

MARCH 2019

HIGH SCHOOL

***LUNCH (includes Milk): \$2.35 *Breakfast : \$1.25- Milk Only: \$.50**

**Pre-Paid Meals Are Available. Contact:
Barbara Albi at 686-5009 OR 686-5010**

HARVEST OF THE MONTH: POTATOES

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

DID YOU KNOW...

Alexander Graham Bell made the first ever phone call on 10 March 1876. He called his assistant and said "Mr Watson, come here. I want to see you."

Foreign Language week

Polish:

Kielbasa (Sausage), Pierogi Ruskie (potato & cheese Pierogi), Bulk Z Obiadem (Dinner Roll -2), Gotowana Na parec marhewski (Steamed Carrots), Jak Spozywac Jablaka (Applesauce), Jak MLeke (Milk)

Spanish:

CERDO CARNITA (Pork Taco), Lechuga Y Tomate (Lettuce and tomato) Arroz Y Frijoles españoles (Rice and Beans) Churro de manzana (Apple Churro / Leche (Milk)

Chinese:

Tang cu ji (Sweet and Sour Chicken), Baifen (Rice), Xi Lanhua (Broccoli), Juzi (Mandarin Oranges), Xingyun binggan (Fortune Cookie), Nlunai (Milk)

Italian:

Spaghetti All Bolognese (Meat Sauce), Grissino (Bread Stick - 2), L'insalata (Salad), Macedonia d'frutta (Mixed Fruit), Latte (Milk)

DR. SEUSS' BIRTHDAY

One Fish, Two Fish, Red Roll, Blue Roll -2 Little Cat French Fries Fresh Baby Carrots & Dip, Chilled Pears Who Birthday Cake Yottle in a Bottle (Milk)

TURKEY & CHEESE

PANINI MELT

Seasoned Rice
Savory Baked Beans
Diced Pears
Ice Cold Milk

BAKED POTATO

With Choice of Toppings: Diced Ham, Broccoli, Cheese & Sour Cream / Bread Stick **Chilled Peaches**
Ice Cold Milk

FRENCH TOAST STICKS & SAUSAGE

Hash Brown Patty
Green Beans
NY - 100% Welch's Grape Juice / Milk

BREADED PORK

CHOP / Gravy
Dinner Roll-2 / Sweet Potatoes / Golden Corn / **Bagged Apple Slices** / Ice Cold Milk

ST. PATRICK'S DAY

"Shamrock" Chicken Nuggets / Dinner Roll-2, "Pot O Gold" French Fries, "Luck O the Irish" Carrots, "Blarney Stone" Mixed Fruit, "Leprechaun" Milk

CHICKEN FINGER SUB

Lettuce & Tomato
Sweet Carrot Coins
Diced Pears
Ice Cold Milk

MINI CORN DOG NUGGETS

Dinner Roll-2 / Baked French Fries
Steamed Broccoli
Peaches / Milk

PIZZA SUB ON A MINI FRENCH BREAD

Green Beans
Applesauce Cup
Ice Cold Milk

New York Thursday

NY - Hot Dog (Build your own dog) Oven Baked Potatoes (Cabbage) Cole Slaw **Welch's Grape Slushy**
Ice Cold Milk

FISH STICKS

Dinner Roll-2
Pasta Salad
Savory Baked Beans
Mixed Fruit
Ice Cold Milk

TURKEY MEAT BALL SUB

Baked French Fries
Roasted Broccoli
Diced Pears
Ice Cold Milk

NACHO GRANDE WITH TOSTITO

CHIPS / Cilantro Lime Seasoned Rice
Savory Baked Beans
Sweet Peaches / Milk

PANCAKES & SAUSAGE

Hash Brown Patty
Green Beans
NY - 100% Welch's Grape Juice / Milk

PLAIN OR BBQ BAKED CHICKEN

Dinner Roll-2 / Gravy **Roasted Baby Potatoes** / Golden Corn / **Mixed Fruit**
Ice Cold Milk

"WILD MIKE'S" PIZZA DAY

Sweet Carrots
Applesauce Cup
Ice Cold Milk

AVAILABLE DAILY: CHOOSE ONE:

- *Menu Lunch
- *Chicken Patty - W & F
- *Hamburger - T
- *Cheese Pizza
- *PBJ Sandwich Lunch
- *Vegetable Platter
- *Salad Plate
- *Yogurt Platter
- *Soup and Sandwich

*** All Lunches must include a Fruit or Vegetable, may take up to two of each daily.

FRESH FRUIT BASKET AVAILABLE EVERY DAY

Choice of Milk :

1%, Skim or Chocolate



Student Breakfast available daily and includes:

Choice of Milk:

1%, Skim or Chocolate Skim

Choice of Fresh Fruit or 100% Fruit Juice:

(Breakfast must include at least one or more fruit items, may take two)

And Choice of Bread Item:

Bagel, Cereal, Muffin, Super Donut Or English Muffin Sandwich

This institution is an equal opportunity provider employer