

38 SOCIAL-EMOTIONAL SKILLS

kids need to be *successful*

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| 1. | following instructions | 20. | interrupting appropriately |
| 2. | accepting consequences | 21. | making friends |
| 3. | accepting "no" for an answer | 22. | problem-solving |
| 4. | accepting criticism | 23. | expressing feelings |
| 5. | anger management | 24. | handling frustration |
| 6. | listening to others | 25. | negotiating |
| 7. | positive self-statements | 26. | compromising |
| 8. | compromising | 27. | assertive communication |
| 9. | controlling emotions | 28. | conflict resolution |
| 10. | coping with anger from others | 29. | accepting decisions made by authority figures |
| 11. | self-monitoring | 30. | honesty |
| 12. | showing an understanding of others | 31. | waiting your turn |
| 13. | relaxation techniques | 32. | respect |
| 14. | making restitution | 33. | impulse control |
| 15. | seeking positive attention | 34. | respecting property |
| 16. | disagreeing respectfully | 35. | asking for help |
| 17. | being sensitive of others feelings | 36. | getting teachers attention |
| 18. | following rules | 37. | expressing concerns |
| 19. | apologizing | 38. | handling accusations |