville-adoption-support-group-tickets-7579956855?aff=eorg	Children's Home Society invites you to join us on the second Friday of every month for a coffee break designed to connect you with other adoptive parents.	Buncombe
Asheville Gluten Intolerance Group	828-274-8532 www.gluten.net/local-branches/asheville/	Discusses a variety of topics concerning gluten intolerance. Meetings often included guest speakers. Call or visit website for dates, times and locations of meetings.	Meets in Buncombe County
Asheville Mothers of Multiples	www.ashevilmom.com	A support group for parents of twins and triplets. Meets monthly, usually the 1st Thursday of each month. See the website for location and to obtain a current schedule.	Meets in Buncombe County
Asperger's Adults United	 828-319-1017	A group for adults with Asperger's who want to meet up for support, friendship and fun activities. Open to any adult on the Autism spectrum as well as those that suspect a diagnosis.	Located in Buncombe County
Autism Society of North Carolina	 828-236-1547 www.autismsociety-nc.org	Offers an Autism Support Group. Please call for dates, times and locations.	Statewide
Bereavement Support Group - Care Partners	828-251-0126 www.carepartners.org/services_atoz_be.htm	Meets at 68 Sweeten Creek Road in Asheville. Please call for dates and times for meetings.	Meets in Buncombe County
Brain Injury Support Group for Teens/Young Adults	828-683-8788 828-277-4868	Meets the 4th Tuesday of each month, from 6:00-8:00pm, at Foster Adventist Church, 375 Hendersonville Rd. in Asheville.	Meets in Buncombe County
Buncombe County Foster Care Association	828-216-3852 www.thebcfca.blogspot.com	Composed of foster parents, adoptive parents, social workers and concerned citizens. Works together with the Department of Social Services in Buncombe, Madison and Haywood Counties to meet the needs of the children in care. Call for more info on meetings.	Buncombe, Madison, Haywood
Buncombe County Special Needs Family Group - Family Support Network of WNC	828-213-9787 www.familysupportnetworkwnc.org	For parents and other caretakers of children with special needs. Meets the 1st Tuesday of each month, 5:30 to 7:30pm. Call 213-9787 for more information or to register. This group is open to residents of any county but meets in Buncombe County.	Meets in Buncombe County
Caring for Children with Food Allergies (COCOA)	cocoa_in_asheville@yahoo.com	Offers encouragement to parents raising children with food allergies in the rural and isolated areas of the N.C. Mountains. Intend to raise community awareness of the serious nature of food allergies, create allergy-safe playgroups for children, exchange recipes, and offer camaraderie.	Meets in Buncombe County
Compassionate Friends of Brevard	828-890-8227 www.tcfofbrevardnc.org/tcf/home.htm	Offers friendship and understanding to bereaved parents. Meetings held the 2nd Monday of each month at 7:00pm at the Lutheran Church of the Good Shepherd, 22 Fisher Rd., Brevard.	Transylvania
Compassionate Friends, Mountain Area Chapter	828-693-4061	Assists families toward the positive resolution of grief following the death of a child of any age and to provide information to help others be supportive. Meetings held the 1st Monday of each month in Hendersonville.	Henderson
Epilepsy Information Service - Wake Forest School of Medicine	800-642-0500 www.wakehealth.edu/Neurosciences/Comprehensive-Epilepsy-Center/	A hotline managed by internationally known epilepsy expert, Patricia Gibson. The hotline handles over 8000 calls per year from both physicians and patients seeking information about the latest treatment options, general epilepsy information and support group.	National

Family Support Network™ - High Country	828-682-4772 866-448-5781 parent2parent.appstate.edu/support-groups	Support Group meetings are held every month in Mitchell and Yancey counties. The topics for the meetings change and may include subjects such as: dealing with problem behaviors, coping with stress or idea sharing.	Mitchell Yancey
Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	Provides resources, information and support for families of children with disabilities. Offers various support groups, workshops, trainings and other services.	Buncombe Henderson Madison Transylvania
Four Seasons Hospice	 828-692-6178 www.fourseasonscfl.org	Bereavement support groups are facilitated by grief counselors. Each adult support group meets for six sessions. The same group members begin and end on the same dates	Buncombe Henderson Transylvania
Grandparents Raising Grandchildren	828-279-7539	Provides a resource center and mutual support for grandparents who are raising their grandchildren.	Buncombe Haywood
Grandparents Raising Grandchildren	828-682-6011	"Grandparents Raising Grandchildren", an educational and support group will meet the third Tuesday of each month at 1:00p.m. at the Yancey County Senior Center, 10 Swiss Avenue. Call for more information. The group will be led by Beverly Nelson, Family & Consumer Science Agent, Yancey County Cooperative Extension.	Held in Yancey County
GRASP Support Group for Adults with Asperger's and High Functioning Autism	grasp.org/page/grasp-support-group- asheville-nc	Meets the 2nd Saturday of each month, from 1:00 to 3:00PM. For more information, visit the website.	Meets in Buncombe County
Hearing Loss Association of America - Brevard Chapter	828-743-0150 828-505-1275 www.nchearingloss.org/brevard.htm	Meeting focuses on hearing loss and how to manage it, strategies that help people with hearing loss and their communication partners to cope, assistive listening and alerting devices, laws and the rights of people with hearing loss. Please call for meeting times and location.	Transylvania
Heart Songs - Four Seasons Hospice	 828-233-0334 www.fourseasonscfl.org/what-we- offer/heart-songs-program-for-children	Provides help for children in surviving loss and grief. HEART SONGS is a children's grief support program developed by Four Seasons.	Buncombe Henderson Madison Transylvania
Henderson County - Special Needs Family Group - Family Support Network of WNC & St. Gerard House	828-213-9787 www.familysupportnetworkwnc.org	For parents and other caretakers of children with special needs. Meets the 3rd Monday of each month, 5:30 to 7:30pm. Call 213-9787 for more information or to register. This group meets in Henderson County but is open to residents of all counties.	Meets in Henderson County
Hispanic Support Group for Families with Children who have Special Needs <i>Henderson County Health Department</i>	828-694-6091	Meets on the first Monday of each month, from 5:30 to 7:30PM, at the Health Department. Call for more information	Meets in Henderson County
Juvenile Diabetes Research Foundation (JDRF) Diabetes Support Groups	 828-681-0828	Offer support groups and other resources for families dealing with Type 1 diabetes. Call for more information on dates and locations.	Meets in Buncombe County


Kinship & Conversation <i>The Bair Foundation's Kinship Care Support Group</i>	828-350-5197	A chance to connect with other kinship caregivers by sharing stories and information, offering support and listening to each other. Meetings include dinner and childcare. Call for more information on dates and times.	Meets in Buncombe County
LIFT (Life in Forward Transition) - Four Seasons Hospice	828-233-0334 www.fourseasonsfl.org/what-we-offer/heart-songs-program-for-children/lift/	LIFT offers an experience of shared camaraderie in a nurturing and positive environment for bereaved children, teens and families. Group discussions (separate groups for adults, teens and children) and activities will follow a similar theme each week so that families can learn and practice ways to cope with the devastating loss of a loved one.	Meets in Henderson County
Madison County - Special Needs Family Group - Family Support Network of WNC	828-213-9787 www.familysupportnetworkwnc.org	For all parents and other caretakers of children with special needs. Call for schedule and location. This group meets in Madison County but is open to residents of all counties.	Meets in Madison County
Mended Little Hearts of Asheville	 828-768-4623 828-216-0535	A local support group for parents and families of children with heart defects and heart disease. Meets the first Thursday of every month from 6:00 to 7:30pm at the Mission Reuter Outpatient Clinic at 11 Vanderbilt Park Drive.	Meets in Buncombe County
Moms Supporting Moms	828-213-8244 www.mission-health.org/support-groups/detail/moms-supporting-moms	A support group for women experiencing depression or anxiety during or after pregnancy.	Meets in Buncombe County
Mother Bear CAN Family Den Meeting	 motherbearcan.com/every-family-member-needs-support/	Family Dens are open to those facing mental health challenges as well as to their family and friends. Meetings are held at All Souls Counseling at 35 Arlington Street in Asheville. Hendersonville location added in summer 2013.	Meets in Buncombe County
National Alliance on Mental Illness (NAMI)	 828-505-7353 www.namiwnc.org	Offers several different support groups for those affected by mental health/substance abuse issues or by their caregivers. Call for times and locations. Support groups include: Young Families; Young Families Teen Group; Caregiver Support and more.	Located in Buncombe County
Parent Achievement Support Group - Hope Academy/Mud Creek Baptist	828-808-4404 www.mudcreekchurch.org/670518	Support group for caregivers & families of individuals with special needs. Group meets the 2nd and 4th Thursday of every month, 6:00 PM to 8:00 PM in room 203. Childcare available by reservation during this time. Call for info.	Meets in Henderson County
Polk County / Foothills Autism Parent and Family Support Group	 www.facebook.com/PCAutismParentSupport/info	A support group for families of a child with a diagnosis of Autism Spectrum Disorder. This meeting is facilitated by the Autism Society of North Carolina. For information on dates, times and locations, please see their Facebook page.	Polk
Steps to HOPE Parenting Support Group	828-894-2340 www.stepstohope.org/parentingsupport.html	Steps to HOPE's Parenting Support Group, facilitated by parents in a professional setting, offers assistance to parents as they deal with the everyday challenges of childrearing. Parenting educators are available to co-facilitate, and scheduled professional speakers address specific needs of parents of children of all ages.	Located in Polk County
Transylvania County - Special Needs Family Group - Family Support Network of WNC	828-213-9787 www.familysupportnetworkwnc.org	For all parents and other caretakers of children with special needs. Meets the 4th Thursday of the month, 5:30 to 7:00pm. Call 213-9787 to RSVP and/or request childcare. This group meets in Transylvania County but is open to residents of all counties.	Meets in Transylvania County
United Way 2-1-1	Dial 211 www.211wnc.org	Call 2-1-1 any time 24 hours a day, 365 days a year to link to vital services in your community. This service is free and multilingual.	Buncombe Henderson Madison Transylvania

Youth Outright	 828-772-1912 www.youthoutright.org	A youth advocacy and leadership organization providing affirmation, information, support and resources for lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth of ages 14-23 in 18 counties in Western North Carolina. Holds weekly youth support meetings for LGBTQ and straight youth on Sundays at First Congregational United Church of Christ in downtown Asheville.	Meets in Buncombe County
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Transition to Adulthood			
Administering a Special Needs Trust - Special Needs Alliance	www.specialneedsalliance.org/common/files/SNA%20Handbook%20for%20Trustees%20-%202013.pdf	A special needs trust can be a very powerful aid in managing care for a family member with a disability. It can provide supplemental items like therapy, respite care, dental work, companions, entertainment, education — all without interfering with the beneficiary's SSI, Medicaid or other government programs. The special needs trust can be a flexible tool. It can also be very difficult and confusing to administer. This handbook helps families understand the basics of this valuable tool.	National
Alleman, Cynthia - Attorney at Law	 828-253-6092 www.ashevillelaw.us	Specializes in handling guardianship and special needs trusts / supplemental needs trusts.	Western NC
Autism After 16	 www.autismafter16.com	Dedicated to providing information and analysis of adult autism issues, with the emphasis on analysis. Intention here is to try to help adults with ASD and their families make sense of what's out there. Big focus on Transition issues.	National
Autism Society of North Carolina - Transitioning to Adulthood	www.autismsociety-nc.org/index.php/get-help/families/autism-adulthood-transition	With roughly half a million children with autism reaching adulthood in the United States in the next decade, planning for the inevitable transition to adulthood is critical. Our Autism Resource Specialists offer expert advice on some of the issues that families will face,	Statewide
Disability Partners	 828-298-1977 disabilitypartners.org	Staff members offer training to give people the skills they need to reach independence.	Located in Buncombe County
Disability Support Services - Asheville Buncombe Technical Community College	828-254-1921 www1.abtech.edu/content/disability-support-services/disability-support-services-overview	The Disability Services Office ensures that the programs and facilities of the college are accessible to all students. The College focuses on the student as an individual and works toward equal opportunity, full integration into the campus environment, physical accessibility and the provision of reasonable accommodations, auxiliary aids and services to students.	Located in Buncombe County
Family Support Network™ - High Country	828-682-4772 866-448-5781 parent2parent.appstate.edu	Provides specific services to families and the community in caring for children with special needs including support groups, workshops, resources, emotional support, service learning and internship opportunities and more.	Mitchell Yancey
Family Support Network™ of WNC	828-213-0033 888-810-2800, x2 www.familysupportnetworkwnc.org	Offers resources in the lending library as well as handout materials and workshops and trainings related to the transition to adulthood. Sponsors a Transition Fair each fall that brings together many providers that work with transition.	Buncombe Henderson Madison Transylvania
Health Care Transitions - North Carolina Division of Public Health	www.ncdhhs.gov/dph/wch/doc/lhd/CHAT/Parent-Family_Guide.pdf	Focuses on health care transition which involves the movement from pediatric to adult health care systems, with a primary focus on youth with special needs.	Statewide


Independent Living Services - North Carolina Division of Vocational Rehabilitation Services	828-670-3377 www.ncdhhs.gov/dvrs/pwd/ils.htm	Can assist eligible individuals with services that provide an alternative to institutionalization (for example, nursing homes) when possible. They can improve functioning in one's family, home and community.	Buncombe Henderson Madison Transylvania
Kids as Self Advocates (KASA)	www.fvkasa.org	National, grassroots project created by youth with disabilities for youth. Teens/young adults with disabilities speaking out. Knows youth can make choices and advocate for themselves if they have the info and support they need. Offers articles and links related to becoming self-sufficient despite special needs.	National
NC Transition Tool Kit - Autism Speaks	www.autismspeaks.org/docs/family_services_docs/transition/North_Carolina.pdf	Transition timelines for each state, along with more information about the process and state agency contact information that may be helpful to you during the transition to adulthood.	Statewide
North Carolina Division of Vocational Rehabilitation Services	800-689-9090 www.ncdhhs.gov/dvrs/	Provides counseling, training, education, transportation, job placement, assistive technology and other support services. to people with physical, psychiatric or intellectual disabilities to assist them with living independently and with finding a job and staying on the job.	Statewide
Road to Work: Speak-Up Action Manual on Finding and Keeping Work	www.self-advocate.org/library/pdfs/RoadtoWork.pdf	A booklet for youths on finding and keeping work. It includes five steps with activities, tips, and resources. You can use the Road to Work along with the Speak-Up Action Manual to practice speaking up as you head toward the work that you want to do.	National
SSI Disability Starter Kits for Children or Adults - Social Security Administration	www.ssa.gov/disability/disability_starter_kit_s_child_eng.htm	The Disability Starter Kit will help you get ready for your disability interview or online application. Kits are available for adults and for children under age 18. The starter kits provide information about the specific documents and the information that we will request from you. We will ask for more details during your interview or when you complete the online Disability Report.	National
Tatsapaugh, Linda, MS	828-779-2635 www.yacoach.net	Works closely with young adults and their families to define their goals, create a plan for attaining, and build the skills and experience they need to achieve them. May include investigating career paths, applying to college, building job experience through internships and one-on-one coaching up to and through actual jobs, and individualized work on social sticking points and the many elements of independent living such as budgeting, time management, and healthy living or more.	Serves Asheville and surrounding areas










Transportation, Travel & Lodging			
Airlift Hope of America	800-325-9808 www.airlifthope.org	Available to children or adult patients and an escort needing transportation for medical evaluation, diagnosis or treatment. Patients must be ambulatory, which means they must be able to walk, enter and exit the plane with little or no assistance, and require no medical care (i.e., doctor or nurse) en route. Will also fly persons with a compassion need on a case-by-case basis. There must be a financial or compelling need for the flight. Airlift Hope of America can only assist when the destination is within a few hundred miles.	Statewide
Angel Bus	800-768-0238 www.angel-bus.org	A non-profit charity dedicated to providing compassionate, non-emergency long-distance ground transportation to patients in need. The purpose is to ensure access to medical appointments essential for healthcare. The typical trip is a nominal 70-250 miles one-way. Exceptions are made on a case-by-case basis.	National

Apple Country Transit	828-698-8571 www.wcca.net/transport.html	Currently provides consolidated transportation services for Human Service agencies in Henderson County, as well as, the Elderly and Disabled Transportation Assistance Program (EDTAP): medical and grocery shopping services are also available for eligible elderly and disabled citizens.	Operates in Henderson County.
Duke Hospital Lodging options	www.dukehealth.org/locations/duke_hospital/location_details/lodging_options	Lists options and contact information for hotels and other options located near Duke Hospital and includes information about finding discounts as well.	Statewide
Henderson County Medicaid Transportation Services	828-694-6162	Provides transportation to and from appointments with medical providers for the purposes of diagnosis, treatment, routine follow-up and any other necessary services. The individual requesting this service must be a current Henderson County Medicaid recipient in an independent living situation.	Henderson
Hospital Traveler	866-460-9683 www.hospitaltraveler.com	In addition to the patient traveler and medical lodging service, Hospital Traveler is the first agency to establish a Medicaid travel program intended to assist eligible Medicaid and private Insurance recipients use their benefits as payment for their medical travel reducing the out of pocket medical expense.	National
Madison County Transportation Authority	828-649-2219 www.madisoncountync.org/transportation.php	Serves human service agencies and the public through subscription and dial-a-ride routes.	Madison
MedStay	 877-633-7829 www.medstaychapelhill.com/	For hotels in the area, contact MedStay, a free concierge hotel reservation service for patients and their family members. Medstay will find the right hotel for your needs, at great, low rates.	Statewide
Millennium Hotel - near Duke University Medical Center	866-866-8086 www.millenniumhotels.com/millenniumdurham/	Offers discounted rates for families of patients at Duke Medical Center. Offers shuttle services from the hotel to the hospital.	Durham
Mitchell County Transportation	828-688-2139 www.mitchellcounty.org/departments/transportation.html	Obtaining a ride on community transit is quick and easy. Contact the Transportation Office with the day/time and location of a trip. It's a good idea to call in advance to schedule the trip. A Transportation representative will determine eligibility for services and help schedule the trip.	Mitchell
Mountain Mobility	828-250-6750 www.buncombecounty.org/governing/depts/transportation/	Eligibility may be determined by a number of factors including where a person lives, their age, what type of trip is needed (e.g., medical, shopping, etc.), Medicaid eligibility, association as a human service agency client, and/or if other transportation is available.	Buncombe
Polk County Transportation	828-894-8203 www.polknc.org/transportation.php	Ride around the county or to Hendersonville, Asheville, Forest City, Shelby, Spartanburg and Greenville.	Polk
Ridership Independence for the Disabled and Elderly in Buncombe County (R.I.D.E.)	828-250-6750, x5 www.buncombecountyride.com	RIDE provides non-emergency transportation services for elderly and disabled residents of Buncombe County who are unable to access the City's ART (Asheville Redefines Transit) bus system or Mountain Mobility Trailblazer routes. To qualify, you must be 60 years of age or older OR be disabled.	Serves Buncombe County

Ronald McDonald House	919-913-2040 Chapel Hill 919-286-9305 Durham 252-847-5435 Greenville 336-723-0228 Winston-Salem 704-335-1191 Charlotte	Ronald McDonald Houses provide a "home away from home" for seriously-ill children and their families who are receiving medical care at nearby hospitals.	Statewide
Round-A-Bout Transportation	828-253-0057 round-a-bouttransportation.com	Provides Special Needs Transportation, Wheelchair Transportation, Disability Transportation, Medical Transportation, Non Emergency Medical Transportation. We do Medical Transport, Wheelchair Transport we have Medical Vans, Transport Vans.	Buncombe
Rutherford County Transit	828-287-6141 rutherfordcountync.gov/transit	In order to qualify to ride Rutherford County Transit, passengers must be approved for Medicaid Transportation through the Department of Social Services at 287-4022. Once approved through DSS, appointments can be made through the Transit Appointment Line at 828.287.6141. If an attendant is required, a Medical Necessity Verification Form must be filled out.	Rutherford
SECU Family House at UNC Hospitals	919-932-8000 secufamilyhouse.org	Provides housing, healing, and hope to families with an adult patient being treated for a critical illness or injury at UNC Hospitals or its affiliated clinics. There is a nightly charge of \$35 to stay in one of our thirty-two private rooms, or \$50 to stay in one of our eight fully equipped suites. This includes bus service to and from UNC Hospitals, laundry facilities, a help-yourself pantry with snacks and food staples, and access to a library with Internet resources.	Statewide
Transylvania County - Med-Drive/Dialysis/Medicaid Transportation	828-884-3215 www.transylvaniacounty.org/transportation	Available for citizens of Transylvania County. I This is a service for persons over the age of 60, or those who meet special eligibility requirements who have no other means of transportation.	Transylvania
Transylvania County Child Transportation	828-884-3215 www.transylvaniacounty.org/transportation	Provide transportation for pre-school age children from home to the County's Child Development center on a daily basis. Children are also transported to other day care centers located within Transylvania County. Equipped with child care seats. A rider is also employed in order to care for the children while they are being transported on the county vans.	Transylvania
Travel Assistance Program - Eblen Charities	828-255-3066 www.eblencharities.org/what-we-do/medical-assistance/	Whether traveling near home or to another part of the country, the Travel Assistance Program helps provide help with gasoline, food, and lodging.	Buncombe
Wings of Care Flight Program - Eblen Charities	828-255-3066 www.eblencharities.org/what-we-do/medical-assistance/	Created to better assist children and their families obtain the treatment they need, but cannot get locally, the Wings of Care Flight Program flies nationwide to bring children closer to medical care. Beginning in the fall of 2000, Wings of Care works with commercial airlines, private corporate planes, donated frequent flier miles, and other donors to secure air travel. By purchasing unused seats on commercial airlines and the generosity of corporate planes and donors, children dealing with illnesses along with these families can breathe a little easier.	Buncombe
Yancey County Transportation Authority	828-682-6144 www.yanceycountync.gov/transportation-authority	Provides daily route service to all citizens of Yancey County. YCTA coordinates human service agencies and general public transportation for Yancey County. Comfortable passenger vans marked with the YCTA logo are used to transport passengers.	Yancey

Tutoring			
Academic Coaching and Tutoring	Contact Patricia Connolly 828-255-1069	Individualized strategies for all learning styles and needs. Training in self-efficacy/gaining skills for academic success, home school and university studies.	Buncombe
Arden Reading Clinic	828-658-9448 www.ardenreadingclinic.com	Offers student instruction in Reading, Writing, Mathematics, Study Skills, Vocabulary, Test Prep, SAT Preparation, and Multi-Sensory Language and Math Skills.	Buncombe
Bryant, Angie -Tutor	828-645-0449 faithtutorials.webs.com/tutorbios.htm	Orton-Gillingham Reading Tutor. Has a BS in Child Development and Family Relations from WCU.	Buncombe
Center for Inspired Education	828-712-5626	Private, non-profit educational organization whose mission is to inspire the growth of all children-mentally, emotionally, physically, and spiritually. Offers academic coaching, specializing in ADD/LD, tutoring for all ages, all subjects.	Buncombe
Eller, Leslie, M.Ed.	734-730-0928 www.wncdyslexiahelp.com	Specializes in children with learning disabilities. Offers Orton-Gillingham Tutoring in reading, writing and spelling. Teacher consultant, lecturer, published author.	Located in Buncombe County
Sylvan Learning Center	 828-253-2312 tutoring.sylvanlearning.com	Offers tutoring in all basic subjects and at all grade levels.	Buncombe
Tutoring Connection - Key Learning Center at Carolina Day School	828.274.0758 ext. 418 carolinaday.org/academics/key-school/tutoring-connection/	Tutoring services are offered in the Orton-Gillingham based multisensory structured language approach and in academic areas. Academic tutors are available for all subjects taught in grades 1-12. Tutors are also available for several foreign languages. SAT prep tutoring is available for college-bound students in either small group or individual settings.	Buncombe
Yancey County Literacy Council	828-678-9646	a non-profit organization that gives free one-on-one tutoring to both children and adults in Yancey County.	Yancey

US Resources			
American Academy of Pediatrics	800-433-9016 www.aap.org	National organization responsible for certifying pediatric specialists. Also offers resources & materials for families & professionals.	National
American Cancer Society	828-254-6931 800-227-2345 www.cancer.org	Offers education, online support as well as information about local support groups and opportunities.	National
Angel Bus	800-768-0238 www.angel-bus.org	A non-profit charity dedicated to providing non-emergency long-distance ground transportation to patients in need. Purpose is to ensure access to medical appointments essential for healthcare. The typical trip is a nominal 70-250 miles one-way. Exceptions are made on a case-by-case basis.	National
Balanced Mind Foundation	 www.thebalancedmind.org	Guides families raising children with mood disorders to the answers, support and stability they seek.	National

Dave Thomas Foundation for Adoption	 800-275-3832 www.davethomasfoundation.org	Exists to find homes for children who are waiting to be adopted from Foster Care in North America. Provides free educational materials, promotes awareness, assists policymakers and employers and supports adoption professionals and agencies throughout the US to ensure that every child finds a forever home.	National
Epilepsy Information Service <i>Wake Forest School of Medicine</i>	800-642-0500	A hotline managed by internationally known epilepsy expert, Patricia Gibson. The hotline handles over 8000 calls per year from both physicians and patients seeking information about the latest treatment options, general epilepsy information and support group.	National
Genetics Home Reference	ghr.nlm.nih.gov	Provides consumer-friendly information about the effects of genetic variations on human health.	National
Healthy Children	 www.healthychildren.org	Offers extensive information for parents on a variety of health safety and parenting topics. Site is owned and maintained by the American Academy of Pediatrics.	National
Hearing Loss Association of America	 301-657-2248 www.hearingloss.org	Offers help to people with varying degrees of hearing loss, from those who have a mild loss and have trouble on the phone to those who wear hearing aids and/or cochlear implants and use other assistive devices. See "Support Groups" for information on local meetings held in Brevard.	National
Make-A-Wish Foundation® of Central & Western North Carolina, Asheville Office	 828-274-9474 www.ncwish.org	A network of nearly 25,000 volunteers enable the Foundation to serve children with life-threatening medical conditions. Volunteers serve as wish granters, fundraisers, special events assistants.	National
National Down Syndrome Society	 800-221-4602 www.ndss.org	The mission is to be the national advocate for the value, acceptance and inclusion of people with Down syndrome.	National
National Foster Parent Association	 800-557-5238 www.nfpainc.org	Offers information, advocacy, education and support.	National
National Organization for Rare Disorders	 800-999-6673 www.rarediseases.org	Dedicated to helping people with rare "orphan" diseases & assisting the organizations that serve them. Committed to the treatment, and cure of rare disorders through programs of education, advocacy, research, and service.	National
National Resource Center for Adoption	248-443-0306 www.nrcadoption.org	Helpful information on current child welfare adoption topics as well as updated tools, resources, and web media.	National
PACER Center, Inc.	 888-248-0822 www.pacer.org	Provides information, training and assistance to parents of children and young adults with all disabilities; physical, learning, cognitive, emotional and health. Its mission is to improve and expand opportunities that enhance the quality of life for children and youth with disabilities and their families.	National
Social Security Administration	866-572-8361 www.ssa.gov	Provides information and services related to applying for disability benefits, supplemental security income, and other government programs administered by the SSA.	National
Wrightslaw	 www.wrightslaw.com	Provides accurate, reliable information about special education law, education law, and advocacy for children with disabilities.	National

Abbreviations and Acronyms

ABI	Acquired Brain Injury	GI	Gastrointestinal
ADA	Americans with Disability Act	HMO	Health Maintenance Organization
ABA	Applied Behavior Analysis	ICF-MR	Intermediate Care Facility for People with Mental Retardation
ADD	Attention Deficit Disorder	IDEA	Individuals with Disabilities Education Act
ADHD	Attention Deficit Hyperactivity Disorder	IEP	Individualized Education Plan

ADHD	Attention Deficit Hyperactivity Disorder
AFL	Alternative Family Living
AIT	Auditory Integration Therapy
AS	Asperger Syndrome
ASD	Autism Spectrum Disorder
ASL	American Sign Language
AT	Assistive Technology
BD	Behavior Disorder
BIP	Behavior Intervention Plan
CAPD	Central Auditory Processing Disorder
CAP MR/DD	Community Alternatives Program for Persons with Mental Retardation/Developmental Disabilities
CAT Scan	Computerized Axial Tomography or CT Scan
CBS	Community-based Services
CC	Closed Captioned
CD	Cognitive Disability
CDC	Child Development Center
CDSA	Children's Developmental Services Agency
CF	Cystic Fibrosis
CHADD	Children and Adults with Attention Deficit Disorder
CHD	Congenital Heart Disease
CIL	Center for Independent Living
CP	Cerebral Palsy
DD	Developmental Disabilities
DI	Direct Instruction
DSM	Diagnostic and Statistical Manual
EC	Exceptional Children
EEG	Electroencephalogram
EI	Early Intervention
EKG	Electrocardiogram
ENT	Ear, Nose and Throat
EPSDT	Early and Periodic Screening, Diagnosis and Treatment
ESL	English as a Second Language
FAPE	Free Appropriate Public Education
FASD	Fetal Alcohol Spectrum Disorder
FBA	Functional Behavior Assessment
FMLA	Family Medical Leave Act
GI	Gastrointestinal

SI	Sensory Integration
SID	Sensory Integration Disorder
SL	Supported Living
SLP	Speech Language Pathologist
SOC	System of Care
SSBG	Social Services Block Grant

IEP	Individualized Education Plan
IFSP	Individualized Family Service Plan
IQ	Intelligence Quotient
I & R	Information & Referral
IV	Intravenous
LD	Learning Disability
LRE	Least Restrictive Environment
MD	Muscular Dystrophy
MH	Mental Health
MR	Mental Retardation
MR-2	Medical form completed, signed and dated by doctor which shows level of care required to obtain CAP/I/DD
MRI	Magnetic Resonance Imaging
MS	Multiple Sclerosis
MUMS	Mothers United for Moral Support
NC GS	North Carolina General Statute (state law)
NCLB	No Child Left Behind
NICU	Neonatal Intensive Care Unit
OCD	Obsessive Compulsive Disorder
ODD	Oppositional Defiance Disorder
OT	Occupation Therapy
P & A	Protection & Advocacy
PCMH	Patient Centered Medical Home
PCP	Person-Centered Plan
PDD	Pervasive Developmental Disorder
PDD-NOS	Pervasive Developmental Disorder-Not Otherwise Specified
PICU	Pediatric Intensive Care Unit
P. L.	Public Law (Federal Law)
PPO	Preferred Provider Organization
PT	Physical Therapy
PTSD	Post Traumatic Stress Disorder
QA/QI	Quality Assurance/Quality Improvement
QDDP	Qualified Developmental Disabilities Professional
QMRP	Qualified Mental Retardation Professional
RAD	Reactive Attachment Disorder
R & D	Resource and Development Committee
RT	Recreation Therapy
SA	Special Assistance

ST	Speech Therapy
TA	Technical Assistance
TDD	Telecommunication Device for the Deaf
TS	Tourette Syndrome or Tuberous Sclerosis
TTY	Teletext Device Typewriter
TRI	Traumatic Brain Injury

SSDI	Social Security Disability Insurance	VR	Vocational Rehabilitation
SSI	Social Security Income		

University-affiliated Programs

AHEC	Area Health Education Center
CDL	Clinical Center for the Study of Development and Learning (UNC-CH)
DDTI	Developmental Disabilities Training Institute (UNC-CH)
FPGCDC	Frank Porter Graham Child Development Center (UNC-CH)
FSN	Family Support Network (UNC-CH)
HDRTI	Human Development Research and Training Institute (Western Carolina Center)
MAHEC	Mountain Area Health Education Center
TEACCH	Treatment Education of Autistic and Other Related Communication Handicapped Children
UAP/UAF	University Affiliated Program/Facilities

Government Agencies

ADD	U. S. Administration on Developmental Disabilities
CDC	Centers for Disease Control and Prevention
CDSA	Child Developmental Services Agency (formerly Developmental Evaluation Center)
CMS	Centers for Medicare & Medicaid Services (Formerly known as HCFA)
DFS	Division of Facility Services
DHHS	Department of Health and Human Services
DMA	Division of Medical Assistance
DPI	Department of Public Instruction
DSB	Division of Services for the Blind
DSDHH	Division of Services for the Deaf and the Hard of Hearing
DSS	Department of Social Services
DYS	Division of Youth Services
DVRS	Division of Vocational Rehabilitation Services
EEOC	Equal Employment Opportunity Commission
GACCY	Governor's Advocacy Council on Children and Youth
GACPD	Governor's Advocacy Council for Persons with Disabilities
HCFA	Health Care Finance Administration (now known as CMS)
HHS	U.S. Department of Health and Human Services
ICC	Interagency Coordinating Council (for IDEA, Birth-5)
LEA	Local Education Agency
LICC	Local Interagency Coordinating Council

MH/DD/MR	Division of Mental Health, Developmental Disabilities and Substance Abuse Services
NCATP	North Carolina Assistive Technology Project
NCCDD	North Carolina Council on Developmental Disabilities
NCCHI	North Carolina Council for the Hearing Impaired
NIH	National Institutes of Health
OSHA	Occupational Safety/Health Administration
SILC	State Independent Living Council
SSA	Social Security Administration
WCH	Women's and Children's Health
WIC	Women, Infants and Children Program

Advocacy and Professional Organizations

AAMR	American Association on Mental Retardation
ACCEPT	Advocacy Center for Children's Education and Parent Training
AMI	Alliance for the Mentally Ill
APSE	Association for Persons in Supported Employment
ARC	The ARC (formerly Association for Retarded Citizens)

ASANC	Association of Self-Advocacy of North Carolina
ASNC	Autism Society of North Carolina
BIANC	Brain Injury Association of North Carolina
CCD	Consortium of Citizens with Disabilities
CEC	Council for Exceptional Children
DAN	Defeat Autism Now
EANC	Epilepsy Association of North Carolina
ECAC	Exceptional Children Assistance Center
ERIC	Educational Resources Information Center
FEAT	Families for Early Autism Treatment
FSN	Family Support Network
GAL	Guardian Ad Litem
LDA	Learning Disabilities Association of North Carolina
MDA	Muscular Dystrophy Association
NAEYC	National Association for the Education of Young Children
NAMI	National Alliance for the Mentally Ill
NAPAS	National Association of Protection and Advocacy Services
NASDDDS	National Association of State Directors of Developmental Disabilities Services
NCAD	North Carolina Association of the Deaf
NCARF	North Carolina Association of Rehabilitation Facilities
NCDAN	North Carolina Disability Action Network
NCDBA	North Carolina Deaf-Blind Associates
NIC	National Information Clearinghouse for Infants with Disabilities and Life-Threatening Conditions
NICHY	National Information Center for Children and Youth w/Disabilities
NORD	National Organization for Rare Diseases
PTIC	Parent Training Information Center
SBA	Spina Bifida Association
UCP	United Cerebral Palsy