



## HARRISBURG JOURNEY ELEMENTARY

Harrisburg, South Dakota  
605-743-2567

Rob Sylliaasen, Principal  
Janel Prahm, School Counselor

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Dear Parent(s),

Our School Counseling Program at Journey Elementary offers small group counseling for our learners. Small groups provide not only the opportunity for additional learning experiences but also a time of growing together with fellow learners. Small groups give the students a chance to belong, a chance to express themselves, and a chance to benefit from the support of group members.

Your child is invited to be a part of a small group focusing on issues that girls face called G.I.R.L.S. (girls in real life situations). This group will be larger than normal as all 2<sup>nd</sup> grade girls are invited to join if they would like. The group will meet during the school day on Tuesday's, during their lunch/recess in the ACES room. The goal of this group is to identify, assess, and reduce relational aggression. Through the use of anecdotes, group activities and reflections, girls will develop strategies for creating safe social climates and maintaining healthy friendships. The group will meet for 6-8 weeks, on Tuesday's.

Please feel free to contact me with any questions! You may reach me at [janel.prahm@k12.sd.us](mailto:janel.prahm@k12.sd.us) or by calling the school at 743-2567 ext: 3203.

Sincerely,

Janel Prahm  
Journey School Counselor