



Elmwood Community Schools
J.H. Basketball (Girls) Expectations

List of Expectations

1. Practice - Players are required to attend all practices. Players should always be ready to play a minimum of 10 minutes before practice.
2. Home Games - Players must arrive a minimum of 30 minutes prior to game time. For a 5:00 start, 7th graders should be ready by 4:30. The 8th graders should arrive by 5:00 to support the 7th grade team. The 7th graders should stay and support the 8th grade team.
3. Away Games - Players will ride the bus to away games and may ride back. Players may stay in my classroom until the bus leaves. Players must be present 10 minutes prior to departure time of the bus. The 7th graders may leave at half time of the 8th grade game with their parents. Parents/Guardians must sign them out. A written note (by your parent) must be given to the coach before getting on the bus if a player is riding home with another adult. If a player will frequently ride home with another adult a note for the year may be written. The adult must sign out the player.
4. Excused Absence or Tardiness - If a player is sick from school or notification has been given to the coach prior to practice or game explaining the absence or tardiness. Consequence: Player will miss minimal time of the next game. If a player is absent or tardy due to a softball practice/game or cross country practice/meet - no consequence is given. Every attempt to make practice after another extra-curricular should be made. Tardiness to bus departure will result in missing minimal game time.
5. Unexcused Absence or Tardiness - Not giving proper notification of absence or tardiness. Not attending the softball/cross country practice, game, or meet where you were supposed to be. Not attending practice or game when plenty of time was provided following another extra-curricular. Consequence: Player will miss time of the next game. Three unexcused absences will result in being dismissed from the team.
6. Injury - An injured player needs to attend practice and games.
7. Eligibility - Players must maintain passing grades. If a player becomes ineligible, they will practice, but not play in games that week.
8. Apparel - Players should be prepared for practice and games. Players must wear practice jerseys to practice, bring both uniforms to games, sports bra, basketball shoes, socks, water, snack, and whatever equipment needed to take care of themselves physically. Assigned Game Day attire must be worn to school and to the games. Consequence for not having the proper apparel or equipment will be loss of practice or game time. **BE PREPARED! CHECK YOUR SPORTS BAGS!**

9. Sportsmanship - Horseplay, unsportsmanlike conduct, disrespecting teammates and/or coaches, and lack of effort will NOT be tolerated. Removal from the practice session, loss of playing time, and dismissal from the team could result from failure to have good sportsmanship.
10. Current Physical - Players must have a current physical on file to begin practice.
11. Communication - The best practice is between the coach and player to discuss concerns. However, if as a parent you have a concern to discuss with coaches, the proper chain of command follows:
 - a. Contact the coach to set up an appointment.
 - b. If the coach cannot be reached, contact the athletic director to set up a meeting with the coach.
 - c. DO NOT attempt to confront a coach before or after a contest or practice. These can be emotional times for both the parent and the coach. Meetings of this nature do not promote resolution. Sleep on it and make contact the next day.

Other Information

1. Connect to Remind for updates, reminders, and scheduling changes by:
 - a. If you have a smartphone open your web browser and go to the following link: rmd.at/2db2gk then follow the instructions.
 - b. To get text notifications text the message @2db2gk to 81010
 - c. Follow this link remind.com/join/2db2gk

Contact Information

Coach: Mrs. Christina Herridge | Mr. Steve Herridge
E-Mail: cherridge@elmwood322.com
Phone: 309.645.3507 | 309.645.3506
Remind: Text 81010
Message: @2db2gk