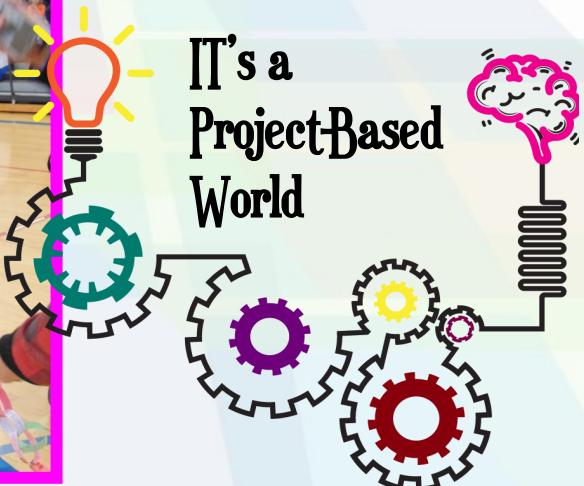


## Showing Kindness

Students in Mrs. Abell's classroom worked together and also with students in all classes to create and build a KINDNESS CHAIN which shows how much kindness can be spread when we ALL do our part. During the Valentine Assembly all links were joined together to make the MGS KINDNESS CHAIN which stretched nearly the length of the gym when completed. The chain illustrates how:

- Each person can **make a difference** in another's life. Don't take that power lightly. **BE KIND.**
- Everyone should practice acts of **KINDNESS**. It feels good to **BE KIND.**
- Small actions can have far-reaching consequences. When someone does something good, it can cause a ripple effect. **BE KIND.**
- Kindness is contagious. When people are in the presence of kindness, they can't help but feel joyful. **BE KIND** and watch how others around you feel joyful, too.
- We don't really need a reason. **JUST. BE. KIND.**



# CENTERSTAGE

**O**n Tuesday, February 5, 2019, Fourth Grade students participated in a field trip to tour the Agronomy Department at Kansas State University. This trip was a kick off for their PBL project, *Willie and the Beanstalk*. During their visit to the Agronomy Department, students learned about the uses of soybean after the crop is harvested. They were also given tips on how to grow a successful soybean crop. This included information on the depth of planting the seed and the amount of water and sunshine needed for successful growth. A couple of tips that merited attention were watering from the bottom and using sand to cover the seed to hold the moisture for faster sprouting. Students also toured the greenhouse to observe the Agronomy Department's soybean production.

Fourth grade students from Minneapolis Grade School will be participating in the 2019 *Willie and the Beanstalk* contest sponsored by the Kansas State Department of Agronomy. The contest is open to all K-12 students living in Kansas and challenges students to grow the largest soybean plant in the state while documenting data using the Scientific Method. Sheldon Daugherty, with River Hills Seeds will provide soybean seeds, and the Ottawa County Farm Bureau will provide soil and pots. Clara Mull, Ottawa County Farm Bureau, will bring the materials to MGS prior to the planting day on February 25, 2019.

Working in groups of two or three, the students will decide on a name for their group and select a location for their potted plants. During the 40-day growing season, the teams will make decisions, observe, and modify variables while documenting these activities and results in a written record. In their documentation students are to provide information regarding Rooting Medium, Growth Amendments, Lighting and Temperature, Water, and Scientific Method. On April 5, 2019, students will enter their observations on the official KSU documentation form and will attach their form on an email to Kansas State University.

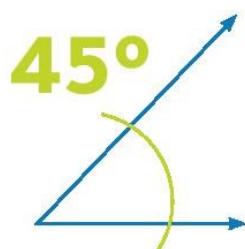
After the 40 day growing period, the soybean plants will be transported by Clara Mull to Throckmorton Hall on the K-State campus, where they will be judged based on 5 criteria: 1.) Cultural Practices Documentation, 2.) Plant height, 3.) Plant mass, 4.) Leaf area, and 5.) Leaf greenness. Judging is open to the public, and will take place on Saturday, April 6, 2019, between 9:00 AM and 12:00 PM.



# Quick Facts: Toothbrushing

2 minutes  times per day

The American Dental Association recommends brushing twice a day for two minutes with fluoride toothpaste. Nothing works better to remove plaque and prevent cavities.



Dentists recommend placing your toothbrush at a 45-degree angle to the gums.

3 to 4

Make sure to replace your toothbrush every three to four months. Bristles that become frayed and worn will be less effective at cleaning teeth.



Look for toothbrushes that display the ADA Seal of Acceptance.



No one knows who invented toothpaste. The famous Greek physician Hippocrates advised people to "wash their teeth" and included recipes for toothpaste dating back to the 4th-5th century.



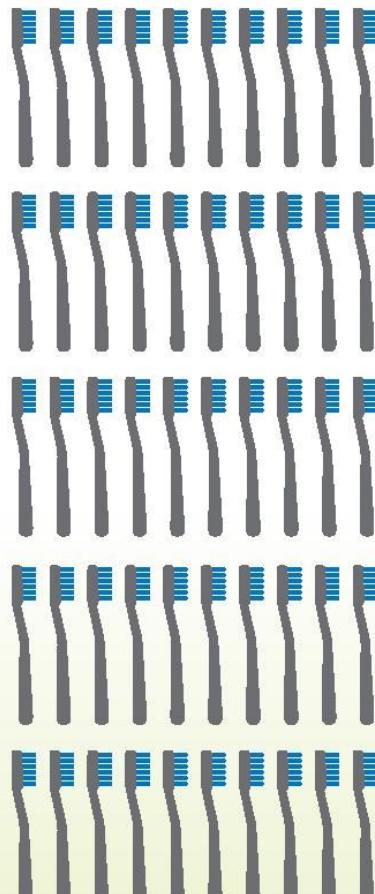
vs.



Both manual and powered toothbrushes can effectively and thoroughly clean teeth. People who have difficulty using a manual toothbrush may find powered toothbrushes easier to use. Your dentist can help you decide which type.



Brought to you by the **ADA American Dental Association**®



500:

Number of years the toothbrush has been going strong!

In fact, did you know the toothbrush was invented in 1498 in China? That's according to a 17th century encyclopedia drawing. The nylon bristled toothbrush that we use today was introduced in 1938.

For more facts about your dental health, visit **MouthHealthy.org**.